

2019 MONTANA YOUTH RISK BEHAVIOR SURVEY

MIDDLE SCHOOL STUDENT FREQUENCY DISTRIBUTIONS FOR AMERICAN INDIAN STUDENTS ON OR NEAR A RESERVATION

The following frequency distributions are based upon surveys with 775 middle school American Indian students who live on or near a Reservation in Montana during February 2019. Frequency distributions may not total 775 due to nonresponses and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q -1 How old are you?			
A.	10 years old or younger	0	0.00%
B.	11 years old	3	0.39%
C.	12 years old	149	19.25%
D.	13 years old	346	44.70%
E.	14 years old	239	30.88%
F.	15 years old	36	4.65%
G.	16 years old or older	1	0.13%
	TOTALS	774	100.00%
Q -2 What is your sex?			
A.	Female	362	47.07%
B.	Male	407	52.93%
	TOTALS	769	100.00%
Q -3 In what grade are you?			
A.	7th grade	371	48.50%
B.	8th grade	394	51.50%
	TOTALS	765	100.00%
Q -4 Are you Hispanic or Latino?			
A.	Yes	93	12.37%
B.	No	659	87.63%
	TOTALS	752	100.00%
Q -5 What is your race?			
A.	American Indian or Alaskan Native	775	74.88%
B.	Asian	29	2.80%
C.	Black or African American	36	3.48%
D.	Native Hawaiian or Other Pacific Islander	18	1.74%
E.	White	177	17.10%
	TOTALS	1,035	100.00%

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Q -6 How often do you wear a seat belt when riding in a car driven by someone else?

A.	Never	45	5.83%
B.	Rarely	80	10.36%
C.	Sometimes	196	25.39%
D.	Most of the time	260	33.68%
E.	Always	191	24.74%
TOTALS		772	100.00%

Q -7 How often do you wear a seat belt when driving a car?

A.	I do not drive a car	362	47.38%
B.	Never	15	1.96%
C.	Rarely	33	4.32%
D.	Sometimes	58	7.59%
E.	Most of the time	86	11.26%
F.	Always	210	27.49%
TOTALS		764	100.00%

Q -8 During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

A.	0 times	594	77.95%
B.	1 time	57	7.48%
C.	2 or 3 times	41	5.38%
D.	4 or 5 times	17	2.23%
E.	6 or more times	53	6.96%
TOTALS		762	100.00%

Q -9 During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?

A.	0 days	640	82.79%
B.	1 day	52	6.73%
C.	2 or 3 days	31	4.01%
D.	4 or 5 days	14	1.81%
E.	6 or more days	36	4.66%
TOTALS		773	100.00%

Q -10 During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?

A.	0 days	742	95.87%
B.	1 day	14	1.81%
C.	2 or 3 days	8	1.03%
D.	4 or 5 days	3	0.39%
E.	6 or more days	7	0.90%
TOTALS		774	100.00%

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Q -11 During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)

A.	0 days	683	88.93%
B.	1 day	29	3.78%
C.	2 or 3 days	22	2.86%
D.	4 or 5 days	9	1.17%
E.	6 or more days	25	3.26%
TOTALS		768	100.00%

Q -12 During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

A.	0 days	636	82.38%
B.	1 day	61	7.90%
C.	2 or 3 days	43	5.57%
D.	4 or 5 days	11	1.42%
E.	6 or more days	21	2.72%
TOTALS		772	100.00%

Q -13 During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

A.	0 times	713	92.60%
B.	1 time	25	3.25%
C.	2 or 3 times	17	2.21%
D.	4 or 5 times	6	0.78%
E.	6 or 7 times	1	0.13%
F.	8 or 9 times	2	0.26%
G.	10 or 11 times	1	0.13%
H.	12 or more times	5	0.65%
TOTALS		770	100.00%

Q -14 During the past 12 months, how many times were you in a physical fight?

A.	0 times	473	61.99%
B.	1 time	139	18.22%
C.	2 or 3 times	98	12.84%
D.	4 or 5 times	23	3.01%
E.	6 or 7 times	8	1.05%
F.	8 or 9 times	5	0.66%
G.	10 or 11 times	2	0.26%
H.	12 or more times	15	1.97%
TOTALS		763	100.00%

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Q -15 During the past 12 months, how many times were you in a physical fight on school property?

A.	0 times	608	78.65%
B.	1 time	109	14.10%
C.	2 or 3 times	40	5.17%
D.	4 or 5 times	10	1.29%
E.	6 or 7 times	2	0.26%
F.	8 or 9 times	2	0.26%
G.	10 or 11 times	0	0.00%
H.	12 or more times	2	0.26%
TOTALS		773	100.00%

Q -16 Have you ever been physically forced to have sexual intercourse when you did not want to?

A.	Yes	60	7.80%
B.	No	709	92.20%
TOTALS		769	100.00%

Q -17 During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	0 times	703	91.66%
B.	1 time	45	5.87%
C.	2 or 3 times	9	1.17%
D.	4 or 5 times	4	0.52%
E.	6 or more times	6	0.78%
TOTALS		767	100.00%

Q -18 During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	I did not date or go out with anyone during the past 12 months	317	41.17%
B.	0 times	413	53.64%
C.	1 time	21	2.73%
D.	2 or 3 times	11	1.43%
E.	4 or 5 times	3	0.39%
F.	6 or more times	5	0.65%
TOTALS		770	100.00%

Q -19 During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)

A.	I did not date or go out with anyone during the past 12 months	310	40.21%
B.	0 times	422	54.73%
C.	1 time	26	3.37%
D.	2 or 3 times	8	1.04%
E.	4 or 5 times	3	0.39%
F.	6 or more times	2	0.26%
TOTALS		771	100.00%

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Q -20 During the past 12 months, have you ever been bullied on school property?

A.	Yes	294	38.63%
B.	No	467	61.37%
TOTALS		761	100.00%

Q -21 During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)

A.	Yes	188	24.35%
B.	No	584	75.65%
TOTALS		772	100.00%

Q -22 During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?

A.	Yes	165	21.37%
B.	No	607	78.63%
TOTALS		772	100.00%

Q -23 During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

A.	Yes	307	40.29%
B.	No	455	59.71%
TOTALS		762	100.00%

Q -24 During the past 12 months, did you ever seriously consider attempting suicide?

A.	Yes	184	23.90%
B.	No	586	76.10%
TOTALS		770	100.00%

Q -25 During the past 12 months, did you make a plan about how you would attempt suicide?

A.	Yes	162	21.07%
B.	No	607	78.93%
TOTALS		769	100.00%

Q -26 During the past 12 months, how many times did you actually attempt suicide?

A.	0 times	600	78.33%
B.	1 time	108	14.10%
C.	2 or 3 times	39	5.09%
D.	4 or 5 times	11	1.44%
E.	6 or more times	8	1.04%
TOTALS		766	100.00%

Q -27 If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

A.	I did not attempt suicide during the past 12 months	508	65.89%
B.	Yes	64	8.30%
C.	No	199	25.81%
TOTALS		771	100.00%

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Q -28 Have you ever tried cigarette smoking, even one or two puffs?

A.	Yes	307	39.97%
B.	No	461	60.03%
TOTALS		768	100.00%

Q -29 How old were you when you first tried cigarette smoking, even one or two puffs?

A.	I have never tried cigarette smoking, not even one or two puffs	458	59.56%
B.	8 years old or younger	58	7.54%
C.	9 or 10 years old	78	10.14%
D.	11 or 12 years old	117	15.21%
E.	13 or 14 years old	55	7.15%
F.	15 or 16 years old	2	0.26%
G.	17 years old or older	1	0.13%
TOTALS		769	100.00%

Q -30 During the past 30 days, on how many days did you smoke cigarettes?

A.	0 days	679	87.84%
B.	1 or 2 days	46	5.95%
C.	3 to 5 days	22	2.85%
D.	6 to 9 days	10	1.29%
E.	10 to 19 days	7	0.91%
F.	20 to 29 days	1	0.13%
G.	All 30 days	8	1.03%
TOTALS		773	100.00%

Q -31 During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

A.	I did not smoke cigarettes during the past 30 days	678	88.05%
B.	Less than 1 cigarette per day	43	5.58%
C.	1 cigarette per day	23	2.99%
D.	2 to 5 cigarettes per day	21	2.73%
E.	6 to 10 cigarettes per day	1	0.13%
F.	11 to 20 cigarettes per day	1	0.13%
G.	More than 20 cigarettes per day	3	0.39%
TOTALS		770	100.00%

Q -32 Have you ever used an electronic vapor product?

A.	Yes	309	40.39%
B.	No	456	59.61%
TOTALS		765	100.00%

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Q -33 During the past 30 days, on how many days did you use an electronic vapor product?

A.	0 days	599	77.79%
B.	1 or 2 days	86	11.17%
C.	3 to 5 days	39	5.06%
D.	6 to 9 days	16	2.08%
E.	10 to 19 days	14	1.82%
F.	20 to 29 days	3	0.39%
G.	All 30 days	13	1.69%
TOTALS		770	100.00%

Q -34 During the past 30 days, on how many days did you use an electronic vapor product on school property?

A.	0 days	702	91.53%
B.	1 or 2 days	47	6.13%
C.	3 to 5 days	5	0.65%
D.	6 to 9 days	5	0.65%
E.	10 to 19 days	3	0.39%
F.	20 to 29 days	0	0.00%
G.	All 30 days	5	0.65%
TOTALS		767	100.00%

Q -35 During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)

A.	I did not use any electronic vapor products during the past 30 days	587	77.34%
B.	I bought them in a store such as a convenience store, supermarket, discount store, gas station, or vape store	18	2.37%
C.	I got them on the Internet	18	2.37%
D.	I gave someone else money to buy them for me	23	3.03%
E.	I borrowed them from someone else	62	8.17%
F.	A person who can legally buy these products gave them to me	14	1.84%
G.	I took them from a store or another person	7	0.92%
H.	I got them some other way	30	3.95%
TOTALS		759	100.00%

Q -36 What is the main reason you have used electronic vapor products? (Select only one response.)

A.	I have never used an electronic vapor product	500	65.62%
B.	Friend or family member used them	66	8.66%
C.	To try to quit using other tobacco products	15	1.97%
D.	They cost less than other tobacco products	4	0.52%
E.	They are easier to get than other tobacco products	7	0.92%
F.	They are less harmful than other forms of tobacco	26	3.41%
G.	They are available in flavors, such as mint, candy, fruit, or chocolate	52	6.82%
H.	I used them for some other reason	92	12.07%
TOTALS		762	100.00%

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Q -37 During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)

A.	0 days	694	91.20%
B.	1 or 2 days	33	4.34%
C.	3 to 5 days	13	1.71%
D.	6 to 9 days	5	0.66%
E.	10 to 19 days	4	0.53%
F.	20 to 29 days	1	0.13%
G.	All 30 days	11	1.45%
TOTALS		761	100.00%

Q -38 During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?

A.	0 days	709	93.17%
B.	1 or 2 days	27	3.55%
C.	3 to 5 days	11	1.45%
D.	6 to 9 days	5	0.66%
E.	10 to 19 days	5	0.66%
F.	20 to 29 days	0	0.00%
G.	All 30 days	4	0.53%
TOTALS		761	100.00%

Q -39 During the past 12 months, did you ever try to quit using all tobacco products, including cigarettes, cigars, smokeless tobacco, shisha or hookah tobacco, and electronic vapor products?

A.	I did not use any tobacco products during the past 12 months	570	75.00%
B.	Yes	105	13.82%
C.	No	85	11.18%
TOTALS		760	100.00%

Q -40 How old were you when you had your first drink of alcohol other than a few sips?

A.	I have never had a drink of alcohol other than a few sips	459	60.55%
B.	8 years old or younger	50	6.60%
C.	9 or 10 years old	48	6.33%
D.	11 or 12 years old	119	15.70%
E.	13 or 14 years old	76	10.03%
F.	15 or 16 years old	5	0.66%
G.	17 years old or older	1	0.13%
TOTALS		758	100.00%

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Q -41 During the past 30 days, on how many days did you have at least one drink of alcohol?

A.	0 days	622	81.84%
B.	1 or 2 days	82	10.79%
C.	3 to 5 days	28	3.68%
D.	6 to 9 days	10	1.32%
E.	10 to 19 days	8	1.05%
F.	20 to 29 days	5	0.66%
G.	All 30 days	5	0.66%
TOTALS		760	100.00%

Q -42 During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?

A.	0 days	680	88.66%
B.	1 day	36	4.69%
C.	2 days	24	3.13%
D.	3 to 5 days	14	1.83%
E.	6 to 9 days	5	0.65%
F.	10 to 19 days	4	0.52%
G.	20 or more days	4	0.52%
TOTALS		767	100.00%

Q -43 During the past 30 days, how did you usually get the alcohol you drank?

A.	I did not drink alcohol during the past 30 days	625	81.81%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	6	0.79%
C.	I bought it at a restaurant, bar, or club	3	0.39%
D.	I bought it at a public event such as a concert or sporting event	2	0.26%
E.	I gave someone else money to buy it for me	47	6.15%
F.	Someone gave it to me	37	4.84%
G.	I took it from a store or family member	21	2.75%
H.	I got it some other way	23	3.01%
TOTALS		764	100.00%

Q -44 During your life, how many times have you used marijuana?

A.	0 times	415	54.97%
B.	1 or 2 times	80	10.60%
C.	3 to 9 times	57	7.55%
D.	10 to 19 times	40	5.30%
E.	20 to 39 times	33	4.37%
F.	40 to 99 times	47	6.23%
G.	100 or more times	83	10.99%
TOTALS		755	100.00%

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Q -45 How old were you when you tried marijuana for the first time?

A.	I have never tried marijuana	423	55.08%
B.	8 years old or younger	50	6.51%
C.	9 or 10 years old	77	10.03%
D.	11 or 12 years old	144	18.75%
E.	13 or 14 years old	72	9.38%
F.	15 or 16 years old	2	0.26%
G.	17 years old or older	0	0.00%
TOTALS		768	100.00%

Q -46 During the past 30 days, how many times did you use marijuana?

A.	0 times	553	72.29%
B.	1 or 2 times	61	7.97%
C.	3 to 9 times	63	8.24%
D.	10 to 19 times	31	4.05%
E.	20 to 39 times	17	2.22%
F.	40 or more times	40	5.23%
TOTALS		765	100.00%

Q -47 During your life, how many times have you used synthetic marijuana?

A.	0 times	665	87.39%
B.	1 or 2 times	38	4.99%
C.	3 to 9 times	19	2.50%
D.	10 to 19 times	13	1.71%
E.	20 to 39 times	8	1.05%
F.	40 or more times	18	2.37%
TOTALS		761	100.00%

Q -48 During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?

A.	0 times	661	86.29%
B.	1 or 2 times	50	6.53%
C.	3 to 9 times	29	3.79%
D.	10 to 19 times	8	1.04%
E.	20 to 39 times	7	0.91%
F.	40 or more times	11	1.44%
TOTALS		766	100.00%

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Q -49 During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

A.	0 times	743	97.12%
B.	1 or 2 times	14	1.83%
C.	3 to 9 times	3	0.39%
D.	10 to 19 times	1	0.13%
E.	20 to 39 times	2	0.26%
F.	40 or more times	2	0.26%
TOTALS		765	100.00%

Q -50 During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

A.	0 times	659	87.40%
B.	1 or 2 times	53	7.03%
C.	3 to 9 times	29	3.85%
D.	10 to 19 times	7	0.93%
E.	20 to 39 times	4	0.53%
F.	40 or more times	2	0.27%
TOTALS		754	100.00%

Q -51 During your life, how many times have you used heroin (also called smack, junk, or China White)?

A.	0 times	755	98.69%
B.	1 or 2 times	6	0.78%
C.	3 to 9 times	2	0.26%
D.	10 to 19 times	2	0.26%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
TOTALS		765	100.00%

Q -52 During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?

A.	0 times	747	97.65%
B.	1 or 2 times	9	1.18%
C.	3 to 9 times	5	0.65%
D.	10 to 19 times	2	0.26%
E.	20 to 39 times	1	0.13%
F.	40 or more times	1	0.13%
TOTALS		765	100.00%

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Q -53 During your life, how many times have you used ecstasy (also called MDMA)?

A.	0 times	720	97.83%
B.	1 or 2 times	12	1.63%
C.	3 to 9 times	3	0.41%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	1	0.14%
F.	40 or more times	0	0.00%
TOTALS		736	100.00%

Q -54 During your life, how many times have you taken steroid pills or shots without a doctor's prescription?

A.	0 times	741	97.24%
B.	1 or 2 times	16	2.10%
C.	3 to 9 times	3	0.39%
D.	10 to 19 times	1	0.13%
E.	20 to 39 times	1	0.13%
F.	40 or more times	0	0.00%
TOTALS		762	100.00%

Q -55 During your life, how many times have you used a needle to inject any illegal drug into your body?

A.	0 times	740	97.11%
B.	1 time	16	2.10%
C.	2 or more times	6	0.79%
TOTALS		762	100.00%

Q -56 During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?

A.	Yes	166	22.05%
B.	No	587	77.95%
TOTALS		753	100.00%

Q -57 Have you ever had sexual intercourse?

A.	Yes	158	20.82%
B.	No	601	79.18%
TOTALS		759	100.00%

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Q -58 How old were you when you had sexual intercourse for the first time?

A.	I have never had sexual intercourse	618	81.42%
B.	11 years old or younger	36	4.74%
C.	12 years old	27	3.56%
D.	13 years old	51	6.72%
E.	14 years old	27	3.56%
F.	15 years old	0	0.00%
G.	16 years old	0	0.00%
H.	17 years old or older	0	0.00%
TOTALS		759	100.00%

Q -59 During your life, with how many people have you had sexual intercourse?

A.	I have never had sexual intercourse	623	82.41%
B.	1 person	61	8.07%
C.	2 people	33	4.37%
D.	3 people	21	2.78%
E.	4 people	5	0.66%
F.	5 people	4	0.53%
G.	6 or more people	9	1.19%
TOTALS		756	100.00%

Q -60 During the past 3 months, with how many people did you have sexual intercourse?

A.	I have never had sexual intercourse	629	82.98%
B.	I have had sexual intercourse, but not during the past 3 months	65	8.58%
C.	1 person	45	5.94%
D.	2 people	12	1.58%
E.	3 people	2	0.26%
F.	4 people	1	0.13%
G.	5 people	1	0.13%
H.	6 or more people	3	0.40%
TOTALS		758	100.00%

Q -61 Did you drink alcohol or use drugs before you had sexual intercourse the last time?

A.	I have never had sexual intercourse	594	78.78%
B.	Yes	44	5.84%
C.	No	116	15.38%
TOTALS		754	100.00%

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Q -62 The last time you had sexual intercourse, did you or your partner use a condom?

A.	I have never had sexual intercourse	608	80.96%
B.	Yes	88	11.72%
C.	No	55	7.32%
TOTALS		751	100.00%

Q -63 How do you describe your weight?

A.	Very underweight	36	4.76%
B.	Slightly underweight	81	10.70%
C.	About the right weight	379	50.07%
D.	Slightly overweight	229	30.25%
E.	Very overweight	32	4.23%
TOTALS		757	100.00%

Q -64 Which of the following are you trying to do about your weight?

A.	Lose weight	406	53.77%
B.	Gain weight	79	10.46%
C.	Stay the same weight	141	18.68%
D.	I am not trying to do anything about my weight	129	17.09%
TOTALS		755	100.00%

Q -65 During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)

A.	I did not drink 100% fruit juice during the past 7 days	192	25.70%
B.	1 to 3 times during the past 7 days	275	36.81%
C.	4 to 6 times during the past 7 days	130	17.40%
D.	1 time per day	35	4.69%
E.	2 times per day	43	5.76%
F.	3 times per day	27	3.61%
G.	4 or more times per day	45	6.02%
TOTALS		747	100.00%

Q -66 During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)

A.	I did not eat fruit during the past 7 days	101	13.43%
B.	1 to 3 times during the past 7 days	259	34.44%
C.	4 to 6 times during the past 7 days	166	22.07%
D.	1 time per day	57	7.58%
E.	2 times per day	58	7.71%
F.	3 times per day	47	6.25%
G.	4 or more times per day	64	8.51%
TOTALS		752	100.00%

2019 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -67 During the past 7 days, how many times did you eat green salad?

A.	I did not eat green salad during the past 7 days	272	36.07%
B.	1 to 3 times during the past 7 days	278	36.87%
C.	4 to 6 times during the past 7 days	89	11.80%
D.	1 time per day	56	7.43%
E.	2 times per day	25	3.32%
F.	3 times per day	15	1.99%
G.	4 or more times per day	19	2.52%
TOTALS		754	100.00%

Q -68 During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)

A.	I did not eat potatoes during the past 7 days	293	38.86%
B.	1 to 3 times during the past 7 days	331	43.90%
C.	4 to 6 times during the past 7 days	62	8.22%
D.	1 time per day	40	5.31%
E.	2 times per day	9	1.19%
F.	3 times per day	7	0.93%
G.	4 or more times per day	12	1.59%
TOTALS		754	100.00%

Q -69 During the past 7 days, how many times did you eat carrots?

A.	I did not eat carrots during the past 7 days	410	54.74%
B.	1 to 3 times during the past 7 days	219	29.24%
C.	4 to 6 times during the past 7 days	52	6.94%
D.	1 time per day	25	3.34%
E.	2 times per day	15	2.00%
F.	3 times per day	11	1.47%
G.	4 or more times per day	17	2.27%
TOTALS		749	100.00%

Q -70 During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)

A.	I did not eat other vegetables during the past 7 days	209	27.98%
B.	1 to 3 times during the past 7 days	281	37.62%
C.	4 to 6 times during the past 7 days	125	16.73%
D.	1 time per day	55	7.36%
E.	2 times per day	30	4.02%
F.	3 times per day	20	2.68%
G.	4 or more times per day	27	3.61%
TOTALS		747	100.00%

2019 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -71 During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)

A.	I did not drink soda or pop during the past 7 days	151	20.52%
B.	1 to 3 times during the past 7 days	303	41.17%
C.	4 to 6 times during the past 7 days	123	16.71%
D.	1 time per day	55	7.47%
E.	2 times per day	46	6.25%
F.	3 times per day	27	3.67%
G.	4 or more times per day	31	4.21%
TOTALS		736	100.00%

Q -72 During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

A.	I did not drink milk during the past 7 days	154	20.56%
B.	1 to 3 glasses during the past 7 days	237	31.64%
C.	4 to 6 glasses during the past 7 days	128	17.09%
D.	1 glass per day	81	10.81%
E.	2 glasses per day	79	10.55%
F.	3 glasses per day	31	4.14%
G.	4 or more glasses per day	39	5.21%
TOTALS		749	100.00%

Q -73 During the past 7 days, how many times did you drink a can, bottle, or glass of an energy drink, such as Red Bull or Jolt? (Do not count diet or sports drinks such as Gatorade or PowerAde.)

A.	I did not drink energy drinks during the past 7 days	504	67.56%
B.	1 to 3 times during the past 7 days	163	21.85%
C.	4 to 6 times during the past 7 days	41	5.50%
D.	1 time per day	16	2.14%
E.	2 times per day	8	1.07%
F.	3 times per day	3	0.40%
G.	4 or more times per day	11	1.47%
TOTALS		746	100.00%

Q -74 During the past 7 days, on how many days did you eat breakfast?

A.	0 days	80	10.74%
B.	1 day	59	7.92%
C.	2 days	63	8.46%
D.	3 days	70	9.40%
E.	4 days	71	9.53%
F.	5 days	78	10.47%
G.	6 days	52	6.98%
H.	7 days	272	36.51%
TOTALS		745	100.00%

2019 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -75 During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	95	12.79%
B.	1 day	46	6.19%
C.	2 days	86	11.57%
D.	3 days	82	11.04%
E.	4 days	100	13.46%
F.	5 days	87	11.71%
G.	6 days	45	6.06%
H.	7 days	202	27.19%
TOTALS		743	100.00%

Q -76 On an average school day, how many hours do you watch TV?

A.	I do not watch TV on an average school day	172	23.31%
B.	Less than 1 hour per day	164	22.22%
C.	1 hour per day	90	12.20%
D.	2 hours per day	111	15.04%
E.	3 hours per day	97	13.14%
F.	4 hours per day	33	4.47%
G.	5 or more hours per day	71	9.62%
TOTALS		738	100.00%

Q -77 On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent playing games, watching videos, texting, or using social media on your smartphone, computer, Xbox, PlayStation, iPad, or other tablet.)

A.	I do not play video or computer games or use a computer for something that is not school work	99	13.47%
B.	Less than 1 hour per day	99	13.47%
C.	1 hour per day	78	10.61%
D.	2 hours per day	93	12.65%
E.	3 hours per day	99	13.47%
F.	4 hours per day	75	10.20%
G.	5 or more hours per day	192	26.12%
TOTALS		735	100.00%

Q -78 In an average week when you are in school, on how many days do you go to physical education (PE) classes?

A.	0 days	154	21.01%
B.	1 day	23	3.14%
C.	2 days	122	16.64%
D.	3 days	56	7.64%
E.	4 days	58	7.91%
F.	5 days	320	43.66%
TOTALS		733	100.00%

2019 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -79 During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)

A.	0 teams	227	30.72%
B.	1 team	175	23.68%
C.	2 teams	163	22.06%
D.	3 or more teams	174	23.55%
TOTALS		739	100.00%

Q -80 During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?

A.	0 times	576	78.37%
B.	1 time	76	10.34%
C.	2 times	31	4.22%
D.	3 times	18	2.45%
E.	4 or more times	34	4.63%
TOTALS		735	100.00%

Q -81 When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?

A.	During the past 12 months	448	60.70%
B.	Between 12 and 24 months ago	101	13.69%
C.	More than 24 months ago	23	3.12%
D.	Never	10	1.36%
E.	Not sure	156	21.14%
TOTALS		738	100.00%

Q -82 Has a doctor or nurse ever told you that you have asthma?

A.	Yes	135	18.34%
B.	No	499	67.80%
C.	Not sure	102	13.86%
TOTALS		736	100.00%

Q -83 On an average school night, how many hours of sleep do you get?

A.	4 or less hours	65	8.99%
B.	5 hours	51	7.05%
C.	6 hours	133	18.40%
D.	7 hours	157	21.72%
E.	8 hours	164	22.68%
F.	9 hours	104	14.38%
G.	10 or more hours	49	6.78%
TOTALS		723	100.00%

2019 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -84 During the past 30 days, where did you usually sleep?

A.	In my parent's or guardian's home	694	94.17%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	20	2.71%
C.	In a shelter or emergency housing	7	0.95%
D.	In a motel or hotel	2	0.27%
E.	In a car, park, campground, or other public place	2	0.27%
F.	I do not have a usual place to sleep	3	0.41%
G.	Somewhere else	9	1.22%
TOTALS		737	100.00%

Q -85 During the past 12 months, how would you describe your grades in school?

A.	Mostly A's	216	30.34%
B.	Mostly B's	217	30.48%
C.	Mostly C's	110	15.45%
D.	Mostly D's	32	4.49%
E.	Mostly F's	31	4.35%
F.	None of these grades	0	0.00%
G.	Not sure	106	14.89%
TOTALS		712	100.00%

Q -86 During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)

A.	0 times	696	96.27%
B.	1 or 2 times	18	2.49%
C.	3 to 9 times	6	0.83%
D.	10 to 19 times	1	0.14%
E.	20 to 39 times	0	0.00%
F.	40 or more times	2	0.28%
TOTALS		723	100.00%

Q -87 During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?

A.	Yes	180	24.93%
B.	No	542	75.07%
TOTALS		722	100.00%