

2019 HI LINE REGION YOUTH RISK BEHAVIOR SURVEY

MIDDLE SCHOOL FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 479 middle school students in Hi Line Region during February of 2019. Frequency distributions may not total 479 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	10 years old or younger	0	0.00%
B.	11 years old	1	0.21%
C.	12 years old	100	21.01%
D.	13 years old	201	42.23%
E.	14 years old	158	33.19%
F.	15 years old	16	3.36%
G.	16 years old or older	0	0.00%
	TOTALS	476	100.00%
Q-2. What is your sex?			
A.	Female	244	51.15%
B.	Male	233	48.85%
	TOTALS	477	100.00%
Q-3. In what grade are you?			
A.	7th grade	223	47.25%
B.	8th grade	249	52.75%
	TOTALS	472	100.00%
Q-4. Are you Hispanic or Latino?			
A.	Yes	66	14.13%
B.	No	401	85.87%
	TOTALS	467	100.00%
Q-5. What is your race?			
A.	American Indian or Alaskan Native	263	49.53%
B.	Asian	15	2.82%
C.	Black or African American	22	4.14%
D.	Native Hawaiian or Other Pacific Islander	8	1.51%
E.	White	223	42.00%
	TOTALS	531	100.00%
Q-6. How often do you wear a seat belt when riding in a car driven by someone else?			
A.	Never	20	4.20%
B.	Rarely	42	8.82%
C.	Sometimes	95	19.96%
D.	Most of the time	190	39.92%
E.	Always	129	27.10%
	TOTALS	476	100.00%

Q-7. How often do you wear a seat belt when driving a car?		
A.	I do not drive a car	224 47.56%
B.	Never	7 1.49%
C.	Rarely	24 5.10%
D.	Sometimes	36 7.64%
E.	Most of the time	52 11.04%
F.	Always	128 27.18%
TOTALS		471 100.00%

Q-8. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?		
A.	0 times	367 78.42%
B.	1 time	37 7.91%
C.	2 or 3 times	29 6.20%
D.	4 or 5 times	7 1.50%
E.	6 or more times	28 5.98%
TOTALS		468 100.00%

Q-9. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?		
A.	0 days	375 78.45%
B.	1 day	27 5.65%
C.	2 or 3 days	23 4.81%
D.	4 or 5 days	16 3.35%
E.	6 or more days	37 7.74%
TOTALS		478 100.00%

Q-10. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?		
A.	0 days	450 94.34%
B.	1 day	12 2.52%
C.	2 or 3 days	5 1.05%
D.	4 or 5 days	4 0.84%
E.	6 or more days	6 1.26%
TOTALS		477 100.00%

Q-11. During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)		
A.	0 days	425 90.04%
B.	1 day	17 3.60%
C.	2 or 3 days	10 2.12%
D.	4 or 5 days	7 1.48%
E.	6 or more days	13 2.75%
TOTALS		472 100.00%

Q-12. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

A.	0 days	401	84.24%
B.	1 day	45	9.45%
C.	2 or 3 days	20	4.20%
D.	4 or 5 days	6	1.26%
E.	6 or more days	4	0.84%
TOTALS		476	100.00%

Q-13. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

A.	0 times	436	91.98%
B.	1 time	17	3.59%
C.	2 or 3 times	15	3.16%
D.	4 or 5 times	3	0.63%
E.	6 or 7 times	0	0.00%
F.	8 or 9 times	1	0.21%
G.	10 or 11 times	0	0.00%
H.	12 or more times	2	0.42%
TOTALS		474	100.00%

Q-14. During the past 12 months, how many times were you in a physical fight?

A.	0 times	300	63.56%
B.	1 time	84	17.80%
C.	2 or 3 times	54	11.44%
D.	4 or 5 times	13	2.75%
E.	6 or 7 times	7	1.48%
F.	8 or 9 times	3	0.64%
G.	10 or 11 times	1	0.21%
H.	12 or more times	10	2.12%
TOTALS		472	100.00%

Q-15. During the past 12 months, how many times were you in a physical fight on school property?

A.	0 times	392	82.01%
B.	1 time	61	12.76%
C.	2 or 3 times	22	4.60%
D.	4 or 5 times	3	0.63%
E.	6 or 7 times	0	0.00%
F.	8 or 9 times	0	0.00%
G.	10 or 11 times	0	0.00%
H.	12 or more times	0	0.00%
TOTALS		478	100.00%

Q-16. Have you ever been physically forced to have sexual intercourse when you did not want to?			
A.	Yes	28	5.87%
B.	No	449	94.13%
TOTALS		477	100.00%

Q-17. During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)			
A.	0 times	440	92.24%
B.	1 time	21	4.40%
C.	2 or 3 times	10	2.10%
D.	4 or 5 times	2	0.42%
E.	6 or more times	4	0.84%
TOTALS		477	100.00%

Q-18. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)			
A.	I did not date or go out with anyone during the past 12 months	212	44.54%
B.	0 times	241	50.63%
C.	1 time	11	2.31%
D.	2 or 3 times	9	1.89%
E.	4 or 5 times	0	0.00%
F.	6 or more times	3	0.63%
TOTALS		476	100.00%

Q-19. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)			
A.	I did not date or go out with anyone during the past 12 months	217	45.40%
B.	0 times	242	50.63%
C.	1 time	11	2.30%
D.	2 or 3 times	6	1.26%
E.	4 or 5 times	2	0.42%
F.	6 or more times	0	0.00%
TOTALS		478	100.00%

Q-20. During the past 12 months, have you ever been bullied on school property?			
A.	Yes	186	39.41%
B.	No	286	60.59%
TOTALS		472	100.00%

Q-21. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)			
A.	Yes	115	24.11%
B.	No	362	75.89%
TOTALS		477	100.00%

Q-22. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?			
A.	Yes	110	23.06%
B.	No	367	76.94%
TOTALS		477	100.00%

Q-23. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?			
A.	Yes	173	36.58%
B.	No	300	63.42%
TOTALS		473	100.00%
Q-24. During the past 12 months, did you ever seriously consider attempting suicide?			
A.	Yes	111	23.37%
B.	No	364	76.63%
TOTALS		475	100.00%
Q-25. During the past 12 months, did you make a plan about how you would attempt suicide?			
A.	Yes	97	20.38%
B.	No	379	79.62%
TOTALS		476	100.00%
Q-26. During the past 12 months, how many times did you actually attempt suicide?			
A.	0 times	385	81.40%
B.	1 time	57	12.05%
C.	2 or 3 times	19	4.02%
D.	4 or 5 times	8	1.69%
E.	6 or more times	4	0.85%
TOTALS		473	100.00%
Q-27. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?			
A.	I did not attempt suicide during the past 12 months	349	73.32%
B.	Yes	36	7.56%
C.	No	91	19.12%
TOTALS		476	100.00%
Q-28. Have you ever tried cigarette smoking, even one or two puffs?			
A.	Yes	172	36.36%
B.	No	301	63.64%
TOTALS		473	100.00%
Q-29. How old were you when you first tried cigarette smoking, even one or two puffs?			
A.	I have never tried cigarette smoking, not even one or two puffs	302	63.85%
B.	8 years old or younger	27	5.71%
C.	9 or 10 years old	39	8.25%
D.	11 or 12 years old	66	13.95%
E.	13 or 14 years old	39	8.25%
F.	15 or 16 years old	0	0.00%
G.	17 years old or older	0	0.00%
TOTALS		473	100.00%

Q-30. During the past 30 days, on how many days did you smoke cigarettes?			
A.	0 days	419	87.66%
B.	1 or 2 days	31	6.49%
C.	3 to 5 days	11	2.30%
D.	6 to 9 days	8	1.67%
E.	10 to 19 days	3	0.63%
F.	20 to 29 days	0	0.00%
G.	All 30 days	6	1.26%
TOTALS		478	100.00%
Q-31. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?			
A.	I did not smoke cigarettes during the past 30 days	416	87.39%
B.	Less than 1 cigarette per day	28	5.88%
C.	1 cigarette per day	15	3.15%
D.	2 to 5 cigarettes per day	12	2.52%
E.	6 to 10 cigarettes per day	1	0.21%
F.	11 to 20 cigarettes per day	1	0.21%
G.	More than 20 cigarettes per day	3	0.63%
TOTALS		476	100.00%
Q-32. Have you ever used an electronic vapor product?			
A.	Yes	159	33.76%
B.	No	312	66.24%
TOTALS		471	100.00%
Q-33. During the past 30 days, on how many days did you use an electronic vapor product?			
A.	0 days	385	80.88%
B.	1 or 2 days	45	9.45%
C.	3 to 5 days	22	4.62%
D.	6 to 9 days	7	1.47%
E.	10 to 19 days	6	1.26%
F.	20 to 29 days	2	0.42%
G.	All 30 days	9	1.89%
TOTALS		476	100.00%
Q-34. During the past 30 days, on how many days did you use an electronic vapor product on school property?			
A.	0 days	445	93.68%
B.	1 or 2 days	22	4.63%
C.	3 to 5 days	2	0.42%
D.	6 to 9 days	3	0.63%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	0	0.00%
G.	All 30 days	3	0.63%
TOTALS		475	100.00%

Q-35. During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)			
A.	I did not use any electronic vapor products during the past 30 days	375	80.30%
B.	I bought them in a store such as a convenience store, supermarket, discount store, gas station, or vape store	9	1.93%
C.	I got them on the Internet	4	0.86%
D.	I gave someone else money to buy them for me	10	2.14%
E.	I borrowed them from someone else	34	7.28%
F.	A person who can legally buy these products gave them to me	10	2.14%
G.	I took them from a store or another person	3	0.64%
H.	I got them some other way	22	4.71%
TOTALS		467	100.00%

Q-36. What is the main reason you have used electronic vapor products? (Select only one response.)			
A.	I have never used an electronic vapor product	337	71.25%
B.	Friend or family member used them	34	7.19%
C.	To try to quit using other tobacco products	7	1.48%
D.	They cost less than other tobacco products	0	0.00%
E.	They are easier to get than other tobacco products	3	0.63%
F.	They are less harmful than other forms of tobacco	8	1.69%
G.	They are available in flavors, such as mint, candy, fruit, or chocolate	34	7.19%
H.	I used them for some other reason	50	10.57%
TOTALS		473	100.00%

Q-37. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)			
A.	0 days	432	91.53%
B.	1 or 2 days	24	5.08%
C.	3 to 5 days	4	0.85%
D.	6 to 9 days	3	0.64%
E.	10 to 19 days	2	0.42%
F.	20 to 29 days	0	0.00%
G.	All 30 days	7	1.48%
TOTALS		472	100.00%

Q-38. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?			
A.	0 days	441	93.23%
B.	1 or 2 days	20	4.23%
C.	3 to 5 days	4	0.85%
D.	6 to 9 days	2	0.42%
E.	10 to 19 days	4	0.85%
F.	20 to 29 days	0	0.00%
G.	All 30 days	2	0.42%
TOTALS		473	100.00%

Q-39. During the past 12 months, did you ever try to quit using all tobacco products, including cigarettes, cigars, smokeless tobacco, shisha or hookah tobacco, and electronic vapor products?		
A.	I did not use any tobacco products during the past 12 months	369 78.34%
B.	Yes	58 12.31%
C.	No	44 9.34%
TOTALS		471 100.00%
Q-40. How old were you when you had your first drink of alcohol other than a few sips?		
A.	I have never had a drink of alcohol other than a few sips	288 61.02%
B.	8 years old or younger	40 8.47%
C.	9 or 10 years old	25 5.30%
D.	11 or 12 years old	63 13.35%
E.	13 or 14 years old	54 11.44%
F.	15 or 16 years old	1 0.21%
G.	17 years old or older	1 0.21%
TOTALS		472 100.00%
Q-41. During the past 30 days, on how many days did you have at least one drink of alcohol?		
A.	0 days	380 80.51%
B.	1 or 2 days	59 12.50%
C.	3 to 5 days	16 3.39%
D.	6 to 9 days	7 1.48%
E.	10 to 19 days	3 0.64%
F.	20 to 29 days	3 0.64%
G.	All 30 days	4 0.85%
TOTALS		472 100.00%
Q-42. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?		
A.	0 days	419 88.40%
B.	1 day	27 5.70%
C.	2 days	11 2.32%
D.	3 to 5 days	8 1.69%
E.	6 to 9 days	2 0.42%
F.	10 to 19 days	4 0.84%
G.	20 or more days	3 0.63%
TOTALS		474 100.00%

Q-43. During the past 30 days, how did you usually get the alcohol you drank?			
A.	I did not drink alcohol during the past 30 days	381	80.89%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	4	0.85%
C.	I bought it at a restaurant, bar, or club	2	0.42%
D.	I bought it at a public event such as a concert or sporting event	1	0.21%
E.	I gave someone else money to buy it for me	18	3.82%
F.	Someone gave it to me	32	6.79%
G.	I took it from a store or family member	14	2.97%
H.	I got it some other way	19	4.03%
TOTALS		471	100.00%

Q-44. During your life, how many times have you used marijuana?			
A.	0 times	297	63.46%
B.	1 or 2 times	34	7.26%
C.	3 to 9 times	33	7.05%
D.	10 to 19 times	17	3.63%
E.	20 to 39 times	19	4.06%
F.	40 to 99 times	23	4.91%
G.	100 or more times	45	9.62%
TOTALS		468	100.00%

Q-45. How old were you when you tried marijuana for the first time?			
A.	I have never tried marijuana	303	63.66%
B.	8 years old or younger	22	4.62%
C.	9 or 10 years old	30	6.30%
D.	11 or 12 years old	83	17.44%
E.	13 or 14 years old	38	7.98%
F.	15 or 16 years old	0	0.00%
G.	17 years old or older	0	0.00%
TOTALS		476	100.00%

Q-46. During the past 30 days, how many times did you use marijuana?			
A.	0 times	358	75.69%
B.	1 or 2 times	39	8.25%
C.	3 to 9 times	30	6.34%
D.	10 to 19 times	14	2.96%
E.	20 to 39 times	9	1.90%
F.	40 or more times	23	4.86%
TOTALS		473	100.00%

Q-47. During your life, how many times have you used synthetic marijuana?			
A.	0 times	423	89.43%
B.	1 or 2 times	24	5.07%
C.	3 to 9 times	8	1.69%
D.	10 to 19 times	4	0.85%
E.	20 to 39 times	3	0.63%
F.	40 or more times	11	2.33%
TOTALS		473	100.00%
Q-48. During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?			
A.	0 times	408	86.26%
B.	1 or 2 times	30	6.34%
C.	3 to 9 times	17	3.59%
D.	10 to 19 times	7	1.48%
E.	20 to 39 times	4	0.85%
F.	40 or more times	7	1.48%
TOTALS		473	100.00%
Q-49. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?			
A.	0 times	464	97.89%
B.	1 or 2 times	5	1.05%
C.	3 to 9 times	2	0.42%
D.	10 to 19 times	1	0.21%
E.	20 to 39 times	0	0.00%
F.	40 or more times	2	0.42%
TOTALS		474	100.00%
Q-50. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?			
A.	0 times	409	87.02%
B.	1 or 2 times	35	7.45%
C.	3 to 9 times	19	4.04%
D.	10 to 19 times	4	0.85%
E.	20 to 39 times	1	0.21%
F.	40 or more times	2	0.43%
TOTALS		470	100.00%
Q-51. During your life, how many times have you used heroin (also called smack, junk, or China White)?			
A.	0 times	468	98.73%
B.	1 or 2 times	3	0.63%
C.	3 to 9 times	1	0.21%
D.	10 to 19 times	2	0.42%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
TOTALS		474	100.00%

Q-52. During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?			
A.	0 times	463	97.68%
B.	1 or 2 times	5	1.05%
C.	3 to 9 times	4	0.84%
D.	10 to 19 times	1	0.21%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.21%
TOTALS		474	100.00%
Q-53. During your life, how many times have you used ecstasy (also called MDMA)?			
A.	0 times	449	98.03%
B.	1 or 2 times	6	1.31%
C.	3 to 9 times	2	0.44%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	1	0.22%
F.	40 or more times	0	0.00%
TOTALS		458	100.00%
Q-54. During your life, how many times have you taken steroid pills or shots without a doctor's prescription?			
A.	0 times	464	98.10%
B.	1 or 2 times	8	1.69%
C.	3 to 9 times	0	0.00%
D.	10 to 19 times	1	0.21%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
TOTALS		473	100.00%
Q-55. During your life, how many times have you used a needle to inject any illegal drug into your body?			
A.	0 times	456	96.41%
B.	1 time	12	2.54%
C.	2 or more times	5	1.06%
TOTALS		473	100.00%
Q-56. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?			
A.	Yes	99	21.06%
B.	No	371	78.94%
TOTALS		470	100.00%
Q-57. Have you ever had sexual intercourse?			
A.	Yes	76	16.17%
B.	No	394	83.83%
TOTALS		470	100.00%

Q-58. How old were you when you had sexual intercourse for the first time?			
A.	I have never had sexual intercourse	406	85.84%
B.	11 years old or younger	20	4.23%
C.	12 years old	13	2.75%
D.	13 years old	22	4.65%
E.	14 years old	12	2.54%
F.	15 years old	0	0.00%
G.	16 years old	0	0.00%
H.	17 years old or older	0	0.00%
TOTALS		473	100.00%

Q-59. During your life, with how many people have you had sexual intercourse?			
A.	I have never had sexual intercourse	412	87.29%
B.	1 person	24	5.08%
C.	2 people	15	3.18%
D.	3 people	11	2.33%
E.	4 people	3	0.64%
F.	5 people	2	0.42%
G.	6 or more people	5	1.06%
TOTALS		472	100.00%

Q-60. During the past 3 months, with how many people did you have sexual intercourse?			
A.	I have never had sexual intercourse	413	88.06%
B.	I have had sexual intercourse, but not during the past 3 months	22	4.69%
C.	1 person	21	4.48%
D.	2 people	8	1.71%
E.	3 people	0	0.00%
F.	4 people	1	0.21%
G.	5 people	1	0.21%
H.	6 or more people	3	0.64%
TOTALS		469	100.00%

Q-61. Did you drink alcohol or use drugs before you had sexual intercourse the last time?			
A.	I have never had sexual intercourse	396	84.26%
B.	Yes	25	5.32%
C.	No	49	10.43%
TOTALS		470	100.00%

Q-62. The last time you had sexual intercourse, did you or your partner use a condom?			
A.	I have never had sexual intercourse	396	85.16%
B.	Yes	35	7.53%
C.	No	34	7.31%
TOTALS		465	100.00%

Q-63. How do you describe your weight?			
A.	Very underweight	18	3.85%
B.	Slightly underweight	55	11.78%
C.	About the right weight	244	52.25%
D.	Slightly overweight	133	28.48%
E.	Very overweight	17	3.64%
TOTALS		467	100.00%

Q-64. Which of the following are you trying to do about your weight?			
A.	Lose weight	229	49.25%
B.	Gain weight	43	9.25%
C.	Stay the same weight	89	19.14%
D.	I am not trying to do anything about my weight	104	22.37%
TOTALS		465	100.00%

Q-65. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)			
A.	I did not drink 100% fruit juice during the past 7 days	110	23.97%
B.	1 to 3 times during the past 7 days	170	37.04%
C.	4 to 6 times during the past 7 days	77	16.78%
D.	1 time per day	31	6.75%
E.	2 times per day	32	6.97%
F.	3 times per day	18	3.92%
G.	4 or more times per day	21	4.58%
TOTALS		459	100.00%

Q-66. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)			
A.	I did not eat fruit during the past 7 days	52	11.11%
B.	1 to 3 times during the past 7 days	169	36.11%
C.	4 to 6 times during the past 7 days	100	21.37%
D.	1 time per day	35	7.48%
E.	2 times per day	60	12.82%
F.	3 times per day	27	5.77%
G.	4 or more times per day	25	5.34%
TOTALS		468	100.00%

Q-67. During the past 7 days, how many times did you eat green salad?			
A.	I did not eat green salad during the past 7 days	177	37.82%
B.	1 to 3 times during the past 7 days	177	37.82%
C.	4 to 6 times during the past 7 days	55	11.75%
D.	1 time per day	34	7.26%
E.	2 times per day	9	1.92%
F.	3 times per day	6	1.28%
G.	4 or more times per day	10	2.14%
TOTALS		468	100.00%

Q-68. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)			
A.	I did not eat potatoes during the past 7 days	180	38.46%
B.	1 to 3 times during the past 7 days	223	47.65%
C.	4 to 6 times during the past 7 days	35	7.48%
D.	1 time per day	16	3.42%
E.	2 times per day	7	1.50%
F.	3 times per day	2	0.43%
G.	4 or more times per day	5	1.07%
TOTALS		468	100.00%

Q-69. During the past 7 days, how many times did you eat carrots?			
A.	I did not eat carrots during the past 7 days	236	50.54%
B.	1 to 3 times during the past 7 days	151	32.33%
C.	4 to 6 times during the past 7 days	39	8.35%
D.	1 time per day	17	3.64%
E.	2 times per day	10	2.14%
F.	3 times per day	7	1.50%
G.	4 or more times per day	6	1.28%
TOTALS		467	100.00%

Q-70. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)			
A.	I did not eat other vegetables during the past 7 days	110	23.81%
B.	1 to 3 times during the past 7 days	189	40.91%
C.	4 to 6 times during the past 7 days	75	16.23%
D.	1 time per day	40	8.66%
E.	2 times per day	22	4.76%
F.	3 times per day	10	2.16%
G.	4 or more times per day	16	3.46%
TOTALS		462	100.00%

Q-71. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)			
A.	I did not drink soda or pop during the past 7 days	89	19.60%
B.	1 to 3 times during the past 7 days	205	45.15%
C.	4 to 6 times during the past 7 days	78	17.18%
D.	1 time per day	32	7.05%
E.	2 times per day	26	5.73%
F.	3 times per day	11	2.42%
G.	4 or more times per day	13	2.86%
TOTALS		454	100.00%

Q-72. During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

A.	I did not drink milk during the past 7 days	77	16.56%
B.	1 to 3 glasses during the past 7 days	123	26.45%
C.	4 to 6 glasses during the past 7 days	95	20.43%
D.	1 glass per day	57	12.26%
E.	2 glasses per day	58	12.47%
F.	3 glasses per day	26	5.59%
G.	4 or more glasses per day	29	6.24%
TOTALS		465	100.00%

Q-73. During the past 7 days, how many times did you drink a can, bottle, or glass of an energy drink, such as Red Bull or Jolt? (Do not count diet or sports drinks such as Gatorade or PowerAde.)

A.	I did not drink energy drinks during the past 7 days	351	75.48%
B.	1 to 3 times during the past 7 days	80	17.20%
C.	4 to 6 times during the past 7 days	14	3.01%
D.	1 time per day	6	1.29%
E.	2 times per day	9	1.94%
F.	3 times per day	2	0.43%
G.	4 or more times per day	3	0.65%
TOTALS		465	100.00%

Q-74. During the past 7 days, on how many days did you eat breakfast?

A.	0 days	47	10.09%
B.	1 day	38	8.15%
C.	2 days	36	7.73%
D.	3 days	54	11.59%
E.	4 days	60	12.88%
F.	5 days	55	11.80%
G.	6 days	35	7.51%
H.	7 days	141	30.26%
TOTALS		466	100.00%

Q-75. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	52	11.21%
B.	1 day	30	6.47%
C.	2 days	50	10.78%
D.	3 days	46	9.91%
E.	4 days	64	13.79%
F.	5 days	67	14.44%
G.	6 days	36	7.76%
H.	7 days	119	25.65%
TOTALS		464	100.00%

CAUTION! Please use this information carefully. Depending on sample size and procedures, the information contained in this report may or may not be representative of the entire student enrollment for the school.

Q-76. On an average school day, how many hours do you watch TV?			
A.	I do not watch TV on an average school day	110	23.66%
B.	Less than 1 hour per day	117	25.16%
C.	1 hour per day	65	13.98%
D.	2 hours per day	73	15.70%
E.	3 hours per day	48	10.32%
F.	4 hours per day	15	3.23%
G.	5 or more hours per day	37	7.96%
TOTALS		465	100.00%

Q-77. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent playing games, watching videos, texting, or using social media on your smartphone, computer, Xbox, PlayStation, iPad, or other tablet.)			
A.	I do not play video or computer games or use a computer for something that is not school work	60	12.96%
B.	Less than 1 hour per day	64	13.82%
C.	1 hour per day	61	13.17%
D.	2 hours per day	60	12.96%
E.	3 hours per day	65	14.04%
F.	4 hours per day	43	9.29%
G.	5 or more hours per day	110	23.76%
TOTALS		463	100.00%

Q-78. In an average week when you are in school, on how many days do you go to physical education (PE) classes?			
A.	0 days	132	28.70%
B.	1 day	14	3.04%
C.	2 days	41	8.91%
D.	3 days	32	6.96%
E.	4 days	68	14.78%
F.	5 days	173	37.61%
TOTALS		460	100.00%

Q-79. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)			
A.	0 teams	126	27.27%
B.	1 team	111	24.03%
C.	2 teams	102	22.08%
D.	3 or more teams	123	26.62%
TOTALS		462	100.00%

Q-80. During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?			
A.	0 times	364	78.96%
B.	1 time	57	12.36%
C.	2 times	19	4.12%
D.	3 times	5	1.08%
E.	4 or more times	16	3.47%
TOTALS		461	100.00%

Q-81. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?			
A.	During the past 12 months	321	69.63%
B.	Between 12 and 24 months ago	48	10.41%
C.	More than 24 months ago	12	2.60%
D.	Never	9	1.95%
E.	Not sure	71	15.40%
TOTALS		461	100.00%
Q-82. Has a doctor or nurse ever told you that you have asthma?			
A.	Yes	77	16.67%
B.	No	332	71.86%
C.	Not sure	53	11.47%
TOTALS		462	100.00%
Q-83. On an average school night, how many hours of sleep do you get?			
A.	4 or less hours	50	10.96%
B.	5 hours	32	7.02%
C.	6 hours	75	16.45%
D.	7 hours	99	21.71%
E.	8 hours	122	26.75%
F.	9 hours	61	13.38%
G.	10 or more hours	17	3.73%
TOTALS		456	100.00%
Q-84. During the past 30 days, where did you usually sleep?			
A.	In my parent's or guardian's home	441	95.25%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	11	2.38%
C.	In a shelter or emergency housing	2	0.43%
D.	In a motel or hotel	1	0.22%
E.	In a car, park, campground, or other public place	1	0.22%
F.	I do not have a usual place to sleep	3	0.65%
G.	Somewhere else	4	0.86%
TOTALS		463	100.00%
Q-85. During the past 12 months, how would you describe your grades in school?			
A.	Mostly A's	168	37.09%
B.	Mostly B's	144	31.79%
C.	Mostly C's	65	14.35%
D.	Mostly D's	10	2.21%
E.	Mostly F's	12	2.65%
F.	None of these grades	3	0.66%
G.	Not sure	51	11.26%
TOTALS		453	100.00%

Q-86. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)			
A.	0 times	440	96.07%
B.	1 or 2 times	9	1.97%
C.	3 to 9 times	6	1.31%
D.	10 to 19 times	2	0.44%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.22%
TOTALS		458	100.00%
Q-87. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?			
A.	Yes	113	24.89%
B.	No	341	75.11%
TOTALS		454	100.00%