

2019 CENTRAL REGION YOUTH RISK BEHAVIOR SURVEY

MIDDLE SCHOOL FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 149 middle school students in Central Region during February of 2019. Frequency distributions may not total 149 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	10 years old or younger	0	0.00%
B.	11 years old	0	0.00%
C.	12 years old	33	22.15%
D.	13 years old	68	45.64%
E.	14 years old	47	31.54%
F.	15 years old	1	0.67%
G.	16 years old or older	0	0.00%
	TOTALS	149	100.00%
Q-2. What is your sex?			
A.	Female	71	48.63%
B.	Male	75	51.37%
	TOTALS	146	100.00%
Q-3. In what grade are you?			
A.	7th grade	77	52.38%
B.	8th grade	70	47.62%
	TOTALS	147	100.00%
Q-4. Are you Hispanic or Latino?			
A.	Yes	14	9.72%
B.	No	130	90.28%
	TOTALS	144	100.00%
Q-5. What is your race?			
A.	American Indian or Alaskan Native	16	9.88%
B.	Asian	6	3.70%
C.	Black or African American	2	1.23%
D.	Native Hawaiian or Other Pacific Islander	5	3.09%
E.	White	133	82.10%
	TOTALS	162	100.00%
Q-6. How often do you wear a seat belt when riding in a car driven by someone else?			
A.	Never	0	0.00%
B.	Rarely	5	3.38%
C.	Sometimes	30	20.27%
D.	Most of the time	61	41.22%
E.	Always	52	35.14%
	TOTALS	148	100.00%

Q-7. How often do you wear a seat belt when driving a car?			
A.	I do not drive a car	117	79.05%
B.	Never	2	1.35%
C.	Rarely	3	2.03%
D.	Sometimes	6	4.05%
E.	Most of the time	8	5.41%
F.	Always	12	8.11%
TOTALS		148	100.00%

Q-8. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?			
A.	0 times	121	81.76%
B.	1 time	13	8.78%
C.	2 or 3 times	3	2.03%
D.	4 or 5 times	2	1.35%
E.	6 or more times	9	6.08%
TOTALS		148	100.00%

Q-9. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?			
A.	0 days	106	71.14%
B.	1 day	10	6.71%
C.	2 or 3 days	14	9.40%
D.	4 or 5 days	4	2.68%
E.	6 or more days	15	10.07%
TOTALS		149	100.00%

Q-10. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?			
A.	0 days	144	96.64%
B.	1 day	1	0.67%
C.	2 or 3 days	4	2.68%
D.	4 or 5 days	0	0.00%
E.	6 or more days	0	0.00%
TOTALS		149	100.00%

Q-11. During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)			
A.	0 days	132	88.59%
B.	1 day	6	4.03%
C.	2 or 3 days	5	3.36%
D.	4 or 5 days	1	0.67%
E.	6 or more days	5	3.36%
TOTALS		149	100.00%

Q-12. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

A.	0 days	141	94.63%
B.	1 day	4	2.68%
C.	2 or 3 days	4	2.68%
D.	4 or 5 days	0	0.00%
E.	6 or more days	0	0.00%
TOTALS		149	100.00%

Q-13. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

A.	0 times	132	89.19%
B.	1 time	8	5.41%
C.	2 or 3 times	2	1.35%
D.	4 or 5 times	4	2.70%
E.	6 or 7 times	1	0.68%
F.	8 or 9 times	0	0.00%
G.	10 or 11 times	0	0.00%
H.	12 or more times	1	0.68%
TOTALS		148	100.00%

Q-14. During the past 12 months, how many times were you in a physical fight?

A.	0 times	106	71.14%
B.	1 time	17	11.41%
C.	2 or 3 times	18	12.08%
D.	4 or 5 times	1	0.67%
E.	6 or 7 times	2	1.34%
F.	8 or 9 times	1	0.67%
G.	10 or 11 times	1	0.67%
H.	12 or more times	3	2.01%
TOTALS		149	100.00%

Q-15. During the past 12 months, how many times were you in a physical fight on school property?

A.	0 times	131	87.92%
B.	1 time	15	10.07%
C.	2 or 3 times	1	0.67%
D.	4 or 5 times	1	0.67%
E.	6 or 7 times	0	0.00%
F.	8 or 9 times	0	0.00%
G.	10 or 11 times	0	0.00%
H.	12 or more times	1	0.67%
TOTALS		149	100.00%

Q-16. Have you ever been physically forced to have sexual intercourse when you did not want to?			
A.	Yes	11	7.38%
B.	No	138	92.62%
TOTALS		149	100.00%
Q-17. During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)			
A.	0 times	142	95.30%
B.	1 time	5	3.36%
C.	2 or 3 times	1	0.67%
D.	4 or 5 times	0	0.00%
E.	6 or more times	1	0.67%
TOTALS		149	100.00%
Q-18. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)			
A.	I did not date or go out with anyone during the past 12 months	96	64.43%
B.	0 times	51	34.23%
C.	1 time	1	0.67%
D.	2 or 3 times	1	0.67%
E.	4 or 5 times	0	0.00%
F.	6 or more times	0	0.00%
TOTALS		149	100.00%
Q-19. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)			
A.	I did not date or go out with anyone during the past 12 months	96	64.43%
B.	0 times	52	34.90%
C.	1 time	0	0.00%
D.	2 or 3 times	0	0.00%
E.	4 or 5 times	0	0.00%
F.	6 or more times	1	0.67%
TOTALS		149	100.00%
Q-20. During the past 12 months, have you ever been bullied on school property?			
A.	Yes	54	36.73%
B.	No	93	63.27%
TOTALS		147	100.00%
Q-21. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)			
A.	Yes	28	18.92%
B.	No	120	81.08%
TOTALS		148	100.00%
Q-22. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?			
A.	Yes	27	18.24%
B.	No	121	81.76%
TOTALS		148	100.00%

Q-23. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?			
A.	Yes	34	23.45%
B.	No	111	76.55%
TOTALS		145	100.00%
Q-24. During the past 12 months, did you ever seriously consider attempting suicide?			
A.	Yes	26	17.45%
B.	No	123	82.55%
TOTALS		149	100.00%
Q-25. During the past 12 months, did you make a plan about how you would attempt suicide?			
A.	Yes	26	17.45%
B.	No	123	82.55%
TOTALS		149	100.00%
Q-26. During the past 12 months, how many times did you actually attempt suicide?			
A.	0 times	130	87.84%
B.	1 time	13	8.78%
C.	2 or 3 times	3	2.03%
D.	4 or 5 times	1	0.68%
E.	6 or more times	1	0.68%
TOTALS		148	100.00%
Q-27. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?			
A.	I did not attempt suicide during the past 12 months	128	85.91%
B.	Yes	6	4.03%
C.	No	15	10.07%
TOTALS		149	100.00%
Q-28. Have you ever tried cigarette smoking, even one or two puffs?			
A.	Yes	25	16.89%
B.	No	123	83.11%
TOTALS		148	100.00%
Q-29. How old were you when you first tried cigarette smoking, even one or two puffs?			
A.	I have never tried cigarette smoking, not even one or two puffs	129	86.58%
B.	8 years old or younger	5	3.36%
C.	9 or 10 years old	7	4.70%
D.	11 or 12 years old	6	4.03%
E.	13 or 14 years old	2	1.34%
F.	15 or 16 years old	0	0.00%
G.	17 years old or older	0	0.00%
TOTALS		149	100.00%

Q-30. During the past 30 days, on how many days did you smoke cigarettes?			
A.	0 days	147	98.66%
B.	1 or 2 days	1	0.67%
C.	3 to 5 days	0	0.00%
D.	6 to 9 days	1	0.67%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	0	0.00%
G.	All 30 days	0	0.00%
TOTALS		149	100.00%
Q-31. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?			
A.	I did not smoke cigarettes during the past 30 days	144	96.64%
B.	Less than 1 cigarette per day	4	2.68%
C.	1 cigarette per day	0	0.00%
D.	2 to 5 cigarettes per day	1	0.67%
E.	6 to 10 cigarettes per day	0	0.00%
F.	11 to 20 cigarettes per day	0	0.00%
G.	More than 20 cigarettes per day	0	0.00%
TOTALS		149	100.00%
Q-32. Have you ever used an electronic vapor product?			
A.	Yes	21	14.19%
B.	No	127	85.81%
TOTALS		148	100.00%
Q-33. During the past 30 days, on how many days did you use an electronic vapor product?			
A.	0 days	142	95.30%
B.	1 or 2 days	3	2.01%
C.	3 to 5 days	1	0.67%
D.	6 to 9 days	1	0.67%
E.	10 to 19 days	2	1.34%
F.	20 to 29 days	0	0.00%
G.	All 30 days	0	0.00%
TOTALS		149	100.00%
Q-34. During the past 30 days, on how many days did you use an electronic vapor product on school property?			
A.	0 days	148	100.00%
B.	1 or 2 days	0	0.00%
C.	3 to 5 days	0	0.00%
D.	6 to 9 days	0	0.00%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	0	0.00%
G.	All 30 days	0	0.00%
TOTALS		148	100.00%

Q-35. During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)			
A.	I did not use any electronic vapor products during the past 30 days	140	95.24%
B.	I bought them in a store such as a convenience store, supermarket, discount store, gas station, or vape store	0	0.00%
C.	I got them on the Internet	0	0.00%
D.	I gave someone else money to buy them for me	2	1.36%
E.	I borrowed them from someone else	4	2.72%
F.	A person who can legally buy these products gave them to me	0	0.00%
G.	I took them from a store or another person	0	0.00%
H.	I got them some other way	1	0.68%
	TOTALS	147	100.00%
Q-36. What is the main reason you have used electronic vapor products? (Select only one response.)			
A.	I have never used an electronic vapor product	134	89.93%
B.	Friend or family member used them	3	2.01%
C.	To try to quit using other tobacco products	1	0.67%
D.	They cost less than other tobacco products	0	0.00%
E.	They are easier to get than other tobacco products	1	0.67%
F.	They are less harmful than other forms of tobacco	0	0.00%
G.	They are available in flavors, such as mint, candy, fruit, or chocolate	1	0.67%
H.	I used them for some other reason	9	6.04%
	TOTALS	149	100.00%
Q-37. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)			
A.	0 days	145	97.32%
B.	1 or 2 days	1	0.67%
C.	3 to 5 days	3	2.01%
D.	6 to 9 days	0	0.00%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	0	0.00%
G.	All 30 days	0	0.00%
	TOTALS	149	100.00%
Q-38. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?			
A.	0 days	146	98.65%
B.	1 or 2 days	2	1.35%
C.	3 to 5 days	0	0.00%
D.	6 to 9 days	0	0.00%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	0	0.00%
G.	All 30 days	0	0.00%
	TOTALS	148	100.00%

Q-39. During the past 12 months, did you ever try to quit using all tobacco products, including cigarettes, cigars, smokeless tobacco, shisha or hookah tobacco, and electronic vapor products?			
A.	I did not use any tobacco products during the past 12 months	139	93.92%
B.	Yes	4	2.70%
C.	No	5	3.38%
TOTALS		148	100.00%
Q-40. How old were you when you had your first drink of alcohol other than a few sips?			
A.	I have never had a drink of alcohol other than a few sips	112	75.68%
B.	8 years old or younger	16	10.81%
C.	9 or 10 years old	9	6.08%
D.	11 or 12 years old	5	3.38%
E.	13 or 14 years old	6	4.05%
F.	15 or 16 years old	0	0.00%
G.	17 years old or older	0	0.00%
TOTALS		148	100.00%
Q-41. During the past 30 days, on how many days did you have at least one drink of alcohol?			
A.	0 days	132	89.80%
B.	1 or 2 days	12	8.16%
C.	3 to 5 days	2	1.36%
D.	6 to 9 days	1	0.68%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	0	0.00%
G.	All 30 days	0	0.00%
TOTALS		147	100.00%
Q-42. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?			
A.	0 days	148	99.33%
B.	1 day	1	0.67%
C.	2 days	0	0.00%
D.	3 to 5 days	0	0.00%
E.	6 to 9 days	0	0.00%
F.	10 to 19 days	0	0.00%
G.	20 or more days	0	0.00%
TOTALS		149	100.00%

Q-43. During the past 30 days, how did you usually get the alcohol you drank?			
A.	I did not drink alcohol during the past 30 days	137	91.95%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	0	0.00%
C.	I bought it at a restaurant, bar, or club	0	0.00%
D.	I bought it at a public event such as a concert or sporting event	0	0.00%
E.	I gave someone else money to buy it for me	0	0.00%
F.	Someone gave it to me	7	4.70%
G.	I took it from a store or family member	5	3.36%
H.	I got it some other way	0	0.00%
TOTALS		149	100.00%
Q-44. During your life, how many times have you used marijuana?			
A.	0 times	144	97.30%
B.	1 or 2 times	2	1.35%
C.	3 to 9 times	1	0.68%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 to 99 times	1	0.68%
G.	100 or more times	0	0.00%
TOTALS		148	100.00%
Q-45. How old were you when you tried marijuana for the first time?			
A.	I have never tried marijuana	145	97.32%
B.	8 years old or younger	0	0.00%
C.	9 or 10 years old	0	0.00%
D.	11 or 12 years old	1	0.67%
E.	13 or 14 years old	3	2.01%
F.	15 or 16 years old	0	0.00%
G.	17 years old or older	0	0.00%
TOTALS		149	100.00%
Q-46. During the past 30 days, how many times did you use marijuana?			
A.	0 times	146	98.65%
B.	1 or 2 times	1	0.68%
C.	3 to 9 times	0	0.00%
D.	10 to 19 times	1	0.68%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
TOTALS		148	100.00%

Q-47. During your life, how many times have you used synthetic marijuana?			
A.	0 times	148	99.33%
B.	1 or 2 times	1	0.67%
C.	3 to 9 times	0	0.00%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
TOTALS		149	100.00%
Q-48. During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?			
A.	0 times	135	91.22%
B.	1 or 2 times	7	4.73%
C.	3 to 9 times	3	2.03%
D.	10 to 19 times	2	1.35%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.68%
TOTALS		148	100.00%
Q-49. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?			
A.	0 times	148	99.33%
B.	1 or 2 times	0	0.00%
C.	3 to 9 times	1	0.67%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
TOTALS		149	100.00%
Q-50. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?			
A.	0 times	136	91.28%
B.	1 or 2 times	9	6.04%
C.	3 to 9 times	3	2.01%
D.	10 to 19 times	1	0.67%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
TOTALS		149	100.00%
Q-51. During your life, how many times have you used heroin (also called smack, junk, or China White)?			
A.	0 times	149	100.00%
B.	1 or 2 times	0	0.00%
C.	3 to 9 times	0	0.00%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
TOTALS		149	100.00%

Q-52. During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?			
A.	0 times	148	100.00%
B.	1 or 2 times	0	0.00%
C.	3 to 9 times	0	0.00%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
TOTALS		148	100.00%
Q-53. During your life, how many times have you used ecstasy (also called MDMA)?			
A.	0 times	147	100.00%
B.	1 or 2 times	0	0.00%
C.	3 to 9 times	0	0.00%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
TOTALS		147	100.00%
Q-54. During your life, how many times have you taken steroid pills or shots without a doctor's prescription?			
A.	0 times	146	97.99%
B.	1 or 2 times	2	1.34%
C.	3 to 9 times	1	0.67%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
TOTALS		149	100.00%
Q-55. During your life, how many times have you used a needle to inject any illegal drug into your body?			
A.	0 times	149	100.00%
B.	1 time	0	0.00%
C.	2 or more times	0	0.00%
TOTALS		149	100.00%
Q-56. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?			
A.	Yes	15	10.07%
B.	No	134	89.93%
TOTALS		149	100.00%
Q-57. Have you ever had sexual intercourse?			
A.	Yes	22	14.77%
B.	No	127	85.23%
TOTALS		149	100.00%

Q-58. How old were you when you had sexual intercourse for the first time?			
A.	I have never had sexual intercourse	135	90.60%
B.	11 years old or younger	11	7.38%
C.	12 years old	2	1.34%
D.	13 years old	1	0.67%
E.	14 years old	0	0.00%
F.	15 years old	0	0.00%
G.	16 years old	0	0.00%
H.	17 years old or older	0	0.00%
TOTALS		149	100.00%

Q-59. During your life, with how many people have you had sexual intercourse?			
A.	I have never had sexual intercourse	136	91.89%
B.	1 person	7	4.73%
C.	2 people	3	2.03%
D.	3 people	1	0.68%
E.	4 people	1	0.68%
F.	5 people	0	0.00%
G.	6 or more people	0	0.00%
TOTALS		148	100.00%

Q-60. During the past 3 months, with how many people did you have sexual intercourse?			
A.	I have never had sexual intercourse	136	91.28%
B.	I have had sexual intercourse, but not during the past 3 months	8	5.37%
C.	1 person	2	1.34%
D.	2 people	3	2.01%
E.	3 people	0	0.00%
F.	4 people	0	0.00%
G.	5 people	0	0.00%
H.	6 or more people	0	0.00%
TOTALS		149	100.00%

Q-61. Did you drink alcohol or use drugs before you had sexual intercourse the last time?			
A.	I have never had sexual intercourse	133	89.26%
B.	Yes	3	2.01%
C.	No	13	8.72%
TOTALS		149	100.00%

Q-62. The last time you had sexual intercourse, did you or your partner use a condom?			
A.	I have never had sexual intercourse	134	90.54%
B.	Yes	6	4.05%
C.	No	8	5.41%
TOTALS		148	100.00%

Q-63. How do you describe your weight?			
A.	Very underweight	5	3.36%
B.	Slightly underweight	20	13.42%
C.	About the right weight	73	48.99%
D.	Slightly overweight	44	29.53%
E.	Very overweight	7	4.70%
TOTALS		149	100.00%

Q-64. Which of the following are you trying to do about your weight?			
A.	Lose weight	70	47.30%
B.	Gain weight	13	8.78%
C.	Stay the same weight	24	16.22%
D.	I am not trying to do anything about my weight	41	27.70%
TOTALS		148	100.00%

Q-65. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)			
A.	I did not drink 100% fruit juice during the past 7 days	46	31.72%
B.	1 to 3 times during the past 7 days	60	41.38%
C.	4 to 6 times during the past 7 days	24	16.55%
D.	1 time per day	7	4.83%
E.	2 times per day	3	2.07%
F.	3 times per day	2	1.38%
G.	4 or more times per day	3	2.07%
TOTALS		145	100.00%

Q-66. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)			
A.	I did not eat fruit during the past 7 days	14	9.46%
B.	1 to 3 times during the past 7 days	46	31.08%
C.	4 to 6 times during the past 7 days	42	28.38%
D.	1 time per day	21	14.19%
E.	2 times per day	15	10.14%
F.	3 times per day	5	3.38%
G.	4 or more times per day	5	3.38%
TOTALS		148	100.00%

Q-67. During the past 7 days, how many times did you eat green salad?			
A.	I did not eat green salad during the past 7 days	41	27.52%
B.	1 to 3 times during the past 7 days	53	35.57%
C.	4 to 6 times during the past 7 days	32	21.48%
D.	1 time per day	15	10.07%
E.	2 times per day	4	2.68%
F.	3 times per day	2	1.34%
G.	4 or more times per day	2	1.34%
TOTALS		149	100.00%

Q-68. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)			
A.	I did not eat potatoes during the past 7 days	50	33.78%
B.	1 to 3 times during the past 7 days	77	52.03%
C.	4 to 6 times during the past 7 days	12	8.11%
D.	1 time per day	6	4.05%
E.	2 times per day	1	0.68%
F.	3 times per day	0	0.00%
G.	4 or more times per day	2	1.35%
TOTALS		148	100.00%
Q-69. During the past 7 days, how many times did you eat carrots?			
A.	I did not eat carrots during the past 7 days	56	37.84%
B.	1 to 3 times during the past 7 days	58	39.19%
C.	4 to 6 times during the past 7 days	17	11.49%
D.	1 time per day	11	7.43%
E.	2 times per day	2	1.35%
F.	3 times per day	1	0.68%
G.	4 or more times per day	3	2.03%
TOTALS		148	100.00%
Q-70. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)			
A.	I did not eat other vegetables during the past 7 days	20	13.42%
B.	1 to 3 times during the past 7 days	57	38.26%
C.	4 to 6 times during the past 7 days	41	27.52%
D.	1 time per day	12	8.05%
E.	2 times per day	10	6.71%
F.	3 times per day	2	1.34%
G.	4 or more times per day	7	4.70%
TOTALS		149	100.00%
Q-71. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)			
A.	I did not drink soda or pop during the past 7 days	31	21.38%
B.	1 to 3 times during the past 7 days	81	55.86%
C.	4 to 6 times during the past 7 days	17	11.72%
D.	1 time per day	6	4.14%
E.	2 times per day	7	4.83%
F.	3 times per day	0	0.00%
G.	4 or more times per day	3	2.07%
TOTALS		145	100.00%

Q-72. During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

A.	I did not drink milk during the past 7 days	15	10.14%
B.	1 to 3 glasses during the past 7 days	26	17.57%
C.	4 to 6 glasses during the past 7 days	34	22.97%
D.	1 glass per day	21	14.19%
E.	2 glasses per day	27	18.24%
F.	3 glasses per day	13	8.78%
G.	4 or more glasses per day	12	8.11%
TOTALS		148	100.00%

Q-73. During the past 7 days, how many times did you drink a can, bottle, or glass of an energy drink, such as Red Bull or Jolt? (Do not count diet or sports drinks such as Gatorade or PowerAde.)

A.	I did not drink energy drinks during the past 7 days	122	83.56%
B.	1 to 3 times during the past 7 days	14	9.59%
C.	4 to 6 times during the past 7 days	3	2.05%
D.	1 time per day	3	2.05%
E.	2 times per day	2	1.37%
F.	3 times per day	1	0.68%
G.	4 or more times per day	1	0.68%
TOTALS		146	100.00%

Q-74. During the past 7 days, on how many days did you eat breakfast?

A.	0 days	12	8.16%
B.	1 day	12	8.16%
C.	2 days	7	4.76%
D.	3 days	11	7.48%
E.	4 days	12	8.16%
F.	5 days	11	7.48%
G.	6 days	10	6.80%
H.	7 days	72	48.98%
TOTALS		147	100.00%

Q-75. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	16	10.96%
B.	1 day	8	5.48%
C.	2 days	13	8.90%
D.	3 days	20	13.70%
E.	4 days	16	10.96%
F.	5 days	18	12.33%
G.	6 days	14	9.59%
H.	7 days	41	28.08%
TOTALS		146	100.00%

CAUTION! Please use this information carefully. Depending on sample size and procedures, the information contained in this report may or may not be representative of the entire student enrollment for the school.

Q-76. On an average school day, how many hours do you watch TV?			
A.	I do not watch TV on an average school day	22	15.28%
B.	Less than 1 hour per day	39	27.08%
C.	1 hour per day	29	20.14%
D.	2 hours per day	32	22.22%
E.	3 hours per day	12	8.33%
F.	4 hours per day	4	2.78%
G.	5 or more hours per day	6	4.17%
TOTALS		144	100.00%

Q-77. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent playing games, watching videos, texting, or using social media on your smartphone, computer, Xbox, PlayStation, iPad, or other tablet.)			
A.	I do not play video or computer games or use a computer for something that is not school work	21	14.48%
B.	Less than 1 hour per day	31	21.38%
C.	1 hour per day	23	15.86%
D.	2 hours per day	26	17.93%
E.	3 hours per day	18	12.41%
F.	4 hours per day	9	6.21%
G.	5 or more hours per day	17	11.72%
TOTALS		145	100.00%

Q-78. In an average week when you are in school, on how many days do you go to physical education (PE) classes?			
A.	0 days	11	7.69%
B.	1 day	3	2.10%
C.	2 days	50	34.97%
D.	3 days	62	43.36%
E.	4 days	0	0.00%
F.	5 days	17	11.89%
TOTALS		143	100.00%

Q-79. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)			
A.	0 teams	40	27.78%
B.	1 team	28	19.44%
C.	2 teams	37	25.69%
D.	3 or more teams	39	27.08%
TOTALS		144	100.00%

Q-80. During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?			
A.	0 times	125	85.03%
B.	1 time	11	7.48%
C.	2 times	3	2.04%
D.	3 times	2	1.36%
E.	4 or more times	6	4.08%
TOTALS		147	100.00%

Q-81. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?			
A.	During the past 12 months	111	76.03%
B.	Between 12 and 24 months ago	9	6.16%
C.	More than 24 months ago	7	4.79%
D.	Never	1	0.68%
E.	Not sure	18	12.33%
TOTALS		146	100.00%
Q-82. Has a doctor or nurse ever told you that you have asthma?			
A.	Yes	33	22.60%
B.	No	96	65.75%
C.	Not sure	17	11.64%
TOTALS		146	100.00%
Q-83. On an average school night, how many hours of sleep do you get?			
A.	4 or less hours	11	7.53%
B.	5 hours	10	6.85%
C.	6 hours	14	9.59%
D.	7 hours	32	21.92%
E.	8 hours	47	32.19%
F.	9 hours	21	14.38%
G.	10 or more hours	11	7.53%
TOTALS		146	100.00%
Q-84. During the past 30 days, where did you usually sleep?			
A.	In my parent's or guardian's home	140	95.89%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	2	1.37%
C.	In a shelter or emergency housing	0	0.00%
D.	In a motel or hotel	1	0.68%
E.	In a car, park, campground, or other public place	1	0.68%
F.	I do not have a usual place to sleep	0	0.00%
G.	Somewhere else	2	1.37%
TOTALS		146	100.00%
Q-85. During the past 12 months, how would you describe your grades in school?			
A.	Mostly A's	82	56.16%
B.	Mostly B's	36	24.66%
C.	Mostly C's	13	8.90%
D.	Mostly D's	6	4.11%
E.	Mostly F's	0	0.00%
F.	None of these grades	0	0.00%
G.	Not sure	9	6.16%
TOTALS		146	100.00%

Q-86. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)

A.	0 times	143	98.62%
B.	1 or 2 times	0	0.00%
C.	3 to 9 times	1	0.69%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.69%
TOTALS		145	100.00%

Q-87. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?

A.	Yes	31	21.38%
B.	No	114	78.62%
TOTALS		145	100.00%