2019 Montana Youth Risk Behavior Survey
Gender Comparison

Percentage of high school students who:

- Rarely or never wore a seat belt when riding in a car
  - Female: 5.6%
  - Male: 9.1%

- Rarely or never wear a seat belt when driving
  - Female: 4.8%
  - Male: 9.5%

- Rode with a driver who had been drinking alcohol/past 30 days
  - Female: 20.1%
  - Male: 17.7%

- Drove a car or other vehicle when they had been drinking alcohol/past 30 days
  - Female: 5.5%
  - Male: 8.6%

- Texted or e-mailed while driving a car/past 30 days
  - Female: 56%
  - Male: 50.8%

- Used the Internet or Apps on their cell phone while driving/past 30 days
  - Female: 47.8%
  - Male: 44.2%

- Carried a weapon/past 30 days
  - Female: 11.8%
  - Male: 33.8%

- Carried a weapon on school property/past 30 days
  - Female: 3.3%
  - Male: 10.4%

- Carried a gun/past 12 months
  - Female: 3.3%
  - Male: 11.7%

- Did not go to school because they felt unsafe at school or on their way to or from school/past 30 days
  - Female: 10.5%
  - Male: 8%

- Were threatened or injured with a weapon on school property/past 12 months
  - Female: 5.2%
  - Male: 10.1%

- Were in a physical fight/past 12 months
  - Female: 16.9%
  - Male: 29%
2019 Montana Youth Risk Behavior Survey
Gender Comparison

Percentage of high school students who:

- Were in a physical fight on school property/past 12 months
- Were ever physically forced to have sexual intercourse
- Experienced sexual violence/past 12 months
- Experienced sexual dating violence/past 12 months
- Experienced physical dating violence/past 12 months
- Were bullied on school property/past 12 months
- Were electronically bullied through texting, Instagram, Facebook, or other social media/past 12 months
- Have been the victim of teasing or name calling because someone thought they were gay, lesbian, or bisexual/past 12 months
- Felt so sad or hopeless for 2 or more weeks in a row that they stopped doing some usual activities/past 12 months
- Seriously considered attempting suicide/past 12 months
- Made a plan about how they would attempt suicide/past 12 months
- Attempted suicide/past 12 months
- Had a suicide attempt that resulted in injury, poisoning, or overdose that had to be treated by a doctor or nurse/past 12 months
2019 Montana Youth Risk Behavior Survey
Gender Comparison

Percentage of high school students who:

- Ever tried cigarette smoking
  - Female: 30.4%
  - Male: 31.7%
- First tried cigarette smoking before age 13 years
  - Female: 9.9%
  - Male: 9.8%
- Currently smoked cigarettes/past 30 days
  - Female: 7.6%
  - Male: 7.7%
- Currently smoked cigarettes frequently (20 or more of past 30 days)
  - Female: 1.6%
  - Male: 1.3%
- Currently smoked cigarettes daily/past 30 days
  - Female: 1.2%
  - Male: 1.1%
- Smoked more than 10 cigarettes per day/among current smokers
  - Female: 2.2%
  - Male: 7.5%
- Ever used an electronic vapor product
  - Female: 59.1%
  - Male: 57.5%
- Currently used an electronic vapor product/past 30 days
  - Female: 30%
  - Male: 30.3%
- Currently used electronic vapor products on school property/past 30 days
  - Female: 16.7%
  - Male: 21.1%
- Currently used electronic vapor products frequently/20 or more of past 30 days
  - Female: 11%
  - Male: 14.1%
- Currently used electronic vapor products daily/past 30 days
  - Female: 7.1%
  - Male: 10.2%
- Usually got their electronic vapor products by buying them in a store
  - Female: 4.6%
  - Male: 7.4%
- Used electronic vapor products mainly because a friend or family member used them
  - Female: 16.9%
  - Male: 10.2%
- Currently used smokeless tobacco/past 30 days
  - Female: 2.5%
  - Male: 9.7%
- Currently smoked cigars/past 30 days
  - Female: 4.8%
  - Male: 9.9%
- Currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products/past 30 days
  - Female: 32.3%
  - Male: 34.6%
- Tried to quit using all tobacco products/past 12 months
  - Female: 53.2%
  - Male: 55.7%
2019 Montana Youth Risk Behavior Survey
Gender Comparison

- Had their first drink of alcohol before age 13 years
  - Female: 15.3%
  - Male: 19.5%

- Currently drank alcohol/past 30 days
  - Female: 35.5%
  - Male: 31.4%

- Currently binge drink
  - Female: 18.3%
  - Male: 16.9%

- Drank 10 or more alcoholic drinks within a couple hours/past 30 days
  - Female: 3.5%
  - Male: 7.8%

- Usually got the alcohol they drank by someone giving it to them
  - Female: 44.8%
  - Male: 33.6%

- Ever used marijuana
  - Female: 41.5%
  - Male: 38.8%

- Tried marijuana for the first time before age 13 years
  - Female: 7.4%
  - Male: 7.6%

- Currently used marijuana/past 30 days
  - Female: 21.8%
  - Male: 20.7%

- Ever used synthetic marijuana
  - Female: 6.4%
  - Male: 6.6%

*4 or more drinks within a couple of hours if female, 5 or more drinks within a couple of hours if male
2019 Montana Youth Risk Behavior Survey
Gender Comparison

Percentage of high school students who:

- Ever took prescription pain medicine without a doctor’s prescription or differently than how a doctor told them to use it
- Ever used cocaine
- Ever used inhalants
- Ever used heroin
- Ever used methamphetamine
- Ever used ecstasy
- Ever took steroids without a doctor’s prescription
- Ever injected any illegal drug
- Were offered, sold, or given an illegal drug on school property/past 12 months

Female
Male

0 20 40 60 80 100
2019 Montana Youth Risk Behavior Survey
Gender Comparison

<table>
<thead>
<tr>
<th>Event</th>
<th>Female</th>
<th>Male</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ever had sexual intercourse</td>
<td>44.6%</td>
<td>43.3%</td>
</tr>
<tr>
<td>Had sexual intercourse for the first time before age 13 years</td>
<td>2.8%</td>
<td>4.5%</td>
</tr>
<tr>
<td>Had sexual intercourse with four or more persons during their life</td>
<td>11.6%</td>
<td>12.7%</td>
</tr>
<tr>
<td>Were currently sexually active/sexual intercourse during the past 3 months</td>
<td>34%</td>
<td>29.8%</td>
</tr>
<tr>
<td>Drank alcohol or used drugs before last sexual intercourse</td>
<td>18.6%</td>
<td>17.7%</td>
</tr>
<tr>
<td>Used a condom during last sexual intercourse</td>
<td>51.9%</td>
<td>59.4%</td>
</tr>
<tr>
<td>Used birth control pills before last sexual intercourse</td>
<td>30.7%</td>
<td>22.2%</td>
</tr>
<tr>
<td>Used an IUD (e.g., Mirena or Paragard) or implant (e.g., Implanon or Nexplanon) before last sexual intercourse</td>
<td>14.8%</td>
<td>9.5%</td>
</tr>
<tr>
<td>Used birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse</td>
<td>37.4%</td>
<td>53.4%</td>
</tr>
<tr>
<td>Used both a condom during and birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse</td>
<td>19.6%</td>
<td>13%</td>
</tr>
<tr>
<td>Did not use any method to prevent pregnancy</td>
<td>5.7%</td>
<td>7.6%</td>
</tr>
</tbody>
</table>
2019 Montana Youth Risk Behavior Survey
Gender Comparison

Percentage of high school students who:

- Had obesity (at or greater than 95th percentile for body mass index)
  - Female: 9.4%
  - Male: 13.5%

- Were overweight (at or greater than 85th percentile but less than 95th percentile for body mass index)
  - Female: 13.8%
  - Male: 12.2%

- Described themselves as slightly or very overweight
  - Female: 23.7%
  - Male: 37.1%

- Were trying to lose weight
  - Female: 27.7%
  - Male: 55.4%

- Did not drink fruit juice/past 7 days
  - Female: 34.9%
  - Male: 30%

- Did not eat fruit/past 7 days
  - Female: 9%
  - Male: 12.8%

- Did not eat fruit or drink 100% fruit juices/past 7 days
  - Female: 3.8%
  - Male: 6.9%

- Ate fruit or drank 100% fruit juices one or more times per day/past 7 days
  - Female: 54.1%
  - Male: 55.5%

- Ate fruit or drank 100% fruit juices two or more times per day/past 7 days
  - Female: 23.5%
  - Male: 24.4%
2019 Montana Youth Risk Behavior Survey
Gender Comparison

Percentage of high school students who:

- **Did not eat green salad/past 7 days**
  - Female: 29.2%
  - Male: 39.1%

- **Did not eat potatoes/past 7 days**
  - Female: 33.8%
  - Male: 30.7%

- **Did not eat carrots/past 7 days**
  - Female: 43.1%
  - Male: 44.8%

- **Did not eat vegetables/past 7 days**
  - Female: 4.3%
  - Male: 6.6%

- **Ate vegetables one or more times per day/past 7 days**
  - Female: 62.5%
  - Male: 61.9%

- **Ate vegetables two or more times per day/past 7 days**
  - Female: 24.8%
  - Male: 27%

- **Ate vegetables three or more times per day/past 7 days**
  - Female: 11.4%
  - Male: 12%

- **Did not drink a can, bottle, or glass of soda or pop/past 7 days**
  - Female: 35.2%
  - Male: 22%

- **Drank a can, bottle, or glass of soda or pop one or more times per day/past 7 days**
  - Female: 17.5%
  - Male: 8.2%

- **Drank a can, bottle, or glass of soda or pop two or more times per day/past 7 days**
  - Female: 9.3%
  - Male: 3.8%

- **Did not drink milk/past 7 days**
  - Female: 30.9%
  - Male: 16.3%

- **Drank one or more glasses of milk per day/past 7 days**
  - Female: 39.6%
  - Male: 24%

- **Drank three or more glasses of milk per day/past 7 days**
  - Female: 12.4%
  - Male: 5.3%

- **Drank a can, bottle, or glass of an energy drink daily/past 7 days**
  - Female: 2.4%
  - Male: 6.2%

- **Did not eat breakfast on any of the past 7 days**
  - Female: 14.2%
  - Male: 14.1%

- **Ate breakfast on all of the past 7 days**
  - Female: 28.8%
  - Male: 37.1%
### 2019 Montana Youth Risk Behavior Survey

#### Gender Comparison

<table>
<thead>
<tr>
<th>Activity</th>
<th>Female</th>
<th>Male</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Were physically active at least 60 minutes per day on 5 or more of the last 7 days</td>
<td>43.9</td>
<td>58.1</td>
<td></td>
</tr>
<tr>
<td>Did not participate in at least 60 minutes of physical activity on any of the past 7 days</td>
<td>13.9</td>
<td>10</td>
<td></td>
</tr>
<tr>
<td>Were physically active at least 60 minutes per day on each of the past 7 days</td>
<td>19.5</td>
<td>31.1</td>
<td></td>
</tr>
<tr>
<td>Watched television three or more hours per day on an average school day</td>
<td>19.9</td>
<td>18.5</td>
<td></td>
</tr>
<tr>
<td>Played video or computer games or used a computer three or more hours per day on an average school day</td>
<td>33.9</td>
<td>39.5</td>
<td></td>
</tr>
<tr>
<td>Attended physical education classes on one or more days in a school week</td>
<td>51</td>
<td>62</td>
<td></td>
</tr>
<tr>
<td>Attended physical education classes on all 5 days in a school week</td>
<td>27.9</td>
<td>37.7</td>
<td></td>
</tr>
<tr>
<td>Played on at least one sports team/past 12 months</td>
<td>59.4</td>
<td>62.1</td>
<td></td>
</tr>
<tr>
<td>Had a concussion from playing a sport or being physically active/past 12 months</td>
<td>15.4</td>
<td>17.6</td>
<td></td>
</tr>
<tr>
<td>Saw a dentist for a check-up, exam, teeth cleaning, or other dental work/past 12 months</td>
<td>77.7</td>
<td>76.1</td>
<td></td>
</tr>
<tr>
<td>Never saw a dentist for a check-up, exam, teeth cleaning, or other dental work/past 12 months</td>
<td>0.7</td>
<td>1.6</td>
<td></td>
</tr>
<tr>
<td>Had ever been told by a doctor or nurse that they had asthma</td>
<td>21.3</td>
<td>22.2</td>
<td></td>
</tr>
<tr>
<td>Got 8 or more hours of sleep on an average school night</td>
<td>29.1</td>
<td>30.8</td>
<td></td>
</tr>
<tr>
<td>Described their grades in school as mostly A’s or B’s/past 12 months</td>
<td>82.1</td>
<td>71.9</td>
<td></td>
</tr>
<tr>
<td>Did not usually sleep in their parent’s or guardian’s home/past 30 days</td>
<td>3.8</td>
<td>4.2</td>
<td></td>
</tr>
<tr>
<td>Used an indoor tanning device/past 12 months</td>
<td>3.7</td>
<td>8.7</td>
<td></td>
</tr>
<tr>
<td>Received help from a resource teacher, speech therapist, or other special education teacher/past 12 months</td>
<td>14.4</td>
<td>15.2</td>
<td></td>
</tr>
</tbody>
</table>