



Montana  
**Office of Public Instruction**  
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## THINK FOOD

School Nutrition Programs  
 Shipment 6  
 December 2016



### USDA FOOD Shipment 6 Update

The USDA Foods shipment schedule and Think Food newsletters for SY 2016-2017 are located on the Office of Public Instruction (OPI) School Nutrition

website. This website is located at [http://opi.mt.gov/Programs/SchoolPrograms/School\\_Nutrition/USDA.htm](http://opi.mt.gov/Programs/SchoolPrograms/School_Nutrition/USDA.htm). The shipment schedule is subject to change based on USDA Foods availability and warehouse space.

### USDA Food Delays

- Salsa has arrived and will be going out on Shipment 6. Yay! 😊

### USDA Food Deliveries

The trucking company, Watkins and Shepard, has hired all new drivers. So please, please be patient with them. They do their best to get to all 250+ school districts in three weeks. We have such a large state, geographically, that it is hard to make it to everyone's location by 2:00 pm when the food service staff usually leaves. If you cannot be there for delivery, please designate someone else in your school to help. Their contract does say they can deliver to the schools up until 5:00 pm, so please try to work with them on this. If your school cannot accept a delivery it will be brought back and shipped out on the scheduled shipment.

They are working on trying to be better about calling the schools at least one day in advance. However, I have been told you can pretty much plan on receiving your delivery three weeks from the last day you received it. So for example, if you received your delivery on Wednesday of the first week of the shipment than you can tentatively plan on that for the next one.

Please let Tessa Bailly, at [tbailly@mt.gov](mailto:tbailly@mt.gov), know if you have any questions or concerns.

### "Extras" List

If you have extra entitlement left to use it will be written at the bottom of your Notice of Shipment report included in this mailing. After the first of the year the extra items will be opened back up to everyone on a first come first serve basis.

Extra requests are due to Tessa Bailly at [tbailly@mt.gov](mailto:tbailly@mt.gov) by Monday November 21, 2016.

| Food Item   | Cases Available | Price/Case |
|---|-----------------|------------|
| Tuna, canned  | 630             | \$46.63    |
| Tortillas, 8 inch, frozen                             | 629             | \$14.57    |
| Cheese, red fat, cheddar, shred                       | 569             | \$61.60    |
| Tomato Paste, canned                                  | 568             | \$22.23    |
| Green Beans, canned                                   | 445             | \$16.84    |
| Black Beans, canned                                   | 398             | \$12.98    |
| Refried Beans, canned                                 | 392             | \$17.39    |
| Cranberries, individual packs (300 – 1.16 oz/case)    | 335             | \$35.00    |
| Chicken, diced, frozen                                | 322             | \$92.92    |
| Peas, frozen  | 319             | \$18.10    |
| Macaroni Noodles                                      | 297             | \$7.14     |
| Applesauce, canned                                    | 286             | \$16.75    |
| Ham, cooked, frozen                                   | 276             | \$61.44    |
| Pulled Pork, unseasoned, cooked, frozen (8/5 lb pkgs) | 269             | \$112.90   |
| Chicken Fajita Strips, frozen                         | 261             | \$47.68    |
| Apple Slices, canned                                  | 235             | \$27.27    |
| Salsa, canned   | 227             | \$13.86    |
| Pork Leg Roasts, frozen                               | 220             | \$44.52    |
| Pinto Beans, canned                                   | 199             | \$13.59    |
| Rice, Brown   | 186             | \$27.75    |
| Broccoli, frozen                                      | 175             | \$37.29    |
| Vegetarian Beans, canned                              | 157             | \$14.12    |
| Ham, sliced, frozen                                   | 151             | \$76.58    |
| Carrots, sliced, frozen                               | 150             | \$14.35    |
| Potato Wedges, frozen                                 | 147             | \$18.68    |

|                                |     |          |
|--------------------------------|-----|----------|
| Unseasoned Chicken Strips      | 136 | \$51.27  |
| Turkey Deli, unsliced          | 130 | \$136.96 |
| Diced Tomatoes, canned         | 125 | \$13.42  |
| Ham, diced, frozen             | 106 | \$76.57  |
| Cheese, mozz, shredded, frozen | 97  | \$58.48  |
| Eggs, frozen                   | 95  | \$21.31  |
| Orange Juice, singles, frozen  | 86  | \$9.35   |
| Cheese, yellow, shred, frozen  | 85  | \$58.42  |
| Garbanzo Beans, canned         | 75  | \$13.77  |
| Peanut Butter                  | 58  | \$28.94  |
| Spaghetti Noodles              | 57  | \$6.96   |
| Turkey Deli, sliced            | 54  | \$168.87 |
| Great Northern Beans, canned   | 52  | \$13.73  |
| Pancakes, frozen               | 49  | \$9.77   |
| Sweet Potatoes, canned         | 49  | \$24.55  |
| Tomato Sauce, canned           | 41  | \$13.39  |
| Blueberries, frozen            | 33  | \$27.70  |
| Strawberry Cups, frozen        | 24  | \$43.17  |
| Flour, 100% Whole Wheat        | 6   | \$9.20   |

### [Looking for Professional Development Opportunities you can do from your desk?](#)

Check out the variety of webinars that are occurring soon or past webinars on school nutrition topics.

#### **Upcoming webinars:**

[http://opi.mt.gov/Programs/SchoolPrograms/School\\_Nutrition/ProfStandards.html](http://opi.mt.gov/Programs/SchoolPrograms/School_Nutrition/ProfStandards.html)

#### **Past webinars that have been recorded:**

<http://healthinfo.montana.edu/health-wellness/rhi-webinars.html>

## 2 Upcoming Harvest of the Month Webinars



This September, the new Montana Harvest of the Month program launched and is now open to K-12 schools and afterschool programs.

Each month, the schools and afterschool programs participating in the program showcase one Montana grown or raised food (e.g., winter squash) by serving it in a meal, offering taste tests to students, and doing educational activities. The two primary goals for this program are to expose students to new, healthy foods and to support Montana’s farmers and ranchers. Over 130 schools and afterschool program sites are registered for the program.

Want to learn more? Attend one of the upcoming webinars listed below or visit the Montana Harvest of the Month webpage for more resources and archived webinars: [www.montana.edu/mtharvestofthemonth/](http://www.montana.edu/mtharvestofthemonth/).

### **MT Harvest of the Month - Overview**

November 16, 3:30pm - 4:00pm [Register Here!](#)

### **MT Harvest of the Month – For Educators**

February 16, 3:00pm - 4:00pm [Register Here!](#)