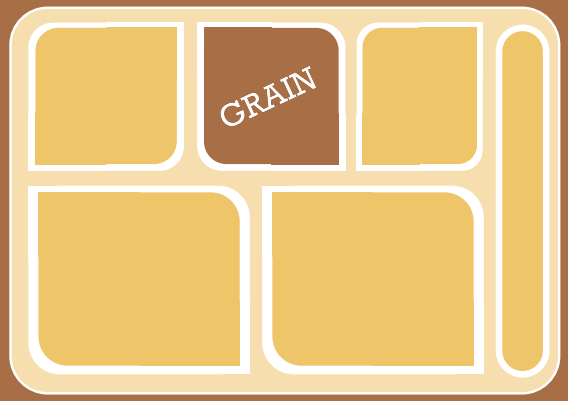
# GRAIN




Barley
Flax
Kamut
Oats
Wheat

Baked goods
Bagels
Bread
Cereal
Granola
Pasta
Tortillas