

# Montana Students and Mental Health

2019 Montana Youth Risk Behavior Survey  
 Montana Office of Public Instruction, Elsie Arntzen, Superintendent

Bullying	Depression	Suicide Ideation
<p>22% of high school students had been bullied on school property during the past 12 months</p> <p>18% had been electronically bullied (texting, Instagram, Facebook, or other social media) during the past 12 months</p> <p>13% of students had been the victim of teasing or name calling because someone thought they were gay, lesbian or bisexual (GLB)</p>	<p>37% of students felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing usual activities</p> 	<p>23% of students seriously considered attempting suicide during the past 12 months</p> <p>20% of students made a plan about how they would attempt suicide</p> <p>10% of students actually attempted suicide</p> <p>Among students who attempted suicide, 36% had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse</p> 

