

2019 WEST REGION YOUTH RISK BEHAVIOR SURVEY

MIDDLE SCHOOL FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 1,305 middle school students in West Region during February of 2019. Frequency distributions may not total 1,305 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	10 years old or younger	1	0.08%
B.	11 years old	6	0.46%
C.	12 years old	283	21.75%
D.	13 years old	646	49.65%
E.	14 years old	351	26.98%
F.	15 years old	11	0.85%
G.	16 years old or older	3	0.23%
	TOTALS	1,301	100.00%
Q-2. What is your sex?			
A.	Female	627	48.53%
B.	Male	665	51.47%
	TOTALS	1,292	100.00%
Q-3. In what grade are you?			
A.	7th grade	661	51.76%
B.	8th grade	616	48.24%
	TOTALS	1,277	100.00%
Q-4. Are you Hispanic or Latino?			
A.	Yes	144	11.45%
B.	No	1114	88.55%
	TOTALS	1,258	100.00%
Q-5. What is your race?			
A.	American Indian or Alaskan Native	252	17.22%
B.	Asian	64	4.37%
C.	Black or African American	45	3.08%
D.	Native Hawaiian or Other Pacific Islander	40	2.73%
E.	White	1062	72.59%
	TOTALS	1,463	100.00%
Q-6. How often do you wear a seat belt when riding in a car driven by someone else?			
A.	Never	37	2.87%
B.	Rarely	40	3.10%
C.	Sometimes	77	5.97%
D.	Most of the time	383	29.69%
E.	Always	753	58.37%
	TOTALS	1,290	100.00%

Q-7. How often do you wear a seat belt when driving a car?		
A.	I do not drive a car	973 75.66%
B.	Never	12 0.93%
C.	Rarely	16 1.24%
D.	Sometimes	22 1.71%
E.	Most of the time	67 5.21%
F.	Always	196 15.24%
TOTALS		1,286 100.00%
Q-8. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?		
A.	0 times	1048 82.26%
B.	1 time	69 5.42%
C.	2 or 3 times	68 5.34%
D.	4 or 5 times	23 1.81%
E.	6 or more times	66 5.18%
TOTALS		1,274 100.00%
Q-9. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?		
A.	0 days	971 74.75%
B.	1 day	88 6.77%
C.	2 or 3 days	83 6.39%
D.	4 or 5 days	46 3.54%
E.	6 or more days	111 8.55%
TOTALS		1,299 100.00%
Q-10. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?		
A.	0 days	1251 96.16%
B.	1 day	17 1.31%
C.	2 or 3 days	16 1.23%
D.	4 or 5 days	4 0.31%
E.	6 or more days	13 1.00%
TOTALS		1,301 100.00%
Q-11. During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)		
A.	0 days	1171 90.70%
B.	1 day	32 2.48%
C.	2 or 3 days	25 1.94%
D.	4 or 5 days	13 1.01%
E.	6 or more days	50 3.87%
TOTALS		1,291 100.00%

Q-12. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?			
A.	0 days	1124	86.26%
B.	1 day	94	7.21%
C.	2 or 3 days	57	4.37%
D.	4 or 5 days	8	0.61%
E.	6 or more days	20	1.53%
TOTALS		1,303	100.00%
Q-13. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?			
A.	0 times	1155	89.05%
B.	1 time	82	6.32%
C.	2 or 3 times	37	2.85%
D.	4 or 5 times	11	0.85%
E.	6 or 7 times	3	0.23%
F.	8 or 9 times	0	0.00%
G.	10 or 11 times	0	0.00%
H.	12 or more times	9	0.69%
TOTALS		1,297	100.00%
Q-14. During the past 12 months, how many times were you in a physical fight?			
A.	0 times	822	63.82%
B.	1 time	232	18.01%
C.	2 or 3 times	124	9.63%
D.	4 or 5 times	41	3.18%
E.	6 or 7 times	22	1.71%
F.	8 or 9 times	10	0.78%
G.	10 or 11 times	4	0.31%
H.	12 or more times	33	2.56%
TOTALS		1,288	100.00%
Q-15. During the past 12 months, how many times were you in a physical fight on school property?			
A.	0 times	1070	82.31%
B.	1 time	139	10.69%
C.	2 or 3 times	62	4.77%
D.	4 or 5 times	14	1.08%
E.	6 or 7 times	5	0.38%
F.	8 or 9 times	5	0.38%
G.	10 or 11 times	1	0.08%
H.	12 or more times	4	0.31%
TOTALS		1,300	100.00%

Q-16. Have you ever been physically forced to have sexual intercourse when you did not want to?			
A.	Yes	99	7.63%
B.	No	1198	92.37%
TOTALS		1,297	100.00%

Q-17. During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)			
A.	0 times	1170	90.56%
B.	1 time	71	5.50%
C.	2 or 3 times	21	1.63%
D.	4 or 5 times	11	0.85%
E.	6 or more times	19	1.47%
TOTALS		1,292	100.00%

Q-18. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)			
A.	I did not date or go out with anyone during the past 12 months	707	54.43%
B.	0 times	545	41.96%
C.	1 time	13	1.00%
D.	2 or 3 times	26	2.00%
E.	4 or 5 times	1	0.08%
F.	6 or more times	7	0.54%
TOTALS		1,299	100.00%

Q-19. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)			
A.	I did not date or go out with anyone during the past 12 months	684	52.82%
B.	0 times	579	44.71%
C.	1 time	14	1.08%
D.	2 or 3 times	8	0.62%
E.	4 or 5 times	2	0.15%
F.	6 or more times	8	0.62%
TOTALS		1,295	100.00%

Q-20. During the past 12 months, have you ever been bullied on school property?			
A.	Yes	431	33.72%
B.	No	847	66.28%
TOTALS		1,278	100.00%

Q-21. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)			
A.	Yes	265	20.37%
B.	No	1036	79.63%
TOTALS		1,301	100.00%

Q-22. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?			
A.	Yes	250	19.17%
B.	No	1054	80.83%
TOTALS		1,304	100.00%

Q-23. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?			
A.	Yes	370	28.95%
B.	No	908	71.05%
TOTALS		1,278	100.00%
Q-24. During the past 12 months, did you ever seriously consider attempting suicide?			
A.	Yes	261	20.19%
B.	No	1032	79.81%
TOTALS		1,293	100.00%
Q-25. During the past 12 months, did you make a plan about how you would attempt suicide?			
A.	Yes	243	18.88%
B.	No	1044	81.12%
TOTALS		1,287	100.00%
Q-26. During the past 12 months, how many times did you actually attempt suicide?			
A.	0 times	1082	84.01%
B.	1 time	155	12.03%
C.	2 or 3 times	31	2.41%
D.	4 or 5 times	8	0.62%
E.	6 or more times	12	0.93%
TOTALS		1,288	100.00%
Q-27. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?			
A.	I did not attempt suicide during the past 12 months	1063	82.28%
B.	Yes	63	4.88%
C.	No	166	12.85%
TOTALS		1,292	100.00%
Q-28. Have you ever tried cigarette smoking, even one or two puffs?			
A.	Yes	235	18.20%
B.	No	1056	81.80%
TOTALS		1,291	100.00%
Q-29. How old were you when you first tried cigarette smoking, even one or two puffs?			
A.	I have never tried cigarette smoking, not even one or two puffs	1093	84.79%
B.	8 years old or younger	42	3.26%
C.	9 or 10 years old	42	3.26%
D.	11 or 12 years old	64	4.97%
E.	13 or 14 years old	48	3.72%
F.	15 or 16 years old	0	0.00%
G.	17 years old or older	0	0.00%
TOTALS		1,289	100.00%

Q-30. During the past 30 days, on how many days did you smoke cigarettes?			
A.	0 days	1241	95.39%
B.	1 or 2 days	37	2.84%
C.	3 to 5 days	5	0.38%
D.	6 to 9 days	8	0.61%
E.	10 to 19 days	4	0.31%
F.	20 to 29 days	1	0.08%
G.	All 30 days	5	0.38%
TOTALS		1,301	100.00%
Q-31. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?			
A.	I did not smoke cigarettes during the past 30 days	1244	95.84%
B.	Less than 1 cigarette per day	24	1.85%
C.	1 cigarette per day	12	0.92%
D.	2 to 5 cigarettes per day	11	0.85%
E.	6 to 10 cigarettes per day	1	0.08%
F.	11 to 20 cigarettes per day	2	0.15%
G.	More than 20 cigarettes per day	4	0.31%
TOTALS		1,298	100.00%
Q-32. Have you ever used an electronic vapor product?			
A.	Yes	356	27.58%
B.	No	935	72.42%
TOTALS		1,291	100.00%
Q-33. During the past 30 days, on how many days did you use an electronic vapor product?			
A.	0 days	1107	85.15%
B.	1 or 2 days	83	6.38%
C.	3 to 5 days	34	2.62%
D.	6 to 9 days	24	1.85%
E.	10 to 19 days	23	1.77%
F.	20 to 29 days	14	1.08%
G.	All 30 days	15	1.15%
TOTALS		1,300	100.00%
Q-34. During the past 30 days, on how many days did you use an electronic vapor product on school property?			
A.	0 days	1211	93.37%
B.	1 or 2 days	49	3.78%
C.	3 to 5 days	12	0.93%
D.	6 to 9 days	5	0.39%
E.	10 to 19 days	5	0.39%
F.	20 to 29 days	5	0.39%
G.	All 30 days	10	0.77%
TOTALS		1,297	100.00%

Q-35. During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)			
A.	I did not use any electronic vapor products during the past 30 days	1092	86.19%
B.	I bought them in a store such as a convenience store, supermarket, discount store, gas station, or vape store	8	0.63%
C.	I got them on the Internet	14	1.10%
D.	I gave someone else money to buy them for me	28	2.21%
E.	I borrowed them from someone else	74	5.84%
F.	A person who can legally buy these products gave them to me	14	1.10%
G.	I took them from a store or another person	9	0.71%
H.	I got them some other way	28	2.21%
TOTALS		1,267	100.00%
Q-36. What is the main reason you have used electronic vapor products? (Select only one response.)			
A.	I have never used an electronic vapor product	999	77.32%
B.	Friend or family member used them	75	5.80%
C.	To try to quit using other tobacco products	11	0.85%
D.	They cost less than other tobacco products	7	0.54%
E.	They are easier to get than other tobacco products	13	1.01%
F.	They are less harmful than other forms of tobacco	12	0.93%
G.	They are available in flavors, such as mint, candy, fruit, or chocolate	27	2.09%
H.	I used them for some other reason	148	11.46%
TOTALS		1,292	100.00%
Q-37. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)			
A.	0 days	1244	96.28%
B.	1 or 2 days	22	1.70%
C.	3 to 5 days	12	0.93%
D.	6 to 9 days	4	0.31%
E.	10 to 19 days	3	0.23%
F.	20 to 29 days	2	0.15%
G.	All 30 days	5	0.39%
TOTALS		1,292	100.00%
Q-38. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?			
A.	0 days	1232	95.73%
B.	1 or 2 days	22	1.71%
C.	3 to 5 days	9	0.70%
D.	6 to 9 days	11	0.85%
E.	10 to 19 days	4	0.31%
F.	20 to 29 days	1	0.08%
G.	All 30 days	8	0.62%
TOTALS		1,287	100.00%

Q-39. During the past 12 months, did you ever try to quit using all tobacco products, including cigarettes, cigars, smokeless tobacco, shisha or hookah tobacco, and electronic vapor products?			
A.	I did not use any tobacco products during the past 12 months	1110	85.65%
B.	Yes	93	7.18%
C.	No	93	7.18%
TOTALS		1,296	100.00%
Q-40. How old were you when you had your first drink of alcohol other than a few sips?			
A.	I have never had a drink of alcohol other than a few sips	897	69.81%
B.	8 years old or younger	98	7.63%
C.	9 or 10 years old	60	4.67%
D.	11 or 12 years old	139	10.82%
E.	13 or 14 years old	89	6.93%
F.	15 or 16 years old	1	0.08%
G.	17 years old or older	1	0.08%
TOTALS		1,285	100.00%
Q-41. During the past 30 days, on how many days did you have at least one drink of alcohol?			
A.	0 days	1110	86.65%
B.	1 or 2 days	105	8.20%
C.	3 to 5 days	30	2.34%
D.	6 to 9 days	19	1.48%
E.	10 to 19 days	10	0.78%
F.	20 to 29 days	2	0.16%
G.	All 30 days	5	0.39%
TOTALS		1,281	100.00%
Q-42. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?			
A.	0 days	1194	92.70%
B.	1 day	46	3.57%
C.	2 days	23	1.79%
D.	3 to 5 days	9	0.70%
E.	6 to 9 days	7	0.54%
F.	10 to 19 days	2	0.16%
G.	20 or more days	7	0.54%
TOTALS		1,288	100.00%

Q-43. During the past 30 days, how did you usually get the alcohol you drank?			
A.	I did not drink alcohol during the past 30 days	1117	86.93%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	7	0.54%
C.	I bought it at a restaurant, bar, or club	5	0.39%
D.	I bought it at a public event such as a concert or sporting event	7	0.54%
E.	I gave someone else money to buy it for me	14	1.09%
F.	Someone gave it to me	38	2.96%
G.	I took it from a store or family member	54	4.20%
H.	I got it some other way	43	3.35%
TOTALS		1,285	100.00%

Q-44. During your life, how many times have you used marijuana?			
A.	0 times	1088	85.13%
B.	1 or 2 times	64	5.01%
C.	3 to 9 times	33	2.58%
D.	10 to 19 times	24	1.88%
E.	20 to 39 times	16	1.25%
F.	40 to 99 times	24	1.88%
G.	100 or more times	29	2.27%
TOTALS		1,278	100.00%

Q-45. How old were you when you tried marijuana for the first time?			
A.	I have never tried marijuana	1100	85.21%
B.	8 years old or younger	24	1.86%
C.	9 or 10 years old	36	2.79%
D.	11 or 12 years old	71	5.50%
E.	13 or 14 years old	57	4.42%
F.	15 or 16 years old	2	0.15%
G.	17 years old or older	1	0.08%
TOTALS		1,291	100.00%

Q-46. During the past 30 days, how many times did you use marijuana?			
A.	0 times	1184	92.28%
B.	1 or 2 times	38	2.96%
C.	3 to 9 times	19	1.48%
D.	10 to 19 times	14	1.09%
E.	20 to 39 times	14	1.09%
F.	40 or more times	14	1.09%
TOTALS		1,283	100.00%

Q-47. During your life, how many times have you used synthetic marijuana?			
A.	0 times	1230	96.32%
B.	1 or 2 times	22	1.72%
C.	3 to 9 times	11	0.86%
D.	10 to 19 times	5	0.39%
E.	20 to 39 times	3	0.23%
F.	40 or more times	6	0.47%
TOTALS		1,277	100.00%

Q-48. During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?			
A.	0 times	1153	89.80%
B.	1 or 2 times	71	5.53%
C.	3 to 9 times	30	2.34%
D.	10 to 19 times	11	0.86%
E.	20 to 39 times	8	0.62%
F.	40 or more times	11	0.86%
TOTALS		1,284	100.00%

Q-49. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?			
A.	0 times	1257	97.97%
B.	1 or 2 times	12	0.94%
C.	3 to 9 times	8	0.62%
D.	10 to 19 times	1	0.08%
E.	20 to 39 times	0	0.00%
F.	40 or more times	5	0.39%
TOTALS		1,283	100.00%

Q-50. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?			
A.	0 times	1149	90.19%
B.	1 or 2 times	71	5.57%
C.	3 to 9 times	21	1.65%
D.	10 to 19 times	13	1.02%
E.	20 to 39 times	9	0.71%
F.	40 or more times	11	0.86%
TOTALS		1,274	100.00%

Q-51. During your life, how many times have you used heroin (also called smack, junk, or China White)?			
A.	0 times	1267	98.98%
B.	1 or 2 times	7	0.55%
C.	3 to 9 times	1	0.08%
D.	10 to 19 times	1	0.08%
E.	20 to 39 times	0	0.00%
F.	40 or more times	4	0.31%
TOTALS		1,280	100.00%

Q-52. During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?			
A.	0 times	1263	98.36%
B.	1 or 2 times	12	0.93%
C.	3 to 9 times	4	0.31%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	1	0.08%
F.	40 or more times	4	0.31%
TOTALS		1,284	100.00%
Q-53. During your life, how many times have you used ecstasy (also called MDMA)?			
A.	0 times	1239	98.49%
B.	1 or 2 times	12	0.95%
C.	3 to 9 times	3	0.24%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	1	0.08%
F.	40 or more times	3	0.24%
TOTALS		1,258	100.00%
Q-54. During your life, how many times have you taken steroid pills or shots without a doctor's prescription?			
A.	0 times	1234	96.56%
B.	1 or 2 times	36	2.82%
C.	3 to 9 times	2	0.16%
D.	10 to 19 times	2	0.16%
E.	20 to 39 times	1	0.08%
F.	40 or more times	3	0.23%
TOTALS		1,278	100.00%
Q-55. During your life, how many times have you used a needle to inject any illegal drug into your body?			
A.	0 times	1236	96.71%
B.	1 time	36	2.82%
C.	2 or more times	6	0.47%
TOTALS		1,278	100.00%
Q-56. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?			
A.	Yes	279	22.04%
B.	No	987	77.96%
TOTALS		1,266	100.00%
Q-57. Have you ever had sexual intercourse?			
A.	Yes	190	14.90%
B.	No	1085	85.10%
TOTALS		1,275	100.00%

Q-58. How old were you when you had sexual intercourse for the first time?			
A.	I have never had sexual intercourse	1137	89.11%
B.	11 years old or younger	44	3.45%
C.	12 years old	29	2.27%
D.	13 years old	46	3.61%
E.	14 years old	19	1.49%
F.	15 years old	0	0.00%
G.	16 years old	1	0.08%
H.	17 years old or older	0	0.00%
TOTALS		1,276	100.00%

Q-59. During your life, with how many people have you had sexual intercourse?			
A.	I have never had sexual intercourse	1128	88.47%
B.	1 person	83	6.51%
C.	2 people	28	2.20%
D.	3 people	15	1.18%
E.	4 people	8	0.63%
F.	5 people	2	0.16%
G.	6 or more people	11	0.86%
TOTALS		1,275	100.00%

Q-60. During the past 3 months, with how many people did you have sexual intercourse?			
A.	I have never had sexual intercourse	1140	89.06%
B.	I have had sexual intercourse, but not during the past 3 months	80	6.25%
C.	1 person	43	3.36%
D.	2 people	6	0.47%
E.	3 people	2	0.16%
F.	4 people	2	0.16%
G.	5 people	1	0.08%
H.	6 or more people	6	0.47%
TOTALS		1,280	100.00%

Q-61. Did you drink alcohol or use drugs before you had sexual intercourse the last time?			
A.	I have never had sexual intercourse	1095	86.84%
B.	Yes	40	3.17%
C.	No	126	9.99%
TOTALS		1,261	100.00%

Q-62. The last time you had sexual intercourse, did you or your partner use a condom?			
A.	I have never had sexual intercourse	1113	88.54%
B.	Yes	99	7.88%
C.	No	45	3.58%
TOTALS		1,257	100.00%

Q-63. How do you describe your weight?			
A.	Very underweight	68	5.36%
B.	Slightly underweight	204	16.09%
C.	About the right weight	701	55.28%
D.	Slightly overweight	256	20.19%
E.	Very overweight	39	3.08%
TOTALS		1,268	100.00%
Q-64. Which of the following are you trying to do about your weight?			
A.	Lose weight	514	40.54%
B.	Gain weight	152	11.99%
C.	Stay the same weight	254	20.03%
D.	I am not trying to do anything about my weight	348	27.44%
TOTALS		1,268	100.00%
Q-65. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)			
A.	I did not drink 100% fruit juice during the past 7 days	368	29.23%
B.	1 to 3 times during the past 7 days	518	41.14%
C.	4 to 6 times during the past 7 days	192	15.25%
D.	1 time per day	72	5.72%
E.	2 times per day	56	4.45%
F.	3 times per day	16	1.27%
G.	4 or more times per day	37	2.94%
TOTALS		1,259	100.00%
Q-66. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)			
A.	I did not eat fruit during the past 7 days	116	9.13%
B.	1 to 3 times during the past 7 days	397	31.26%
C.	4 to 6 times during the past 7 days	292	22.99%
D.	1 time per day	111	8.74%
E.	2 times per day	154	12.13%
F.	3 times per day	87	6.85%
G.	4 or more times per day	113	8.90%
TOTALS		1,270	100.00%
Q-67. During the past 7 days, how many times did you eat green salad?			
A.	I did not eat green salad during the past 7 days	402	31.73%
B.	1 to 3 times during the past 7 days	534	42.15%
C.	4 to 6 times during the past 7 days	159	12.55%
D.	1 time per day	94	7.42%
E.	2 times per day	39	3.08%
F.	3 times per day	7	0.55%
G.	4 or more times per day	32	2.53%
TOTALS		1,267	100.00%

Q-68. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)			
A.	I did not eat potatoes during the past 7 days	494	38.93%
B.	1 to 3 times during the past 7 days	602	47.44%
C.	4 to 6 times during the past 7 days	100	7.88%
D.	1 time per day	30	2.36%
E.	2 times per day	13	1.02%
F.	3 times per day	7	0.55%
G.	4 or more times per day	23	1.81%
TOTALS		1,269	100.00%

Q-69. During the past 7 days, how many times did you eat carrots?			
A.	I did not eat carrots during the past 7 days	487	38.32%
B.	1 to 3 times during the past 7 days	499	39.26%
C.	4 to 6 times during the past 7 days	161	12.67%
D.	1 time per day	59	4.64%
E.	2 times per day	22	1.73%
F.	3 times per day	8	0.63%
G.	4 or more times per day	34	2.68%
TOTALS		1,271	100.00%

Q-70. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)			
A.	I did not eat other vegetables during the past 7 days	187	14.77%
B.	1 to 3 times during the past 7 days	456	36.02%
C.	4 to 6 times during the past 7 days	286	22.59%
D.	1 time per day	125	9.87%
E.	2 times per day	101	7.98%
F.	3 times per day	50	3.95%
G.	4 or more times per day	61	4.82%
TOTALS		1,266	100.00%

Q-71. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)			
A.	I did not drink soda or pop during the past 7 days	366	29.16%
B.	1 to 3 times during the past 7 days	619	49.32%
C.	4 to 6 times during the past 7 days	145	11.55%
D.	1 time per day	52	4.14%
E.	2 times per day	34	2.71%
F.	3 times per day	14	1.12%
G.	4 or more times per day	25	1.99%
TOTALS		1,255	100.00%

Q-72. During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

A.	I did not drink milk during the past 7 days	243	19.27%
B.	1 to 3 glasses during the past 7 days	322	25.54%
C.	4 to 6 glasses during the past 7 days	228	18.08%
D.	1 glass per day	149	11.82%
E.	2 glasses per day	156	12.37%
F.	3 glasses per day	83	6.58%
G.	4 or more glasses per day	80	6.34%
TOTALS		1,261	100.00%

Q-73. During the past 7 days, how many times did you drink a can, bottle, or glass of an energy drink, such as Red Bull or Jolt? (Do not count diet or sports drinks such as Gatorade or PowerAde.)

A.	I did not drink energy drinks during the past 7 days	1010	80.54%
B.	1 to 3 times during the past 7 days	160	12.76%
C.	4 to 6 times during the past 7 days	42	3.35%
D.	1 time per day	13	1.04%
E.	2 times per day	10	0.80%
F.	3 times per day	6	0.48%
G.	4 or more times per day	13	1.04%
TOTALS		1,254	100.00%

Q-74. During the past 7 days, on how many days did you eat breakfast?

A.	0 days	117	9.34%
B.	1 day	62	4.95%
C.	2 days	75	5.99%
D.	3 days	99	7.90%
E.	4 days	98	7.82%
F.	5 days	111	8.86%
G.	6 days	107	8.54%
H.	7 days	584	46.61%
TOTALS		1,253	100.00%

Q-75. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	91	7.24%
B.	1 day	73	5.81%
C.	2 days	90	7.16%
D.	3 days	144	11.46%
E.	4 days	144	11.46%
F.	5 days	204	16.23%
G.	6 days	130	10.34%
H.	7 days	381	30.31%
TOTALS		1,257	100.00%

CAUTION! Please use this information carefully. Depending on sample size and procedures, the information contained in this report may or may not be representative of the entire student enrollment for the school.

Q-76. On an average school day, how many hours do you watch TV?			
A.	I do not watch TV on an average school day	208	16.73%
B.	Less than 1 hour per day	309	24.86%
C.	1 hour per day	240	19.31%
D.	2 hours per day	241	19.39%
E.	3 hours per day	117	9.41%
F.	4 hours per day	54	4.34%
G.	5 or more hours per day	74	5.95%
TOTALS		1,243	100.00%

Q-77. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent playing games, watching videos, texting, or using social media on your smartphone, computer, Xbox, PlayStation, iPad, or other tablet.)			
A.	I do not play video or computer games or use a computer for something that is not school work	211	17.11%
B.	Less than 1 hour per day	227	18.41%
C.	1 hour per day	166	13.46%
D.	2 hours per day	192	15.57%
E.	3 hours per day	160	12.98%
F.	4 hours per day	116	9.41%
G.	5 or more hours per day	161	13.06%
TOTALS		1,233	100.00%

Q-78. In an average week when you are in school, on how many days do you go to physical education (PE) classes?			
A.	0 days	106	8.74%
B.	1 day	24	1.98%
C.	2 days	255	21.02%
D.	3 days	359	29.60%
E.	4 days	85	7.01%
F.	5 days	384	31.66%
TOTALS		1,213	100.00%

Q-79. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)			
A.	0 teams	375	30.17%
B.	1 team	285	22.93%
C.	2 teams	225	18.10%
D.	3 or more teams	358	28.80%
TOTALS		1,243	100.00%

Q-80. During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?			
A.	0 times	977	78.73%
B.	1 time	154	12.41%
C.	2 times	45	3.63%
D.	3 times	20	1.61%
E.	4 or more times	45	3.63%
TOTALS		1,241	100.00%

Q-81. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?			
A.	During the past 12 months	948	76.02%
B.	Between 12 and 24 months ago	106	8.50%
C.	More than 24 months ago	39	3.13%
D.	Never	12	0.96%
E.	Not sure	142	11.39%
TOTALS		1,247	100.00%
Q-82. Has a doctor or nurse ever told you that you have asthma?			
A.	Yes	212	17.06%
B.	No	890	71.60%
C.	Not sure	141	11.34%
TOTALS		1,243	100.00%
Q-83. On an average school night, how many hours of sleep do you get?			
A.	4 or less hours	97	7.96%
B.	5 hours	88	7.22%
C.	6 hours	161	13.21%
D.	7 hours	244	20.02%
E.	8 hours	345	28.30%
F.	9 hours	191	15.67%
G.	10 or more hours	93	7.63%
TOTALS		1,219	100.00%
Q-84. During the past 30 days, where did you usually sleep?			
A.	In my parent's or guardian's home	1188	95.73%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	21	1.69%
C.	In a shelter or emergency housing	8	0.64%
D.	In a motel or hotel	4	0.32%
E.	In a car, park, campground, or other public place	4	0.32%
F.	I do not have a usual place to sleep	4	0.32%
G.	Somewhere else	12	0.97%
TOTALS		1,241	100.00%
Q-85. During the past 12 months, how would you describe your grades in school?			
A.	Mostly A's	574	47.09%
B.	Mostly B's	359	29.45%
C.	Mostly C's	148	12.14%
D.	Mostly D's	34	2.79%
E.	Mostly F's	29	2.38%
F.	None of these grades	4	0.33%
G.	Not sure	71	5.82%
TOTALS		1,219	100.00%

Q-86. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)

A.	0 times	1163	96.59%
B.	1 or 2 times	29	2.41%
C.	3 to 9 times	7	0.58%
D.	10 to 19 times	2	0.17%
E.	20 to 39 times	1	0.08%
F.	40 or more times	2	0.17%
TOTALS		1,204	100.00%

Q-87. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?

A.	Yes	265	22.18%
B.	No	930	77.82%
TOTALS		1,195	100.00%