

# 2019 SOUTH CENTRAL REGION YOUTH RISK BEHAVIOR SURVEY

## MIDDLE SCHOOL FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 1,470 middle school students in South Central Region during February of 2019. Frequency distributions may not total 1,470 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	10 years old or younger	4	0.27%
B.	11 years old	3	0.20%
C.	12 years old	255	17.38%
D.	13 years old	732	49.90%
E.	14 years old	457	31.15%
F.	15 years old	15	1.02%
G.	16 years old or older	1	0.07%
	<b>TOTALS</b>	<b>1,467</b>	<b>100.00%</b>
Q-2. What is your sex?			
A.	Female	735	50.34%
B.	Male	725	49.66%
	<b>TOTALS</b>	<b>1,460</b>	<b>100.00%</b>
Q-3. In what grade are you?			
A.	7th grade	667	45.94%
B.	8th grade	785	54.06%
	<b>TOTALS</b>	<b>1,452</b>	<b>100.00%</b>
Q-4. Are you Hispanic or Latino?			
A.	Yes	199	13.83%
B.	No	1240	86.17%
	<b>TOTALS</b>	<b>1,439</b>	<b>100.00%</b>
Q-5. What is your race?			
A.	American Indian or Alaskan Native	207	13.22%
B.	Asian	43	2.75%
C.	Black or African American	67	4.28%
D.	Native Hawaiian or Other Pacific Islander	34	2.17%
E.	White	1215	77.59%
	<b>TOTALS</b>	<b>1,566</b>	<b>100.00%</b>
Q-6. How often do you wear a seat belt when riding in a car driven by someone else?			
A.	Never	26	1.80%
B.	Rarely	47	3.25%
C.	Sometimes	132	9.12%
D.	Most of the time	444	30.68%
E.	Always	798	55.15%
	<b>TOTALS</b>	<b>1,447</b>	<b>100.00%</b>

Q-7. How often do you wear a seat belt when driving a car?

A.	I do not drive a car	1075	73.88%
B.	Never	21	1.44%
C.	Rarely	14	0.96%
D.	Sometimes	37	2.54%
E.	Most of the time	68	4.67%
F.	Always	240	16.49%
<b>TOTALS</b>		<b>1,455</b>	<b>100.00%</b>

Q-8. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

A.	0 times	1180	81.27%
B.	1 time	103	7.09%
C.	2 or 3 times	68	4.68%
D.	4 or 5 times	20	1.38%
E.	6 or more times	81	5.58%
<b>TOTALS</b>		<b>1,452</b>	<b>100.00%</b>

Q-9. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?

A.	0 days	1145	78.32%
B.	1 day	114	7.80%
C.	2 or 3 days	76	5.20%
D.	4 or 5 days	29	1.98%
E.	6 or more days	98	6.70%
<b>TOTALS</b>		<b>1,462</b>	<b>100.00%</b>

Q-10. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?

A.	0 days	1418	96.79%
B.	1 day	18	1.23%
C.	2 or 3 days	12	0.82%
D.	4 or 5 days	4	0.27%
E.	6 or more days	13	0.89%
<b>TOTALS</b>		<b>1,465</b>	<b>100.00%</b>

Q-11. During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)

A.	0 days	1338	92.21%
B.	1 day	36	2.48%
C.	2 or 3 days	31	2.14%
D.	4 or 5 days	10	0.69%
E.	6 or more days	36	2.48%
<b>TOTALS</b>		<b>1,451</b>	<b>100.00%</b>

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Q-12. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

A.	0 days	1310	89.36%
B.	1 day	84	5.73%
C.	2 or 3 days	44	3.00%
D.	4 or 5 days	12	0.82%
E.	6 or more days	16	1.09%
<b>TOTALS</b>		<b>1,466</b>	<b>100.00%</b>

Q-13. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

A.	0 times	1348	92.27%
B.	1 time	50	3.42%
C.	2 or 3 times	39	2.67%
D.	4 or 5 times	12	0.82%
E.	6 or 7 times	3	0.21%
F.	8 or 9 times	2	0.14%
G.	10 or 11 times	0	0.00%
H.	12 or more times	7	0.48%
<b>TOTALS</b>		<b>1,461</b>	<b>100.00%</b>

Q-14. During the past 12 months, how many times were you in a physical fight?

A.	0 times	992	68.23%
B.	1 time	220	15.13%
C.	2 or 3 times	140	9.63%
D.	4 or 5 times	52	3.58%
E.	6 or 7 times	18	1.24%
F.	8 or 9 times	11	0.76%
G.	10 or 11 times	1	0.07%
H.	12 or more times	20	1.38%
<b>TOTALS</b>		<b>1,454</b>	<b>100.00%</b>

Q-15. During the past 12 months, how many times were you in a physical fight on school property?

A.	0 times	1254	85.31%
B.	1 time	143	9.73%
C.	2 or 3 times	51	3.47%
D.	4 or 5 times	8	0.54%
E.	6 or 7 times	5	0.34%
F.	8 or 9 times	2	0.14%
G.	10 or 11 times	1	0.07%
H.	12 or more times	6	0.41%
<b>TOTALS</b>		<b>1,470</b>	<b>100.00%</b>

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Q-16. Have you ever been physically forced to have sexual intercourse when you did not want to?			
A.	Yes	110	7.54%
B.	No	1349	92.46%
<b>TOTALS</b>		<b>1,459</b>	<b>100.00%</b>

Q-17. During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)			
A.	0 times	1355	92.81%
B.	1 time	53	3.63%
C.	2 or 3 times	31	2.12%
D.	4 or 5 times	8	0.55%
E.	6 or more times	13	0.89%
<b>TOTALS</b>		<b>1,460</b>	<b>100.00%</b>

Q-18. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)			
A.	I did not date or go out with anyone during the past 12 months	724	49.56%
B.	0 times	666	45.59%
C.	1 time	35	2.40%
D.	2 or 3 times	22	1.51%
E.	4 or 5 times	3	0.21%
F.	6 or more times	11	0.75%
<b>TOTALS</b>		<b>1,461</b>	<b>100.00%</b>

Q-19. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)			
A.	I did not date or go out with anyone during the past 12 months	714	48.77%
B.	0 times	707	48.29%
C.	1 time	25	1.71%
D.	2 or 3 times	8	0.55%
E.	4 or 5 times	4	0.27%
F.	6 or more times	6	0.41%
<b>TOTALS</b>		<b>1,464</b>	<b>100.00%</b>

Q-20. During the past 12 months, have you ever been bullied on school property?			
A.	Yes	432	29.79%
B.	No	1018	70.21%
<b>TOTALS</b>		<b>1,450</b>	<b>100.00%</b>

Q-21. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)			
A.	Yes	307	20.91%
B.	No	1161	79.09%
<b>TOTALS</b>		<b>1,468</b>	<b>100.00%</b>

Q-22. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?			
A.	Yes	313	21.39%
B.	No	1150	78.61%
<b>TOTALS</b>		<b>1,463</b>	<b>100.00%</b>

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Q-23. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?			
A.	Yes	443	30.66%
B.	No	1002	69.34%
<b>TOTALS</b>		<b>1,445</b>	<b>100.00%</b>
Q-24. During the past 12 months, did you ever seriously consider attempting suicide?			
A.	Yes	309	21.14%
B.	No	1153	78.86%
<b>TOTALS</b>		<b>1,462</b>	<b>100.00%</b>
Q-25. During the past 12 months, did you make a plan about how you would attempt suicide?			
A.	Yes	277	19.10%
B.	No	1173	80.90%
<b>TOTALS</b>		<b>1,450</b>	<b>100.00%</b>
Q-26. During the past 12 months, how many times did you actually attempt suicide?			
A.	0 times	1240	85.16%
B.	1 time	152	10.44%
C.	2 or 3 times	42	2.88%
D.	4 or 5 times	9	0.62%
E.	6 or more times	13	0.89%
<b>TOTALS</b>		<b>1,456</b>	<b>100.00%</b>
Q-27. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?			
A.	I did not attempt suicide during the past 12 months	1188	81.48%
B.	Yes	71	4.87%
C.	No	199	13.65%
<b>TOTALS</b>		<b>1,458</b>	<b>100.00%</b>
Q-28. Have you ever tried cigarette smoking, even one or two puffs?			
A.	Yes	277	19.01%
B.	No	1180	80.99%
<b>TOTALS</b>		<b>1,457</b>	<b>100.00%</b>
Q-29. How old were you when you first tried cigarette smoking, even one or two puffs?			
A.	I have never tried cigarette smoking, not even one or two puffs	1187	81.41%
B.	8 years old or younger	51	3.50%
C.	9 or 10 years old	49	3.36%
D.	11 or 12 years old	100	6.86%
E.	13 or 14 years old	67	4.60%
F.	15 or 16 years old	2	0.14%
G.	17 years old or older	2	0.14%
<b>TOTALS</b>		<b>1,458</b>	<b>100.00%</b>

Q-30. During the past 30 days, on how many days did you smoke cigarettes?			
A.	0 days	1393	95.28%
B.	1 or 2 days	36	2.46%
C.	3 to 5 days	17	1.16%
D.	6 to 9 days	4	0.27%
E.	10 to 19 days	5	0.34%
F.	20 to 29 days	2	0.14%
G.	All 30 days	5	0.34%
<b>TOTALS</b>		<b>1,462</b>	<b>100.00%</b>
Q-31. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?			
A.	I did not smoke cigarettes during the past 30 days	1387	94.93%
B.	Less than 1 cigarette per day	44	3.01%
C.	1 cigarette per day	15	1.03%
D.	2 to 5 cigarettes per day	9	0.62%
E.	6 to 10 cigarettes per day	1	0.07%
F.	11 to 20 cigarettes per day	0	0.00%
G.	More than 20 cigarettes per day	5	0.34%
<b>TOTALS</b>		<b>1,461</b>	<b>100.00%</b>
Q-32. Have you ever used an electronic vapor product?			
A.	Yes	431	29.64%
B.	No	1023	70.36%
<b>TOTALS</b>		<b>1,454</b>	<b>100.00%</b>
Q-33. During the past 30 days, on how many days did you use an electronic vapor product?			
A.	0 days	1195	81.91%
B.	1 or 2 days	132	9.05%
C.	3 to 5 days	39	2.67%
D.	6 to 9 days	27	1.85%
E.	10 to 19 days	34	2.33%
F.	20 to 29 days	10	0.69%
G.	All 30 days	22	1.51%
<b>TOTALS</b>		<b>1,459</b>	<b>100.00%</b>
Q-34. During the past 30 days, on how many days did you use an electronic vapor product on school property?			
A.	0 days	1382	94.72%
B.	1 or 2 days	47	3.22%
C.	3 to 5 days	14	0.96%
D.	6 to 9 days	4	0.27%
E.	10 to 19 days	6	0.41%
F.	20 to 29 days	2	0.14%
G.	All 30 days	4	0.27%
<b>TOTALS</b>		<b>1,459</b>	<b>100.00%</b>

Q-35. During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)			
A.	I did not use any electronic vapor products during the past 30 days	1193	82.79%
B.	I bought them in a store such as a convenience store, supermarket, discount store, gas station, or vape store	1	0.07%
C.	I got them on the Internet	10	0.69%
D.	I gave someone else money to buy them for me	48	3.33%
E.	I borrowed them from someone else	118	8.19%
F.	A person who can legally buy these products gave them to me	14	0.97%
G.	I took them from a store or another person	5	0.35%
H.	I got them some other way	52	3.61%
<b>TOTALS</b>		<b>1,441</b>	<b>100.00%</b>
Q-36. What is the main reason you have used electronic vapor products? (Select only one response.)			
A.	I have never used an electronic vapor product	1071	73.46%
B.	Friend or family member used them	103	7.06%
C.	To try to quit using other tobacco products	3	0.21%
D.	They cost less than other tobacco products	3	0.21%
E.	They are easier to get than other tobacco products	14	0.96%
F.	They are less harmful than other forms of tobacco	20	1.37%
G.	They are available in flavors, such as mint, candy, fruit, or chocolate	55	3.77%
H.	I used them for some other reason	189	12.96%
<b>TOTALS</b>		<b>1,458</b>	<b>100.00%</b>
Q-37. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)			
A.	0 days	1427	97.74%
B.	1 or 2 days	14	0.96%
C.	3 to 5 days	7	0.48%
D.	6 to 9 days	1	0.07%
E.	10 to 19 days	3	0.21%
F.	20 to 29 days	1	0.07%
G.	All 30 days	7	0.48%
<b>TOTALS</b>		<b>1,460</b>	<b>100.00%</b>
Q-38. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?			
A.	0 days	1422	97.73%
B.	1 or 2 days	21	1.44%
C.	3 to 5 days	5	0.34%
D.	6 to 9 days	0	0.00%
E.	10 to 19 days	2	0.14%
F.	20 to 29 days	2	0.14%
G.	All 30 days	3	0.21%
<b>TOTALS</b>		<b>1,455</b>	<b>100.00%</b>

Q-39. During the past 12 months, did you ever try to quit using all tobacco products, including cigarettes, cigars, smokeless tobacco, shisha or hookah tobacco, and electronic vapor products?			
A.	I did not use any tobacco products during the past 12 months	1226	84.20%
B.	Yes	116	7.97%
C.	No	114	7.83%
<b>TOTALS</b>		<b>1,456</b>	<b>100.00%</b>
Q-40. How old were you when you had your first drink of alcohol other than a few sips?			
A.	I have never had a drink of alcohol other than a few sips	969	66.87%
B.	8 years old or younger	115	7.94%
C.	9 or 10 years old	70	4.83%
D.	11 or 12 years old	153	10.56%
E.	13 or 14 years old	140	9.66%
F.	15 or 16 years old	0	0.00%
G.	17 years old or older	2	0.14%
<b>TOTALS</b>		<b>1,449</b>	<b>100.00%</b>
Q-41. During the past 30 days, on how many days did you have at least one drink of alcohol?			
A.	0 days	1251	86.40%
B.	1 or 2 days	122	8.43%
C.	3 to 5 days	45	3.11%
D.	6 to 9 days	14	0.97%
E.	10 to 19 days	9	0.62%
F.	20 to 29 days	4	0.28%
G.	All 30 days	3	0.21%
<b>TOTALS</b>		<b>1,448</b>	<b>100.00%</b>
Q-42. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?			
A.	0 days	1360	93.21%
B.	1 day	38	2.60%
C.	2 days	29	1.99%
D.	3 to 5 days	19	1.30%
E.	6 to 9 days	5	0.34%
F.	10 to 19 days	4	0.27%
G.	20 or more days	4	0.27%
<b>TOTALS</b>		<b>1,459</b>	<b>100.00%</b>

Q-43. During the past 30 days, how did you usually get the alcohol you drank?			
A.	I did not drink alcohol during the past 30 days	1247	85.59%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	5	0.34%
C.	I bought it at a restaurant, bar, or club	2	0.14%
D.	I bought it at a public event such as a concert or sporting event	0	0.00%
E.	I gave someone else money to buy it for me	14	0.96%
F.	Someone gave it to me	76	5.22%
G.	I took it from a store or family member	53	3.64%
H.	I got it some other way	60	4.12%
<b>TOTALS</b>		<b>1,457</b>	<b>100.00%</b>

Q-44. During your life, how many times have you used marijuana?			
A.	0 times	1230	84.83%
B.	1 or 2 times	72	4.97%
C.	3 to 9 times	54	3.72%
D.	10 to 19 times	30	2.07%
E.	20 to 39 times	22	1.52%
F.	40 to 99 times	10	0.69%
G.	100 or more times	32	2.21%
<b>TOTALS</b>		<b>1,450</b>	<b>100.00%</b>

Q-45. How old were you when you tried marijuana for the first time?			
A.	I have never tried marijuana	1237	84.73%
B.	8 years old or younger	27	1.85%
C.	9 or 10 years old	27	1.85%
D.	11 or 12 years old	95	6.51%
E.	13 or 14 years old	71	4.86%
F.	15 or 16 years old	1	0.07%
G.	17 years old or older	2	0.14%
<b>TOTALS</b>		<b>1,460</b>	<b>100.00%</b>

Q-46. During the past 30 days, how many times did you use marijuana?			
A.	0 times	1338	91.90%
B.	1 or 2 times	53	3.64%
C.	3 to 9 times	38	2.61%
D.	10 to 19 times	10	0.69%
E.	20 to 39 times	7	0.48%
F.	40 or more times	10	0.69%
<b>TOTALS</b>		<b>1,456</b>	<b>100.00%</b>

Q-47. During your life, how many times have you used synthetic marijuana?			
A.	0 times	1404	97.03%
B.	1 or 2 times	26	1.80%
C.	3 to 9 times	9	0.62%
D.	10 to 19 times	2	0.14%
E.	20 to 39 times	3	0.21%
F.	40 or more times	3	0.21%
<b>TOTALS</b>		<b>1,447</b>	<b>100.00%</b>
Q-48. During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?			
A.	0 times	1297	88.90%
B.	1 or 2 times	84	5.76%
C.	3 to 9 times	51	3.50%
D.	10 to 19 times	17	1.17%
E.	20 to 39 times	3	0.21%
F.	40 or more times	7	0.48%
<b>TOTALS</b>		<b>1,459</b>	<b>100.00%</b>
Q-49. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?			
A.	0 times	1425	97.54%
B.	1 or 2 times	21	1.44%
C.	3 to 9 times	6	0.41%
D.	10 to 19 times	3	0.21%
E.	20 to 39 times	0	0.00%
F.	40 or more times	6	0.41%
<b>TOTALS</b>		<b>1,461</b>	<b>100.00%</b>
Q-50. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?			
A.	0 times	1302	89.24%
B.	1 or 2 times	90	6.17%
C.	3 to 9 times	33	2.26%
D.	10 to 19 times	15	1.03%
E.	20 to 39 times	10	0.69%
F.	40 or more times	9	0.62%
<b>TOTALS</b>		<b>1,459</b>	<b>100.00%</b>
Q-51. During your life, how many times have you used heroin (also called smack, junk, or China White)?			
A.	0 times	1449	99.11%
B.	1 or 2 times	5	0.34%
C.	3 to 9 times	2	0.14%
D.	10 to 19 times	1	0.07%
E.	20 to 39 times	2	0.14%
F.	40 or more times	3	0.21%
<b>TOTALS</b>		<b>1,462</b>	<b>100.00%</b>

Q-52. During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?			
A.	0 times	1445	98.77%
B.	1 or 2 times	7	0.48%
C.	3 to 9 times	4	0.27%
D.	10 to 19 times	1	0.07%
E.	20 to 39 times	4	0.27%
F.	40 or more times	2	0.14%
<b>TOTALS</b>		<b>1,463</b>	<b>100.00%</b>
Q-53. During your life, how many times have you used ecstasy (also called MDMA)?			
A.	0 times	1416	98.68%
B.	1 or 2 times	10	0.70%
C.	3 to 9 times	5	0.35%
D.	10 to 19 times	3	0.21%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.07%
<b>TOTALS</b>		<b>1,435</b>	<b>100.00%</b>
Q-54. During your life, how many times have you taken steroid pills or shots without a doctor's prescription?			
A.	0 times	1441	98.83%
B.	1 or 2 times	9	0.62%
C.	3 to 9 times	3	0.21%
D.	10 to 19 times	2	0.14%
E.	20 to 39 times	2	0.14%
F.	40 or more times	1	0.07%
<b>TOTALS</b>		<b>1,458</b>	<b>100.00%</b>
Q-55. During your life, how many times have you used a needle to inject any illegal drug into your body?			
A.	0 times	1444	99.24%
B.	1 time	9	0.62%
C.	2 or more times	2	0.14%
<b>TOTALS</b>		<b>1,455</b>	<b>100.00%</b>
Q-56. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?			
A.	Yes	252	17.39%
B.	No	1197	82.61%
<b>TOTALS</b>		<b>1,449</b>	<b>100.00%</b>
Q-57. Have you ever had sexual intercourse?			
A.	Yes	170	11.78%
B.	No	1273	88.22%
<b>TOTALS</b>		<b>1,443</b>	<b>100.00%</b>

Q-58. How old were you when you had sexual intercourse for the first time?			
A.	I have never had sexual intercourse	1304	90.06%
B.	11 years old or younger	45	3.11%
C.	12 years old	31	2.14%
D.	13 years old	50	3.45%
E.	14 years old	16	1.10%
F.	15 years old	1	0.07%
G.	16 years old	1	0.07%
H.	17 years old or older	0	0.00%
<b>TOTALS</b>		<b>1,448</b>	<b>100.00%</b>

Q-59. During your life, with how many people have you had sexual intercourse?			
A.	I have never had sexual intercourse	1303	90.17%
B.	1 person	70	4.84%
C.	2 people	29	2.01%
D.	3 people	16	1.11%
E.	4 people	8	0.55%
F.	5 people	5	0.35%
G.	6 or more people	14	0.97%
<b>TOTALS</b>		<b>1,445</b>	<b>100.00%</b>

Q-60. During the past 3 months, with how many people did you have sexual intercourse?			
A.	I have never had sexual intercourse	1320	90.85%
B.	I have had sexual intercourse, but not during the past 3 months	66	4.54%
C.	1 person	46	3.17%
D.	2 people	9	0.62%
E.	3 people	6	0.41%
F.	4 people	1	0.07%
G.	5 people	0	0.00%
H.	6 or more people	5	0.34%
<b>TOTALS</b>		<b>1,453</b>	<b>100.00%</b>

Q-61. Did you drink alcohol or use drugs before you had sexual intercourse the last time?			
A.	I have never had sexual intercourse	1274	88.04%
B.	Yes	42	2.90%
C.	No	131	9.05%
<b>TOTALS</b>		<b>1,447</b>	<b>100.00%</b>

Q-62. The last time you had sexual intercourse, did you or your partner use a condom?			
A.	I have never had sexual intercourse	1281	89.33%
B.	Yes	72	5.02%
C.	No	81	5.65%
<b>TOTALS</b>		<b>1,434</b>	<b>100.00%</b>

Q-63. How do you describe your weight?			
A.	Very underweight	66	4.56%
B.	Slightly underweight	255	17.61%
C.	About the right weight	744	51.38%
D.	Slightly overweight	325	22.44%
E.	Very overweight	58	4.01%
<b>TOTALS</b>		<b>1,448</b>	<b>100.00%</b>

Q-64. Which of the following are you trying to do about your weight?			
A.	Lose weight	612	42.44%
B.	Gain weight	200	13.87%
C.	Stay the same weight	264	18.31%
D.	I am not trying to do anything about my weight	366	25.38%
<b>TOTALS</b>		<b>1,442</b>	<b>100.00%</b>

Q-65. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)			
A.	I did not drink 100% fruit juice during the past 7 days	482	33.68%
B.	1 to 3 times during the past 7 days	560	39.13%
C.	4 to 6 times during the past 7 days	210	14.68%
D.	1 time per day	70	4.89%
E.	2 times per day	53	3.70%
F.	3 times per day	27	1.89%
G.	4 or more times per day	29	2.03%
<b>TOTALS</b>		<b>1,431</b>	<b>100.00%</b>

Q-66. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)			
A.	I did not eat fruit during the past 7 days	164	11.30%
B.	1 to 3 times during the past 7 days	484	33.36%
C.	4 to 6 times during the past 7 days	318	21.92%
D.	1 time per day	164	11.30%
E.	2 times per day	170	11.72%
F.	3 times per day	67	4.62%
G.	4 or more times per day	84	5.79%
<b>TOTALS</b>		<b>1,451</b>	<b>100.00%</b>

Q-67. During the past 7 days, how many times did you eat green salad?			
A.	I did not eat green salad during the past 7 days	601	41.45%
B.	1 to 3 times during the past 7 days	550	37.93%
C.	4 to 6 times during the past 7 days	163	11.24%
D.	1 time per day	86	5.93%
E.	2 times per day	24	1.66%
F.	3 times per day	5	0.34%
G.	4 or more times per day	21	1.45%
<b>TOTALS</b>		<b>1,450</b>	<b>100.00%</b>

Q-68. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)			
A.	I did not eat potatoes during the past 7 days	605	41.67%
B.	1 to 3 times during the past 7 days	673	46.35%
C.	4 to 6 times during the past 7 days	117	8.06%
D.	1 time per day	29	2.00%
E.	2 times per day	13	0.90%
F.	3 times per day	6	0.41%
G.	4 or more times per day	9	0.62%
<b>TOTALS</b>		<b>1,452</b>	<b>100.00%</b>

Q-69. During the past 7 days, how many times did you eat carrots?			
A.	I did not eat carrots during the past 7 days	684	47.01%
B.	1 to 3 times during the past 7 days	509	34.98%
C.	4 to 6 times during the past 7 days	157	10.79%
D.	1 time per day	52	3.57%
E.	2 times per day	23	1.58%
F.	3 times per day	7	0.48%
G.	4 or more times per day	23	1.58%
<b>TOTALS</b>		<b>1,455</b>	<b>100.00%</b>

Q-70. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)			
A.	I did not eat other vegetables during the past 7 days	261	18.02%
B.	1 to 3 times during the past 7 days	603	41.64%
C.	4 to 6 times during the past 7 days	307	21.20%
D.	1 time per day	121	8.36%
E.	2 times per day	87	6.01%
F.	3 times per day	34	2.35%
G.	4 or more times per day	35	2.42%
<b>TOTALS</b>		<b>1,448</b>	<b>100.00%</b>

Q-71. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)			
A.	I did not drink soda or pop during the past 7 days	342	23.73%
B.	1 to 3 times during the past 7 days	690	47.88%
C.	4 to 6 times during the past 7 days	222	15.41%
D.	1 time per day	75	5.20%
E.	2 times per day	55	3.82%
F.	3 times per day	28	1.94%
G.	4 or more times per day	29	2.01%
<b>TOTALS</b>		<b>1,441</b>	<b>100.00%</b>

Q-72. During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

A.	I did not drink milk during the past 7 days	263	18.18%
B.	1 to 3 glasses during the past 7 days	373	25.78%
C.	4 to 6 glasses during the past 7 days	266	18.38%
D.	1 glass per day	174	12.02%
E.	2 glasses per day	187	12.92%
F.	3 glasses per day	80	5.53%
G.	4 or more glasses per day	104	7.19%
<b>TOTALS</b>		<b>1,447</b>	<b>100.00%</b>

Q-73. During the past 7 days, how many times did you drink a can, bottle, or glass of an energy drink, such as Red Bull or Jolt? (Do not count diet or sports drinks such as Gatorade or PowerAde.)

A.	I did not drink energy drinks during the past 7 days	1197	83.01%
B.	1 to 3 times during the past 7 days	178	12.34%
C.	4 to 6 times during the past 7 days	30	2.08%
D.	1 time per day	14	0.97%
E.	2 times per day	8	0.55%
F.	3 times per day	4	0.28%
G.	4 or more times per day	11	0.76%
<b>TOTALS</b>		<b>1,442</b>	<b>100.00%</b>

Q-74. During the past 7 days, on how many days did you eat breakfast?

A.	0 days	154	10.69%
B.	1 day	104	7.22%
C.	2 days	90	6.25%
D.	3 days	112	7.78%
E.	4 days	101	7.01%
F.	5 days	123	8.54%
G.	6 days	120	8.33%
H.	7 days	636	44.17%
<b>TOTALS</b>		<b>1,440</b>	<b>100.00%</b>

Q-75. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	115	7.97%
B.	1 day	81	5.61%
C.	2 days	134	9.29%
D.	3 days	156	10.81%
E.	4 days	171	11.85%
F.	5 days	231	16.01%
G.	6 days	110	7.62%
H.	7 days	445	30.84%
<b>TOTALS</b>		<b>1,443</b>	<b>100.00%</b>

CAUTION! Please use this information carefully. Depending on sample size and procedures, the information contained in this report may or may not be representative of the entire student enrollment for the school.

Q-76. On an average school day, how many hours do you watch TV?			
A.	I do not watch TV on an average school day	287	20.03%
B.	Less than 1 hour per day	316	22.05%
C.	1 hour per day	224	15.63%
D.	2 hours per day	306	21.35%
E.	3 hours per day	135	9.42%
F.	4 hours per day	66	4.61%
G.	5 or more hours per day	99	6.91%
<b>TOTALS</b>		<b>1,433</b>	<b>100.00%</b>

Q-77. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent playing games, watching videos, texting, or using social media on your smartphone, computer, Xbox, PlayStation, iPad, or other tablet.)			
A.	I do not play video or computer games or use a computer for something that is not school work	235	16.46%
B.	Less than 1 hour per day	196	13.73%
C.	1 hour per day	188	13.17%
D.	2 hours per day	220	15.41%
E.	3 hours per day	209	14.64%
F.	4 hours per day	148	10.36%
G.	5 or more hours per day	232	16.25%
<b>TOTALS</b>		<b>1,428</b>	<b>100.00%</b>

Q-78. In an average week when you are in school, on how many days do you go to physical education (PE) classes?			
A.	0 days	145	10.24%
B.	1 day	33	2.33%
C.	2 days	175	12.36%
D.	3 days	546	38.56%
E.	4 days	68	4.80%
F.	5 days	449	31.71%
<b>TOTALS</b>		<b>1,416</b>	<b>100.00%</b>

Q-79. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)			
A.	0 teams	453	31.68%
B.	1 team	323	22.59%
C.	2 teams	287	20.07%
D.	3 or more teams	367	25.66%
<b>TOTALS</b>		<b>1,430</b>	<b>100.00%</b>

Q-80. During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?			
A.	0 times	1191	83.00%
B.	1 time	132	9.20%
C.	2 times	46	3.21%
D.	3 times	15	1.05%
E.	4 or more times	51	3.55%
<b>TOTALS</b>		<b>1,435</b>	<b>100.00%</b>

Q-81. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?			
A.	During the past 12 months	1074	74.58%
B.	Between 12 and 24 months ago	116	8.06%
C.	More than 24 months ago	45	3.13%
D.	Never	13	0.90%
E.	Not sure	192	13.33%
<b>TOTALS</b>		<b>1,440</b>	<b>100.00%</b>
Q-82. Has a doctor or nurse ever told you that you have asthma?			
A.	Yes	259	18.11%
B.	No	1034	72.31%
C.	Not sure	137	9.58%
<b>TOTALS</b>		<b>1,430</b>	<b>100.00%</b>
Q-83. On an average school night, how many hours of sleep do you get?			
A.	4 or less hours	100	7.07%
B.	5 hours	97	6.86%
C.	6 hours	191	13.50%
D.	7 hours	323	22.83%
E.	8 hours	394	27.84%
F.	9 hours	218	15.41%
G.	10 or more hours	92	6.50%
<b>TOTALS</b>		<b>1,415</b>	<b>100.00%</b>
Q-84. During the past 30 days, where did you usually sleep?			
A.	In my parent's or guardian's home	1376	95.89%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	24	1.67%
C.	In a shelter or emergency housing	8	0.56%
D.	In a motel or hotel	2	0.14%
E.	In a car, park, campground, or other public place	5	0.35%
F.	I do not have a usual place to sleep	6	0.42%
G.	Somewhere else	14	0.98%
<b>TOTALS</b>		<b>1,435</b>	<b>100.00%</b>
Q-85. During the past 12 months, how would you describe your grades in school?			
A.	Mostly A's	646	45.88%
B.	Mostly B's	446	31.68%
C.	Mostly C's	170	12.07%
D.	Mostly D's	30	2.13%
E.	Mostly F's	26	1.85%
F.	None of these grades	9	0.64%
G.	Not sure	81	5.75%
<b>TOTALS</b>		<b>1,408</b>	<b>100.00%</b>

Q-86. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)

A.	0 times	1379	97.52%
B.	1 or 2 times	24	1.70%
C.	3 to 9 times	4	0.28%
D.	10 to 19 times	3	0.21%
E.	20 to 39 times	1	0.07%
F.	40 or more times	3	0.21%
<b>TOTALS</b>		<b>1,414</b>	<b>100.00%</b>

Q-87. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?

A.	Yes	282	19.99%
B.	No	1129	80.01%
<b>TOTALS</b>		<b>1,411</b>	<b>100.00%</b>