

2019 MONTANA YOUTH RISK BEHAVIOR SURVEY

MIDDLE SCHOOL STUDENT FREQUENCY DISTRIBUTIONS FOR AMERICAN INDIAN STUDENTS IN URBAN SCHOOL

The following frequency distributions are based upon surveys with 801 middle school American Indian students in urban schools in Montana during February 2019. Frequency distributions may not total 801 due to nonresponses and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q -1 How old are you?			
A.	10 years old or younger	1	0.13%
B.	11 years old	2	0.25%
C.	12 years old	163	20.40%
D.	13 years old	383	47.93%
E.	14 years old	243	30.41%
F.	15 years old	7	0.88%
G.	16 years old or older	0	0.00%
	TOTALS	799	100.00%
Q -2 What is your sex?			
A.	Female	372	47.21%
B.	Male	416	52.79%
	TOTALS	788	100.00%
Q -3 In what grade are you?			
A.	7th grade	391	49.81%
B.	8th grade	394	50.19%
	TOTALS	785	100.00%
Q -4 Are you Hispanic or Latino?			
A.	Yes	97	12.44%
B.	No	683	87.56%
	TOTALS	780	100.00%
Q -5 What is your race?			
A.	American Indian or Alaskan Native	801	52.22%
B.	Asian	24	1.56%
C.	Black or African American	27	1.76%
D.	Native Hawaiian or Other Pacific Islander	19	1.24%
E.	White	663	43.22%
	TOTALS	1,534	100.00%

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Q -6 How often do you wear a seat belt when riding in a car driven by someone else?

A.	Never	19	2.39%
B.	Rarely	32	4.03%
C.	Sometimes	73	9.19%
D.	Most of the time	251	31.61%
E.	Always	419	52.77%
TOTALS		794	100.00%

Q -7 How often do you wear a seat belt when driving a car?

A.	I do not drive a car	587	74.02%
B.	Never	7	0.88%
C.	Rarely	8	1.01%
D.	Sometimes	13	1.64%
E.	Most of the time	45	5.67%
F.	Always	133	16.77%
TOTALS		793	100.00%

Q -8 During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

A.	0 times	656	83.04%
B.	1 time	51	6.46%
C.	2 or 3 times	37	4.68%
D.	4 or 5 times	8	1.01%
E.	6 or more times	38	4.81%
TOTALS		790	100.00%

Q -9 During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?

A.	0 days	603	75.47%
B.	1 day	53	6.63%
C.	2 or 3 days	58	7.26%
D.	4 or 5 days	19	2.38%
E.	6 or more days	66	8.26%
TOTALS		799	100.00%

Q -10 During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?

A.	0 days	766	95.99%
B.	1 day	12	1.50%
C.	2 or 3 days	4	0.50%
D.	4 or 5 days	5	0.63%
E.	6 or more days	11	1.38%
TOTALS		798	100.00%

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Q -11 During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)

A.	0 days	734	92.44%
B.	1 day	22	2.77%
C.	2 or 3 days	8	1.01%
D.	4 or 5 days	3	0.38%
E.	6 or more days	27	3.40%
TOTALS		794	100.00%

Q -12 During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

A.	0 days	705	88.01%
B.	1 day	66	8.24%
C.	2 or 3 days	21	2.62%
D.	4 or 5 days	3	0.37%
E.	6 or more days	6	0.75%
TOTALS		801	100.00%

Q -13 During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

A.	0 times	736	91.89%
B.	1 time	34	4.24%
C.	2 or 3 times	16	2.00%
D.	4 or 5 times	9	1.12%
E.	6 or 7 times	2	0.25%
F.	8 or 9 times	2	0.25%
G.	10 or 11 times	1	0.12%
H.	12 or more times	1	0.12%
TOTALS		801	100.00%

Q -14 During the past 12 months, how many times were you in a physical fight?

A.	0 times	522	65.58%
B.	1 time	132	16.58%
C.	2 or 3 times	78	9.80%
D.	4 or 5 times	21	2.64%
E.	6 or 7 times	14	1.76%
F.	8 or 9 times	6	0.75%
G.	10 or 11 times	3	0.38%
H.	12 or more times	20	2.51%
TOTALS		796	100.00%

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Q -15 During the past 12 months, how many times were you in a physical fight on school property?

A.	0 times	670	83.65%
B.	1 time	84	10.49%
C.	2 or 3 times	31	3.87%
D.	4 or 5 times	5	0.62%
E.	6 or 7 times	5	0.62%
F.	8 or 9 times	4	0.50%
G.	10 or 11 times	0	0.00%
H.	12 or more times	2	0.25%
TOTALS		801	100.00%

Q -16 Have you ever been physically forced to have sexual intercourse when you did not want to?

A.	Yes	50	6.30%
B.	No	744	93.70%
TOTALS		794	100.00%

Q -17 During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	0 times	733	92.32%
B.	1 time	38	4.79%
C.	2 or 3 times	14	1.76%
D.	4 or 5 times	4	0.50%
E.	6 or more times	5	0.63%
TOTALS		794	100.00%

Q -18 During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	I did not date or go out with anyone during the past 12 months	409	51.13%
B.	0 times	360	45.00%
C.	1 time	19	2.38%
D.	2 or 3 times	10	1.25%
E.	4 or 5 times	1	0.13%
F.	6 or more times	1	0.13%
TOTALS		800	100.00%

Q -19 During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)

A.	I did not date or go out with anyone during the past 12 months	403	50.44%
B.	0 times	370	46.31%
C.	1 time	13	1.63%
D.	2 or 3 times	9	1.13%
E.	4 or 5 times	2	0.25%
F.	6 or more times	2	0.25%
TOTALS		799	100.00%

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Q -20 During the past 12 months, have you ever been bullied on school property?

A.	Yes	281	35.39%
B.	No	513	64.61%
TOTALS		794	100.00%

Q -21 During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)

A.	Yes	169	21.13%
B.	No	631	78.88%
TOTALS		800	100.00%

Q -22 During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?

A.	Yes	169	21.15%
B.	No	630	78.85%
TOTALS		799	100.00%

Q -23 During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

A.	Yes	264	33.46%
B.	No	525	66.54%
TOTALS		789	100.00%

Q -24 During the past 12 months, did you ever seriously consider attempting suicide?

A.	Yes	180	22.58%
B.	No	617	77.42%
TOTALS		797	100.00%

Q -25 During the past 12 months, did you make a plan about how you would attempt suicide?

A.	Yes	148	18.59%
B.	No	648	81.41%
TOTALS		796	100.00%

Q -26 During the past 12 months, how many times did you actually attempt suicide?

A.	0 times	674	85.21%
B.	1 time	80	10.11%
C.	2 or 3 times	22	2.78%
D.	4 or 5 times	9	1.14%
E.	6 or more times	6	0.76%
TOTALS		791	100.00%

Q -27 If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

A.	I did not attempt suicide during the past 12 months	649	81.53%
B.	Yes	34	4.27%
C.	No	113	14.20%
TOTALS		796	100.00%

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Q -28 Have you ever tried cigarette smoking, even one or two puffs?

A.	Yes	147	18.44%
B.	No	650	81.56%
TOTALS		797	100.00%

Q -29 How old were you when you first tried cigarette smoking, even one or two puffs?

A.	I have never tried cigarette smoking, not even one or two puffs	661	83.25%
B.	8 years old or younger	16	2.02%
C.	9 or 10 years old	32	4.03%
D.	11 or 12 years old	51	6.42%
E.	13 or 14 years old	33	4.16%
F.	15 or 16 years old	1	0.13%
G.	17 years old or older	0	0.00%
TOTALS		794	100.00%

Q -30 During the past 30 days, on how many days did you smoke cigarettes?

A.	0 days	768	96.12%
B.	1 or 2 days	19	2.38%
C.	3 to 5 days	7	0.88%
D.	6 to 9 days	3	0.38%
E.	10 to 19 days	1	0.13%
F.	20 to 29 days	0	0.00%
G.	All 30 days	1	0.13%
TOTALS		799	100.00%

Q -31 During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

A.	I did not smoke cigarettes during the past 30 days	759	95.11%
B.	Less than 1 cigarette per day	23	2.88%
C.	1 cigarette per day	12	1.50%
D.	2 to 5 cigarettes per day	4	0.50%
E.	6 to 10 cigarettes per day	0	0.00%
F.	11 to 20 cigarettes per day	0	0.00%
G.	More than 20 cigarettes per day	0	0.00%
TOTALS		798	100.00%

Q -32 Have you ever used an electronic vapor product?

A.	Yes	241	30.39%
B.	No	552	69.61%
TOTALS		793	100.00%

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Q -33 During the past 30 days, on how many days did you use an electronic vapor product?

A.	0 days	659	82.48%
B.	1 or 2 days	72	9.01%
C.	3 to 5 days	27	3.38%
D.	6 to 9 days	16	2.00%
E.	10 to 19 days	12	1.50%
F.	20 to 29 days	7	0.88%
G.	All 30 days	6	0.75%
TOTALS		799	100.00%

Q -34 During the past 30 days, on how many days did you use an electronic vapor product on school property?

A.	0 days	764	95.74%
B.	1 or 2 days	25	3.13%
C.	3 to 5 days	2	0.25%
D.	6 to 9 days	4	0.50%
E.	10 to 19 days	1	0.13%
F.	20 to 29 days	0	0.00%
G.	All 30 days	2	0.25%
TOTALS		798	100.00%

Q -35 During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)

A.	I did not use any electronic vapor products during the past 30 days	648	83.18%
B.	I bought them in a store such as a convenience store, supermarket, discount store, gas station, or vape store	2	0.26%
C.	I got them on the Internet	8	1.03%
D.	I gave someone else money to buy them for me	18	2.31%
E.	I borrowed them from someone else	69	8.86%
F.	A person who can legally buy these products gave them to me	10	1.28%
G.	I took them from a store or another person	2	0.26%
H.	I got them some other way	22	2.82%
TOTALS		779	100.00%

Q -36 What is the main reason you have used electronic vapor products? (Select only one response.)

A.	I have never used an electronic vapor product	584	73.64%
B.	Friend or family member used them	65	8.20%
C.	To try to quit using other tobacco products	2	0.25%
D.	They cost less than other tobacco products	0	0.00%
E.	They are easier to get than other tobacco products	8	1.01%
F.	They are less harmful than other forms of tobacco	10	1.26%
G.	They are available in flavors, such as mint, candy, fruit, or chocolate	22	2.77%
H.	I used them for some other reason	102	12.86%
TOTALS		793	100.00%

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Q -37 During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)

A.	0 days	780	97.99%
B.	1 or 2 days	11	1.38%
C.	3 to 5 days	2	0.25%
D.	6 to 9 days	2	0.25%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	0	0.00%
G.	All 30 days	1	0.13%
TOTALS		796	100.00%

Q -38 During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?

A.	0 days	775	97.36%
B.	1 or 2 days	12	1.51%
C.	3 to 5 days	3	0.38%
D.	6 to 9 days	2	0.25%
E.	10 to 19 days	3	0.38%
F.	20 to 29 days	0	0.00%
G.	All 30 days	1	0.13%
TOTALS		796	100.00%

Q -39 During the past 12 months, did you ever try to quit using all tobacco products, including cigarettes, cigars, smokeless tobacco, shisha or hookah tobacco, and electronic vapor products?

A.	I did not use any tobacco products during the past 12 months	672	84.32%
B.	Yes	67	8.41%
C.	No	58	7.28%
TOTALS		797	100.00%

Q -40 How old were you when you had your first drink of alcohol other than a few sips?

A.	I have never had a drink of alcohol other than a few sips	529	66.71%
B.	8 years old or younger	68	8.58%
C.	9 or 10 years old	51	6.43%
D.	11 or 12 years old	80	10.09%
E.	13 or 14 years old	65	8.20%
F.	15 or 16 years old	0	0.00%
G.	17 years old or older	0	0.00%
TOTALS		793	100.00%

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Q -41 During the past 30 days, on how many days did you have at least one drink of alcohol?

A.	0 days	675	84.91%
B.	1 or 2 days	76	9.56%
C.	3 to 5 days	24	3.02%
D.	6 to 9 days	6	0.75%
E.	10 to 19 days	12	1.51%
F.	20 to 29 days	1	0.13%
G.	All 30 days	1	0.13%
TOTALS		795	100.00%

Q -42 During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?

A.	0 days	740	92.73%
B.	1 day	25	3.13%
C.	2 days	14	1.75%
D.	3 to 5 days	10	1.25%
E.	6 to 9 days	4	0.50%
F.	10 to 19 days	3	0.38%
G.	20 or more days	2	0.25%
TOTALS		798	100.00%

Q -43 During the past 30 days, how did you usually get the alcohol you drank?

A.	I did not drink alcohol during the past 30 days	680	85.53%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	3	0.38%
C.	I bought it at a restaurant, bar, or club	1	0.13%
D.	I bought it at a public event such as a concert or sporting event	1	0.13%
E.	I gave someone else money to buy it for me	8	1.01%
F.	Someone gave it to me	47	5.91%
G.	I took it from a store or family member	20	2.52%
H.	I got it some other way	35	4.40%
TOTALS		795	100.00%

Q -44 During your life, how many times have you used marijuana?

A.	0 times	682	86.22%
B.	1 or 2 times	39	4.93%
C.	3 to 9 times	25	3.16%
D.	10 to 19 times	8	1.01%
E.	20 to 39 times	11	1.39%
F.	40 to 99 times	11	1.39%
G.	100 or more times	15	1.90%
TOTALS		791	100.00%

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Q -45 How old were you when you tried marijuana for the first time?

A.	I have never tried marijuana	685	86.06%
B.	8 years old or younger	17	2.14%
C.	9 or 10 years old	18	2.26%
D.	11 or 12 years old	37	4.65%
E.	13 or 14 years old	39	4.90%
F.	15 or 16 years old	0	0.00%
G.	17 years old or older	0	0.00%
TOTALS		796	100.00%

Q -46 During the past 30 days, how many times did you use marijuana?

A.	0 times	739	93.54%
B.	1 or 2 times	27	3.42%
C.	3 to 9 times	5	0.63%
D.	10 to 19 times	6	0.76%
E.	20 to 39 times	6	0.76%
F.	40 or more times	7	0.89%
TOTALS		790	100.00%

Q -47 During your life, how many times have you used synthetic marijuana?

A.	0 times	769	97.59%
B.	1 or 2 times	5	0.63%
C.	3 to 9 times	8	1.02%
D.	10 to 19 times	4	0.51%
E.	20 to 39 times	1	0.13%
F.	40 or more times	1	0.13%
TOTALS		788	100.00%

Q -48 During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?

A.	0 times	708	88.72%
B.	1 or 2 times	53	6.64%
C.	3 to 9 times	22	2.76%
D.	10 to 19 times	8	1.00%
E.	20 to 39 times	3	0.38%
F.	40 or more times	4	0.50%
TOTALS		798	100.00%

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Q -49 During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

A.	0 times	781	98.36%
B.	1 or 2 times	10	1.26%
C.	3 to 9 times	2	0.25%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.13%
TOTALS		794	100.00%

Q -50 During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

A.	0 times	703	88.87%
B.	1 or 2 times	57	7.21%
C.	3 to 9 times	15	1.90%
D.	10 to 19 times	5	0.63%
E.	20 to 39 times	6	0.76%
F.	40 or more times	5	0.63%
TOTALS		791	100.00%

Q -51 During your life, how many times have you used heroin (also called smack, junk, or China White)?

A.	0 times	793	99.50%
B.	1 or 2 times	1	0.13%
C.	3 to 9 times	1	0.13%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	2	0.25%
TOTALS		797	100.00%

Q -52 During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?

A.	0 times	792	99.37%
B.	1 or 2 times	3	0.38%
C.	3 to 9 times	1	0.13%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	1	0.13%
F.	40 or more times	0	0.00%
TOTALS		797	100.00%

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Q -53 During your life, how many times have you used ecstasy (also called MDMA)?

A.	0 times	769	99.10%
B.	1 or 2 times	5	0.64%
C.	3 to 9 times	1	0.13%
D.	10 to 19 times	1	0.13%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
TOTALS		776	100.00%

Q -54 During your life, how many times have you taken steroid pills or shots without a doctor's prescription?

A.	0 times	779	97.99%
B.	1 or 2 times	13	1.64%
C.	3 to 9 times	1	0.13%
D.	10 to 19 times	1	0.13%
E.	20 to 39 times	1	0.13%
F.	40 or more times	0	0.00%
TOTALS		795	100.00%

Q -55 During your life, how many times have you used a needle to inject any illegal drug into your body?

A.	0 times	784	98.99%
B.	1 time	7	0.88%
C.	2 or more times	1	0.13%
TOTALS		792	100.00%

Q -56 During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?

A.	Yes	144	18.23%
B.	No	646	81.77%
TOTALS		790	100.00%

Q -57 Have you ever had sexual intercourse?

A.	Yes	109	13.78%
B.	No	682	86.22%
TOTALS		791	100.00%

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Q -58 How old were you when you had sexual intercourse for the first time?

A.	I have never had sexual intercourse	700	88.38%
B.	11 years old or younger	35	4.42%
C.	12 years old	16	2.02%
D.	13 years old	27	3.41%
E.	14 years old	13	1.64%
F.	15 years old	1	0.13%
G.	16 years old	0	0.00%
H.	17 years old or older	0	0.00%
TOTALS		792	100.00%

Q -59 During your life, with how many people have you had sexual intercourse?

A.	I have never had sexual intercourse	706	89.48%
B.	1 person	45	5.70%
C.	2 people	16	2.03%
D.	3 people	6	0.76%
E.	4 people	3	0.38%
F.	5 people	3	0.38%
G.	6 or more people	10	1.27%
TOTALS		789	100.00%

Q -60 During the past 3 months, with how many people did you have sexual intercourse?

A.	I have never had sexual intercourse	716	90.18%
B.	I have had sexual intercourse, but not during the past 3 months	45	5.67%
C.	1 person	16	2.02%
D.	2 people	10	1.26%
E.	3 people	1	0.13%
F.	4 people	3	0.38%
G.	5 people	0	0.00%
H.	6 or more people	3	0.38%
TOTALS		794	100.00%

Q -61 Did you drink alcohol or use drugs before you had sexual intercourse the last time?

A.	I have never had sexual intercourse	693	87.83%
B.	Yes	22	2.79%
C.	No	74	9.38%
TOTALS		789	100.00%

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Q -62 The last time you had sexual intercourse, did you or your partner use a condom?

A.	I have never had sexual intercourse	689	88.45%
B.	Yes	47	6.03%
C.	No	43	5.52%
TOTALS		779	100.00%

Q -63 How do you describe your weight?

A.	Very underweight	29	3.66%
B.	Slightly underweight	120	15.15%
C.	About the right weight	411	51.89%
D.	Slightly overweight	197	24.87%
E.	Very overweight	35	4.42%
TOTALS		792	100.00%

Q -64 Which of the following are you trying to do about your weight?

A.	Lose weight	353	44.68%
B.	Gain weight	90	11.39%
C.	Stay the same weight	148	18.73%
D.	I am not trying to do anything about my weight	199	25.19%
TOTALS		790	100.00%

Q -65 During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)

A.	I did not drink 100% fruit juice during the past 7 days	240	30.65%
B.	1 to 3 times during the past 7 days	336	42.91%
C.	4 to 6 times during the past 7 days	105	13.41%
D.	1 time per day	32	4.09%
E.	2 times per day	30	3.83%
F.	3 times per day	9	1.15%
G.	4 or more times per day	31	3.96%
TOTALS		783	100.00%

Q -66 During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)

A.	I did not eat fruit during the past 7 days	84	10.69%
B.	1 to 3 times during the past 7 days	270	34.35%
C.	4 to 6 times during the past 7 days	184	23.41%
D.	1 time per day	67	8.52%
E.	2 times per day	93	11.83%
F.	3 times per day	47	5.98%
G.	4 or more times per day	41	5.22%
TOTALS		786	100.00%

2019 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -67 During the past 7 days, how many times did you eat green salad?

A.	I did not eat green salad during the past 7 days	279	35.36%
B.	1 to 3 times during the past 7 days	335	42.46%
C.	4 to 6 times during the past 7 days	97	12.29%
D.	1 time per day	54	6.84%
E.	2 times per day	12	1.52%
F.	3 times per day	3	0.38%
G.	4 or more times per day	9	1.14%
TOTALS		789	100.00%

Q -68 During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)

A.	I did not eat potatoes during the past 7 days	329	41.65%
B.	1 to 3 times during the past 7 days	367	46.46%
C.	4 to 6 times during the past 7 days	67	8.48%
D.	1 time per day	7	0.89%
E.	2 times per day	9	1.14%
F.	3 times per day	2	0.25%
G.	4 or more times per day	9	1.14%
TOTALS		790	100.00%

Q -69 During the past 7 days, how many times did you eat carrots?

A.	I did not eat carrots during the past 7 days	355	44.94%
B.	1 to 3 times during the past 7 days	286	36.20%
C.	4 to 6 times during the past 7 days	96	12.15%
D.	1 time per day	25	3.16%
E.	2 times per day	7	0.89%
F.	3 times per day	7	0.89%
G.	4 or more times per day	14	1.77%
TOTALS		790	100.00%

Q -70 During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)

A.	I did not eat other vegetables during the past 7 days	140	17.77%
B.	1 to 3 times during the past 7 days	324	41.12%
C.	4 to 6 times during the past 7 days	167	21.19%
D.	1 time per day	69	8.76%
E.	2 times per day	53	6.73%
F.	3 times per day	13	1.65%
G.	4 or more times per day	22	2.79%
TOTALS		788	100.00%

2019 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -71 During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)

A.	I did not drink soda or pop during the past 7 days	191	24.42%
B.	1 to 3 times during the past 7 days	373	47.70%
C.	4 to 6 times during the past 7 days	128	16.37%
D.	1 time per day	39	4.99%
E.	2 times per day	20	2.56%
F.	3 times per day	18	2.30%
G.	4 or more times per day	13	1.66%
TOTALS		782	100.00%

Q -72 During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

A.	I did not drink milk during the past 7 days	119	15.14%
B.	1 to 3 glasses during the past 7 days	197	25.06%
C.	4 to 6 glasses during the past 7 days	155	19.72%
D.	1 glass per day	87	11.07%
E.	2 glasses per day	106	13.49%
F.	3 glasses per day	63	8.02%
G.	4 or more glasses per day	59	7.51%
TOTALS		786	100.00%

Q -73 During the past 7 days, how many times did you drink a can, bottle, or glass of an energy drink, such as Red Bull or Jolt? (Do not count diet or sports drinks such as Gatorade or PowerAde.)

A.	I did not drink energy drinks during the past 7 days	615	78.24%
B.	1 to 3 times during the past 7 days	127	16.16%
C.	4 to 6 times during the past 7 days	22	2.80%
D.	1 time per day	8	1.02%
E.	2 times per day	5	0.64%
F.	3 times per day	3	0.38%
G.	4 or more times per day	6	0.76%
TOTALS		786	100.00%

Q -74 During the past 7 days, on how many days did you eat breakfast?

A.	0 days	76	9.68%
B.	1 day	52	6.62%
C.	2 days	64	8.15%
D.	3 days	67	8.54%
E.	4 days	58	7.39%
F.	5 days	75	9.55%
G.	6 days	61	7.77%
H.	7 days	332	42.29%
TOTALS		785	100.00%

2019 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -75 During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	66	8.42%
B.	1 day	51	6.51%
C.	2 days	63	8.04%
D.	3 days	77	9.82%
E.	4 days	90	11.48%
F.	5 days	130	16.58%
G.	6 days	76	9.69%
H.	7 days	231	29.46%
TOTALS		784	100.00%

Q -76 On an average school day, how many hours do you watch TV?

A.	I do not watch TV on an average school day	159	20.38%
B.	Less than 1 hour per day	181	23.21%
C.	1 hour per day	132	16.92%
D.	2 hours per day	140	17.95%
E.	3 hours per day	82	10.51%
F.	4 hours per day	31	3.97%
G.	5 or more hours per day	55	7.05%
TOTALS		780	100.00%

Q -77 On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent playing games, watching videos, texting, or using social media on your smartphone, computer, Xbox, PlayStation, iPad, or other tablet.)

A.	I do not play video or computer games or use a computer for something that is not school work	111	14.29%
B.	Less than 1 hour per day	113	14.54%
C.	1 hour per day	99	12.74%
D.	2 hours per day	132	16.99%
E.	3 hours per day	100	12.87%
F.	4 hours per day	80	10.30%
G.	5 or more hours per day	142	18.28%
TOTALS		777	100.00%

Q -78 In an average week when you are in school, on how many days do you go to physical education (PE) classes?

A.	0 days	85	10.98%
B.	1 day	24	3.10%
C.	2 days	110	14.21%
D.	3 days	233	30.10%
E.	4 days	46	5.94%
F.	5 days	276	35.66%
TOTALS		774	100.00%

2019 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -79 During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)

A.	0 teams	245	31.49%
B.	1 team	166	21.34%
C.	2 teams	160	20.57%
D.	3 or more teams	207	26.61%
TOTALS		778	100.00%

Q -80 During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?

A.	0 times	626	81.40%
B.	1 time	91	11.83%
C.	2 times	24	3.12%
D.	3 times	12	1.56%
E.	4 or more times	16	2.08%
TOTALS		769	100.00%

Q -81 When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?

A.	During the past 12 months	579	74.52%
B.	Between 12 and 24 months ago	69	8.88%
C.	More than 24 months ago	24	3.09%
D.	Never	6	0.77%
E.	Not sure	99	12.74%
TOTALS		777	100.00%

Q -82 Has a doctor or nurse ever told you that you have asthma?

A.	Yes	133	17.18%
B.	No	561	72.48%
C.	Not sure	80	10.34%
TOTALS		774	100.00%

Q -83 On an average school night, how many hours of sleep do you get?

A.	4 or less hours	56	7.32%
B.	5 hours	68	8.89%
C.	6 hours	107	13.99%
D.	7 hours	173	22.61%
E.	8 hours	224	29.28%
F.	9 hours	89	11.63%
G.	10 or more hours	48	6.27%
TOTALS		765	100.00%

2019 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -84 During the past 30 days, where did you usually sleep?

A.	In my parent's or guardian's home	752	97.03%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	8	1.03%
C.	In a shelter or emergency housing	3	0.39%
D.	In a motel or hotel	1	0.13%
E.	In a car, park, campground, or other public place	4	0.52%
F.	I do not have a usual place to sleep	4	0.52%
G.	Somewhere else	3	0.39%
TOTALS		775	100.00%

Q -85 During the past 12 months, how would you describe your grades in school?

A.	Mostly A's	333	43.59%
B.	Mostly B's	236	30.89%
C.	Mostly C's	107	14.01%
D.	Mostly D's	22	2.88%
E.	Mostly F's	17	2.23%
F.	None of these grades	2	0.26%
G.	Not sure	47	6.15%
TOTALS		764	100.00%

Q -86 During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)

A.	0 times	734	96.58%
B.	1 or 2 times	19	2.50%
C.	3 to 9 times	3	0.39%
D.	10 to 19 times	2	0.26%
E.	20 to 39 times	1	0.13%
F.	40 or more times	1	0.13%
TOTALS		760	100.00%

Q -87 During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?

A.	Yes	163	21.50%
B.	No	595	78.50%
TOTALS		758	100.00%