

2019 SOUTH EAST REGION YOUTH RISK BEHAVIOR SURVEY

HIGH SCHOOL FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 474 high school students in South East Region during February of 2019. Frequency distributions may not total 474 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	12 years old or younger	1	0.21%
B.	13 years old	2	0.42%
C.	14 years old	48	10.13%
D.	15 years old	125	26.37%
E.	16 years old	98	20.68%
F.	17 years old	106	22.36%
G.	18 years old or older	94	19.83%
	TOTALS	474	100.00%
Q-2. What is your sex?			
A.	Female	232	49.57%
B.	Male	236	50.43%
	TOTALS	468	100.00%
Q-3. In what grade are you?			
A.	9th grade	135	28.91%
B.	10th grade	101	21.63%
C.	11th grade	101	21.63%
D.	12th grade	127	27.19%
E.	Ungraded or other grade	3	0.64%
	TOTALS	467	100.00%
Q-4. Are you Hispanic or Latino?			
A.	Yes	44	9.42%
B.	No	423	90.58%
	TOTALS	467	100.00%
Q-5. What is your race?			
A.	American Indian or Alaskan Native	118	23.65%
B.	Asian	11	2.20%
C.	Black or African American	19	3.81%
D.	Native Hawaiian or Other Pacific Islander	3	0.60%
E.	White	348	69.74%
	TOTALS	499	100.00%

Q-6. How tall are you without your shoes on?			
A.	Less than 4 ft	0	0.00%
B.	4ft to 4 ft, 6 in	1	0.21%
C.	4ft, 7in to 5 ft	11	2.36%
D.	5ft, 1in to 5ft, 6in	164	35.12%
E.	Over 5ft, 6in	291	62.31%
TOTALS		467	100.00%

Q-7. How much do you weigh without your shoes on?			
A.	Less than 90 lbs	0	0.00%
B.	90-99 lbs	10	2.17%
C.	100-109 lbs	16	3.48%
D.	110-119lbs	33	7.17%
E.	120-129 lbs	46	10.00%
F.	130-139 lbs	54	11.74%
G.	140 lbs +	301	65.43%
TOTALS		460	100.00%

Q-8. How often do you wear a seat belt when riding in a car driven by someone else?			
A.	Never	12	2.55%
B.	Rarely	40	8.51%
C.	Sometimes	104	22.13%
D.	Most of the time	171	36.38%
E.	Always	143	30.43%
TOTALS		470	100.00%

Q-9. How often do you wear a seat belt when driving a car?			
A.	I do not drive a car	82	17.45%
B.	Never	20	4.26%
C.	Rarely	36	7.66%
D.	Sometimes	59	12.55%
E.	Most of the time	100	21.28%
F.	Always	173	36.81%
TOTALS		470	100.00%

Q-10. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?			
A.	0 times	373	80.22%
B.	1 time	35	7.53%
C.	2 or 3 times	32	6.88%
D.	4 or 5 times	8	1.72%
E.	6 or more times	17	3.66%
TOTALS		465	100.00%

Q-11. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?			
A.	I did not drive a car or other vehicle during the past 30 days	122	25.85%
B.	0 times	305	64.62%
C.	1 time	19	4.03%
D.	2 or 3 times	15	3.18%
E.	4 or 5 times	2	0.42%
F.	6 or more times	9	1.91%
TOTALS		472	100.00%

Q-12. During the past 30 days, on how many days did you text or e-mail while driving a car or other vehicle?			
A.	I did not drive a car or other vehicle during the past 30 days	103	21.82%
B.	0 days	159	33.69%
C.	1 or 2 days	69	14.62%
D.	3 to 5 days	34	7.20%
E.	6 to 9 days	14	2.97%
F.	10 to 19 days	32	6.78%
G.	20 to 29 days	17	3.60%
H.	All 30 days	44	9.32%
TOTALS		472	100.00%

Q-13. During the past 30 days, on how many days did you use the Internet or apps on your cell phone (such as YouTube, Instagram, or Facebook) while driving a car or other vehicle? (Do not count using your cell phone to get driving directions or to determine your location.)			
A.	I did not drive a car or other vehicle during the past 30 days	98	20.85%
B.	0 days	183	38.94%
C.	1 or 2 days	57	12.13%
D.	3 to 5 days	24	5.11%
E.	6 to 9 days	20	4.26%
F.	10 to 19 days	23	4.89%
G.	20 to 29 days	17	3.62%
H.	All 30 days	48	10.21%
TOTALS		470	100.00%

Q-14. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?			
A.	0 days	337	71.55%
B.	1 day	31	6.58%
C.	2 or 3 days	26	5.52%
D.	4 or 5 days	9	1.91%
E.	6 or more days	68	14.44%
TOTALS		471	100.00%

CAUTION! Please use this information carefully. Depending on sample size and procedures, the information contained in this report may or may not be representative of the entire student enrollment for the school.

Q-15. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?			
A.	0 days	412	87.10%
B.	1 day	13	2.75%
C.	2 or 3 days	5	1.06%
D.	4 or 5 days	4	0.85%
E.	6 or more days	39	8.25%
TOTALS		473	100.00%

Q-16. During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)			
A.	0 days	406	86.75%
B.	1 day	11	2.35%
C.	2 or 3 days	15	3.21%
D.	4 or 5 days	8	1.71%
E.	6 or more days	28	5.98%
TOTALS		468	100.00%

Q-17. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?			
A.	0 days	418	88.37%
B.	1 day	21	4.44%
C.	2 or 3 days	23	4.86%
D.	4 or 5 days	4	0.85%
E.	6 or more days	7	1.48%
TOTALS		473	100.00%

Q-18. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?			
A.	0 times	426	89.87%
B.	1 time	21	4.43%
C.	2 or 3 times	12	2.53%
D.	4 or 5 times	9	1.90%
E.	6 or 7 times	0	0.00%
F.	8 or 9 times	2	0.42%
G.	10 or 11 times	1	0.21%
H.	12 or more times	3	0.63%
TOTALS		474	100.00%

Q-19. During the past 12 months, how many times were you in a physical fight?			
A.	0 times	335	71.43%
B.	1 time	67	14.29%
C.	2 or 3 times	35	7.46%
D.	4 or 5 times	14	2.99%
E.	6 or 7 times	2	0.43%
F.	8 or 9 times	4	0.85%
G.	10 or 11 times	3	0.64%
H.	12 or more times	9	1.92%
TOTALS		469	100.00%

Q-20. During the past 12 months, how many times were you in a physical fight on school property?			
A.	0 times	430	90.72%
B.	1 time	26	5.49%
C.	2 or 3 times	8	1.69%
D.	4 or 5 times	4	0.84%
E.	6 or 7 times	2	0.42%
F.	8 or 9 times	0	0.00%
G.	10 or 11 times	2	0.42%
H.	12 or more times	2	0.42%
TOTALS		474	100.00%

Q-21. Have you ever been physically forced to have sexual intercourse when you did not want to?			
A.	Yes	51	10.94%
B.	No	415	89.06%
TOTALS		466	100.00%

Q-22. During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)			
A.	0 times	405	86.35%
B.	1 time	27	5.76%
C.	2 or 3 times	23	4.90%
D.	4 or 5 times	9	1.92%
E.	6 or more times	5	1.07%
TOTALS		469	100.00%

Q-23. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)			
A.	I did not date or go out with anyone during the past 12 months	168	35.59%
B.	0 times	273	57.84%
C.	1 time	12	2.54%
D.	2 or 3 times	12	2.54%
E.	4 or 5 times	1	0.21%
F.	6 or more times	6	1.27%
TOTALS		472	100.00%

Q-24. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)			
A.	I did not date or go out with anyone during the past 12 months	177	37.58%
B.	0 times	262	55.63%
C.	1 time	16	3.40%
D.	2 or 3 times	8	1.70%
E.	4 or 5 times	4	0.85%
F.	6 or more times	4	0.85%
TOTALS		471	100.00%
Q-25. During the past 12 months, have you ever been bullied on school property?			
A.	Yes	108	23.48%
B.	No	352	76.52%
TOTALS		460	100.00%
Q-26. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)			
A.	Yes	94	20.09%
B.	No	374	79.91%
TOTALS		468	100.00%
Q-27. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?			
A.	Yes	66	14.25%
B.	No	397	85.75%
TOTALS		463	100.00%
Q-28. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?			
A.	Yes	170	37.61%
B.	No	282	62.39%
TOTALS		452	100.00%
Q-29. During the past 12 months, did you ever seriously consider attempting suicide?			
A.	Yes	107	23.06%
B.	No	357	76.94%
TOTALS		464	100.00%
Q-30. During the past 12 months, did you make a plan about how you would attempt suicide?			
A.	Yes	96	20.87%
B.	No	364	79.13%
TOTALS		460	100.00%
Q-31. During the past 12 months, how many times did you actually attempt suicide?			
A.	0 times	383	82.01%
B.	1 time	53	11.35%
C.	2 or 3 times	24	5.14%
D.	4 or 5 times	2	0.43%
E.	6 or more times	5	1.07%
TOTALS		467	100.00%

Q-32. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

A.	I did not attempt suicide during the past 12 months	364	78.28%
B.	Yes	29	6.24%
C.	No	72	15.48%
TOTALS		465	100.00%

Q-33. Have you ever tried cigarette smoking, even one or two puffs?

A.	Yes	210	45.85%
B.	No	248	54.15%
TOTALS		458	100.00%

Q-34. How old were you when you first tried cigarette smoking, even one or two puffs?

A.	I have never tried cigarette smoking, not even one or two puffs	252	53.85%
B.	8 years old or younger	26	5.56%
C.	9 or 10 years old	17	3.63%
D.	11 or 12 years old	26	5.56%
E.	13 or 14 years old	58	12.39%
F.	15 or 16 years old	68	14.53%
G.	17 years old or older	21	4.49%
TOTALS		468	100.00%

Q-35. During the past 30 days, on how many days did you smoke cigarettes?

A.	0 days	385	81.74%
B.	1 or 2 days	27	5.73%
C.	3 to 5 days	24	5.10%
D.	6 to 9 days	13	2.76%
E.	10 to 19 days	11	2.34%
F.	20 to 29 days	4	0.85%
G.	All 30 days	7	1.49%
TOTALS		471	100.00%

Q-36. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

A.	I did not smoke cigarettes during the past 30 days	376	80.00%
B.	Less than 1 cigarette per day	44	9.36%
C.	1 cigarette per day	21	4.47%
D.	2 to 5 cigarettes per day	20	4.26%
E.	6 to 10 cigarettes per day	5	1.06%
F.	11 to 20 cigarettes per day	2	0.43%
G.	More than 20 cigarettes per day	2	0.43%
TOTALS		470	100.00%

Q-37. Have you ever used an electronic vapor product?

A.	Yes	278	60.17%
B.	No	184	39.83%
TOTALS		462	100.00%

Q-38. During the past 30 days, on how many days did you use an electronic vapor product?			
A.	0 days	289	61.23%
B.	1 or 2 days	73	15.47%
C.	3 to 5 days	20	4.24%
D.	6 to 9 days	25	5.30%
E.	10 to 19 days	31	6.57%
F.	20 to 29 days	15	3.18%
G.	All 30 days	19	4.03%
	TOTALS	472	100.00%
Q-39. During the past 30 days, on how many days did you use an electronic vapor product on school property?			
A.	0 days	387	81.99%
B.	1 or 2 days	29	6.14%
C.	3 to 5 days	13	2.75%
D.	6 to 9 days	11	2.33%
E.	10 to 19 days	11	2.33%
F.	20 to 29 days	8	1.69%
G.	All 30 days	13	2.75%
	TOTALS	472	100.00%
Q-40. During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)			
A.	I did not use any electronic vapor products during the past 30 days	302	64.12%
B.	I bought them in a store such as a convenience store, supermarket, discount store, gas station, or vape store	37	7.86%
C.	I got them on the Internet	6	1.27%
D.	I gave someone else money to buy them for me	32	6.79%
E.	I borrowed them from someone else	59	12.53%
F.	A person who can legally buy these products gave them to me	14	2.97%
G.	I took them from a store or another person	5	1.06%
H.	I got them some other way	16	3.40%
	TOTALS	471	100.00%
Q-41. What is the main reason you have used electronic vapor products? (Select only one response.)			
A.	I have never used an electronic vapor product	203	43.01%
B.	Friend or family member used them	68	14.41%
C.	To try to quit using other tobacco products	13	2.75%
D.	They cost less than other tobacco products	5	1.06%
E.	They are easier to get than other tobacco products	7	1.48%
F.	They are less harmful than other forms of tobacco	21	4.45%
G.	They are available in flavors, such as mint, candy, fruit, or chocolate	44	9.32%
H.	I used them for some other reason	111	23.52%
	TOTALS	472	100.00%

Q-42. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)		
A.	0 days	396 84.43%
B.	1 or 2 days	30 6.40%
C.	3 to 5 days	6 1.28%
D.	6 to 9 days	5 1.07%
E.	10 to 19 days	7 1.49%
F.	20 to 29 days	8 1.71%
G.	All 30 days	17 3.62%
TOTALS		469 100.00%
Q-43. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?		
A.	0 days	402 85.71%
B.	1 or 2 days	34 7.25%
C.	3 to 5 days	15 3.20%
D.	6 to 9 days	5 1.07%
E.	10 to 19 days	5 1.07%
F.	20 to 29 days	2 0.43%
G.	All 30 days	6 1.28%
TOTALS		469 100.00%
Q-44. During the past 12 months, did you ever try to quit using all tobacco products, including cigarettes, cigars, smokeless tobacco, shisha or hookah tobacco, and electronic vapor products?		
A.	I did not use any tobacco products during the past 12 months	277 59.70%
B.	Yes	89 19.18%
C.	No	98 21.12%
TOTALS		464 100.00%
Q-45. How old were you when you had your first drink of alcohol other than a few sips?		
A.	I have never had a drink of alcohol other than a few sips	158 33.83%
B.	8 years old or younger	35 7.49%
C.	9 or 10 years old	26 5.57%
D.	11 or 12 years old	29 6.21%
E.	13 or 14 years old	99 21.20%
F.	15 or 16 years old	104 22.27%
G.	17 years old or older	16 3.43%
TOTALS		467 100.00%

Q-46. During the past 30 days, on how many days did you have at least one drink of alcohol?			
A.	0 days	311	66.17%
B.	1 or 2 days	72	15.32%
C.	3 to 5 days	40	8.51%
D.	6 to 9 days	17	3.62%
E.	10 to 19 days	16	3.40%
F.	20 to 29 days	9	1.91%
G.	All 30 days	5	1.06%
TOTALS		470	100.00%

Q-47. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?			
A.	0 days	363	76.91%
B.	1 day	46	9.75%
C.	2 days	21	4.45%
D.	3 to 5 days	20	4.24%
E.	6 to 9 days	10	2.12%
F.	10 to 19 days	7	1.48%
G.	20 or more days	5	1.06%
TOTALS		472	100.00%

Q-48. During the past 30 days, what is the largest number of alcoholic drinks you had in a row, that is, within a couple of hours?			
A.	I did not drink alcohol during the past 30 days	314	66.81%
B.	1 or 2 drinks	46	9.79%
C.	3 drinks	17	3.62%
D.	4 drinks	15	3.19%
E.	5 drinks	16	3.40%
F.	6 or 7 drinks	17	3.62%
G.	8 or 9 drinks	9	1.91%
H.	10 or more drinks	36	7.66%
TOTALS		470	100.00%

Q-49. During the past 30 days, how did you usually get the alcohol you drank?			
A.	I did not drink alcohol during the past 30 days	299	64.86%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	7	1.52%
C.	I bought it at a restaurant, bar, or club	5	1.08%
D.	I bought it at a public event such as a concert or sporting event	4	0.87%
E.	I gave someone else money to buy it for me	45	9.76%
F.	Someone gave it to me	56	12.15%
G.	I took it from a store or family member	10	2.17%
H.	I got it some other way	35	7.59%
TOTALS		461	100.00%

Q-50. During your life, how many times have you used marijuana?			
A.	0 times	281	59.53%
B.	1 or 2 times	54	11.44%
C.	3 to 9 times	36	7.63%
D.	10 to 19 times	16	3.39%
E.	20 to 39 times	19	4.03%
F.	40 to 99 times	19	4.03%
G.	100 or more times	47	9.96%
TOTALS		472	100.00%

Q-51. How old were you when you tried marijuana for the first time?			
A.	I have never tried marijuana	272	57.87%
B.	8 years old or younger	20	4.26%
C.	9 or 10 years old	20	4.26%
D.	11 or 12 years old	23	4.89%
E.	13 or 14 years old	53	11.28%
F.	15 or 16 years old	66	14.04%
G.	17 years old or older	16	3.40%
TOTALS		470	100.00%

Q-52. During the past 30 days, how many times did you use marijuana?			
A.	0 times	362	77.35%
B.	1 or 2 times	37	7.91%
C.	3 to 9 times	16	3.42%
D.	10 to 19 times	10	2.14%
E.	20 to 39 times	14	2.99%
F.	40 or more times	29	6.20%
TOTALS		468	100.00%

Q-53. During your life, how many times have you used synthetic marijuana?			
A.	0 times	432	91.91%
B.	1 or 2 times	19	4.04%
C.	3 to 9 times	12	2.55%
D.	10 to 19 times	1	0.21%
E.	20 to 39 times	3	0.64%
F.	40 or more times	3	0.64%
TOTALS		470	100.00%

Q-54. During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?

A.	0 times	380	80.85%
B.	1 or 2 times	41	8.72%
C.	3 to 9 times	21	4.47%
D.	10 to 19 times	10	2.13%
E.	20 to 39 times	9	1.91%
F.	40 or more times	9	1.91%
TOTALS		470	100.00%

Q-55. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

A.	0 times	437	92.78%
B.	1 or 2 times	16	3.40%
C.	3 to 9 times	10	2.12%
D.	10 to 19 times	2	0.42%
E.	20 to 39 times	2	0.42%
F.	40 or more times	4	0.85%
TOTALS		471	100.00%

Q-56. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

A.	0 times	420	89.17%
B.	1 or 2 times	27	5.73%
C.	3 to 9 times	12	2.55%
D.	10 to 19 times	6	1.27%
E.	20 to 39 times	2	0.42%
F.	40 or more times	4	0.85%
TOTALS		471	100.00%

Q-57. During your life, how many times have you used heroin (also called smack, junk, or China White)?

A.	0 times	449	95.33%
B.	1 or 2 times	10	2.12%
C.	3 to 9 times	6	1.27%
D.	10 to 19 times	3	0.64%
E.	20 to 39 times	2	0.42%
F.	40 or more times	1	0.21%
TOTALS		471	100.00%

Q-58. During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?

A.	0 times	436	93.97%
B.	1 or 2 times	12	2.59%
C.	3 to 9 times	7	1.51%
D.	10 to 19 times	1	0.22%
E.	20 to 39 times	4	0.86%
F.	40 or more times	4	0.86%
TOTALS		464	100.00%

Q-59. During your life, how many times have you used ecstasy (also called MDMA)?			
A.	0 times	447	95.11%
B.	1 or 2 times	9	1.91%
C.	3 to 9 times	7	1.49%
D.	10 to 19 times	4	0.85%
E.	20 to 39 times	1	0.21%
F.	40 or more times	2	0.43%
TOTALS		470	100.00%
Q-60. During your life, how many times have you taken steroid pills or shots without a doctor's prescription?			
A.	0 times	449	95.74%
B.	1 or 2 times	4	0.85%
C.	3 to 9 times	8	1.71%
D.	10 to 19 times	4	0.85%
E.	20 to 39 times	1	0.21%
F.	40 or more times	1	0.21%
TOTALS		469	100.00%
Q-61. During your life, how many times have you used a needle to inject any illegal drug into your body?			
A.	0 times	446	95.91%
B.	1 time	10	2.15%
C.	2 or more times	9	1.94%
TOTALS		465	100.00%
Q-62. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?			
A.	Yes	85	18.40%
B.	No	377	81.60%
TOTALS		462	100.00%
Q-63. Have you ever had sexual intercourse?			
A.	Yes	229	49.89%
B.	No	230	50.11%
TOTALS		459	100.00%
Q-64. How old were you when you had sexual intercourse for the first time?			
A.	I have never had sexual intercourse	235	50.21%
B.	11 years old or younger	19	4.06%
C.	12 years old	6	1.28%
D.	13 years old	13	2.78%
E.	14 years old	61	13.03%
F.	15 years old	66	14.10%
G.	16 years old	48	10.26%
H.	17 years old or older	20	4.27%
TOTALS		468	100.00%

Q-65. During your life, with how many people have you had sexual intercourse?			
A.	I have never had sexual intercourse	239	50.96%
B.	1 person	77	16.42%
C.	2 people	44	9.38%
D.	3 people	36	7.68%
E.	4 people	23	4.90%
F.	5 people	19	4.05%
G.	6 or more people	31	6.61%
TOTALS		469	100.00%
Q-66. During the past 3 months, with how many people did you have sexual intercourse?			
A.	I have never had sexual intercourse	240	51.17%
B.	I have had sexual intercourse, but not during the past 3 months	73	15.57%
C.	1 person	119	25.37%
D.	2 people	21	4.48%
E.	3 people	7	1.49%
F.	4 people	3	0.64%
G.	5 people	3	0.64%
H.	6 or more people	3	0.64%
TOTALS		469	100.00%
Q-67. Did you drink alcohol or use drugs before you had sexual intercourse the last time?			
A.	I have never had sexual intercourse	232	49.79%
B.	Yes	47	10.09%
C.	No	187	40.13%
TOTALS		466	100.00%
Q-68. The last time you had sexual intercourse, did you or your partner use a condom?			
A.	I have never had sexual intercourse	234	51.09%
B.	Yes	123	26.86%
C.	No	101	22.05%
TOTALS		458	100.00%
Q-69. The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy? (Select only one response.)			
A.	I have never had sexual intercourse	235	50.54%
B.	No method was used to prevent pregnancy	30	6.45%
C.	Birth control pills	38	8.17%
D.	Condoms	96	20.65%
E.	An IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon)	12	2.58%
F.	A shot (such as Depo-Provera), patch (such as Ortho Evra), or birth control ring (such as NuvaRing)	21	4.52%
G.	Withdrawal or some other method	27	5.81%
H.	Not sure	6	1.29%
TOTALS		465	100.00%

Q-70. How do you describe your weight?			
A.	Very underweight	23	4.91%
B.	Slightly underweight	58	12.39%
C.	About the right weight	210	44.87%
D.	Slightly overweight	140	29.91%
E.	Very overweight	37	7.91%
TOTALS		468	100.00%

Q-71. Which of the following are you trying to do about your weight?			
A.	Lose weight	249	53.21%
B.	Gain weight	63	13.46%
C.	Stay the same weight	66	14.10%
D.	I am not trying to do anything about my weight	90	19.23%
TOTALS		468	100.00%

Q-72. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)			
A.	I did not drink 100% fruit juice during the past 7 days	152	32.48%
B.	1 to 3 times during the past 7 days	185	39.53%
C.	4 to 6 times during the past 7 days	68	14.53%
D.	1 time per day	22	4.70%
E.	2 times per day	23	4.91%
F.	3 times per day	7	1.50%
G.	4 or more times per day	11	2.35%
TOTALS		468	100.00%

Q-73. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)			
A.	I did not eat fruit during the past 7 days	64	13.76%
B.	1 to 3 times during the past 7 days	180	38.71%
C.	4 to 6 times during the past 7 days	117	25.16%
D.	1 time per day	38	8.17%
E.	2 times per day	39	8.39%
F.	3 times per day	9	1.94%
G.	4 or more times per day	18	3.87%
TOTALS		465	100.00%

Q-74. During the past 7 days, how many times did you eat green salad?			
A.	I did not eat green salad during the past 7 days	180	38.38%
B.	1 to 3 times during the past 7 days	196	41.79%
C.	4 to 6 times during the past 7 days	56	11.94%
D.	1 time per day	22	4.69%
E.	2 times per day	9	1.92%
F.	3 times per day	3	0.64%
G.	4 or more times per day	3	0.64%
TOTALS		469	100.00%

Q-75. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)			
A.	I did not eat potatoes during the past 7 days	155	33.19%
B.	1 to 3 times during the past 7 days	224	47.97%
C.	4 to 6 times during the past 7 days	55	11.78%
D.	1 time per day	14	3.00%
E.	2 times per day	10	2.14%
F.	3 times per day	6	1.28%
G.	4 or more times per day	3	0.64%
TOTALS		467	100.00%

Q-76. During the past 7 days, how many times did you eat carrots?			
A.	I did not eat carrots during the past 7 days	228	49.35%
B.	1 to 3 times during the past 7 days	171	37.01%
C.	4 to 6 times during the past 7 days	40	8.66%
D.	1 time per day	14	3.03%
E.	2 times per day	3	0.65%
F.	3 times per day	2	0.43%
G.	4 or more times per day	4	0.87%
TOTALS		462	100.00%

Q-77. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)			
A.	I did not eat other vegetables during the past 7 days	94	20.17%
B.	1 to 3 times during the past 7 days	201	43.13%
C.	4 to 6 times during the past 7 days	103	22.10%
D.	1 time per day	29	6.22%
E.	2 times per day	21	4.51%
F.	3 times per day	13	2.79%
G.	4 or more times per day	5	1.07%
TOTALS		466	100.00%

Q-78. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)			
A.	I did not drink soda or pop during the past 7 days	137	29.46%
B.	1 to 3 times during the past 7 days	178	38.28%
C.	4 to 6 times during the past 7 days	89	19.14%
D.	1 time per day	20	4.30%
E.	2 times per day	25	5.38%
F.	3 times per day	5	1.08%
G.	4 or more times per day	11	2.37%
TOTALS		465	100.00%

Q-79. During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

A.	I did not drink milk during the past 7 days	110	23.61%
B.	1 to 3 glasses during the past 7 days	107	22.96%
C.	4 to 6 glasses during the past 7 days	91	19.53%
D.	1 glass per day	41	8.80%
E.	2 glasses per day	60	12.88%
F.	3 glasses per day	32	6.87%
G.	4 or more glasses per day	25	5.36%
TOTALS		466	100.00%

Q-80. During the past 7 days, how many times did you drink a can, bottle, or glass of an energy drink, such as Red Bull or Jolt? (Do not count diet or sports drinks such as Gatorade or PowerAde.)

A.	I did not drink energy drinks during the past 7 days	335	72.04%
B.	1 to 3 times during the past 7 days	86	18.49%
C.	4 to 6 times during the past 7 days	16	3.44%
D.	1 time per day	10	2.15%
E.	2 times per day	7	1.51%
F.	3 times per day	3	0.65%
G.	4 or more times per day	8	1.72%
TOTALS		465	100.00%

Q-81. During the past 7 days, on how many days did you eat breakfast?

A.	0 days	67	14.32%
B.	1 day	50	10.68%
C.	2 days	55	11.75%
D.	3 days	52	11.11%
E.	4 days	38	8.12%
F.	5 days	42	8.97%
G.	6 days	32	6.84%
H.	7 days	132	28.21%
TOTALS		468	100.00%

Q-82. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	67	14.53%
B.	1 day	32	6.94%
C.	2 days	39	8.46%
D.	3 days	51	11.06%
E.	4 days	41	8.89%
F.	5 days	60	13.02%
G.	6 days	44	9.54%
H.	7 days	127	27.55%
TOTALS		461	100.00%

CAUTION! Please use this information carefully. Depending on sample size and procedures, the information contained in this report may or may not be representative of the entire student enrollment for the school.

Q-83. On an average school day, how many hours do you watch TV?			
A.	I do not watch TV on an average school day	129	27.68%
B.	Less than 1 hour per day	89	19.10%
C.	1 hour per day	72	15.45%
D.	2 hours per day	84	18.03%
E.	3 hours per day	60	12.88%
F.	4 hours per day	16	3.43%
G.	5 or more hours per day	16	3.43%
TOTALS		466	100.00%

Q-84. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent playing games, watching videos, texting, or using social media on your smartphone, computer, Xbox, PlayStation, iPad, or other tablet.)			
A.	I do not play video or computer games or use a computer for something that is not school work	115	24.57%
B.	Less than 1 hour per day	64	13.68%
C.	1 hour per day	44	9.40%
D.	2 hours per day	68	14.53%
E.	3 hours per day	59	12.61%
F.	4 hours per day	42	8.97%
G.	5 or more hours per day	76	16.24%
TOTALS		468	100.00%

Q-85. In an average week when you are in school, on how many days do you go to physical education (PE) classes?			
A.	0 days	185	40.57%
B.	1 day	16	3.51%
C.	2 days	38	8.33%
D.	3 days	17	3.73%
E.	4 days	22	4.82%
F.	5 days	178	39.04%
TOTALS		456	100.00%

Q-86. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)			
A.	0 teams	163	35.28%
B.	1 team	114	24.68%
C.	2 teams	74	16.02%
D.	3 or more teams	111	24.03%
TOTALS		462	100.00%

Q-87. During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?			
A.	0 times	368	80.00%
B.	1 time	56	12.17%
C.	2 times	24	5.22%
D.	3 times	3	0.65%
E.	4 or more times	9	1.96%
TOTALS		460	100.00%

Q-88. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?			
A.	During the past 12 months	334	72.61%
B.	Between 12 and 24 months ago	40	8.70%
C.	More than 24 months ago	28	6.09%
D.	Never	11	2.39%
E.	Not sure	47	10.22%
TOTALS		460	100.00%
Q-89. Has a doctor or nurse ever told you that you have asthma?			
A.	Yes	113	24.62%
B.	No	315	68.63%
C.	Not sure	31	6.75%
TOTALS		459	100.00%
Q-90. On an average school night, how many hours of sleep do you get?			
A.	4 or less hours	36	7.83%
B.	5 hours	48	10.43%
C.	6 hours	95	20.65%
D.	7 hours	142	30.87%
E.	8 hours	109	23.70%
F.	9 hours	19	4.13%
G.	10 or more hours	11	2.39%
TOTALS		460	100.00%
Q-91. During the past 30 days, where did you usually sleep?			
A.	In my parent's or guardian's home	425	91.59%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	16	3.45%
C.	In a shelter or emergency housing	4	0.86%
D.	In a motel or hotel	6	1.29%
E.	In a car, park, campground, or other public place	2	0.43%
F.	I do not have a usual place to sleep	3	0.65%
G.	Somewhere else	8	1.72%
TOTALS		464	100.00%
Q-92. During the past 12 months, how would you describe your grades in school?			
A.	Mostly A's	173	37.61%
B.	Mostly B's	155	33.70%
C.	Mostly C's	82	17.83%
D.	Mostly D's	9	1.96%
E.	Mostly F's	12	2.61%
F.	None of these grades	5	1.09%
G.	Not sure	24	5.22%
TOTALS		460	100.00%

Q-93. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)		
A.	0 times	424 91.38%
B.	1 or 2 times	12 2.59%
C.	3 to 9 times	7 1.51%
D.	10 to 19 times	12 2.59%
E.	20 to 39 times	6 1.29%
F.	40 or more times	3 0.65%
	TOTALS	464 100.00%
Q-94. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?		
A.	Yes	79 17.56%
B.	No	371 82.44%
	TOTALS	450 100.00%