

## Montana 2019 and United States 2019 Results

<b>2019 Youth Risk Behavior Survey</b>						
Question	Montana 2019	United States 2019	p-value	Montana More Likely Than United States	United States More Likely Than Montana	No Difference
<b>Unintentional Injuries and Violence</b>						
Percentage, confidence interval						
<b>Rarely or never wore a seat belt</b> (when riding in a car driven by someone else)	<b>7.5</b> (6.1-9.1)	<b>6.5</b> (5.3-8.0)	0.35			●
<b>Rode with a driver who had been drinking alcohol</b> (one or more times during the past 30 days)	<b>19.1</b> (17.8-20.4)	<b>16.7</b> (15.2-18.2)	0.02	●		
<b>Drove when they had been drinking alcohol</b> (one or more times, among students who had driven a car or other vehicle during the past 30 days)	<b>7.1</b> (5.9-8.4)	<b>5.4</b> (4.5-6.5)	0.04	●		
<b>Texted or e-mailed while driving a car or other vehicle</b> (one or more times, among students who had driven a car or other vehicle during the past 30 days)	<b>53.3</b> (50.4-56.2)	<b>39.0</b> (36.4-41.7)	0.00	●		
<b>Carried a weapon</b> (such as a gun, knife, or club, during the past 30 days)	<b>23.1</b> (21.2-25.2)	<b>13.2</b> (11.9-14.5)	0.00	●		
<b>Carried a weapon on school property</b> (such as a gun, knife, or club, during the past 30 days)	<b>7.0</b> (5.9-8.2)	<b>2.8</b> (2.1-3.5)	0.00	●		
<b>Carried a gun</b> (during the past 12 months, not counting when they carried a gun only for hunting or for a sport such as target shooting)	<b>7.7</b> (6.8-8.9)	<b>4.4</b> (3.8-5.3)	0.00	●		
<b>Were threatened or injured with a weapon on school property</b> (such as a gun, knife, or club, during the past 12 months)	<b>7.9</b> (6.8-9.1)	<b>7.4</b> (6.4-8.5)	0.52			●
<b>Were in a physical fight</b> (during the past 12 months)	<b>23.3</b> (21.6-25.2)	<b>21.9</b> (20.3-23.6)	0.23			●

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<b>Unintentional Injuries and Violence</b>						
<b>Were in a physical fight on school property</b> (during the past 12 months)	<b>8.0</b> (7.0-9.1)	<b>8.0</b> (7.1-9.1)	0.95			●
<b>Were electronically bullied</b> (counting being bullied through texting, Instagram, Facebook, or other social media, during the past 12 months)	<b>17.9</b> (16.4-19.4)	<b>15.7</b> (14.6-16.9)	0.02	●		
<b>Were bullied on school property</b> (during the past 12 months)	<b>22.0</b> (20.3-23.9)	<b>19.5</b> (18.2-20.9)	0.03	●		
<b>Did not go to school because they felt unsafe at school or on their way to or from school</b> (during the past 30 days)	<b>9.3</b> (8.0-10.8)	<b>8.7</b> (7.5-10.1)	0.53			●
<b>Were ever physically forced to have sexual intercourse</b> (when they did not want to)	<b>9.8</b> (8.6-11.1)	<b>7.3</b> (6.5-8.2)	0.00	●		
<b>Experienced sexual violence by anyone</b> (including kissing, touching, or being physically forced to have sexual intercourse when they did not want to, during the past 12 months)	<b>11.1</b> (9.9-12.5)	<b>10.8</b> (9.9-11.7)	0.67			●
<b>Experienced sexual dating violence</b> (being forced to do sexual things (counting such things as kissing, touching, or being physically forced to have sexual intercourse) they did not want to do by someone they were dating or going out with, during the past 12 months, among students who dated or went out with someone during the past 12 months)	<b>6.3</b> (5.5-7.3)	<b>8.2</b> (7.4-9.1)	0.00		●	
<b>Experienced physical dating violence</b> (being physically hurt on purpose (counting such things as being hit, slammed into something, or injured with an object or weapon) by someone they were dating or going out with, among students who dated or went out with someone during the past 12 months)	<b>7.8</b> (6.6-9.3)	<b>8.2</b> (7.2-9.4)	0.65			●

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<b>Unintentional Injuries and Violence</b>						
<b>Felt sad or hopeless</b> (almost every day for 2 or more weeks in a row so that they stopped doing some usual activities, during the past 12 months)	<b>36.7</b> (34.9-38.6)	<b>36.7</b> (35.1-38.3)	0.99			●
<b>Seriously considered attempting suicide</b> (during the past 12 months)	<b>23.4</b> (21.8-25.1)	<b>18.8</b> (17.6-20.0)	0.00	●		
<b>Made a plan about how they would attempt suicide</b> (during the past 12 months)	<b>19.5</b> (18.1-21.1)	<b>15.7</b> (14.6-16.9)	0.00	●		
<b>Actually attempted suicide</b> (during the past 12 months)	<b>10.0</b> (8.6-11.5)	<b>8.9</b> (7.9-10.0)	0.24			●
<b>Suicide attempt resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse</b> (during the past 12 months)	<b>3.7</b> (3.0-4.6)	<b>2.5</b> (2.1-3.0)	0.01	●		
<b>Tobacco Use</b>						
<b>Ever tried cigarette smoking</b> (even one or two puffs)	<b>31.0</b> (28.6-33.6)	<b>24.1</b> (21.3-27.0)	0.00	●		
<b>First tried cigarette smoking before age 13 years</b> (even one or two puffs)	<b>10.0</b> (8.7-11.4)	<b>7.9</b> (6.7-9.1)	0.02	●		
<b>Currently smoked cigarettes</b> (during the past 30 days)	<b>7.7</b> (6.5-9.0)	<b>6.0</b> (5.0-7.2)	0.04	●		
<b>Currently smoked cigarettes frequently</b> (on 20 or more of the past 30 days)	<b>1.5</b> (1.1-2.1)	<b>1.3</b> (1.0-1.8)	0.54			●
<b>Currently smoked cigarettes daily</b> (on each of the past 30 days)	<b>1.2</b> (0.8-1.7)	<b>1.1</b> (0.8-1.5)	0.89			●

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<b>Tobacco Use</b>						
<b>Smoked more than 10 cigarettes per day</b> (on the days they smoked during the past 30 days, among students who currently smoked cigarettes)	<b>5.5</b> (3.0-10.1)	<b>8.1</b> (5.1-12.8)	0.30			●
<b>Ever used electronic vapor products</b> (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods)	<b>58.3</b> (55.7-61.0)	<b>50.1</b> (48.1-52.2)	0.00	●		
<b>Currently used electronic vapor products</b> (during the past 30 days)	<b>30.2</b> (27.8-32.7)	<b>32.7</b> (30.7-34.8)	0.11			●
<b>Currently used electronic vapor products frequently</b> (on 20 or more of the past 30 days)	<b>12.7</b> (11.2-14.3)	<b>10.7</b> (9.5-11.9)	0.04	●		
<b>Currently used electronic vapor products daily</b> (on each of the past 30 days)	<b>8.7</b> (7.5-10.1)	<b>7.2</b> (6.2-8.3)	0.07			●
<b>Usually got their own electronic vapor products by buying them in a store</b> (such as a convenience store, supermarket, discount store, gas station, or vape store, among the students who currently used electronic vapor products and were age <18 years)	<b>6.0</b> (4.1-8.7)	<b>8.1</b> (6.8-9.6)	0.12			●
<b>Currently used smokeless tobacco</b> (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, Copenhagen, Camel Snus, Marlboro Snus, General Snus, Ariva, Stonewall, or Camel Orbs, not counting any electronic vapor products, during the past 30 days)	<b>6.3</b> (5.3-7.3)	<b>3.8</b> (3.2-4.6)	0.00	●		
<b>Currently smoked cigars</b> (cigars, cigarillos, or little cigars, during the past 30 days)	<b>7.5</b> (6.4-8.8)	<b>5.7</b> (4.8-6.7)	0.02	●		
<b>Currently smoked cigars frequently</b> (on 20 or more of the past 30 days)	<b>0.6</b> (0.4-1.0)	<b>1.1</b> (0.8-1.4)	0.04		●	

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<b>Tobacco Use</b>						
<b>Currently smoked cigars daily</b> (on each of the past 30 days)	<b>0.5</b> (0.3-0.9)	<b>0.8</b> (0.6-1.1)	0.20			●
<b>Currently smoked cigarettes or cigars</b> (during the past 30 days)	<b>11.6</b> (10.2-13.2)	<b>9.2</b> (7.8-10.8)	0.02	●		
<b>Currently smoked cigarettes or cigars or used smokeless tobacco</b> (during the past 30 days)	<b>14.4</b> (12.8-16.1)	<b>10.5</b> (9.0-12.2)	0.00	●		
<b>Currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products</b> (during the past 30 days)	<b>33.5</b> (31.0-36.1)	<b>36.5</b> (33.6-39.5)	0.12			●
<b>Currently smoked cigarettes or used electronic vapor products</b> (during the past 30 days)	<b>31.7</b> (29.3-34.3)	<b>34.4</b> (32.1-36.7)	0.12			●
<b>Did not try to quit using all tobacco products</b> (including cigarettes, cigars, smokeless tobacco, shisha or hookah tobacco, and electronic vapor products, during the past 12 months, among students who used tobacco products during the past 12 months)	<b>45.6</b> (42.4-48.9)	<b>52.4</b> (49.9-54.9)	0.00		●	
<b>Alcohol and Other Drug Use</b>						
<b>Had their first drink of alcohol before age 13 years</b> (other than a few sips)	<b>17.6</b> (16.0-19.4)	<b>15.0</b> (13.7-16.4)	0.02	●		
<b>Currently drank alcohol</b> (during the past 30 days)	<b>33.4</b> (31.3-35.6)	<b>29.2</b> (27.3-31.2)	0.00	●		
<b>Currently were binge drinking</b> (four or more drinks of alcohol in a row if female, five or more drinks of alcohol in a row if male, during the past 30 days)	<b>17.5</b> (15.9-19.3)	<b>13.7</b> (12.3-15.2)	0.00	●		

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<b>Alcohol and Other Drug Use</b>						
Usually obtained the alcohol they drank by someone giving it to them (among students who currently drink)	39.3 (36.6-42.2)	40.5 (38.2-42.9)	0.52			●
Reported that the largest number of drinks they had in a row was 10 or more (within a couple of hours, during the past 30 days)	5.6 (4.8-6.7)	3.1 (2.5-3.8)	0.00	●		
Ever used marijuana (also called pot, weed, or cannabis)	40.0 (37.1-43.0)	36.8 (34.4-39.2)	0.10			●
Tried marijuana for the first time before age 13 years (also called pot, weed, or cannabis)	7.5 (5.9-9.4)	5.6 (4.9-6.5)	0.06			●
Currently used marijuana (during the past 30 days)	21.1 (19.2-23.2)	21.7 (19.9-23.7)	0.66			●
Ever used synthetic marijuana (also called "Spice," "fake weed," "K2," "King Kong," "Yucatan Fire," or "Skunk")	6.5 (5.6-7.5)	7.3 (6.4-8.4)	0.21			●
Ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, Oxycontin, Hydrocodone, and Percocet, during their life)	12.8 (11.6-14.2)	14.3 (12.8-15.9)	0.16			●
Ever used cocaine (any form of cocaine, such as powder, crack, or freebase)	4.1 (3.5-5.0)	3.9 (3.2-4.7)	0.68			●
Ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high)	8.0 (7.0-9.1)	6.4 (5.8-7.1)	0.01	●		
Ever used heroin (also called "smack," "junk," or "China White")	1.7 (1.2-2.3)	1.8 (1.3-2.5)	0.80			●
Ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth")	2.4 (1.7-3.2)	2.1 (1.6-2.8)	0.66			●

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<b>Alcohol and Other Drug Use</b>						
<b>Ever used ecstasy</b> (also called "MDMA")	<b>4.3</b> (3.5-5.3)	<b>3.6</b> (2.9-4.3)	0.18			●
<b>Ever took steroids without a doctor's prescription</b> (pills or shots)	<b>1.6</b> (1.1-2.2)	<b>1.9</b> (1.5-2.4)	0.28			●
<b>Ever injected any illegal drug</b> (used a needle to inject any illegal drug into their body)	<b>1.0</b> (0.7-1.5)	<b>1.6</b> (1.2-2.3)	0.07			●
<b>Were offered, sold, or given an illegal drug on school property</b> (during the past 12 months)	<b>22.5</b> (21.0-24.1)	<b>21.8</b> (20.3-23.4)	0.52			●
<b>Sexual Behaviors</b>						
<b>Ever had sexual intercourse</b>	<b>43.8</b> (41.0-46.6)	<b>38.4</b> (35.4-41.6)	0.01	●		
<b>Had sexual intercourse for the first time before age 13 years</b>	<b>3.6</b> (3.0-4.4)	<b>3.0</b> (2.5-3.6)	0.13			●
<b>Had sexual intercourse with four or more persons</b> (during their life)	<b>12.1</b> (10.9-13.5)	<b>8.6</b> (7.5-9.9)	0.00	●		
<b>Were currently sexually active</b> (had sexual intercourse during the past 3 months)	<b>31.8</b> (29.4-34.3)	<b>27.4</b> (25.2-29.8)	0.01	●		
<b>Did not use a condom during last sexual intercourse</b> (among students who were currently sexually active)	<b>44.4</b> (41.0-47.9)	<b>45.7</b> (43.4-48.0)	0.53			●
<b>Did not use birth control pills before last sexual intercourse</b> (to prevent pregnancy, among students who were currently sexually active)	<b>73.2</b> (70.2-76.1)	<b>77.0</b> (73.4-80.3)	0.10			●

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<b>Sexual Behaviors</b>						
<b>Did not use an IUD (e.g., Mirena or ParaGard) or implant (e.g., Implanon or Nexplanon) before last sexual intercourse</b> (to prevent pregnancy, among students who were currently sexually active)	<b>87.7</b> (85.4-89.7)	<b>95.2</b> (93.1-96.8)	0.00		●	
<b>Did not use birth control pills; an IUD (e.g., Mirena or ParaGard) or implant (e.g., Implanon or Nexplanon); or a shot (e.g., Depo-Provera), patch (e.g., OrthoEvra), or birth control ring (e.g., NuvaRing) before last sexual intercourse</b> (to prevent pregnancy, among students who were currently sexually active)	<b>54.1</b> (50.5-57.6)	<b>69.1</b> (65.1-72.8)	0.00		●	
<b>Did not use both a condom during last sexual intercourse and birth control pills; an IUD (e.g., Mirena or ParaGard) or implant (e.g., Implanon or Nexplanon); or a shot (e.g., Depo-Provera), patch (e.g., OrthoEvra), or birth control ring (e.g., NuvaRing) before last sexual intercourse</b> (to prevent pregnancy, among students who were currently sexually active)	<b>83.4</b> (80.6-85.8)	<b>90.9</b> (89.1-92.5)	0.00		●	
<b>Did not use any method to prevent pregnancy during last sexual intercourse</b> (among students who were currently sexually active)	<b>6.5</b> (5.2-8.2)	<b>11.9</b> (10.3-13.9)	0.00		●	
<b>Drank alcohol or used drugs before last sexual intercourse</b> (among students who were currently sexually active)	<b>18.3</b> (16.1-20.8)	<b>21.2</b> (18.8-23.9)	0.10			●
<b>Dietary Behaviors</b>						
<b>Did not eat fruit or drink 100% fruit juices</b> (such as orange juice, apple juice, or grape juice, not counting punch, Kool-Aid, sports drinks, or other fruit-flavored drinks, during the past 7 days)	<b>5.4</b> (4.6-6.3)	<b>6.3</b> (5.4-7.3)	0.15			●
<b>Did not eat vegetables</b> (green salad, potatoes (not counting French fries, fried potatoes, or potato chips), carrots, or other vegetables, during the past 7 days)	<b>5.5</b> (4.6-6.6)	<b>7.9</b> (7.1-8.7)	0.00		●	
<b>Did not drink milk</b> (during the past 7 days)	<b>23.5</b> (22.1-25.0)	<b>30.6</b> (29.0-32.3)	0.00		●	



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<b>Dietary Behaviors</b>						
<b>Drank soda or pop</b> (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the past 7 days)	<b>71.5</b> (69.5-73.4)	<b>68.3</b> (66.2-70.4)	0.03	●		
<b>Drank soda or pop one or more times per day</b> (during the past 7 days)	<b>12.9</b> (11.5-14.5)	<b>15.1</b> (13.1-17.2)	0.09			●
<b>Drank soda or pop two or more times per day</b> (during the past 7 days)	<b>6.7</b> (5.5-8.0)	<b>9.3</b> (7.7-11.2)	0.01		●	
<b>Did not eat breakfast</b> (during the past 7 days)	<b>14.2</b> (13.0-15.5)	<b>16.7</b> (15.3-18.1)	0.01		●	
<b>Did not eat breakfast on all 7 days</b> (during the past 7 days)	<b>67.1</b> (65.0-69.1)	<b>66.9</b> (64.5-69.2)	0.89			●
<b>Physical Activity</b>						
<b>Did not participate in at least 60 minutes of physical activity on at least 1 day</b> (doing any kind of physical activity that increased their heart rate and made them breath hard some of the time, during the past 7 days)	<b>12.0</b> (10.8-13.3)	<b>17.0</b> (15.4-18.7)	0.00		●	
<b>Were not physically active at least 60 minutes per day on 5 or more days</b> (during the past 7 days)	<b>49.0</b> (46.5-51.4)	<b>55.9</b> (53.7-58.1)	0.00		●	
<b>Were not physically active at least 60 minutes per day on all 7 days</b> (during the past 7 days)	<b>74.7</b> (72.6-76.6)	<b>76.8</b> (75.4-78.1)	0.09			●
<b>Played video or computer games or used a computer 3 or more hours per day</b> (counting time spent playing games, watching videos, texting, or using social media on their smartphone, computer, Xbox, PlayStation, iPad, or other tablet, for something that was not school work, on an average school day)	<b>36.8</b> (34.3-39.3)	<b>46.1</b> (44.4-47.9)	0.00		●	

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<b>Physical Activity</b>						
<b>Watched television 3 or more hours per day</b> (on an average school day)	<b>19.2</b> (17.7-20.8)	<b>19.8</b> (18.3-21.3)	0.56			●
<b>Did not attend physical education (PE) classes on 1 or more days</b> (in an average week when they were in school)	<b>43.4</b> (39.3-47.5)	<b>47.8</b> (42.6-53.1)	0.18			●
<b>Did not attend physical education (PE) classes on all 5 days</b> (in an average week when they were in school)	<b>67.2</b> (62.2-71.9)	<b>74.1</b> (69.0-78.5)	0.05			●
<b>Did not play on at least one sports team</b> (counting any teams run by their school or community groups, during the past 12 months)	<b>39.2</b> (36.8-41.7)	<b>42.6</b> (39.6-45.7)	0.08			●
<b>Had a concussion from playing a sport or being physically active</b> (during the past 12 months)	<b>16.6</b> (15.4-17.9)	<b>15.1</b> (14.1-16.3)	0.08			●
<b>Obesity, Overweight, and Weight Control</b>						
<b>Had obesity</b> (students who were $\geq$ 95 <sup>th</sup> percentile for body mass index)	<b>11.5</b> (10.1-13.1)	<b>15.5</b> (13.8-17.3)	0.00		●	
<b>Were overweight</b> (students who were $\geq$ 85 <sup>th</sup> percentile but <95 <sup>th</sup> percentile for body mass index)	<b>13.0</b> (11.7-14.4)	<b>16.1</b> (14.9-17.5)	0.00		●	
<b>Described themselves as slightly or very overweight</b>	<b>30.5</b> (28.5-32.6)	<b>32.4</b> (30.7-34.1)	0.16			●
<b>Were not trying to lose weight</b>	<b>58.7</b> (56.4-60.9)	<b>51.7</b> (49.7-53.7)	0.00	●		

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<b>Other Health Topics</b>						
<b>Ever told by a doctor or nurse that they had asthma</b>	<b>21.8</b> (20.3-23.3)	<b>21.8</b> (20.4-23.2)	1.00			●
<b>Never saw a dentist</b> (for a check-up, exam, teeth cleaning, or other dental work, during the past 12 months)	<b>1.2</b> (0.8-1.7)	<b>1.9</b> (1.4-2.5)	0.03		●	
<b>Did not get 8 or more hours of sleep</b> (on an average school night)	<b>70.1</b> (68.2-71.9)	<b>77.9</b> (76.3-79.4)	0.00		●	
<b>Used an indoor tanning device</b> (such as a sunlamp, sunbed, or tanning booth, not counting getting a spray-on tan, during the past 12 months)	<b>6.2</b> (5.2-7.4)	<b>4.5</b> (3.5-5.6)	0.01	●		
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