

# 2019 NORTH WEST REGION YOUTH RISK BEHAVIOR SURVEY

## MIDDLE SCHOOL FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 644 middle school students in North West Region during February of 2019. Frequency distributions may not total 644 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	10 years old or younger	0	0.00%
B.	11 years old	0	0.00%
C.	12 years old	110	17.08%
D.	13 years old	315	48.91%
E.	14 years old	210	32.61%
F.	15 years old	9	1.40%
G.	16 years old or older	0	0.00%
	<b>TOTALS</b>	<b>644</b>	<b>100.00%</b>
Q-2. What is your sex?			
A.	Female	274	42.95%
B.	Male	364	57.05%
	<b>TOTALS</b>	<b>638</b>	<b>100.00%</b>
Q-3. In what grade are you?			
A.	7th grade	278	43.85%
B.	8th grade	356	56.15%
	<b>TOTALS</b>	<b>634</b>	<b>100.00%</b>
Q-4. Are you Hispanic or Latino?			
A.	Yes	59	9.42%
B.	No	567	90.58%
	<b>TOTALS</b>	<b>626</b>	<b>100.00%</b>
Q-5. What is your race?			
A.	American Indian or Alaskan Native	98	14.00%
B.	Asian	32	4.57%
C.	Black or African American	14	2.00%
D.	Native Hawaiian or Other Pacific Islander	13	1.86%
E.	White	543	77.57%
	<b>TOTALS</b>	<b>700</b>	<b>100.00%</b>
Q-6. How often do you wear a seat belt when riding in a car driven by someone else?			
A.	Never	15	2.36%
B.	Rarely	13	2.05%
C.	Sometimes	36	5.67%
D.	Most of the time	188	29.61%
E.	Always	383	60.31%
	<b>TOTALS</b>	<b>635</b>	<b>100.00%</b>

Q-7. How often do you wear a seat belt when driving a car?			
A.	I do not drive a car	469	73.86%
B.	Never	3	0.47%
C.	Rarely	5	0.79%
D.	Sometimes	10	1.57%
E.	Most of the time	36	5.67%
F.	Always	112	17.64%
<b>TOTALS</b>		<b>635</b>	<b>100.00%</b>

Q-8. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?			
A.	0 times	532	84.04%
B.	1 time	43	6.79%
C.	2 or 3 times	19	3.00%
D.	4 or 5 times	11	1.74%
E.	6 or more times	28	4.42%
<b>TOTALS</b>		<b>633</b>	<b>100.00%</b>

Q-9. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?			
A.	0 days	482	75.08%
B.	1 day	39	6.07%
C.	2 or 3 days	55	8.57%
D.	4 or 5 days	15	2.34%
E.	6 or more days	51	7.94%
<b>TOTALS</b>		<b>642</b>	<b>100.00%</b>

Q-10. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?			
A.	0 days	620	96.42%
B.	1 day	8	1.24%
C.	2 or 3 days	5	0.78%
D.	4 or 5 days	2	0.31%
E.	6 or more days	8	1.24%
<b>TOTALS</b>		<b>643</b>	<b>100.00%</b>

Q-11. During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)			
A.	0 days	578	90.17%
B.	1 day	18	2.81%
C.	2 or 3 days	22	3.43%
D.	4 or 5 days	5	0.78%
E.	6 or more days	18	2.81%
<b>TOTALS</b>		<b>641</b>	<b>100.00%</b>

Q-12. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?			
A.	0 days	567	88.04%
B.	1 day	45	6.99%
C.	2 or 3 days	21	3.26%
D.	4 or 5 days	5	0.78%
E.	6 or more days	6	0.93%
<b>TOTALS</b>		<b>644</b>	<b>100.00%</b>
Q-13. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?			
A.	0 times	601	93.91%
B.	1 time	25	3.91%
C.	2 or 3 times	10	1.56%
D.	4 or 5 times	1	0.16%
E.	6 or 7 times	1	0.16%
F.	8 or 9 times	0	0.00%
G.	10 or 11 times	1	0.16%
H.	12 or more times	1	0.16%
<b>TOTALS</b>		<b>640</b>	<b>100.00%</b>
Q-14. During the past 12 months, how many times were you in a physical fight?			
A.	0 times	440	69.18%
B.	1 time	108	16.98%
C.	2 or 3 times	54	8.49%
D.	4 or 5 times	14	2.20%
E.	6 or 7 times	7	1.10%
F.	8 or 9 times	2	0.31%
G.	10 or 11 times	1	0.16%
H.	12 or more times	10	1.57%
<b>TOTALS</b>		<b>636</b>	<b>100.00%</b>
Q-15. During the past 12 months, how many times were you in a physical fight on school property?			
A.	0 times	555	86.31%
B.	1 time	59	9.18%
C.	2 or 3 times	24	3.73%
D.	4 or 5 times	2	0.31%
E.	6 or 7 times	2	0.31%
F.	8 or 9 times	1	0.16%
G.	10 or 11 times	0	0.00%
H.	12 or more times	0	0.00%
<b>TOTALS</b>		<b>643</b>	<b>100.00%</b>

Q-16. Have you ever been physically forced to have sexual intercourse when you did not want to?			
A.	Yes	40	6.25%
B.	No	600	93.75%
<b>TOTALS</b>		<b>640</b>	<b>100.00%</b>
Q-17. During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)			
A.	0 times	587	91.86%
B.	1 time	24	3.76%
C.	2 or 3 times	14	2.19%
D.	4 or 5 times	6	0.94%
E.	6 or more times	8	1.25%
<b>TOTALS</b>		<b>639</b>	<b>100.00%</b>
Q-18. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)			
A.	I did not date or go out with anyone during the past 12 months	351	54.67%
B.	0 times	265	41.28%
C.	1 time	12	1.87%
D.	2 or 3 times	9	1.40%
E.	4 or 5 times	2	0.31%
F.	6 or more times	3	0.47%
<b>TOTALS</b>		<b>642</b>	<b>100.00%</b>
Q-19. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)			
A.	I did not date or go out with anyone during the past 12 months	351	54.59%
B.	0 times	277	43.08%
C.	1 time	6	0.93%
D.	2 or 3 times	4	0.62%
E.	4 or 5 times	2	0.31%
F.	6 or more times	3	0.47%
<b>TOTALS</b>		<b>643</b>	<b>100.00%</b>
Q-20. During the past 12 months, have you ever been bullied on school property?			
A.	Yes	236	37.22%
B.	No	398	62.78%
<b>TOTALS</b>		<b>634</b>	<b>100.00%</b>
Q-21. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)			
A.	Yes	129	20.06%
B.	No	514	79.94%
<b>TOTALS</b>		<b>643</b>	<b>100.00%</b>
Q-22. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?			
A.	Yes	122	19.00%
B.	No	520	81.00%
<b>TOTALS</b>		<b>642</b>	<b>100.00%</b>

Q-23. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?		
A.	Yes	162 25.80%
B.	No	466 74.20%
<b>TOTALS</b>		<b>628 100.00%</b>
Q-24. During the past 12 months, did you ever seriously consider attempting suicide?		
A.	Yes	108 16.85%
B.	No	533 83.15%
<b>TOTALS</b>		<b>641 100.00%</b>
Q-25. During the past 12 months, did you make a plan about how you would attempt suicide?		
A.	Yes	87 13.57%
B.	No	554 86.43%
<b>TOTALS</b>		<b>641 100.00%</b>
Q-26. During the past 12 months, how many times did you actually attempt suicide?		
A.	0 times	560 88.05%
B.	1 time	52 8.18%
C.	2 or 3 times	16 2.52%
D.	4 or 5 times	3 0.47%
E.	6 or more times	5 0.79%
<b>TOTALS</b>		<b>636 100.00%</b>
Q-27. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?		
A.	I did not attempt suicide during the past 12 months	551 85.96%
B.	Yes	26 4.06%
C.	No	64 9.98%
<b>TOTALS</b>		<b>641 100.00%</b>
Q-28. Have you ever tried cigarette smoking, even one or two puffs?		
A.	Yes	110 17.19%
B.	No	530 82.81%
<b>TOTALS</b>		<b>640 100.00%</b>
Q-29. How old were you when you first tried cigarette smoking, even one or two puffs?		
A.	I have never tried cigarette smoking, not even one or two puffs	540 84.24%
B.	8 years old or younger	18 2.81%
C.	9 or 10 years old	17 2.65%
D.	11 or 12 years old	31 4.84%
E.	13 or 14 years old	35 5.46%
F.	15 or 16 years old	0 0.00%
G.	17 years old or older	0 0.00%
<b>TOTALS</b>		<b>641 100.00%</b>

Q-30. During the past 30 days, on how many days did you smoke cigarettes?			
A.	0 days	616	95.95%
B.	1 or 2 days	15	2.34%
C.	3 to 5 days	5	0.78%
D.	6 to 9 days	1	0.16%
E.	10 to 19 days	4	0.62%
F.	20 to 29 days	1	0.16%
G.	All 30 days	0	0.00%
<b>TOTALS</b>		<b>642</b>	<b>100.00%</b>
Q-31. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?			
A.	I did not smoke cigarettes during the past 30 days	615	95.94%
B.	Less than 1 cigarette per day	16	2.50%
C.	1 cigarette per day	6	0.94%
D.	2 to 5 cigarettes per day	3	0.47%
E.	6 to 10 cigarettes per day	0	0.00%
F.	11 to 20 cigarettes per day	0	0.00%
G.	More than 20 cigarettes per day	1	0.16%
<b>TOTALS</b>		<b>641</b>	<b>100.00%</b>
Q-32. Have you ever used an electronic vapor product?			
A.	Yes	164	25.87%
B.	No	470	74.13%
<b>TOTALS</b>		<b>634</b>	<b>100.00%</b>
Q-33. During the past 30 days, on how many days did you use an electronic vapor product?			
A.	0 days	547	85.34%
B.	1 or 2 days	53	8.27%
C.	3 to 5 days	14	2.18%
D.	6 to 9 days	7	1.09%
E.	10 to 19 days	10	1.56%
F.	20 to 29 days	4	0.62%
G.	All 30 days	6	0.94%
<b>TOTALS</b>		<b>641</b>	<b>100.00%</b>
Q-34. During the past 30 days, on how many days did you use an electronic vapor product on school property?			
A.	0 days	620	96.72%
B.	1 or 2 days	14	2.18%
C.	3 to 5 days	1	0.16%
D.	6 to 9 days	3	0.47%
E.	10 to 19 days	2	0.31%
F.	20 to 29 days	0	0.00%
G.	All 30 days	1	0.16%
<b>TOTALS</b>		<b>641</b>	<b>100.00%</b>

Q-35. During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)			
A.	I did not use any electronic vapor products during the past 30 days	546	86.26%
B.	I bought them in a store such as a convenience store, supermarket, discount store, gas station, or vape store	1	0.16%
C.	I got them on the Internet	6	0.95%
D.	I gave someone else money to buy them for me	9	1.42%
E.	I borrowed them from someone else	45	7.11%
F.	A person who can legally buy these products gave them to me	7	1.11%
G.	I took them from a store or another person	1	0.16%
H.	I got them some other way	18	2.84%
<b>TOTALS</b>		<b>633</b>	<b>100.00%</b>
Q-36. What is the main reason you have used electronic vapor products? (Select only one response.)			
A.	I have never used an electronic vapor product	497	78.27%
B.	Friend or family member used them	36	5.67%
C.	To try to quit using other tobacco products	4	0.63%
D.	They cost less than other tobacco products	0	0.00%
E.	They are easier to get than other tobacco products	2	0.31%
F.	They are less harmful than other forms of tobacco	5	0.79%
G.	They are available in flavors, such as mint, candy, fruit, or chocolate	15	2.36%
H.	I used them for some other reason	76	11.97%
<b>TOTALS</b>		<b>635</b>	<b>100.00%</b>
Q-37. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)			
A.	0 days	625	97.50%
B.	1 or 2 days	7	1.09%
C.	3 to 5 days	4	0.62%
D.	6 to 9 days	1	0.16%
E.	10 to 19 days	1	0.16%
F.	20 to 29 days	0	0.00%
G.	All 30 days	3	0.47%
<b>TOTALS</b>		<b>641</b>	<b>100.00%</b>
Q-38. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?			
A.	0 days	628	98.43%
B.	1 or 2 days	4	0.63%
C.	3 to 5 days	2	0.31%
D.	6 to 9 days	2	0.31%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	0	0.00%
G.	All 30 days	2	0.31%
<b>TOTALS</b>		<b>638</b>	<b>100.00%</b>

Q-39. During the past 12 months, did you ever try to quit using all tobacco products, including cigarettes, cigars, smokeless tobacco, shisha or hookah tobacco, and electronic vapor products?		
A.	I did not use any tobacco products during the past 12 months	555 86.72%
B.	Yes	44 6.88%
C.	No	41 6.41%
<b>TOTALS</b>		<b>640 100.00%</b>
Q-40. How old were you when you had your first drink of alcohol other than a few sips?		
A.	I have never had a drink of alcohol other than a few sips	457 71.97%
B.	8 years old or younger	46 7.24%
C.	9 or 10 years old	30 4.72%
D.	11 or 12 years old	57 8.98%
E.	13 or 14 years old	43 6.77%
F.	15 or 16 years old	2 0.31%
G.	17 years old or older	0 0.00%
<b>TOTALS</b>		<b>635 100.00%</b>
Q-41. During the past 30 days, on how many days did you have at least one drink of alcohol?		
A.	0 days	560 87.77%
B.	1 or 2 days	46 7.21%
C.	3 to 5 days	16 2.51%
D.	6 to 9 days	10 1.57%
E.	10 to 19 days	4 0.63%
F.	20 to 29 days	0 0.00%
G.	All 30 days	2 0.31%
<b>TOTALS</b>		<b>638 100.00%</b>
Q-42. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?		
A.	0 days	614 95.79%
B.	1 day	12 1.87%
C.	2 days	6 0.94%
D.	3 to 5 days	3 0.47%
E.	6 to 9 days	4 0.62%
F.	10 to 19 days	1 0.16%
G.	20 or more days	1 0.16%
<b>TOTALS</b>		<b>641 100.00%</b>



Q-43. During the past 30 days, how did you usually get the alcohol you drank?			
A.	I did not drink alcohol during the past 30 days	567	88.73%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	2	0.31%
C.	I bought it at a restaurant, bar, or club	0	0.00%
D.	I bought it at a public event such as a concert or sporting event	0	0.00%
E.	I gave someone else money to buy it for me	4	0.63%
F.	Someone gave it to me	24	3.76%
G.	I took it from a store or family member	28	4.38%
H.	I got it some other way	14	2.19%
<b>TOTALS</b>		<b>639</b>	<b>100.00%</b>

Q-44. During your life, how many times have you used marijuana?			
A.	0 times	554	87.66%
B.	1 or 2 times	33	5.22%
C.	3 to 9 times	16	2.53%
D.	10 to 19 times	8	1.27%
E.	20 to 39 times	6	0.95%
F.	40 to 99 times	8	1.27%
G.	100 or more times	7	1.11%
<b>TOTALS</b>		<b>632</b>	<b>100.00%</b>

Q-45. How old were you when you tried marijuana for the first time?			
A.	I have never tried marijuana	559	87.21%
B.	8 years old or younger	12	1.87%
C.	9 or 10 years old	11	1.72%
D.	11 or 12 years old	26	4.06%
E.	13 or 14 years old	33	5.15%
F.	15 or 16 years old	0	0.00%
G.	17 years old or older	0	0.00%
<b>TOTALS</b>		<b>641</b>	<b>100.00%</b>

Q-46. During the past 30 days, how many times did you use marijuana?			
A.	0 times	599	93.45%
B.	1 or 2 times	19	2.96%
C.	3 to 9 times	13	2.03%
D.	10 to 19 times	4	0.62%
E.	20 to 39 times	3	0.47%
F.	40 or more times	3	0.47%
<b>TOTALS</b>		<b>641</b>	<b>100.00%</b>

Q-47. During your life, how many times have you used synthetic marijuana?			
A.	0 times	624	98.11%
B.	1 or 2 times	7	1.10%
C.	3 to 9 times	3	0.47%
D.	10 to 19 times	1	0.16%
E.	20 to 39 times	1	0.16%
F.	40 or more times	0	0.00%
<b>TOTALS</b>		<b>636</b>	<b>100.00%</b>
Q-48. During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?			
A.	0 times	588	91.59%
B.	1 or 2 times	31	4.83%
C.	3 to 9 times	12	1.87%
D.	10 to 19 times	3	0.47%
E.	20 to 39 times	2	0.31%
F.	40 or more times	6	0.93%
<b>TOTALS</b>		<b>642</b>	<b>100.00%</b>
Q-49. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?			
A.	0 times	634	98.75%
B.	1 or 2 times	4	0.62%
C.	3 to 9 times	3	0.47%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.16%
<b>TOTALS</b>		<b>642</b>	<b>100.00%</b>
Q-50. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?			
A.	0 times	597	93.14%
B.	1 or 2 times	23	3.59%
C.	3 to 9 times	11	1.72%
D.	10 to 19 times	4	0.62%
E.	20 to 39 times	5	0.78%
F.	40 or more times	1	0.16%
<b>TOTALS</b>		<b>641</b>	<b>100.00%</b>
Q-51. During your life, how many times have you used heroin (also called smack, junk, or China White)?			
A.	0 times	635	99.06%
B.	1 or 2 times	2	0.31%
C.	3 to 9 times	1	0.16%
D.	10 to 19 times	1	0.16%
E.	20 to 39 times	0	0.00%
F.	40 or more times	2	0.31%
<b>TOTALS</b>		<b>641</b>	<b>100.00%</b>

Q-52. During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?			
A.	0 times	634	98.75%
B.	1 or 2 times	5	0.78%
C.	3 to 9 times	0	0.00%
D.	10 to 19 times	1	0.16%
E.	20 to 39 times	0	0.00%
F.	40 or more times	2	0.31%
<b>TOTALS</b>		<b>642</b>	<b>100.00%</b>
Q-53. During your life, how many times have you used ecstasy (also called MDMA)?			
A.	0 times	624	99.52%
B.	1 or 2 times	1	0.16%
C.	3 to 9 times	1	0.16%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	1	0.16%
F.	40 or more times	0	0.00%
<b>TOTALS</b>		<b>627</b>	<b>100.00%</b>
Q-54. During your life, how many times have you taken steroid pills or shots without a doctor's prescription?			
A.	0 times	632	98.60%
B.	1 or 2 times	8	1.25%
C.	3 to 9 times	0	0.00%
D.	10 to 19 times	1	0.16%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
<b>TOTALS</b>		<b>641</b>	<b>100.00%</b>
Q-55. During your life, how many times have you used a needle to inject any illegal drug into your body?			
A.	0 times	637	99.53%
B.	1 time	2	0.31%
C.	2 or more times	1	0.16%
<b>TOTALS</b>		<b>640</b>	<b>100.00%</b>
Q-56. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?			
A.	Yes	110	17.30%
B.	No	526	82.70%
<b>TOTALS</b>		<b>636</b>	<b>100.00%</b>
Q-57. Have you ever had sexual intercourse?			
A.	Yes	90	14.06%
B.	No	550	85.94%
<b>TOTALS</b>		<b>640</b>	<b>100.00%</b>

Q-58. How old were you when you had sexual intercourse for the first time?			
A.	I have never had sexual intercourse	574	89.69%
B.	11 years old or younger	19	2.97%
C.	12 years old	16	2.50%
D.	13 years old	19	2.97%
E.	14 years old	12	1.88%
F.	15 years old	0	0.00%
G.	16 years old	0	0.00%
H.	17 years old or older	0	0.00%
<b>TOTALS</b>		<b>640</b>	<b>100.00%</b>

Q-59. During your life, with how many people have you had sexual intercourse?			
A.	I have never had sexual intercourse	575	89.98%
B.	1 person	35	5.48%
C.	2 people	16	2.50%
D.	3 people	4	0.63%
E.	4 people	2	0.31%
F.	5 people	3	0.47%
G.	6 or more people	4	0.63%
<b>TOTALS</b>		<b>639</b>	<b>100.00%</b>

Q-60. During the past 3 months, with how many people did you have sexual intercourse?			
A.	I have never had sexual intercourse	583	91.24%
B.	I have had sexual intercourse, but not during the past 3 months	28	4.38%
C.	1 person	18	2.82%
D.	2 people	6	0.94%
E.	3 people	2	0.31%
F.	4 people	0	0.00%
G.	5 people	0	0.00%
H.	6 or more people	2	0.31%
<b>TOTALS</b>		<b>639</b>	<b>100.00%</b>

Q-61. Did you drink alcohol or use drugs before you had sexual intercourse the last time?			
A.	I have never had sexual intercourse	568	88.89%
B.	Yes	14	2.19%
C.	No	57	8.92%
<b>TOTALS</b>		<b>639</b>	<b>100.00%</b>

Q-62. The last time you had sexual intercourse, did you or your partner use a condom?			
A.	I have never had sexual intercourse	568	89.59%
B.	Yes	35	5.52%
C.	No	31	4.89%
<b>TOTALS</b>		<b>634</b>	<b>100.00%</b>

Q-63. How do you describe your weight?			
A.	Very underweight	34	5.30%
B.	Slightly underweight	114	17.78%
C.	About the right weight	345	53.82%
D.	Slightly overweight	135	21.06%
E.	Very overweight	13	2.03%
<b>TOTALS</b>		<b>641</b>	<b>100.00%</b>

Q-64. Which of the following are you trying to do about your weight?			
A.	Lose weight	236	36.82%
B.	Gain weight	74	11.54%
C.	Stay the same weight	132	20.59%
D.	I am not trying to do anything about my weight	199	31.05%
<b>TOTALS</b>		<b>641</b>	<b>100.00%</b>

Q-65. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)			
A.	I did not drink 100% fruit juice during the past 7 days	220	34.59%
B.	1 to 3 times during the past 7 days	241	37.89%
C.	4 to 6 times during the past 7 days	80	12.58%
D.	1 time per day	43	6.76%
E.	2 times per day	21	3.30%
F.	3 times per day	11	1.73%
G.	4 or more times per day	20	3.14%
<b>TOTALS</b>		<b>636</b>	<b>100.00%</b>

Q-66. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)			
A.	I did not eat fruit during the past 7 days	68	10.58%
B.	1 to 3 times during the past 7 days	194	30.17%
C.	4 to 6 times during the past 7 days	151	23.48%
D.	1 time per day	70	10.89%
E.	2 times per day	78	12.13%
F.	3 times per day	37	5.75%
G.	4 or more times per day	45	7.00%
<b>TOTALS</b>		<b>643</b>	<b>100.00%</b>

Q-67. During the past 7 days, how many times did you eat green salad?			
A.	I did not eat green salad during the past 7 days	206	32.09%
B.	1 to 3 times during the past 7 days	261	40.65%
C.	4 to 6 times during the past 7 days	83	12.93%
D.	1 time per day	62	9.66%
E.	2 times per day	12	1.87%
F.	3 times per day	4	0.62%
G.	4 or more times per day	14	2.18%
<b>TOTALS</b>		<b>642</b>	<b>100.00%</b>

Q-68. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)			
A.	I did not eat potatoes during the past 7 days	255	39.91%
B.	1 to 3 times during the past 7 days	310	48.51%
C.	4 to 6 times during the past 7 days	46	7.20%
D.	1 time per day	12	1.88%
E.	2 times per day	6	0.94%
F.	3 times per day	1	0.16%
G.	4 or more times per day	9	1.41%
<b>TOTALS</b>		<b>639</b>	<b>100.00%</b>

Q-69. During the past 7 days, how many times did you eat carrots?			
A.	I did not eat carrots during the past 7 days	264	41.25%
B.	1 to 3 times during the past 7 days	235	36.72%
C.	4 to 6 times during the past 7 days	75	11.72%
D.	1 time per day	37	5.78%
E.	2 times per day	10	1.56%
F.	3 times per day	5	0.78%
G.	4 or more times per day	14	2.19%
<b>TOTALS</b>		<b>640</b>	<b>100.00%</b>

Q-70. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)			
A.	I did not eat other vegetables during the past 7 days	110	17.16%
B.	1 to 3 times during the past 7 days	232	36.19%
C.	4 to 6 times during the past 7 days	141	22.00%
D.	1 time per day	73	11.39%
E.	2 times per day	41	6.40%
F.	3 times per day	17	2.65%
G.	4 or more times per day	27	4.21%
<b>TOTALS</b>		<b>641</b>	<b>100.00%</b>

Q-71. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)			
A.	I did not drink soda or pop during the past 7 days	182	28.62%
B.	1 to 3 times during the past 7 days	309	48.58%
C.	4 to 6 times during the past 7 days	73	11.48%
D.	1 time per day	30	4.72%
E.	2 times per day	19	2.99%
F.	3 times per day	10	1.57%
G.	4 or more times per day	13	2.04%
<b>TOTALS</b>		<b>636</b>	<b>100.00%</b>

Q-72. During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

A.	I did not drink milk during the past 7 days	106	16.51%
B.	1 to 3 glasses during the past 7 days	178	27.73%
C.	4 to 6 glasses during the past 7 days	117	18.22%
D.	1 glass per day	87	13.55%
E.	2 glasses per day	86	13.40%
F.	3 glasses per day	23	3.58%
G.	4 or more glasses per day	45	7.01%
<b>TOTALS</b>		<b>642</b>	<b>100.00%</b>

Q-73. During the past 7 days, how many times did you drink a can, bottle, or glass of an energy drink, such as Red Bull or Jolt? (Do not count diet or sports drinks such as Gatorade or PowerAde.)

A.	I did not drink energy drinks during the past 7 days	497	77.78%
B.	1 to 3 times during the past 7 days	100	15.65%
C.	4 to 6 times during the past 7 days	22	3.44%
D.	1 time per day	9	1.41%
E.	2 times per day	3	0.47%
F.	3 times per day	2	0.31%
G.	4 or more times per day	6	0.94%
<b>TOTALS</b>		<b>639</b>	<b>100.00%</b>

Q-74. During the past 7 days, on how many days did you eat breakfast?

A.	0 days	63	9.86%
B.	1 day	43	6.73%
C.	2 days	48	7.51%
D.	3 days	41	6.42%
E.	4 days	45	7.04%
F.	5 days	47	7.36%
G.	6 days	56	8.76%
H.	7 days	296	46.32%
<b>TOTALS</b>		<b>639</b>	<b>100.00%</b>

Q-75. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	50	7.85%
B.	1 day	25	3.92%
C.	2 days	48	7.54%
D.	3 days	63	9.89%
E.	4 days	84	13.19%
F.	5 days	110	17.27%
G.	6 days	69	10.83%
H.	7 days	188	29.51%
<b>TOTALS</b>		<b>637</b>	<b>100.00%</b>

CAUTION! Please use this information carefully. Depending on sample size and procedures, the information contained in this report may or may not be representative of the entire student enrollment for the school.

Q-76. On an average school day, how many hours do you watch TV?			
A.	I do not watch TV on an average school day	146	23.06%
B.	Less than 1 hour per day	145	22.91%
C.	1 hour per day	113	17.85%
D.	2 hours per day	109	17.22%
E.	3 hours per day	65	10.27%
F.	4 hours per day	22	3.48%
G.	5 or more hours per day	33	5.21%
<b>TOTALS</b>		<b>633</b>	<b>100.00%</b>

Q-77. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent playing games, watching videos, texting, or using social media on your smartphone, computer, Xbox, PlayStation, iPad, or other tablet.)			
A.	I do not play video or computer games or use a computer for something that is not school work	120	19.05%
B.	Less than 1 hour per day	108	17.14%
C.	1 hour per day	80	12.70%
D.	2 hours per day	106	16.83%
E.	3 hours per day	75	11.90%
F.	4 hours per day	53	8.41%
G.	5 or more hours per day	88	13.97%
<b>TOTALS</b>		<b>630</b>	<b>100.00%</b>

Q-78. In an average week when you are in school, on how many days do you go to physical education (PE) classes?			
A.	0 days	58	9.34%
B.	1 day	12	1.93%
C.	2 days	74	11.92%
D.	3 days	216	34.78%
E.	4 days	32	5.15%
F.	5 days	229	36.88%
<b>TOTALS</b>		<b>621</b>	<b>100.00%</b>

Q-79. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)			
A.	0 teams	224	35.73%
B.	1 team	114	18.18%
C.	2 teams	125	19.94%
D.	3 or more teams	164	26.16%
<b>TOTALS</b>		<b>627</b>	<b>100.00%</b>

Q-80. During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?			
A.	0 times	542	85.90%
B.	1 time	50	7.92%
C.	2 times	23	3.65%
D.	3 times	11	1.74%
E.	4 or more times	5	0.79%
<b>TOTALS</b>		<b>631</b>	<b>100.00%</b>



Q-81. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?			
A.	During the past 12 months	495	78.08%
B.	Between 12 and 24 months ago	53	8.36%
C.	More than 24 months ago	16	2.52%
D.	Never	4	0.63%
E.	Not sure	66	10.41%
<b>TOTALS</b>		<b>634</b>	<b>100.00%</b>
Q-82. Has a doctor or nurse ever told you that you have asthma?			
A.	Yes	93	14.86%
B.	No	468	74.76%
C.	Not sure	65	10.38%
<b>TOTALS</b>		<b>626</b>	<b>100.00%</b>
Q-83. On an average school night, how many hours of sleep do you get?			
A.	4 or less hours	46	7.42%
B.	5 hours	45	7.26%
C.	6 hours	74	11.94%
D.	7 hours	139	22.42%
E.	8 hours	174	28.06%
F.	9 hours	101	16.29%
G.	10 or more hours	41	6.61%
<b>TOTALS</b>		<b>620</b>	<b>100.00%</b>
Q-84. During the past 30 days, where did you usually sleep?			
A.	In my parent's or guardian's home	605	95.43%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	15	2.37%
C.	In a shelter or emergency housing	4	0.63%
D.	In a motel or hotel	1	0.16%
E.	In a car, park, campground, or other public place	2	0.32%
F.	I do not have a usual place to sleep	3	0.47%
G.	Somewhere else	4	0.63%
<b>TOTALS</b>		<b>634</b>	<b>100.00%</b>
Q-85. During the past 12 months, how would you describe your grades in school?			
A.	Mostly A's	288	46.15%
B.	Mostly B's	202	32.37%
C.	Mostly C's	68	10.90%
D.	Mostly D's	22	3.53%
E.	Mostly F's	6	0.96%
F.	None of these grades	2	0.32%
G.	Not sure	36	5.77%
<b>TOTALS</b>		<b>624</b>	<b>100.00%</b>

Q-86. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)		
A.	0 times	602 96.47%
B.	1 or 2 times	15 2.40%
C.	3 to 9 times	3 0.48%
D.	10 to 19 times	2 0.32%
E.	20 to 39 times	0 0.00%
F.	40 or more times	2 0.32%
<b>TOTALS</b>		<b>624 100.00%</b>

Q-87. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?		
A.	Yes	126 20.45%
B.	No	490 79.55%
<b>TOTALS</b>		<b>616 100.00%</b>