

# 2019 SOUTH EAST REGION YOUTH RISK BEHAVIOR SURVEY

## MIDDLE SCHOOL FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 461 middle school students in South East Region during February of 2019. Frequency distributions may not total 461 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	10 years old or younger	0	0.00%
B.	11 years old	0	0.00%
C.	12 years old	73	15.84%
D.	13 years old	218	47.29%
E.	14 years old	161	34.92%
F.	15 years old	8	1.74%
G.	16 years old or older	1	0.22%
	<b>TOTALS</b>	<b>461</b>	<b>100.00%</b>
Q-2. What is your sex?			
A.	Female	216	47.16%
B.	Male	242	52.84%
	<b>TOTALS</b>	<b>458</b>	<b>100.00%</b>
Q-3. In what grade are you?			
A.	7th grade	206	45.18%
B.	8th grade	250	54.82%
	<b>TOTALS</b>	<b>456</b>	<b>100.00%</b>
Q-4. Are you Hispanic or Latino?			
A.	Yes	39	8.61%
B.	No	414	91.39%
	<b>TOTALS</b>	<b>453</b>	<b>100.00%</b>
Q-5. What is your race?			
A.	American Indian or Alaskan Native	142	28.86%
B.	Asian	10	2.03%
C.	Black or African American	12	2.44%
D.	Native Hawaiian or Other Pacific Islander	9	1.83%
E.	White	319	64.84%
	<b>TOTALS</b>	<b>492</b>	<b>100.00%</b>
Q-6. How often do you wear a seat belt when riding in a car driven by someone else?			
A.	Never	9	1.97%
B.	Rarely	36	7.86%
C.	Sometimes	68	14.85%
D.	Most of the time	183	39.96%
E.	Always	162	35.37%
	<b>TOTALS</b>	<b>458</b>	<b>100.00%</b>

Q-7. How often do you wear a seat belt when driving a car?			
A.	I do not drive a car	273	59.74%
B.	Never	8	1.75%
C.	Rarely	10	2.19%
D.	Sometimes	27	5.91%
E.	Most of the time	40	8.75%
F.	Always	99	21.66%
<b>TOTALS</b>		<b>457</b>	<b>100.00%</b>
Q-8. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?			
A.	0 times	360	79.82%
B.	1 time	38	8.43%
C.	2 or 3 times	15	3.33%
D.	4 or 5 times	6	1.33%
E.	6 or more times	32	7.10%
<b>TOTALS</b>		<b>451</b>	<b>100.00%</b>
Q-9. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?			
A.	0 days	350	75.92%
B.	1 day	33	7.16%
C.	2 or 3 days	31	6.72%
D.	4 or 5 days	13	2.82%
E.	6 or more days	34	7.38%
<b>TOTALS</b>		<b>461</b>	<b>100.00%</b>
Q-10. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?			
A.	0 days	442	96.09%
B.	1 day	7	1.52%
C.	2 or 3 days	3	0.65%
D.	4 or 5 days	4	0.87%
E.	6 or more days	4	0.87%
<b>TOTALS</b>		<b>460</b>	<b>100.00%</b>
Q-11. During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)			
A.	0 days	413	91.17%
B.	1 day	15	3.31%
C.	2 or 3 days	15	3.31%
D.	4 or 5 days	4	0.88%
E.	6 or more days	6	1.32%
<b>TOTALS</b>		<b>453</b>	<b>100.00%</b>

Q-12. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

A.	0 days	412	89.57%
B.	1 day	23	5.00%
C.	2 or 3 days	21	4.57%
D.	4 or 5 days	3	0.65%
E.	6 or more days	1	0.22%
<b>TOTALS</b>		<b>460</b>	<b>100.00%</b>

Q-13. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

A.	0 times	439	95.43%
B.	1 time	10	2.17%
C.	2 or 3 times	5	1.09%
D.	4 or 5 times	3	0.65%
E.	6 or 7 times	1	0.22%
F.	8 or 9 times	1	0.22%
G.	10 or 11 times	0	0.00%
H.	12 or more times	1	0.22%
<b>TOTALS</b>		<b>460</b>	<b>100.00%</b>

Q-14. During the past 12 months, how many times were you in a physical fight?

A.	0 times	293	64.25%
B.	1 time	78	17.11%
C.	2 or 3 times	52	11.40%
D.	4 or 5 times	11	2.41%
E.	6 or 7 times	5	1.10%
F.	8 or 9 times	5	1.10%
G.	10 or 11 times	2	0.44%
H.	12 or more times	10	2.19%
<b>TOTALS</b>		<b>456</b>	<b>100.00%</b>

Q-15. During the past 12 months, how many times were you in a physical fight on school property?

A.	0 times	392	85.22%
B.	1 time	42	9.13%
C.	2 or 3 times	21	4.57%
D.	4 or 5 times	2	0.43%
E.	6 or 7 times	2	0.43%
F.	8 or 9 times	0	0.00%
G.	10 or 11 times	0	0.00%
H.	12 or more times	1	0.22%
<b>TOTALS</b>		<b>460</b>	<b>100.00%</b>

CAUTION! Please use this information carefully. Depending on sample size and procedures, the information contained in this report may or may not be representative of the entire student enrollment for the school.

Q-16. Have you ever been physically forced to have sexual intercourse when you did not want to?			
A.	Yes	27	5.87%
B.	No	433	94.13%
<b>TOTALS</b>		<b>460</b>	<b>100.00%</b>
Q-17. During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)			
A.	0 times	428	93.45%
B.	1 time	19	4.15%
C.	2 or 3 times	7	1.53%
D.	4 or 5 times	1	0.22%
E.	6 or more times	3	0.66%
<b>TOTALS</b>		<b>458</b>	<b>100.00%</b>
Q-18. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)			
A.	I did not date or go out with anyone during the past 12 months	238	52.08%
B.	0 times	204	44.64%
C.	1 time	7	1.53%
D.	2 or 3 times	5	1.09%
E.	4 or 5 times	0	0.00%
F.	6 or more times	3	0.66%
<b>TOTALS</b>		<b>457</b>	<b>100.00%</b>
Q-19. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)			
A.	I did not date or go out with anyone during the past 12 months	236	51.30%
B.	0 times	205	44.57%
C.	1 time	11	2.39%
D.	2 or 3 times	4	0.87%
E.	4 or 5 times	1	0.22%
F.	6 or more times	3	0.65%
<b>TOTALS</b>		<b>460</b>	<b>100.00%</b>
Q-20. During the past 12 months, have you ever been bullied on school property?			
A.	Yes	157	34.81%
B.	No	294	65.19%
<b>TOTALS</b>		<b>451</b>	<b>100.00%</b>
Q-21. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)			
A.	Yes	96	20.82%
B.	No	365	79.18%
<b>TOTALS</b>		<b>461</b>	<b>100.00%</b>
Q-22. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?			
A.	Yes	85	18.44%
B.	No	376	81.56%
<b>TOTALS</b>		<b>461</b>	<b>100.00%</b>

Q-23. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?			
A.	Yes	156	34.44%
B.	No	297	65.56%
<b>TOTALS</b>		<b>453</b>	<b>100.00%</b>
Q-24. During the past 12 months, did you ever seriously consider attempting suicide?			
A.	Yes	102	22.22%
B.	No	357	77.78%
<b>TOTALS</b>		<b>459</b>	<b>100.00%</b>
Q-25. During the past 12 months, did you make a plan about how you would attempt suicide?			
A.	Yes	83	18.08%
B.	No	376	81.92%
<b>TOTALS</b>		<b>459</b>	<b>100.00%</b>
Q-26. During the past 12 months, how many times did you actually attempt suicide?			
A.	0 times	375	82.42%
B.	1 time	50	10.99%
C.	2 or 3 times	19	4.18%
D.	4 or 5 times	3	0.66%
E.	6 or more times	8	1.76%
<b>TOTALS</b>		<b>455</b>	<b>100.00%</b>
Q-27. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?			
A.	I did not attempt suicide during the past 12 months	350	76.59%
B.	Yes	29	6.35%
C.	No	78	17.07%
<b>TOTALS</b>		<b>457</b>	<b>100.00%</b>
Q-28. Have you ever tried cigarette smoking, even one or two puffs?			
A.	Yes	113	24.73%
B.	No	344	75.27%
<b>TOTALS</b>		<b>457</b>	<b>100.00%</b>
Q-29. How old were you when you first tried cigarette smoking, even one or two puffs?			
A.	I have never tried cigarette smoking, not even one or two puffs	350	76.75%
B.	8 years old or younger	14	3.07%
C.	9 or 10 years old	23	5.04%
D.	11 or 12 years old	39	8.55%
E.	13 or 14 years old	28	6.14%
F.	15 or 16 years old	1	0.22%
G.	17 years old or older	1	0.22%
<b>TOTALS</b>		<b>456</b>	<b>100.00%</b>

Q-30. During the past 30 days, on how many days did you smoke cigarettes?			
A.	0 days	427	93.03%
B.	1 or 2 days	18	3.92%
C.	3 to 5 days	5	1.09%
D.	6 to 9 days	3	0.65%
E.	10 to 19 days	3	0.65%
F.	20 to 29 days	2	0.44%
G.	All 30 days	1	0.22%
<b>TOTALS</b>		<b>459</b>	<b>100.00%</b>
Q-31. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?			
A.	I did not smoke cigarettes during the past 30 days	424	92.58%
B.	Less than 1 cigarette per day	16	3.49%
C.	1 cigarette per day	10	2.18%
D.	2 to 5 cigarettes per day	8	1.75%
E.	6 to 10 cigarettes per day	0	0.00%
F.	11 to 20 cigarettes per day	0	0.00%
G.	More than 20 cigarettes per day	0	0.00%
<b>TOTALS</b>		<b>458</b>	<b>100.00%</b>
Q-32. Have you ever used an electronic vapor product?			
A.	Yes	146	32.02%
B.	No	310	67.98%
<b>TOTALS</b>		<b>456</b>	<b>100.00%</b>
Q-33. During the past 30 days, on how many days did you use an electronic vapor product?			
A.	0 days	372	81.05%
B.	1 or 2 days	46	10.02%
C.	3 to 5 days	17	3.70%
D.	6 to 9 days	7	1.53%
E.	10 to 19 days	10	2.18%
F.	20 to 29 days	3	0.65%
G.	All 30 days	4	0.87%
<b>TOTALS</b>		<b>459</b>	<b>100.00%</b>
Q-34. During the past 30 days, on how many days did you use an electronic vapor product on school property?			
A.	0 days	431	93.90%
B.	1 or 2 days	21	4.58%
C.	3 to 5 days	6	1.31%
D.	6 to 9 days	0	0.00%
E.	10 to 19 days	1	0.22%
F.	20 to 29 days	0	0.00%
G.	All 30 days	0	0.00%
<b>TOTALS</b>		<b>459</b>	<b>100.00%</b>

Q-35. During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)			
A.	I did not use any electronic vapor products during the past 30 days	372	81.94%
B.	I bought them in a store such as a convenience store, supermarket, discount store, gas station, or vape store	2	0.44%
C.	I got them on the Internet	5	1.10%
D.	I gave someone else money to buy them for me	15	3.30%
E.	I borrowed them from someone else	38	8.37%
F.	A person who can legally buy these products gave them to me	7	1.54%
G.	I took them from a store or another person	2	0.44%
H.	I got them some other way	13	2.86%
<b>TOTALS</b>		<b>454</b>	<b>100.00%</b>
Q-36. What is the main reason you have used electronic vapor products? (Select only one response.)			
A.	I have never used an electronic vapor product	316	68.85%
B.	Friend or family member used them	43	9.37%
C.	To try to quit using other tobacco products	1	0.22%
D.	They cost less than other tobacco products	1	0.22%
E.	They are easier to get than other tobacco products	3	0.65%
F.	They are less harmful than other forms of tobacco	15	3.27%
G.	They are available in flavors, such as mint, candy, fruit, or chocolate	23	5.01%
H.	I used them for some other reason	57	12.42%
<b>TOTALS</b>		<b>459</b>	<b>100.00%</b>
Q-37. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)			
A.	0 days	430	94.09%
B.	1 or 2 days	11	2.41%
C.	3 to 5 days	6	1.31%
D.	6 to 9 days	1	0.22%
E.	10 to 19 days	2	0.44%
F.	20 to 29 days	2	0.44%
G.	All 30 days	5	1.09%
<b>TOTALS</b>		<b>457</b>	<b>100.00%</b>
Q-38. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?			
A.	0 days	431	94.52%
B.	1 or 2 days	13	2.85%
C.	3 to 5 days	4	0.88%
D.	6 to 9 days	3	0.66%
E.	10 to 19 days	3	0.66%
F.	20 to 29 days	1	0.22%
G.	All 30 days	1	0.22%
<b>TOTALS</b>		<b>456</b>	<b>100.00%</b>

Q-39. During the past 12 months, did you ever try to quit using all tobacco products, including cigarettes, cigars, smokeless tobacco, shisha or hookah tobacco, and electronic vapor products?		
A.	I did not use any tobacco products during the past 12 months	371 81.18%
B.	Yes	49 10.72%
C.	No	37 8.10%
<b>TOTALS</b>		<b>457 100.00%</b>
Q-40. How old were you when you had your first drink of alcohol other than a few sips?		
A.	I have never had a drink of alcohol other than a few sips	275 61.38%
B.	8 years old or younger	42 9.38%
C.	9 or 10 years old	28 6.25%
D.	11 or 12 years old	43 9.60%
E.	13 or 14 years old	58 12.95%
F.	15 or 16 years old	2 0.45%
G.	17 years old or older	0 0.00%
<b>TOTALS</b>		<b>448 100.00%</b>
Q-41. During the past 30 days, on how many days did you have at least one drink of alcohol?		
A.	0 days	386 84.46%
B.	1 or 2 days	43 9.41%
C.	3 to 5 days	13 2.84%
D.	6 to 9 days	5 1.09%
E.	10 to 19 days	8 1.75%
F.	20 to 29 days	1 0.22%
G.	All 30 days	1 0.22%
<b>TOTALS</b>		<b>457 100.00%</b>
Q-42. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?		
A.	0 days	418 91.67%
B.	1 day	16 3.51%
C.	2 days	9 1.97%
D.	3 to 5 days	7 1.54%
E.	6 to 9 days	5 1.10%
F.	10 to 19 days	1 0.22%
G.	20 or more days	0 0.00%
<b>TOTALS</b>		<b>456 100.00%</b>

Q-43. During the past 30 days, how did you usually get the alcohol you drank?			
A.	I did not drink alcohol during the past 30 days	377	83.04%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	3	0.66%
C.	I bought it at a restaurant, bar, or club	1	0.22%
D.	I bought it at a public event such as a concert or sporting event	0	0.00%
E.	I gave someone else money to buy it for me	14	3.08%
F.	Someone gave it to me	25	5.51%
G.	I took it from a store or family member	20	4.41%
H.	I got it some other way	14	3.08%
<b>TOTALS</b>		<b>454</b>	<b>100.00%</b>

Q-44. During your life, how many times have you used marijuana?			
A.	0 times	361	80.40%
B.	1 or 2 times	27	6.01%
C.	3 to 9 times	21	4.68%
D.	10 to 19 times	9	2.00%
E.	20 to 39 times	6	1.34%
F.	40 to 99 times	11	2.45%
G.	100 or more times	14	3.12%
<b>TOTALS</b>		<b>449</b>	<b>100.00%</b>

Q-45. How old were you when you tried marijuana for the first time?			
A.	I have never tried marijuana	364	80.18%
B.	8 years old or younger	14	3.08%
C.	9 or 10 years old	14	3.08%
D.	11 or 12 years old	31	6.83%
E.	13 or 14 years old	29	6.39%
F.	15 or 16 years old	2	0.44%
G.	17 years old or older	0	0.00%
<b>TOTALS</b>		<b>454</b>	<b>100.00%</b>

Q-46. During the past 30 days, how many times did you use marijuana?			
A.	0 times	402	88.74%
B.	1 or 2 times	16	3.53%
C.	3 to 9 times	15	3.31%
D.	10 to 19 times	12	2.65%
E.	20 to 39 times	3	0.66%
F.	40 or more times	5	1.10%
<b>TOTALS</b>		<b>453</b>	<b>100.00%</b>

Q-47. During your life, how many times have you used synthetic marijuana?			
A.	0 times	427	94.89%
B.	1 or 2 times	10	2.22%
C.	3 to 9 times	8	1.78%
D.	10 to 19 times	3	0.67%
E.	20 to 39 times	0	0.00%
F.	40 or more times	2	0.44%
<b>TOTALS</b>		<b>450</b>	<b>100.00%</b>
Q-48. During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?			
A.	0 times	409	89.89%
B.	1 or 2 times	27	5.93%
C.	3 to 9 times	12	2.64%
D.	10 to 19 times	3	0.66%
E.	20 to 39 times	1	0.22%
F.	40 or more times	3	0.66%
<b>TOTALS</b>		<b>455</b>	<b>100.00%</b>
Q-49. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?			
A.	0 times	446	98.02%
B.	1 or 2 times	5	1.10%
C.	3 to 9 times	3	0.66%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	1	0.22%
F.	40 or more times	0	0.00%
<b>TOTALS</b>		<b>455</b>	<b>100.00%</b>
Q-50. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?			
A.	0 times	386	85.40%
B.	1 or 2 times	40	8.85%
C.	3 to 9 times	17	3.76%
D.	10 to 19 times	4	0.88%
E.	20 to 39 times	3	0.66%
F.	40 or more times	2	0.44%
<b>TOTALS</b>		<b>452</b>	<b>100.00%</b>
Q-51. During your life, how many times have you used heroin (also called smack, junk, or China White)?			
A.	0 times	453	99.56%
B.	1 or 2 times	1	0.22%
C.	3 to 9 times	0	0.00%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.22%
<b>TOTALS</b>		<b>455</b>	<b>100.00%</b>

Q-52. During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?			
A.	0 times	451	99.34%
B.	1 or 2 times	1	0.22%
C.	3 to 9 times	1	0.22%
D.	10 to 19 times	1	0.22%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
<b>TOTALS</b>		<b>454</b>	<b>100.00%</b>
Q-53. During your life, how many times have you used ecstasy (also called MDMA)?			
A.	0 times	443	99.55%
B.	1 or 2 times	2	0.45%
C.	3 to 9 times	0	0.00%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
<b>TOTALS</b>		<b>445</b>	<b>100.00%</b>
Q-54. During your life, how many times have you taken steroid pills or shots without a doctor's prescription?			
A.	0 times	449	98.90%
B.	1 or 2 times	5	1.10%
C.	3 to 9 times	0	0.00%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
<b>TOTALS</b>		<b>454</b>	<b>100.00%</b>
Q-55. During your life, how many times have you used a needle to inject any illegal drug into your body?			
A.	0 times	451	99.56%
B.	1 time	2	0.44%
C.	2 or more times	0	0.00%
<b>TOTALS</b>		<b>453</b>	<b>100.00%</b>
Q-56. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?			
A.	Yes	82	18.14%
B.	No	370	81.86%
<b>TOTALS</b>		<b>452</b>	<b>100.00%</b>
Q-57. Have you ever had sexual intercourse?			
A.	Yes	62	13.69%
B.	No	391	86.31%
<b>TOTALS</b>		<b>453</b>	<b>100.00%</b>

Q-58. How old were you when you had sexual intercourse for the first time?			
A.	I have never had sexual intercourse	407	89.65%
B.	11 years old or younger	12	2.64%
C.	12 years old	4	0.88%
D.	13 years old	19	4.19%
E.	14 years old	12	2.64%
F.	15 years old	0	0.00%
G.	16 years old	0	0.00%
H.	17 years old or older	0	0.00%
<b>TOTALS</b>		<b>454</b>	<b>100.00%</b>

Q-59. During your life, with how many people have you had sexual intercourse?			
A.	I have never had sexual intercourse	405	90.00%
B.	1 person	27	6.00%
C.	2 people	10	2.22%
D.	3 people	5	1.11%
E.	4 people	1	0.22%
F.	5 people	1	0.22%
G.	6 or more people	1	0.22%
<b>TOTALS</b>		<b>450</b>	<b>100.00%</b>

Q-60. During the past 3 months, with how many people did you have sexual intercourse?			
A.	I have never had sexual intercourse	406	90.42%
B.	I have had sexual intercourse, but not during the past 3 months	20	4.45%
C.	1 person	17	3.79%
D.	2 people	5	1.11%
E.	3 people	1	0.22%
F.	4 people	0	0.00%
G.	5 people	0	0.00%
H.	6 or more people	0	0.00%
<b>TOTALS</b>		<b>449</b>	<b>100.00%</b>

Q-61. Did you drink alcohol or use drugs before you had sexual intercourse the last time?			
A.	I have never had sexual intercourse	397	88.03%
B.	Yes	14	3.10%
C.	No	40	8.87%
<b>TOTALS</b>		<b>451</b>	<b>100.00%</b>

Q-62. The last time you had sexual intercourse, did you or your partner use a condom?			
A.	I have never had sexual intercourse	396	88.39%
B.	Yes	33	7.37%
C.	No	19	4.24%
<b>TOTALS</b>		<b>448</b>	<b>100.00%</b>

Q-63. How do you describe your weight?			
A.	Very underweight	14	3.12%
B.	Slightly underweight	61	13.59%
C.	About the right weight	225	50.11%
D.	Slightly overweight	128	28.51%
E.	Very overweight	21	4.68%
<b>TOTALS</b>		<b>449</b>	<b>100.00%</b>
Q-64. Which of the following are you trying to do about your weight?			
A.	Lose weight	218	48.66%
B.	Gain weight	49	10.94%
C.	Stay the same weight	68	15.18%
D.	I am not trying to do anything about my weight	113	25.22%
<b>TOTALS</b>		<b>448</b>	<b>100.00%</b>
Q-65. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)			
A.	I did not drink 100% fruit juice during the past 7 days	138	31.08%
B.	1 to 3 times during the past 7 days	184	41.44%
C.	4 to 6 times during the past 7 days	56	12.61%
D.	1 time per day	21	4.73%
E.	2 times per day	17	3.83%
F.	3 times per day	6	1.35%
G.	4 or more times per day	22	4.95%
<b>TOTALS</b>		<b>444</b>	<b>100.00%</b>
Q-66. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)			
A.	I did not eat fruit during the past 7 days	46	10.34%
B.	1 to 3 times during the past 7 days	147	33.03%
C.	4 to 6 times during the past 7 days	106	23.82%
D.	1 time per day	40	8.99%
E.	2 times per day	52	11.69%
F.	3 times per day	19	4.27%
G.	4 or more times per day	35	7.87%
<b>TOTALS</b>		<b>445</b>	<b>100.00%</b>
Q-67. During the past 7 days, how many times did you eat green salad?			
A.	I did not eat green salad during the past 7 days	170	38.20%
B.	1 to 3 times during the past 7 days	173	38.88%
C.	4 to 6 times during the past 7 days	46	10.34%
D.	1 time per day	29	6.52%
E.	2 times per day	11	2.47%
F.	3 times per day	5	1.12%
G.	4 or more times per day	11	2.47%
<b>TOTALS</b>		<b>445</b>	<b>100.00%</b>

Q-68. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)			
A.	I did not eat potatoes during the past 7 days	167	37.36%
B.	1 to 3 times during the past 7 days	208	46.53%
C.	4 to 6 times during the past 7 days	44	9.84%
D.	1 time per day	14	3.13%
E.	2 times per day	5	1.12%
F.	3 times per day	2	0.45%
G.	4 or more times per day	7	1.57%
<b>TOTALS</b>		<b>447</b>	<b>100.00%</b>

Q-69. During the past 7 days, how many times did you eat carrots?			
A.	I did not eat carrots during the past 7 days	202	45.50%
B.	1 to 3 times during the past 7 days	163	36.71%
C.	4 to 6 times during the past 7 days	48	10.81%
D.	1 time per day	13	2.93%
E.	2 times per day	3	0.68%
F.	3 times per day	3	0.68%
G.	4 or more times per day	11	2.48%
<b>TOTALS</b>		<b>444</b>	<b>100.00%</b>

Q-70. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)			
A.	I did not eat other vegetables during the past 7 days	89	20.05%
B.	1 to 3 times during the past 7 days	176	39.64%
C.	4 to 6 times during the past 7 days	96	21.62%
D.	1 time per day	30	6.76%
E.	2 times per day	26	5.86%
F.	3 times per day	12	2.70%
G.	4 or more times per day	15	3.38%
<b>TOTALS</b>		<b>444</b>	<b>100.00%</b>

Q-71. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)			
A.	I did not drink soda or pop during the past 7 days	106	24.09%
B.	1 to 3 times during the past 7 days	203	46.14%
C.	4 to 6 times during the past 7 days	66	15.00%
D.	1 time per day	30	6.82%
E.	2 times per day	13	2.95%
F.	3 times per day	9	2.05%
G.	4 or more times per day	13	2.95%
<b>TOTALS</b>		<b>440</b>	<b>100.00%</b>

Q-72. During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

A.	I did not drink milk during the past 7 days	65	14.67%
B.	1 to 3 glasses during the past 7 days	108	24.38%
C.	4 to 6 glasses during the past 7 days	76	17.16%
D.	1 glass per day	60	13.54%
E.	2 glasses per day	59	13.32%
F.	3 glasses per day	31	7.00%
G.	4 or more glasses per day	44	9.93%
<b>TOTALS</b>		<b>443</b>	<b>100.00%</b>

Q-73. During the past 7 days, how many times did you drink a can, bottle, or glass of an energy drink, such as Red Bull or Jolt? (Do not count diet or sports drinks such as Gatorade or PowerAde.)

A.	I did not drink energy drinks during the past 7 days	344	77.83%
B.	1 to 3 times during the past 7 days	71	16.06%
C.	4 to 6 times during the past 7 days	13	2.94%
D.	1 time per day	6	1.36%
E.	2 times per day	3	0.68%
F.	3 times per day	1	0.23%
G.	4 or more times per day	4	0.90%
<b>TOTALS</b>		<b>442</b>	<b>100.00%</b>

Q-74. During the past 7 days, on how many days did you eat breakfast?

A.	0 days	46	10.48%
B.	1 day	30	6.83%
C.	2 days	41	9.34%
D.	3 days	34	7.74%
E.	4 days	38	8.66%
F.	5 days	36	8.20%
G.	6 days	32	7.29%
H.	7 days	182	41.46%
<b>TOTALS</b>		<b>439</b>	<b>100.00%</b>

Q-75. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	34	7.74%
B.	1 day	33	7.52%
C.	2 days	39	8.88%
D.	3 days	45	10.25%
E.	4 days	70	15.95%
F.	5 days	69	15.72%
G.	6 days	44	10.02%
H.	7 days	105	23.92%
<b>TOTALS</b>		<b>439</b>	<b>100.00%</b>

CAUTION! Please use this information carefully. Depending on sample size and procedures, the information contained in this report may or may not be representative of the entire student enrollment for the school.

Q-76. On an average school day, how many hours do you watch TV?			
A.	I do not watch TV on an average school day	80	18.39%
B.	Less than 1 hour per day	104	23.91%
C.	1 hour per day	67	15.40%
D.	2 hours per day	74	17.01%
E.	3 hours per day	52	11.95%
F.	4 hours per day	27	6.21%
G.	5 or more hours per day	31	7.13%
<b>TOTALS</b>		<b>435</b>	<b>100.00%</b>

Q-77. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent playing games, watching videos, texting, or using social media on your smartphone, computer, Xbox, PlayStation, iPad, or other tablet.)			
A.	I do not play video or computer games or use a computer for something that is not school work	61	14.06%
B.	Less than 1 hour per day	56	12.90%
C.	1 hour per day	52	11.98%
D.	2 hours per day	55	12.67%
E.	3 hours per day	66	15.21%
F.	4 hours per day	49	11.29%
G.	5 or more hours per day	95	21.89%
<b>TOTALS</b>		<b>434</b>	<b>100.00%</b>

Q-78. In an average week when you are in school, on how many days do you go to physical education (PE) classes?			
A.	0 days	23	5.34%
B.	1 day	13	3.02%
C.	2 days	62	14.39%
D.	3 days	134	31.09%
E.	4 days	39	9.05%
F.	5 days	160	37.12%
<b>TOTALS</b>		<b>431</b>	<b>100.00%</b>

Q-79. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)			
A.	0 teams	115	26.44%
B.	1 team	79	18.16%
C.	2 teams	106	24.37%
D.	3 or more teams	135	31.03%
<b>TOTALS</b>		<b>435</b>	<b>100.00%</b>

Q-80. During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?			
A.	0 times	347	79.41%
B.	1 time	47	10.76%
C.	2 times	19	4.35%
D.	3 times	11	2.52%
E.	4 or more times	13	2.97%
<b>TOTALS</b>		<b>437</b>	<b>100.00%</b>

Q-81. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?			
A.	During the past 12 months	308	70.64%
B.	Between 12 and 24 months ago	50	11.47%
C.	More than 24 months ago	11	2.52%
D.	Never	5	1.15%
E.	Not sure	62	14.22%
<b>TOTALS</b>		<b>436</b>	<b>100.00%</b>
Q-82. Has a doctor or nurse ever told you that you have asthma?			
A.	Yes	86	19.72%
B.	No	292	66.97%
C.	Not sure	58	13.30%
<b>TOTALS</b>		<b>436</b>	<b>100.00%</b>
Q-83. On an average school night, how many hours of sleep do you get?			
A.	4 or less hours	25	5.77%
B.	5 hours	42	9.70%
C.	6 hours	57	13.16%
D.	7 hours	107	24.71%
E.	8 hours	130	30.02%
F.	9 hours	45	10.39%
G.	10 or more hours	27	6.24%
<b>TOTALS</b>		<b>433</b>	<b>100.00%</b>
Q-84. During the past 30 days, where did you usually sleep?			
A.	In my parent's or guardian's home	414	95.39%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	14	3.23%
C.	In a shelter or emergency housing	1	0.23%
D.	In a motel or hotel	0	0.00%
E.	In a car, park, campground, or other public place	2	0.46%
F.	I do not have a usual place to sleep	0	0.00%
G.	Somewhere else	3	0.69%
<b>TOTALS</b>		<b>434</b>	<b>100.00%</b>
Q-85. During the past 12 months, how would you describe your grades in school?			
A.	Mostly A's	163	39.00%
B.	Mostly B's	143	34.21%
C.	Mostly C's	58	13.88%
D.	Mostly D's	15	3.59%
E.	Mostly F's	11	2.63%
F.	None of these grades	0	0.00%
G.	Not sure	28	6.70%
<b>TOTALS</b>		<b>418</b>	<b>100.00%</b>

Q-86. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)

A.	0 times	415	96.51%
B.	1 or 2 times	9	2.09%
C.	3 to 9 times	4	0.93%
D.	10 to 19 times	2	0.47%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
<b>TOTALS</b>		<b>430</b>	<b>100.00%</b>

Q-87. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?

A.	Yes	97	22.77%
B.	No	329	77.23%
<b>TOTALS</b>		<b>426</b>	<b>100.00%</b>