

2019 NORTH WEST REGION YOUTH RISK BEHAVIOR SURVEY

HIGH SCHOOL FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 1,086 high school students in North West Region during February of 2019. Frequency distributions may not total 1,086 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	12 years old or younger	2	0.18%
B.	13 years old	1	0.09%
C.	14 years old	109	10.06%
D.	15 years old	339	31.30%
E.	16 years old	300	27.70%
F.	17 years old	226	20.87%
G.	18 years old or older	106	9.79%
	TOTALS	1,083	100.00%
Q-2. What is your sex?			
A.	Female	531	49.08%
B.	Male	551	50.92%
	TOTALS	1,082	100.00%
Q-3. In what grade are you?			
A.	9th grade	296	27.53%
B.	10th grade	349	32.47%
C.	11th grade	263	24.47%
D.	12th grade	165	15.35%
E.	Ungraded or other grade	2	0.19%
	TOTALS	1,075	100.00%
Q-4. Are you Hispanic or Latino?			
A.	Yes	105	9.79%
B.	No	968	90.21%
	TOTALS	1,073	100.00%
Q-5. What is your race?			
A.	American Indian or Alaskan Native	99	8.53%
B.	Asian	30	2.59%
C.	Black or African American	23	1.98%
D.	Native Hawaiian or Other Pacific Islander	17	1.47%
E.	White	991	85.43%
	TOTALS	1,160	100.00%

Q-6. How tall are you without your shoes on?			
A.	Less than 4 ft	0	0.00%
B.	4ft to 4 ft, 6 in	0	0.00%
C.	4ft, 7in to 5 ft	20	1.87%
D.	5ft, 1in to 5ft, 6in	420	39.33%
E.	Over 5ft, 6in	628	58.80%
TOTALS		1,068	100.00%

Q-7. How much do you weigh without your shoes on?			
A.	Less than 90 lbs	2	0.19%
B.	90-99 lbs	10	0.94%
C.	100-109 lbs	40	3.76%
D.	110-119lbs	118	11.10%
E.	120-129 lbs	147	13.83%
F.	130-139 lbs	147	13.83%
G.	140 lbs +	599	56.35%
TOTALS		1,063	100.00%

Q-8. How often do you wear a seat belt when riding in a car driven by someone else?			
A.	Never	18	1.67%
B.	Rarely	33	3.06%
C.	Sometimes	92	8.54%
D.	Most of the time	331	30.73%
E.	Always	603	55.99%
TOTALS		1,077	100.00%

Q-9. How often do you wear a seat belt when driving a car?			
A.	I do not drive a car	268	24.81%
B.	Never	22	2.04%
C.	Rarely	26	2.41%
D.	Sometimes	33	3.06%
E.	Most of the time	102	9.44%
F.	Always	629	58.24%
TOTALS		1,080	100.00%

Q-10. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?			
A.	0 times	901	83.81%
B.	1 time	74	6.88%
C.	2 or 3 times	53	4.93%
D.	4 or 5 times	10	0.93%
E.	6 or more times	37	3.44%
TOTALS		1,075	100.00%

Q-11. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?			
A.	I did not drive a car or other vehicle during the past 30 days	345	31.91%
B.	0 times	680	62.90%
C.	1 time	24	2.22%
D.	2 or 3 times	20	1.85%
E.	4 or 5 times	6	0.56%
F.	6 or more times	6	0.56%
TOTALS		1,081	100.00%

Q-12. During the past 30 days, on how many days did you text or e-mail while driving a car or other vehicle?			
A.	I did not drive a car or other vehicle during the past 30 days	326	30.13%
B.	0 days	402	37.15%
C.	1 or 2 days	114	10.54%
D.	3 to 5 days	49	4.53%
E.	6 to 9 days	41	3.79%
F.	10 to 19 days	39	3.60%
G.	20 to 29 days	40	3.70%
H.	All 30 days	71	6.56%
TOTALS		1,082	100.00%

Q-13. During the past 30 days, on how many days did you use the Internet or apps on your cell phone (such as YouTube, Instagram, or Facebook) while driving a car or other vehicle? (Do not count using your cell phone to get driving directions or to determine your location.)			
A.	I did not drive a car or other vehicle during the past 30 days	318	29.50%
B.	0 days	453	42.02%
C.	1 or 2 days	93	8.63%
D.	3 to 5 days	40	3.71%
E.	6 to 9 days	23	2.13%
F.	10 to 19 days	42	3.90%
G.	20 to 29 days	24	2.23%
H.	All 30 days	85	7.88%
TOTALS		1,078	100.00%

Q-14. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?			
A.	0 days	770	71.30%
B.	1 day	60	5.56%
C.	2 or 3 days	67	6.20%
D.	4 or 5 days	33	3.06%
E.	6 or more days	150	13.89%
TOTALS		1,080	100.00%

Q-15. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?			
A.	0 days	971	89.82%
B.	1 day	31	2.87%
C.	2 or 3 days	13	1.20%
D.	4 or 5 days	6	0.56%
E.	6 or more days	60	5.55%
TOTALS		1,081	100.00%

Q-16. During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)			
A.	0 days	967	89.54%
B.	1 day	26	2.41%
C.	2 or 3 days	22	2.04%
D.	4 or 5 days	11	1.02%
E.	6 or more days	54	5.00%
TOTALS		1,080	100.00%

Q-17. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?			
A.	0 days	989	91.40%
B.	1 day	53	4.90%
C.	2 or 3 days	22	2.03%
D.	4 or 5 days	11	1.02%
E.	6 or more days	7	0.65%
TOTALS		1,082	100.00%

Q-18. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?			
A.	0 times	988	91.06%
B.	1 time	50	4.61%
C.	2 or 3 times	24	2.21%
D.	4 or 5 times	5	0.46%
E.	6 or 7 times	5	0.46%
F.	8 or 9 times	2	0.18%
G.	10 or 11 times	1	0.09%
H.	12 or more times	10	0.92%
TOTALS		1,085	100.00%

Q-19. During the past 12 months, how many times were you in a physical fight?			
A.	0 times	818	75.53%
B.	1 time	130	12.00%
C.	2 or 3 times	83	7.66%
D.	4 or 5 times	17	1.57%
E.	6 or 7 times	10	0.92%
F.	8 or 9 times	4	0.37%
G.	10 or 11 times	1	0.09%
H.	12 or more times	20	1.85%
TOTALS		1,083	100.00%

Q-20. During the past 12 months, how many times were you in a physical fight on school property?			
A.	0 times	975	89.86%
B.	1 time	79	7.28%
C.	2 or 3 times	18	1.66%
D.	4 or 5 times	4	0.37%
E.	6 or 7 times	1	0.09%
F.	8 or 9 times	0	0.00%
G.	10 or 11 times	3	0.28%
H.	12 or more times	5	0.46%
TOTALS		1,085	100.00%

Q-21. Have you ever been physically forced to have sexual intercourse when you did not want to?			
A.	Yes	98	9.07%
B.	No	982	90.93%
TOTALS		1,080	100.00%

Q-22. During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)			
A.	0 times	962	88.91%
B.	1 time	64	5.91%
C.	2 or 3 times	24	2.22%
D.	4 or 5 times	10	0.92%
E.	6 or more times	22	2.03%
TOTALS		1,082	100.00%

Q-23. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)			
A.	I did not date or go out with anyone during the past 12 months	365	33.64%
B.	0 times	646	59.54%
C.	1 time	24	2.21%
D.	2 or 3 times	29	2.67%
E.	4 or 5 times	8	0.74%
F.	6 or more times	13	1.20%
TOTALS		1,085	100.00%

Q-24. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)			
A.	I did not date or go out with anyone during the past 12 months	362	33.43%
B.	0 times	666	61.50%
C.	1 time	20	1.85%
D.	2 or 3 times	16	1.48%
E.	4 or 5 times	2	0.18%
F.	6 or more times	17	1.57%
TOTALS		1,083	100.00%
Q-25. During the past 12 months, have you ever been bullied on school property?			
A.	Yes	305	28.64%
B.	No	760	71.36%
TOTALS		1,065	100.00%
Q-26. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)			
A.	Yes	197	18.21%
B.	No	885	81.79%
TOTALS		1,082	100.00%
Q-27. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?			
A.	Yes	165	15.26%
B.	No	916	84.74%
TOTALS		1,081	100.00%
Q-28. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?			
A.	Yes	390	36.83%
B.	No	669	63.17%
TOTALS		1,059	100.00%
Q-29. During the past 12 months, did you ever seriously consider attempting suicide?			
A.	Yes	235	21.82%
B.	No	842	78.18%
TOTALS		1,077	100.00%
Q-30. During the past 12 months, did you make a plan about how you would attempt suicide?			
A.	Yes	205	19.11%
B.	No	868	80.89%
TOTALS		1,073	100.00%
Q-31. During the past 12 months, how many times did you actually attempt suicide?			
A.	0 times	931	86.52%
B.	1 time	97	9.01%
C.	2 or 3 times	39	3.62%
D.	4 or 5 times	6	0.56%
E.	6 or more times	3	0.28%
TOTALS		1,076	100.00%

Q-32. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

A.	I did not attempt suicide during the past 12 months	935	86.65%
B.	Yes	33	3.06%
C.	No	111	10.29%
TOTALS		1,079	100.00%

Q-33. Have you ever tried cigarette smoking, even one or two puffs?

A.	Yes	339	31.45%
B.	No	739	68.55%
TOTALS		1,078	100.00%

Q-34. How old were you when you first tried cigarette smoking, even one or two puffs?

A.	I have never tried cigarette smoking, not even one or two puffs	743	68.92%
B.	8 years old or younger	39	3.62%
C.	9 or 10 years old	34	3.15%
D.	11 or 12 years old	51	4.73%
E.	13 or 14 years old	90	8.35%
F.	15 or 16 years old	98	9.09%
G.	17 years old or older	23	2.13%
TOTALS		1,078	100.00%

Q-35. During the past 30 days, on how many days did you smoke cigarettes?

A.	0 days	1003	92.61%
B.	1 or 2 days	30	2.77%
C.	3 to 5 days	18	1.66%
D.	6 to 9 days	8	0.74%
E.	10 to 19 days	11	1.02%
F.	20 to 29 days	3	0.28%
G.	All 30 days	10	0.92%
TOTALS		1,083	100.00%

Q-36. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

A.	I did not smoke cigarettes during the past 30 days	992	91.51%
B.	Less than 1 cigarette per day	46	4.24%
C.	1 cigarette per day	15	1.38%
D.	2 to 5 cigarettes per day	22	2.03%
E.	6 to 10 cigarettes per day	3	0.28%
F.	11 to 20 cigarettes per day	1	0.09%
G.	More than 20 cigarettes per day	5	0.46%
TOTALS		1,084	100.00%

Q-37. Have you ever used an electronic vapor product?

A.	Yes	584	54.22%
B.	No	493	45.78%
TOTALS		1,077	100.00%

Q-38. During the past 30 days, on how many days did you use an electronic vapor product?			
A.	0 days	686	63.28%
B.	1 or 2 days	125	11.53%
C.	3 to 5 days	60	5.54%
D.	6 to 9 days	48	4.43%
E.	10 to 19 days	42	3.87%
F.	20 to 29 days	38	3.51%
G.	All 30 days	85	7.84%
	TOTALS	1,084	100.00%
Q-39. During the past 30 days, on how many days did you use an electronic vapor product on school property?			
A.	0 days	882	81.52%
B.	1 or 2 days	67	6.19%
C.	3 to 5 days	32	2.96%
D.	6 to 9 days	22	2.03%
E.	10 to 19 days	34	3.14%
F.	20 to 29 days	21	1.94%
G.	All 30 days	24	2.22%
	TOTALS	1,082	100.00%
Q-40. During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)			
A.	I did not use any electronic vapor products during the past 30 days	680	63.14%
B.	I bought them in a store such as a convenience store, supermarket, discount store, gas station, or vape store	45	4.18%
C.	I got them on the Internet	13	1.21%
D.	I gave someone else money to buy them for me	81	7.52%
E.	I borrowed them from someone else	189	17.55%
F.	A person who can legally buy these products gave them to me	24	2.23%
G.	I took them from a store or another person	1	0.09%
H.	I got them some other way	44	4.09%
	TOTALS	1,077	100.00%
Q-41. What is the main reason you have used electronic vapor products? (Select only one response.)			
A.	I have never used an electronic vapor product	519	48.01%
B.	Friend or family member used them	150	13.88%
C.	To try to quit using other tobacco products	12	1.11%
D.	They cost less than other tobacco products	5	0.46%
E.	They are easier to get than other tobacco products	16	1.48%
F.	They are less harmful than other forms of tobacco	50	4.63%
G.	They are available in flavors, such as mint, candy, fruit, or chocolate	78	7.22%
H.	I used them for some other reason	251	23.22%
	TOTALS	1,081	100.00%

Q-42. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)		
A.	0 days	1001 92.77%
B.	1 or 2 days	32 2.97%
C.	3 to 5 days	13 1.20%
D.	6 to 9 days	7 0.65%
E.	10 to 19 days	6 0.56%
F.	20 to 29 days	1 0.09%
G.	All 30 days	19 1.76%
TOTALS		1,079 100.00%
Q-43. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?		
A.	0 days	988 91.40%
B.	1 or 2 days	56 5.18%
C.	3 to 5 days	16 1.48%
D.	6 to 9 days	11 1.02%
E.	10 to 19 days	3 0.28%
F.	20 to 29 days	0 0.00%
G.	All 30 days	7 0.65%
TOTALS		1,081 100.00%
Q-44. During the past 12 months, did you ever try to quit using all tobacco products, including cigarettes, cigars, smokeless tobacco, shisha or hookah tobacco, and electronic vapor products?		
A.	I did not use any tobacco products during the past 12 months	754 69.75%
B.	Yes	157 14.52%
C.	No	170 15.73%
TOTALS		1,081 100.00%
Q-45. How old were you when you had your first drink of alcohol other than a few sips?		
A.	I have never had a drink of alcohol other than a few sips	449 41.54%
B.	8 years old or younger	68 6.29%
C.	9 or 10 years old	52 4.81%
D.	11 or 12 years old	83 7.68%
E.	13 or 14 years old	207 19.15%
F.	15 or 16 years old	195 18.04%
G.	17 years old or older	27 2.50%
TOTALS		1,081 100.00%

Q-46. During the past 30 days, on how many days did you have at least one drink of alcohol?			
A.	0 days	754	69.81%
B.	1 or 2 days	165	15.28%
C.	3 to 5 days	77	7.13%
D.	6 to 9 days	45	4.17%
E.	10 to 19 days	26	2.41%
F.	20 to 29 days	8	0.74%
G.	All 30 days	5	0.46%
TOTALS		1,080	100.00%

Q-47. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?			
A.	0 days	887	81.83%
B.	1 day	64	5.90%
C.	2 days	51	4.70%
D.	3 to 5 days	44	4.06%
E.	6 to 9 days	22	2.03%
F.	10 to 19 days	10	0.92%
G.	20 or more days	6	0.55%
TOTALS		1,084	100.00%

Q-48. During the past 30 days, what is the largest number of alcoholic drinks you had in a row, that is, within a couple of hours?			
A.	I did not drink alcohol during the past 30 days	772	71.35%
B.	1 or 2 drinks	118	10.91%
C.	3 drinks	22	2.03%
D.	4 drinks	20	1.85%
E.	5 drinks	48	4.44%
F.	6 or 7 drinks	41	3.79%
G.	8 or 9 drinks	20	1.85%
H.	10 or more drinks	41	3.79%
TOTALS		1,082	100.00%

Q-49. During the past 30 days, how did you usually get the alcohol you drank?			
A.	I did not drink alcohol during the past 30 days	752	70.41%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	6	0.56%
C.	I bought it at a restaurant, bar, or club	4	0.37%
D.	I bought it at a public event such as a concert or sporting event	2	0.19%
E.	I gave someone else money to buy it for me	60	5.62%
F.	Someone gave it to me	139	13.01%
G.	I took it from a store or family member	46	4.31%
H.	I got it some other way	59	5.52%
TOTALS		1,068	100.00%

Q-50. During your life, how many times have you used marijuana?			
A.	0 times	701	64.91%
B.	1 or 2 times	101	9.35%
C.	3 to 9 times	80	7.41%
D.	10 to 19 times	43	3.98%
E.	20 to 39 times	38	3.52%
F.	40 to 99 times	38	3.52%
G.	100 or more times	79	7.31%
TOTALS		1,080	100.00%

Q-51. How old were you when you tried marijuana for the first time?			
A.	I have never tried marijuana	696	64.38%
B.	8 years old or younger	14	1.30%
C.	9 or 10 years old	13	1.20%
D.	11 or 12 years old	40	3.70%
E.	13 or 14 years old	146	13.51%
F.	15 or 16 years old	153	14.15%
G.	17 years old or older	19	1.76%
TOTALS		1,081	100.00%

Q-52. During the past 30 days, how many times did you use marijuana?			
A.	0 times	892	82.44%
B.	1 or 2 times	76	7.02%
C.	3 to 9 times	51	4.71%
D.	10 to 19 times	22	2.03%
E.	20 to 39 times	11	1.02%
F.	40 or more times	30	2.77%
TOTALS		1,082	100.00%

Q-53. During your life, how many times have you used synthetic marijuana?			
A.	0 times	1017	93.99%
B.	1 or 2 times	31	2.87%
C.	3 to 9 times	17	1.57%
D.	10 to 19 times	4	0.37%
E.	20 to 39 times	5	0.46%
F.	40 or more times	8	0.74%
TOTALS		1,082	100.00%

Q-54. During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?

A.	0 times	927	85.91%
B.	1 or 2 times	57	5.28%
C.	3 to 9 times	42	3.89%
D.	10 to 19 times	21	1.95%
E.	20 to 39 times	8	0.74%
F.	40 or more times	24	2.22%
TOTALS		1,079	100.00%

Q-55. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

A.	0 times	1024	95.43%
B.	1 or 2 times	22	2.05%
C.	3 to 9 times	10	0.93%
D.	10 to 19 times	3	0.28%
E.	20 to 39 times	2	0.19%
F.	40 or more times	12	1.12%
TOTALS		1,073	100.00%

Q-56. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

A.	0 times	993	92.12%
B.	1 or 2 times	47	4.36%
C.	3 to 9 times	15	1.39%
D.	10 to 19 times	6	0.56%
E.	20 to 39 times	4	0.37%
F.	40 or more times	13	1.21%
TOTALS		1,078	100.00%

Q-57. During your life, how many times have you used heroin (also called smack, junk, or China White)?

A.	0 times	1055	97.96%
B.	1 or 2 times	6	0.56%
C.	3 to 9 times	3	0.28%
D.	10 to 19 times	3	0.28%
E.	20 to 39 times	3	0.28%
F.	40 or more times	7	0.65%
TOTALS		1,077	100.00%

Q-58. During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?

A.	0 times	1049	97.40%
B.	1 or 2 times	13	1.21%
C.	3 to 9 times	2	0.19%
D.	10 to 19 times	1	0.09%
E.	20 to 39 times	2	0.19%
F.	40 or more times	10	0.93%
TOTALS		1,077	100.00%

CAUTION! Please use this information carefully. Depending on sample size and procedures, the information contained in this report may or may not be representative of the entire student enrollment for the school.

Q-59. During your life, how many times have you used ecstasy (also called MDMA)?			
A.	0 times	1024	94.99%
B.	1 or 2 times	28	2.60%
C.	3 to 9 times	10	0.93%
D.	10 to 19 times	5	0.46%
E.	20 to 39 times	2	0.19%
F.	40 or more times	9	0.83%
TOTALS		1,078	100.00%
Q-60. During your life, how many times have you taken steroid pills or shots without a doctor's prescription?			
A.	0 times	1055	97.87%
B.	1 or 2 times	6	0.56%
C.	3 to 9 times	6	0.56%
D.	10 to 19 times	4	0.37%
E.	20 to 39 times	2	0.19%
F.	40 or more times	5	0.46%
TOTALS		1,078	100.00%
Q-61. During your life, how many times have you used a needle to inject any illegal drug into your body?			
A.	0 times	1057	98.33%
B.	1 time	8	0.74%
C.	2 or more times	10	0.93%
TOTALS		1,075	100.00%
Q-62. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?			
A.	Yes	278	25.88%
B.	No	796	74.12%
TOTALS		1,074	100.00%
Q-63. Have you ever had sexual intercourse?			
A.	Yes	441	41.06%
B.	No	633	58.94%
TOTALS		1,074	100.00%
Q-64. How old were you when you had sexual intercourse for the first time?			
A.	I have never had sexual intercourse	660	61.57%
B.	11 years old or younger	24	2.24%
C.	12 years old	14	1.31%
D.	13 years old	39	3.64%
E.	14 years old	70	6.53%
F.	15 years old	139	12.97%
G.	16 years old	92	8.58%
H.	17 years old or older	34	3.17%
TOTALS		1,072	100.00%

Q-65. During your life, with how many people have you had sexual intercourse?			
A.	I have never had sexual intercourse	666	62.07%
B.	1 person	187	17.43%
C.	2 people	75	6.99%
D.	3 people	51	4.75%
E.	4 people	31	2.89%
F.	5 people	21	1.96%
G.	6 or more people	42	3.91%
TOTALS		1,073	100.00%

Q-66. During the past 3 months, with how many people did you have sexual intercourse?			
A.	I have never had sexual intercourse	663	61.85%
B.	I have had sexual intercourse, but not during the past 3 months	119	11.10%
C.	1 person	232	21.64%
D.	2 people	33	3.08%
E.	3 people	13	1.21%
F.	4 people	5	0.47%
G.	5 people	2	0.19%
H.	6 or more people	5	0.47%
TOTALS		1,072	100.00%

Q-67. Did you drink alcohol or use drugs before you had sexual intercourse the last time?			
A.	I have never had sexual intercourse	656	61.25%
B.	Yes	74	6.91%
C.	No	341	31.84%
TOTALS		1,071	100.00%

Q-68. The last time you had sexual intercourse, did you or your partner use a condom?			
A.	I have never had sexual intercourse	661	61.89%
B.	Yes	231	21.63%
C.	No	176	16.48%
TOTALS		1,068	100.00%

Q-69. The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy? (Select only one response.)			
A.	I have never had sexual intercourse	657	61.81%
B.	No method was used to prevent pregnancy	41	3.86%
C.	Birth control pills	94	8.84%
D.	Condoms	173	16.27%
E.	An IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon)	35	3.29%
F.	A shot (such as Depo-Provera), patch (such as Ortho Evra), or birth control ring (such as NuvaRing)	15	1.41%
G.	Withdrawal or some other method	35	3.29%
H.	Not sure	13	1.22%
TOTALS		1,063	100.00%

Q-70. How do you describe your weight?			
A.	Very underweight	31	2.89%
B.	Slightly underweight	160	14.94%
C.	About the right weight	589	55.00%
D.	Slightly overweight	252	23.53%
E.	Very overweight	39	3.64%
TOTALS		1,071	100.00%
Q-71. Which of the following are you trying to do about your weight?			
A.	Lose weight	445	41.51%
B.	Gain weight	210	19.59%
C.	Stay the same weight	170	15.86%
D.	I am not trying to do anything about my weight	247	23.04%
TOTALS		1,072	100.00%
Q-72. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)			
A.	I did not drink 100% fruit juice during the past 7 days	354	33.05%
B.	1 to 3 times during the past 7 days	435	40.62%
C.	4 to 6 times during the past 7 days	163	15.22%
D.	1 time per day	56	5.23%
E.	2 times per day	34	3.17%
F.	3 times per day	12	1.12%
G.	4 or more times per day	17	1.59%
TOTALS		1,071	100.00%
Q-73. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)			
A.	I did not eat fruit during the past 7 days	109	10.19%
B.	1 to 3 times during the past 7 days	344	32.15%
C.	4 to 6 times during the past 7 days	274	25.61%
D.	1 time per day	141	13.18%
E.	2 times per day	129	12.06%
F.	3 times per day	37	3.46%
G.	4 or more times per day	36	3.36%
TOTALS		1,070	100.00%
Q-74. During the past 7 days, how many times did you eat green salad?			
A.	I did not eat green salad during the past 7 days	307	28.72%
B.	1 to 3 times during the past 7 days	469	43.87%
C.	4 to 6 times during the past 7 days	170	15.90%
D.	1 time per day	86	8.04%
E.	2 times per day	20	1.87%
F.	3 times per day	6	0.56%
G.	4 or more times per day	11	1.03%
TOTALS		1,069	100.00%

Q-75. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)			
A.	I did not eat potatoes during the past 7 days	333	31.12%
B.	1 to 3 times during the past 7 days	576	53.83%
C.	4 to 6 times during the past 7 days	102	9.53%
D.	1 time per day	35	3.27%
E.	2 times per day	10	0.93%
F.	3 times per day	2	0.19%
G.	4 or more times per day	12	1.12%
TOTALS		1,070	100.00%

Q-76. During the past 7 days, how many times did you eat carrots?			
A.	I did not eat carrots during the past 7 days	430	40.41%
B.	1 to 3 times during the past 7 days	451	42.39%
C.	4 to 6 times during the past 7 days	108	10.15%
D.	1 time per day	47	4.42%
E.	2 times per day	13	1.22%
F.	3 times per day	6	0.56%
G.	4 or more times per day	9	0.85%
TOTALS		1,064	100.00%

Q-77. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)			
A.	I did not eat other vegetables during the past 7 days	152	14.26%
B.	1 to 3 times during the past 7 days	427	40.06%
C.	4 to 6 times during the past 7 days	272	25.52%
D.	1 time per day	105	9.85%
E.	2 times per day	80	7.50%
F.	3 times per day	12	1.13%
G.	4 or more times per day	18	1.69%
TOTALS		1,066	100.00%

Q-78. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)			
A.	I did not drink soda or pop during the past 7 days	335	31.43%
B.	1 to 3 times during the past 7 days	473	44.37%
C.	4 to 6 times during the past 7 days	163	15.29%
D.	1 time per day	41	3.85%
E.	2 times per day	26	2.44%
F.	3 times per day	8	0.75%
G.	4 or more times per day	20	1.88%
TOTALS		1,066	100.00%

Q-79. During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

A.	I did not drink milk during the past 7 days	273	25.59%
B.	1 to 3 glasses during the past 7 days	295	27.65%
C.	4 to 6 glasses during the past 7 days	189	17.71%
D.	1 glass per day	126	11.81%
E.	2 glasses per day	93	8.72%
F.	3 glasses per day	49	4.59%
G.	4 or more glasses per day	42	3.94%
TOTALS		1,067	100.00%

Q-80. During the past 7 days, how many times did you drink a can, bottle, or glass of an energy drink, such as Red Bull or Jolt? (Do not count diet or sports drinks such as Gatorade or PowerAde.)

A.	I did not drink energy drinks during the past 7 days	746	69.98%
B.	1 to 3 times during the past 7 days	231	21.67%
C.	4 to 6 times during the past 7 days	51	4.78%
D.	1 time per day	13	1.22%
E.	2 times per day	13	1.22%
F.	3 times per day	2	0.19%
G.	4 or more times per day	10	0.94%
TOTALS		1,066	100.00%

Q-81. During the past 7 days, on how many days did you eat breakfast?

A.	0 days	141	13.29%
B.	1 day	93	8.77%
C.	2 days	129	12.16%
D.	3 days	96	9.05%
E.	4 days	73	6.88%
F.	5 days	74	6.97%
G.	6 days	92	8.67%
H.	7 days	363	34.21%
TOTALS		1,061	100.00%

Q-82. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	117	11.03%
B.	1 day	67	6.31%
C.	2 days	67	6.31%
D.	3 days	87	8.20%
E.	4 days	108	10.18%
F.	5 days	184	17.34%
G.	6 days	127	11.97%
H.	7 days	304	28.65%
TOTALS		1,061	100.00%

CAUTION! Please use this information carefully. Depending on sample size and procedures, the information contained in this report may or may not be representative of the entire student enrollment for the school.

Q-83. On an average school day, how many hours do you watch TV?			
A.	I do not watch TV on an average school day	249	23.40%
B.	Less than 1 hour per day	239	22.46%
C.	1 hour per day	166	15.60%
D.	2 hours per day	208	19.55%
E.	3 hours per day	102	9.59%
F.	4 hours per day	58	5.45%
G.	5 or more hours per day	42	3.95%
TOTALS		1,064	100.00%

Q-84. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent playing games, watching videos, texting, or using social media on your smartphone, computer, Xbox, PlayStation, iPad, or other tablet.)			
A.	I do not play video or computer games or use a computer for something that is not school work	231	21.81%
B.	Less than 1 hour per day	166	15.68%
C.	1 hour per day	123	11.61%
D.	2 hours per day	164	15.49%
E.	3 hours per day	149	14.07%
F.	4 hours per day	102	9.63%
G.	5 or more hours per day	124	11.71%
TOTALS		1,059	100.00%

Q-85. In an average week when you are in school, on how many days do you go to physical education (PE) classes?			
A.	0 days	389	37.19%
B.	1 day	17	1.63%
C.	2 days	27	2.58%
D.	3 days	109	10.42%
E.	4 days	23	2.20%
F.	5 days	481	45.98%
TOTALS		1,046	100.00%

Q-86. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)			
A.	0 teams	374	35.42%
B.	1 team	267	25.28%
C.	2 teams	225	21.31%
D.	3 or more teams	190	17.99%
TOTALS		1,056	100.00%

Q-87. During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?			
A.	0 times	878	83.07%
B.	1 time	117	11.07%
C.	2 times	32	3.03%
D.	3 times	15	1.42%
E.	4 or more times	15	1.42%
TOTALS		1,057	100.00%

Q-88. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?			
A.	During the past 12 months	820	77.73%
B.	Between 12 and 24 months ago	98	9.29%
C.	More than 24 months ago	34	3.22%
D.	Never	16	1.52%
E.	Not sure	87	8.25%
TOTALS		1,055	100.00%
Q-89. Has a doctor or nurse ever told you that you have asthma?			
A.	Yes	208	19.70%
B.	No	797	75.47%
C.	Not sure	51	4.83%
TOTALS		1,056	100.00%
Q-90. On an average school night, how many hours of sleep do you get?			
A.	4 or less hours	71	6.73%
B.	5 hours	122	11.56%
C.	6 hours	216	20.47%
D.	7 hours	326	30.90%
E.	8 hours	240	22.75%
F.	9 hours	67	6.35%
G.	10 or more hours	13	1.23%
TOTALS		1,055	100.00%
Q-91. During the past 30 days, where did you usually sleep?			
A.	In my parent's or guardian's home	1003	94.80%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	23	2.17%
C.	In a shelter or emergency housing	10	0.95%
D.	In a motel or hotel	2	0.19%
E.	In a car, park, campground, or other public place	3	0.28%
F.	I do not have a usual place to sleep	3	0.28%
G.	Somewhere else	14	1.32%
TOTALS		1,058	100.00%
Q-92. During the past 12 months, how would you describe your grades in school?			
A.	Mostly A's	484	45.88%
B.	Mostly B's	329	31.18%
C.	Mostly C's	163	15.45%
D.	Mostly D's	38	3.60%
E.	Mostly F's	8	0.76%
F.	None of these grades	2	0.19%
G.	Not sure	31	2.94%
TOTALS		1,055	100.00%

Q-93. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)

A.	0 times	1001	94.79%
B.	1 or 2 times	25	2.37%
C.	3 to 9 times	15	1.42%
D.	10 to 19 times	10	0.95%
E.	20 to 39 times	3	0.28%
F.	40 or more times	2	0.19%
TOTALS		1,056	100.00%

Q-94. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?

A.	Yes	161	15.42%
B.	No	883	84.58%
TOTALS		1,044	100.00%