

2019 MONTANA YOUTH RISK BEHAVIOR SURVEY

MIDDLE SCHOOL STUDENT FREQUENCY DISTRIBUTIONS FOR STUDENTS WITH DISABILITIES

The following frequency distributions are based upon surveys with 1,570 middle school students with disabilities in Montana during February 2019. Frequency distributions may not total 1,570 due to nonresponses and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q -1 How old are you?			
A.	10 years old or younger	2	0.13%
B.	11 years old	5	0.32%
C.	12 years old	264	16.86%
D.	13 years old	768	49.04%
E.	14 years old	494	31.55%
F.	15 years old	30	1.92%
G.	16 years old or older	3	0.19%
	TOTALS	1,566	100.00%
Q -2 What is your sex?			
A.	Female	751	48.61%
B.	Male	794	51.39%
	TOTALS	1,545	100.00%
Q -3 In what grade are you?			
A.	7th grade	731	47.44%
B.	8th grade	810	52.56%
	TOTALS	1,541	100.00%
Q -4 Are you Hispanic or Latino?			
A.	Yes	202	13.37%
B.	No	1309	86.63%
	TOTALS	1,511	100.00%
Q -5 What is your race?			
A.	American Indian or Alaskan Native	343	20.81%
B.	Asian	54	3.28%
C.	Black or African American	62	3.76%
D.	Native Hawaiian or Other Pacific Islander	48	2.91%
E.	White	1141	69.24%
	TOTALS	1,648	100.00%

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Q -6 How often do you wear a seat belt when riding in a car driven by someone else?

A.	Never	39	2.51%
B.	Rarely	85	5.47%
C.	Sometimes	191	12.29%
D.	Most of the time	526	33.85%
E.	Always	713	45.88%
TOTALS		1,554	100.00%

Q -7 How often do you wear a seat belt when driving a car?

A.	I do not drive a car	1066	68.95%
B.	Never	25	1.62%
C.	Rarely	31	2.01%
D.	Sometimes	47	3.04%
E.	Most of the time	102	6.60%
F.	Always	275	17.79%
TOTALS		1,546	100.00%

Q -8 During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

A.	0 times	1192	77.55%
B.	1 time	106	6.90%
C.	2 or 3 times	94	6.12%
D.	4 or 5 times	38	2.47%
E.	6 or more times	107	6.96%
TOTALS		1,537	100.00%

Q -9 During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?

A.	0 days	1207	77.22%
B.	1 day	114	7.29%
C.	2 or 3 days	105	6.72%
D.	4 or 5 days	28	1.79%
E.	6 or more days	109	6.97%
TOTALS		1,563	100.00%

Q -10 During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?

A.	0 days	1492	95.52%
B.	1 day	31	1.98%
C.	2 or 3 days	14	0.90%
D.	4 or 5 days	4	0.26%
E.	6 or more days	21	1.34%
TOTALS		1,562	100.00%

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Q -11 During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)

A.	0 days	1403	90.40%
B.	1 day	45	2.90%
C.	2 or 3 days	39	2.51%
D.	4 or 5 days	16	1.03%
E.	6 or more days	49	3.16%
TOTALS		1,552	100.00%

Q -12 During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

A.	0 days	1303	83.10%
B.	1 day	129	8.23%
C.	2 or 3 days	95	6.06%
D.	4 or 5 days	16	1.02%
E.	6 or more days	25	1.59%
TOTALS		1,568	100.00%

Q -13 During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

A.	0 times	1410	90.21%
B.	1 time	87	5.57%
C.	2 or 3 times	39	2.50%
D.	4 or 5 times	12	0.77%
E.	6 or 7 times	2	0.13%
F.	8 or 9 times	3	0.19%
G.	10 or 11 times	1	0.06%
H.	12 or more times	9	0.58%
TOTALS		1,563	100.00%

Q -14 During the past 12 months, how many times were you in a physical fight?

A.	0 times	878	56.72%
B.	1 time	304	19.64%
C.	2 or 3 times	203	13.11%
D.	4 or 5 times	66	4.26%
E.	6 or 7 times	28	1.81%
F.	8 or 9 times	22	1.42%
G.	10 or 11 times	5	0.32%
H.	12 or more times	42	2.71%
TOTALS		1,548	100.00%

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Q -15 During the past 12 months, how many times were you in a physical fight on school property?

A.	0 times	1214	77.37%
B.	1 time	222	14.15%
C.	2 or 3 times	100	6.37%
D.	4 or 5 times	15	0.96%
E.	6 or 7 times	10	0.64%
F.	8 or 9 times	2	0.13%
G.	10 or 11 times	0	0.00%
H.	12 or more times	6	0.38%
TOTALS		1,569	100.00%

Q -16 Have you ever been physically forced to have sexual intercourse when you did not want to?

A.	Yes	136	8.70%
B.	No	1427	91.30%
TOTALS		1,563	100.00%

Q -17 During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	0 times	1391	89.28%
B.	1 time	95	6.10%
C.	2 or 3 times	41	2.63%
D.	4 or 5 times	14	0.90%
E.	6 or more times	17	1.09%
TOTALS		1,558	100.00%

Q -18 During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	I did not date or go out with anyone during the past 12 months	730	46.76%
B.	0 times	731	46.83%
C.	1 time	53	3.40%
D.	2 or 3 times	34	2.18%
E.	4 or 5 times	7	0.45%
F.	6 or more times	6	0.38%
TOTALS		1,561	100.00%

Q -19 During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)

A.	I did not date or go out with anyone during the past 12 months	708	45.44%
B.	0 times	776	49.81%
C.	1 time	50	3.21%
D.	2 or 3 times	10	0.64%
E.	4 or 5 times	7	0.45%
F.	6 or more times	7	0.45%
TOTALS		1,558	100.00%

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Q -20 During the past 12 months, have you ever been bullied on school property?

A.	Yes	699	45.42%
B.	No	840	54.58%
TOTALS		1,539	100.00%

Q -21 During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)

A.	Yes	464	29.69%
B.	No	1099	70.31%
TOTALS		1,563	100.00%

Q -22 During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?

A.	Yes	450	28.77%
B.	No	1114	71.23%
TOTALS		1,564	100.00%

Q -23 During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

A.	Yes	680	44.33%
B.	No	854	55.67%
TOTALS		1,534	100.00%

Q -24 During the past 12 months, did you ever seriously consider attempting suicide?

A.	Yes	483	31.00%
B.	No	1075	69.00%
TOTALS		1,558	100.00%

Q -25 During the past 12 months, did you make a plan about how you would attempt suicide?

A.	Yes	402	25.79%
B.	No	1157	74.21%
TOTALS		1,559	100.00%

Q -26 During the past 12 months, how many times did you actually attempt suicide?

A.	0 times	1236	79.49%
B.	1 time	200	12.86%
C.	2 or 3 times	84	5.40%
D.	4 or 5 times	18	1.16%
E.	6 or more times	17	1.09%
TOTALS		1,555	100.00%

Q -27 If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

A.	I did not attempt suicide during the past 12 months	1112	71.28%
B.	Yes	129	8.27%
C.	No	319	20.45%
TOTALS		1,560	100.00%

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Q -28 Have you ever tried cigarette smoking, even one or two puffs?

A.	Yes	430	27.62%
B.	No	1127	72.38%
TOTALS		1,557	100.00%

Q -29 How old were you when you first tried cigarette smoking, even one or two puffs?

A.	I have never tried cigarette smoking, not even one or two puffs	1140	73.41%
B.	8 years old or younger	91	5.86%
C.	9 or 10 years old	91	5.86%
D.	11 or 12 years old	132	8.50%
E.	13 or 14 years old	96	6.18%
F.	15 or 16 years old	2	0.13%
G.	17 years old or older	1	0.06%
TOTALS		1,553	100.00%

Q -30 During the past 30 days, on how many days did you smoke cigarettes?

A.	0 days	1449	92.47%
B.	1 or 2 days	56	3.57%
C.	3 to 5 days	31	1.98%
D.	6 to 9 days	10	0.64%
E.	10 to 19 days	7	0.45%
F.	20 to 29 days	3	0.19%
G.	All 30 days	11	0.70%
TOTALS		1,567	100.00%

Q -31 During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

A.	I did not smoke cigarettes during the past 30 days	1436	91.76%
B.	Less than 1 cigarette per day	67	4.28%
C.	1 cigarette per day	36	2.30%
D.	2 to 5 cigarettes per day	18	1.15%
E.	6 to 10 cigarettes per day	1	0.06%
F.	11 to 20 cigarettes per day	2	0.13%
G.	More than 20 cigarettes per day	5	0.32%
TOTALS		1,565	100.00%

Q -32 Have you ever used an electronic vapor product?

A.	Yes	552	35.61%
B.	No	998	64.39%
TOTALS		1,550	100.00%

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Q -33 During the past 30 days, on how many days did you use an electronic vapor product?

A.	0 days	1231	78.76%
B.	1 or 2 days	162	10.36%
C.	3 to 5 days	52	3.33%
D.	6 to 9 days	36	2.30%
E.	10 to 19 days	35	2.24%
F.	20 to 29 days	20	1.28%
G.	All 30 days	27	1.73%
TOTALS		1,563	100.00%

Q -34 During the past 30 days, on how many days did you use an electronic vapor product on school property?

A.	0 days	1447	92.82%
B.	1 or 2 days	74	4.75%
C.	3 to 5 days	15	0.96%
D.	6 to 9 days	7	0.45%
E.	10 to 19 days	8	0.51%
F.	20 to 29 days	3	0.19%
G.	All 30 days	5	0.32%
TOTALS		1,559	100.00%

Q -35 During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)

A.	I did not use any electronic vapor products during the past 30 days	1207	78.63%
B.	I bought them in a store such as a convenience store, supermarket, discount store, gas station, or vape store	11	0.72%
C.	I got them on the Internet	15	0.98%
D.	I gave someone else money to buy them for me	68	4.43%
E.	I borrowed them from someone else	140	9.12%
F.	A person who can legally buy these products gave them to me	25	1.63%
G.	I took them from a store or another person	9	0.59%
H.	I got them some other way	60	3.91%
TOTALS		1,535	100.00%

Q -36 What is the main reason you have used electronic vapor products? (Select only one response.)

A.	I have never used an electronic vapor product	1066	68.60%
B.	Friend or family member used them	140	9.01%
C.	To try to quit using other tobacco products	18	1.16%
D.	They cost less than other tobacco products	6	0.39%
E.	They are easier to get than other tobacco products	18	1.16%
F.	They are less harmful than other forms of tobacco	30	1.93%
G.	They are available in flavors, such as mint, candy, fruit, or chocolate	59	3.80%
H.	I used them for some other reason	217	13.96%
TOTALS		1,554	100.00%

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Q -37 During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)

A.	0 days	1475	94.61%
B.	1 or 2 days	42	2.69%
C.	3 to 5 days	20	1.28%
D.	6 to 9 days	6	0.38%
E.	10 to 19 days	5	0.32%
F.	20 to 29 days	1	0.06%
G.	All 30 days	10	0.64%
TOTALS		1,559	100.00%

Q -38 During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?

A.	0 days	1475	95.10%
B.	1 or 2 days	41	2.64%
C.	3 to 5 days	18	1.16%
D.	6 to 9 days	7	0.45%
E.	10 to 19 days	2	0.13%
F.	20 to 29 days	1	0.06%
G.	All 30 days	7	0.45%
TOTALS		1,551	100.00%

Q -39 During the past 12 months, did you ever try to quit using all tobacco products, including cigarettes, cigars, smokeless tobacco, shisha or hookah tobacco, and electronic vapor products?

A.	I did not use any tobacco products during the past 12 months	1218	78.08%
B.	Yes	189	12.12%
C.	No	153	9.81%
TOTALS		1,560	100.00%

Q -40 How old were you when you had your first drink of alcohol other than a few sips?

A.	I have never had a drink of alcohol other than a few sips	943	60.84%
B.	8 years old or younger	175	11.29%
C.	9 or 10 years old	98	6.32%
D.	11 or 12 years old	185	11.94%
E.	13 or 14 years old	145	9.35%
F.	15 or 16 years old	3	0.19%
G.	17 years old or older	1	0.06%
TOTALS		1,550	100.00%

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Q -41 During the past 30 days, on how many days did you have at least one drink of alcohol?

A.	0 days	1275	82.05%
B.	1 or 2 days	165	10.62%
C.	3 to 5 days	61	3.93%
D.	6 to 9 days	27	1.74%
E.	10 to 19 days	17	1.09%
F.	20 to 29 days	5	0.32%
G.	All 30 days	4	0.26%
TOTALS		1,554	100.00%

Q -42 During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?

A.	0 days	1401	89.69%
B.	1 day	70	4.48%
C.	2 days	46	2.94%
D.	3 to 5 days	23	1.47%
E.	6 to 9 days	12	0.77%
F.	10 to 19 days	5	0.32%
G.	20 or more days	5	0.32%
TOTALS		1,562	100.00%

Q -43 During the past 30 days, how did you usually get the alcohol you drank?

A.	I did not drink alcohol during the past 30 days	1260	80.87%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	11	0.71%
C.	I bought it at a restaurant, bar, or club	6	0.39%
D.	I bought it at a public event such as a concert or sporting event	4	0.26%
E.	I gave someone else money to buy it for me	36	2.31%
F.	Someone gave it to me	102	6.55%
G.	I took it from a store or family member	74	4.75%
H.	I got it some other way	65	4.17%
TOTALS		1,558	100.00%

Q -44 During your life, how many times have you used marijuana?

A.	0 times	1216	78.35%
B.	1 or 2 times	108	6.96%
C.	3 to 9 times	63	4.06%
D.	10 to 19 times	43	2.77%
E.	20 to 39 times	25	1.61%
F.	40 to 99 times	32	2.06%
G.	100 or more times	65	4.19%
TOTALS		1,552	100.00%

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Q -45 How old were you when you tried marijuana for the first time?

A.	I have never tried marijuana	1227	78.40%
B.	8 years old or younger	56	3.58%
C.	9 or 10 years old	61	3.90%
D.	11 or 12 years old	111	7.09%
E.	13 or 14 years old	107	6.84%
F.	15 or 16 years old	1	0.06%
G.	17 years old or older	2	0.13%
TOTALS		1,565	100.00%

Q -46 During the past 30 days, how many times did you use marijuana?

A.	0 times	1359	87.68%
B.	1 or 2 times	70	4.52%
C.	3 to 9 times	45	2.90%
D.	10 to 19 times	25	1.61%
E.	20 to 39 times	23	1.48%
F.	40 or more times	28	1.81%
TOTALS		1,550	100.00%

Q -47 During your life, how many times have you used synthetic marijuana?

A.	0 times	1442	93.27%
B.	1 or 2 times	49	3.17%
C.	3 to 9 times	23	1.49%
D.	10 to 19 times	13	0.84%
E.	20 to 39 times	5	0.32%
F.	40 or more times	14	0.91%
TOTALS		1,546	100.00%

Q -48 During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?

A.	0 times	1325	85.04%
B.	1 or 2 times	114	7.32%
C.	3 to 9 times	68	4.36%
D.	10 to 19 times	21	1.35%
E.	20 to 39 times	13	0.83%
F.	40 or more times	17	1.09%
TOTALS		1,558	100.00%

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Q -49 During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

A.	0 times	1510	96.61%
B.	1 or 2 times	33	2.11%
C.	3 to 9 times	12	0.77%
D.	10 to 19 times	3	0.19%
E.	20 to 39 times	2	0.13%
F.	40 or more times	3	0.19%
TOTALS		1,563	100.00%

Q -50 During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

A.	0 times	1329	85.25%
B.	1 or 2 times	115	7.38%
C.	3 to 9 times	54	3.46%
D.	10 to 19 times	26	1.67%
E.	20 to 39 times	19	1.22%
F.	40 or more times	16	1.03%
TOTALS		1,559	100.00%

Q -51 During your life, how many times have you used heroin (also called smack, junk, or China White)?

A.	0 times	1547	98.91%
B.	1 or 2 times	6	0.38%
C.	3 to 9 times	6	0.38%
D.	10 to 19 times	1	0.06%
E.	20 to 39 times	1	0.06%
F.	40 or more times	3	0.19%
TOTALS		1,564	100.00%

Q -52 During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?

A.	0 times	1527	97.57%
B.	1 or 2 times	25	1.60%
C.	3 to 9 times	8	0.51%
D.	10 to 19 times	2	0.13%
E.	20 to 39 times	0	0.00%
F.	40 or more times	3	0.19%
TOTALS		1,565	100.00%

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Q -53 During your life, how many times have you used ecstasy (also called MDMA)?

A.	0 times	1502	98.36%
B.	1 or 2 times	18	1.18%
C.	3 to 9 times	5	0.33%
D.	10 to 19 times	1	0.07%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.07%
TOTALS		1,527	100.00%

Q -54 During your life, how many times have you taken steroid pills or shots without a doctor's prescription?

A.	0 times	1527	97.63%
B.	1 or 2 times	24	1.53%
C.	3 to 9 times	4	0.26%
D.	10 to 19 times	3	0.19%
E.	20 to 39 times	4	0.26%
F.	40 or more times	2	0.13%
TOTALS		1,564	100.00%

Q -55 During your life, how many times have you used a needle to inject any illegal drug into your body?

A.	0 times	1523	97.75%
B.	1 time	25	1.60%
C.	2 or more times	10	0.64%
TOTALS		1,558	100.00%

Q -56 During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?

A.	Yes	325	21.06%
B.	No	1218	78.94%
TOTALS		1,543	100.00%

Q -57 Have you ever had sexual intercourse?

A.	Yes	288	18.57%
B.	No	1263	81.43%
TOTALS		1,551	100.00%

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Q -58 How old were you when you had sexual intercourse for the first time?

A.	I have never had sexual intercourse	1314	84.50%
B.	11 years old or younger	95	6.11%
C.	12 years old	46	2.96%
D.	13 years old	65	4.18%
E.	14 years old	33	2.12%
F.	15 years old	1	0.06%
G.	16 years old	1	0.06%
H.	17 years old or older	0	0.00%
TOTALS		1,555	100.00%

Q -59 During your life, with how many people have you had sexual intercourse?

A.	I have never had sexual intercourse	1317	85.08%
B.	1 person	119	7.69%
C.	2 people	41	2.65%
D.	3 people	38	2.45%
E.	4 people	13	0.84%
F.	5 people	6	0.39%
G.	6 or more people	14	0.90%
TOTALS		1,548	100.00%

Q -60 During the past 3 months, with how many people did you have sexual intercourse?

A.	I have never had sexual intercourse	1340	85.95%
B.	I have had sexual intercourse, but not during the past 3 months	126	8.08%
C.	1 person	61	3.91%
D.	2 people	18	1.15%
E.	3 people	7	0.45%
F.	4 people	2	0.13%
G.	5 people	1	0.06%
H.	6 or more people	4	0.26%
TOTALS		1,559	100.00%

Q -61 Did you drink alcohol or use drugs before you had sexual intercourse the last time?

A.	I have never had sexual intercourse	1273	81.97%
B.	Yes	67	4.31%
C.	No	213	13.72%
TOTALS		1,553	100.00%

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Q -62 The last time you had sexual intercourse, did you or your partner use a condom?

A.	I have never had sexual intercourse	1290	83.93%
B.	Yes	139	9.04%
C.	No	108	7.03%
TOTALS		1,537	100.00%

Q -63 How do you describe your weight?

A.	Very underweight	101	6.47%
B.	Slightly underweight	240	15.37%
C.	About the right weight	750	48.05%
D.	Slightly overweight	394	25.24%
E.	Very overweight	76	4.87%
TOTALS		1,561	100.00%

Q -64 Which of the following are you trying to do about your weight?

A.	Lose weight	775	49.84%
B.	Gain weight	193	12.41%
C.	Stay the same weight	276	17.75%
D.	I am not trying to do anything about my weight	311	20.00%
TOTALS		1,555	100.00%

Q -65 During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)

A.	I did not drink 100% fruit juice during the past 7 days	508	32.92%
B.	1 to 3 times during the past 7 days	580	37.59%
C.	4 to 6 times during the past 7 days	191	12.38%
D.	1 time per day	94	6.09%
E.	2 times per day	63	4.08%
F.	3 times per day	34	2.20%
G.	4 or more times per day	73	4.73%
TOTALS		1,543	100.00%

Q -66 During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)

A.	I did not eat fruit during the past 7 days	212	13.57%
B.	1 to 3 times during the past 7 days	538	34.44%
C.	4 to 6 times during the past 7 days	337	21.57%
D.	1 time per day	133	8.51%
E.	2 times per day	133	8.51%
F.	3 times per day	71	4.55%
G.	4 or more times per day	138	8.83%
TOTALS		1,562	100.00%

2019 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -67 During the past 7 days, how many times did you eat green salad?

A.	I did not eat green salad during the past 7 days	604	38.64%
B.	1 to 3 times during the past 7 days	581	37.17%
C.	4 to 6 times during the past 7 days	192	12.28%
D.	1 time per day	106	6.78%
E.	2 times per day	31	1.98%
F.	3 times per day	12	0.77%
G.	4 or more times per day	37	2.37%
TOTALS		1,563	100.00%

Q -68 During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)

A.	I did not eat potatoes during the past 7 days	658	42.07%
B.	1 to 3 times during the past 7 days	671	42.90%
C.	4 to 6 times during the past 7 days	128	8.18%
D.	1 time per day	43	2.75%
E.	2 times per day	18	1.15%
F.	3 times per day	9	0.58%
G.	4 or more times per day	37	2.37%
TOTALS		1,564	100.00%

Q -69 During the past 7 days, how many times did you eat carrots?

A.	I did not eat carrots during the past 7 days	724	46.26%
B.	1 to 3 times during the past 7 days	550	35.14%
C.	4 to 6 times during the past 7 days	155	9.90%
D.	1 time per day	57	3.64%
E.	2 times per day	23	1.47%
F.	3 times per day	12	0.77%
G.	4 or more times per day	43	2.75%
TOTALS		1,565	100.00%

Q -70 During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)

A.	I did not eat other vegetables during the past 7 days	329	21.12%
B.	1 to 3 times during the past 7 days	578	37.10%
C.	4 to 6 times during the past 7 days	326	20.92%
D.	1 time per day	128	8.22%
E.	2 times per day	87	5.58%
F.	3 times per day	37	2.37%
G.	4 or more times per day	73	4.69%
TOTALS		1,558	100.00%

2019 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -71 During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)

A.	I did not drink soda or pop during the past 7 days	386	25.02%
B.	1 to 3 times during the past 7 days	670	43.42%
C.	4 to 6 times during the past 7 days	243	15.75%
D.	1 time per day	105	6.80%
E.	2 times per day	56	3.63%
F.	3 times per day	26	1.69%
G.	4 or more times per day	57	3.69%
TOTALS		1,543	100.00%

Q -72 During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

A.	I did not drink milk during the past 7 days	315	20.17%
B.	1 to 3 glasses during the past 7 days	433	27.72%
C.	4 to 6 glasses during the past 7 days	273	17.48%
D.	1 glass per day	158	10.12%
E.	2 glasses per day	182	11.65%
F.	3 glasses per day	63	4.03%
G.	4 or more glasses per day	138	8.83%
TOTALS		1,562	100.00%

Q -73 During the past 7 days, how many times did you drink a can, bottle, or glass of an energy drink, such as Red Bull or Jolt? (Do not count diet or sports drinks such as Gatorade or PowerAde.)

A.	I did not drink energy drinks during the past 7 days	1176	75.72%
B.	1 to 3 times during the past 7 days	262	16.87%
C.	4 to 6 times during the past 7 days	50	3.22%
D.	1 time per day	24	1.55%
E.	2 times per day	18	1.16%
F.	3 times per day	6	0.39%
G.	4 or more times per day	17	1.09%
TOTALS		1,553	100.00%

Q -74 During the past 7 days, on how many days did you eat breakfast?

A.	0 days	175	11.37%
B.	1 day	114	7.41%
C.	2 days	128	8.32%
D.	3 days	145	9.42%
E.	4 days	105	6.82%
F.	5 days	129	8.38%
G.	6 days	133	8.64%
H.	7 days	610	39.64%
TOTALS		1,539	100.00%

2019 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -75 During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	206	13.19%
B.	1 day	127	8.13%
C.	2 days	158	10.12%
D.	3 days	182	11.65%
E.	4 days	159	10.18%
F.	5 days	203	13.00%
G.	6 days	100	6.40%
H.	7 days	427	27.34%
TOTALS		1,562	100.00%

Q -76 On an average school day, how many hours do you watch TV?

A.	I do not watch TV on an average school day	316	20.47%
B.	Less than 1 hour per day	357	23.12%
C.	1 hour per day	226	14.64%
D.	2 hours per day	239	15.48%
E.	3 hours per day	174	11.27%
F.	4 hours per day	82	5.31%
G.	5 or more hours per day	150	9.72%
TOTALS		1,544	100.00%

Q -77 On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent playing games, watching videos, texting, or using social media on your smartphone, computer, Xbox, PlayStation, iPad, or other tablet.)

A.	I do not play video or computer games or use a computer for something that is not school work	268	17.43%
B.	Less than 1 hour per day	217	14.11%
C.	1 hour per day	194	12.61%
D.	2 hours per day	230	14.95%
E.	3 hours per day	197	12.81%
F.	4 hours per day	139	9.04%
G.	5 or more hours per day	293	19.05%
TOTALS		1,538	100.00%

Q -78 In an average week when you are in school, on how many days do you go to physical education (PE) classes?

A.	0 days	223	14.65%
B.	1 day	44	2.89%
C.	2 days	243	15.97%
D.	3 days	391	25.69%
E.	4 days	104	6.83%
F.	5 days	517	33.97%
TOTALS		1,522	100.00%

2019 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -79 During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)

A.	0 teams	592	38.39%
B.	1 team	357	23.15%
C.	2 teams	298	19.33%
D.	3 or more teams	295	19.13%
TOTALS		1,542	100.00%

Q -80 During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?

A.	0 times	1193	77.17%
B.	1 time	174	11.25%
C.	2 times	80	5.17%
D.	3 times	27	1.75%
E.	4 or more times	72	4.66%
TOTALS		1,546	100.00%

Q -81 When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?

A.	During the past 12 months	1067	68.31%
B.	Between 12 and 24 months ago	160	10.24%
C.	More than 24 months ago	57	3.65%
D.	Never	16	1.02%
E.	Not sure	262	16.77%
TOTALS		1,562	100.00%

Q -82 Has a doctor or nurse ever told you that you have asthma?

A.	Yes	315	20.30%
B.	No	1007	64.88%
C.	Not sure	230	14.82%
TOTALS		1,552	100.00%

Q -83 On an average school night, how many hours of sleep do you get?

A.	4 or less hours	187	12.21%
B.	5 hours	144	9.40%
C.	6 hours	213	13.90%
D.	7 hours	314	20.50%
E.	8 hours	388	25.33%
F.	9 hours	170	11.10%
G.	10 or more hours	116	7.57%
TOTALS		1,532	100.00%

2019 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -84 During the past 30 days, where did you usually sleep?

A.	In my parent's or guardian's home	1471	93.93%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	51	3.26%
C.	In a shelter or emergency housing	12	0.77%
D.	In a motel or hotel	2	0.13%
E.	In a car, park, campground, or other public place	6	0.38%
F.	I do not have a usual place to sleep	7	0.45%
G.	Somewhere else	17	1.09%
TOTALS		1,566	100.00%

Q -85 During the past 12 months, how would you describe your grades in school?

A.	Mostly A's	462	30.37%
B.	Mostly B's	516	33.93%
C.	Mostly C's	277	18.21%
D.	Mostly D's	70	4.60%
E.	Mostly F's	42	2.76%
F.	None of these grades	12	0.79%
G.	Not sure	142	9.34%
TOTALS		1,521	100.00%

Q -86 During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)

A.	0 times	1443	95.00%
B.	1 or 2 times	40	2.63%
C.	3 to 9 times	24	1.58%
D.	10 to 19 times	3	0.20%
E.	20 to 39 times	2	0.13%
F.	40 or more times	7	0.46%
TOTALS		1,519	100.00%

Q -87 During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?

A.	Yes	1570	100.00%
B.	No	0	0.00%
TOTALS		1,570	100.00%