

2019 NORTH CENTRAL REGION YOUTH RISK BEHAVIOR SURVEY

HIGH SCHOOL FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 1,133 high school students in North Central Region during February of 2019. Frequency distributions may not total 1,133 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	12 years old or younger	2	0.18%
B.	13 years old	0	0.00%
C.	14 years old	111	9.83%
D.	15 years old	286	25.33%
E.	16 years old	326	28.88%
F.	17 years old	250	22.14%
G.	18 years old or older	154	13.64%
	TOTALS	1,129	100.00%
Q-2. What is your sex?			
A.	Female	533	47.42%
B.	Male	591	52.58%
	TOTALS	1,124	100.00%
Q-3. In what grade are you?			
A.	9th grade	300	26.81%
B.	10th grade	292	26.09%
C.	11th grade	286	25.56%
D.	12th grade	237	21.18%
E.	Ungraded or other grade	4	0.36%
	TOTALS	1,119	100.00%
Q-4. Are you Hispanic or Latino?			
A.	Yes	91	8.15%
B.	No	1026	91.85%
	TOTALS	1,117	100.00%
Q-5. What is your race?			
A.	American Indian or Alaskan Native	181	15.05%
B.	Asian	36	2.99%
C.	Black or African American	31	2.58%
D.	Native Hawaiian or Other Pacific Islander	19	1.58%
E.	White	935	77.72%
	TOTALS	1,203	100.00%

Q-6. How tall are you without your shoes on?			
A.	Less than 4 ft	0	0.00%
B.	4ft to 4 ft, 6 in	3	0.27%
C.	4ft, 7in to 5 ft	20	1.78%
D.	5ft, 1in to 5ft, 6in	401	35.77%
E.	Over 5ft, 6in	697	62.18%
TOTALS		1,121	100.00%

Q-7. How much do you weigh without your shoes on?			
A.	Less than 90 lbs	3	0.27%
B.	90-99 lbs	12	1.09%
C.	100-109 lbs	31	2.81%
D.	110-119lbs	107	9.68%
E.	120-129 lbs	131	11.86%
F.	130-139 lbs	162	14.66%
G.	140 lbs +	659	59.64%
TOTALS		1,105	100.00%

Q-8. How often do you wear a seat belt when riding in a car driven by someone else?			
A.	Never	24	2.14%
B.	Rarely	63	5.61%
C.	Sometimes	138	12.29%
D.	Most of the time	382	34.02%
E.	Always	516	45.95%
TOTALS		1,123	100.00%

Q-9. How often do you wear a seat belt when driving a car?			
A.	I do not drive a car	193	17.16%
B.	Never	20	1.78%
C.	Rarely	60	5.33%
D.	Sometimes	91	8.09%
E.	Most of the time	196	17.42%
F.	Always	565	50.22%
TOTALS		1,125	100.00%

Q-10. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?			
A.	0 times	908	80.93%
B.	1 time	85	7.58%
C.	2 or 3 times	73	6.51%
D.	4 or 5 times	22	1.96%
E.	6 or more times	34	3.03%
TOTALS		1,122	100.00%

Q-11. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?			
A.	I did not drive a car or other vehicle during the past 30 days	285	25.22%
B.	0 times	766	67.79%
C.	1 time	40	3.54%
D.	2 or 3 times	31	2.74%
E.	4 or 5 times	5	0.44%
F.	6 or more times	3	0.27%
TOTALS		1,130	100.00%

Q-12. During the past 30 days, on how many days did you text or e-mail while driving a car or other vehicle?			
A.	I did not drive a car or other vehicle during the past 30 days	245	21.70%
B.	0 days	412	36.49%
C.	1 or 2 days	169	14.97%
D.	3 to 5 days	56	4.96%
E.	6 to 9 days	60	5.31%
F.	10 to 19 days	80	7.09%
G.	20 to 29 days	44	3.90%
H.	All 30 days	63	5.58%
TOTALS		1,129	100.00%

Q-13. During the past 30 days, on how many days did you use the Internet or apps on your cell phone (such as YouTube, Instagram, or Facebook) while driving a car or other vehicle? (Do not count using your cell phone to get driving directions or to determine your location.)			
A.	I did not drive a car or other vehicle during the past 30 days	245	21.80%
B.	0 days	470	41.81%
C.	1 or 2 days	133	11.83%
D.	3 to 5 days	51	4.54%
E.	6 to 9 days	42	3.74%
F.	10 to 19 days	64	5.69%
G.	20 to 29 days	42	3.74%
H.	All 30 days	77	6.85%
TOTALS		1,124	100.00%

Q-14. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?			
A.	0 days	843	74.60%
B.	1 day	54	4.78%
C.	2 or 3 days	68	6.02%
D.	4 or 5 days	34	3.01%
E.	6 or more days	131	11.59%
TOTALS		1,130	100.00%

Q-15. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?			
A.	0 days	1045	92.64%
B.	1 day	18	1.60%
C.	2 or 3 days	13	1.15%
D.	4 or 5 days	6	0.53%
E.	6 or more days	46	4.08%
TOTALS		1,128	100.00%

Q-16. During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)			
A.	0 days	1026	91.04%
B.	1 day	29	2.57%
C.	2 or 3 days	23	2.04%
D.	4 or 5 days	8	0.71%
E.	6 or more days	41	3.64%
TOTALS		1,127	100.00%

Q-17. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?			
A.	0 days	1058	93.63%
B.	1 day	35	3.10%
C.	2 or 3 days	22	1.95%
D.	4 or 5 days	7	0.62%
E.	6 or more days	8	0.71%
TOTALS		1,130	100.00%

Q-18. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?			
A.	0 times	1074	94.88%
B.	1 time	32	2.83%
C.	2 or 3 times	16	1.41%
D.	4 or 5 times	6	0.53%
E.	6 or 7 times	0	0.00%
F.	8 or 9 times	1	0.09%
G.	10 or 11 times	1	0.09%
H.	12 or more times	2	0.18%
TOTALS		1,132	100.00%

Q-19. During the past 12 months, how many times were you in a physical fight?			
A.	0 times	861	76.94%
B.	1 time	122	10.90%
C.	2 or 3 times	80	7.15%
D.	4 or 5 times	28	2.50%
E.	6 or 7 times	10	0.89%
F.	8 or 9 times	5	0.45%
G.	10 or 11 times	5	0.45%
H.	12 or more times	8	0.71%
TOTALS		1,119	100.00%

Q-20. During the past 12 months, how many times were you in a physical fight on school property?			
A.	0 times	1009	89.29%
B.	1 time	82	7.26%
C.	2 or 3 times	29	2.57%
D.	4 or 5 times	8	0.71%
E.	6 or 7 times	0	0.00%
F.	8 or 9 times	2	0.18%
G.	10 or 11 times	0	0.00%
H.	12 or more times	0	0.00%
TOTALS		1,130	100.00%

Q-21. Have you ever been physically forced to have sexual intercourse when you did not want to?			
A.	Yes	111	9.85%
B.	No	1016	90.15%
TOTALS		1,127	100.00%

Q-22. During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)			
A.	0 times	1008	89.44%
B.	1 time	73	6.48%
C.	2 or 3 times	35	3.11%
D.	4 or 5 times	5	0.44%
E.	6 or more times	6	0.53%
TOTALS		1,127	100.00%

Q-23. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)			
A.	I did not date or go out with anyone during the past 12 months	396	34.98%
B.	0 times	676	59.72%
C.	1 time	33	2.92%
D.	2 or 3 times	19	1.68%
E.	4 or 5 times	4	0.35%
F.	6 or more times	4	0.35%
TOTALS		1,132	100.00%

Q-24. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)			
A.	I did not date or go out with anyone during the past 12 months	382	33.78%
B.	0 times	700	61.89%
C.	1 time	17	1.50%
D.	2 or 3 times	14	1.24%
E.	4 or 5 times	3	0.27%
F.	6 or more times	15	1.33%
TOTALS		1,131	100.00%
Q-25. During the past 12 months, have you ever been bullied on school property?			
A.	Yes	254	22.86%
B.	No	857	77.14%
TOTALS		1,111	100.00%
Q-26. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)			
A.	Yes	186	16.47%
B.	No	943	83.53%
TOTALS		1,129	100.00%
Q-27. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?			
A.	Yes	141	12.48%
B.	No	989	87.52%
TOTALS		1,130	100.00%
Q-28. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?			
A.	Yes	351	31.79%
B.	No	753	68.21%
TOTALS		1,104	100.00%
Q-29. During the past 12 months, did you ever seriously consider attempting suicide?			
A.	Yes	233	20.67%
B.	No	894	79.33%
TOTALS		1,127	100.00%
Q-30. During the past 12 months, did you make a plan about how you would attempt suicide?			
A.	Yes	193	17.17%
B.	No	931	82.83%
TOTALS		1,124	100.00%
Q-31. During the past 12 months, how many times did you actually attempt suicide?			
A.	0 times	974	86.58%
B.	1 time	107	9.51%
C.	2 or 3 times	35	3.11%
D.	4 or 5 times	7	0.62%
E.	6 or more times	2	0.18%
TOTALS		1,125	100.00%

Q-32. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

A.	I did not attempt suicide during the past 12 months	948	84.04%
B.	Yes	60	5.32%
C.	No	120	10.64%
TOTALS		1,128	100.00%

Q-33. Have you ever tried cigarette smoking, even one or two puffs?

A.	Yes	400	35.59%
B.	No	724	64.41%
TOTALS		1,124	100.00%

Q-34. How old were you when you first tried cigarette smoking, even one or two puffs?

A.	I have never tried cigarette smoking, not even one or two puffs	739	65.75%
B.	8 years old or younger	43	3.83%
C.	9 or 10 years old	35	3.11%
D.	11 or 12 years old	53	4.72%
E.	13 or 14 years old	100	8.90%
F.	15 or 16 years old	127	11.30%
G.	17 years old or older	27	2.40%
TOTALS		1,124	100.00%

Q-35. During the past 30 days, on how many days did you smoke cigarettes?

A.	0 days	1018	90.25%
B.	1 or 2 days	51	4.52%
C.	3 to 5 days	16	1.42%
D.	6 to 9 days	11	0.98%
E.	10 to 19 days	11	0.98%
F.	20 to 29 days	6	0.53%
G.	All 30 days	15	1.33%
TOTALS		1,128	100.00%

Q-36. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

A.	I did not smoke cigarettes during the past 30 days	1007	89.35%
B.	Less than 1 cigarette per day	56	4.97%
C.	1 cigarette per day	19	1.69%
D.	2 to 5 cigarettes per day	34	3.02%
E.	6 to 10 cigarettes per day	8	0.71%
F.	11 to 20 cigarettes per day	2	0.18%
G.	More than 20 cigarettes per day	1	0.09%
TOTALS		1,127	100.00%

Q-37. Have you ever used an electronic vapor product?

A.	Yes	632	56.18%
B.	No	493	43.82%
TOTALS		1,125	100.00%

Q-38. During the past 30 days, on how many days did you use an electronic vapor product?			
A.	0 days	760	67.32%
B.	1 or 2 days	109	9.65%
C.	3 to 5 days	55	4.87%
D.	6 to 9 days	36	3.19%
E.	10 to 19 days	48	4.25%
F.	20 to 29 days	34	3.01%
G.	All 30 days	87	7.71%
	TOTALS	1,129	100.00%
Q-39. During the past 30 days, on how many days did you use an electronic vapor product on school property?			
A.	0 days	945	83.78%
B.	1 or 2 days	65	5.76%
C.	3 to 5 days	26	2.30%
D.	6 to 9 days	18	1.60%
E.	10 to 19 days	25	2.22%
F.	20 to 29 days	15	1.33%
G.	All 30 days	34	3.01%
	TOTALS	1,128	100.00%
Q-40. During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)			
A.	I did not use any electronic vapor products during the past 30 days	744	66.19%
B.	I bought them in a store such as a convenience store, supermarket, discount store, gas station, or vape store	60	5.34%
C.	I got them on the Internet	11	0.98%
D.	I gave someone else money to buy them for me	81	7.21%
E.	I borrowed them from someone else	143	12.72%
F.	A person who can legally buy these products gave them to me	38	3.38%
G.	I took them from a store or another person	3	0.27%
H.	I got them some other way	44	3.91%
	TOTALS	1,124	100.00%
Q-41. What is the main reason you have used electronic vapor products? (Select only one response.)			
A.	I have never used an electronic vapor product	531	47.16%
B.	Friend or family member used them	163	14.48%
C.	To try to quit using other tobacco products	24	2.13%
D.	They cost less than other tobacco products	11	0.98%
E.	They are easier to get than other tobacco products	12	1.07%
F.	They are less harmful than other forms of tobacco	49	4.35%
G.	They are available in flavors, such as mint, candy, fruit, or chocolate	92	8.17%
H.	I used them for some other reason	244	21.67%
	TOTALS	1,126	100.00%

Q-42. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)		
A.	0 days	1013 89.57%
B.	1 or 2 days	43 3.80%
C.	3 to 5 days	20 1.77%
D.	6 to 9 days	14 1.24%
E.	10 to 19 days	10 0.88%
F.	20 to 29 days	4 0.35%
G.	All 30 days	27 2.39%
TOTALS		1,131 100.00%
Q-43. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?		
A.	0 days	1041 92.29%
B.	1 or 2 days	53 4.70%
C.	3 to 5 days	14 1.24%
D.	6 to 9 days	11 0.98%
E.	10 to 19 days	6 0.53%
F.	20 to 29 days	1 0.09%
G.	All 30 days	2 0.18%
TOTALS		1,128 100.00%
Q-44. During the past 12 months, did you ever try to quit using all tobacco products, including cigarettes, cigars, smokeless tobacco, shisha or hookah tobacco, and electronic vapor products?		
A.	I did not use any tobacco products during the past 12 months	757 67.23%
B.	Yes	209 18.56%
C.	No	160 14.21%
TOTALS		1,126 100.00%
Q-45. How old were you when you had your first drink of alcohol other than a few sips?		
A.	I have never had a drink of alcohol other than a few sips	446 39.64%
B.	8 years old or younger	64 5.69%
C.	9 or 10 years old	40 3.56%
D.	11 or 12 years old	92 8.18%
E.	13 or 14 years old	198 17.60%
F.	15 or 16 years old	244 21.69%
G.	17 years old or older	41 3.64%
TOTALS		1,125 100.00%

Q-46. During the past 30 days, on how many days did you have at least one drink of alcohol?			
A.	0 days	794	70.70%
B.	1 or 2 days	158	14.07%
C.	3 to 5 days	87	7.75%
D.	6 to 9 days	39	3.47%
E.	10 to 19 days	34	3.03%
F.	20 to 29 days	8	0.71%
G.	All 30 days	3	0.27%
TOTALS		1,123	100.00%

Q-47. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?			
A.	0 days	912	80.85%
B.	1 day	81	7.18%
C.	2 days	51	4.52%
D.	3 to 5 days	47	4.17%
E.	6 to 9 days	20	1.77%
F.	10 to 19 days	9	0.80%
G.	20 or more days	8	0.71%
TOTALS		1,128	100.00%

Q-48. During the past 30 days, what is the largest number of alcoholic drinks you had in a row, that is, within a couple of hours?			
A.	I did not drink alcohol during the past 30 days	810	71.74%
B.	1 or 2 drinks	101	8.95%
C.	3 drinks	25	2.21%
D.	4 drinks	27	2.39%
E.	5 drinks	41	3.63%
F.	6 or 7 drinks	43	3.81%
G.	8 or 9 drinks	18	1.59%
H.	10 or more drinks	64	5.67%
TOTALS		1,129	100.00%

Q-49. During the past 30 days, how did you usually get the alcohol you drank?			
A.	I did not drink alcohol during the past 30 days	801	71.52%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	7	0.63%
C.	I bought it at a restaurant, bar, or club	1	0.09%
D.	I bought it at a public event such as a concert or sporting event	3	0.27%
E.	I gave someone else money to buy it for me	74	6.61%
F.	Someone gave it to me	137	12.23%
G.	I took it from a store or family member	33	2.95%
H.	I got it some other way	64	5.71%
TOTALS		1,120	100.00%

Q-50. During your life, how many times have you used marijuana?			
A.	0 times	752	66.79%
B.	1 or 2 times	97	8.61%
C.	3 to 9 times	76	6.75%
D.	10 to 19 times	41	3.64%
E.	20 to 39 times	32	2.84%
F.	40 to 99 times	36	3.20%
G.	100 or more times	92	8.17%
TOTALS		1,126	100.00%

Q-51. How old were you when you tried marijuana for the first time?			
A.	I have never tried marijuana	742	65.84%
B.	8 years old or younger	20	1.77%
C.	9 or 10 years old	27	2.40%
D.	11 or 12 years old	42	3.73%
E.	13 or 14 years old	126	11.18%
F.	15 or 16 years old	130	11.54%
G.	17 years old or older	40	3.55%
TOTALS		1,127	100.00%

Q-52. During the past 30 days, how many times did you use marijuana?			
A.	0 times	942	83.58%
B.	1 or 2 times	59	5.24%
C.	3 to 9 times	30	2.66%
D.	10 to 19 times	23	2.04%
E.	20 to 39 times	22	1.95%
F.	40 or more times	51	4.53%
TOTALS		1,127	100.00%

Q-53. During your life, how many times have you used synthetic marijuana?			
A.	0 times	1052	93.26%
B.	1 or 2 times	40	3.55%
C.	3 to 9 times	12	1.06%
D.	10 to 19 times	6	0.53%
E.	20 to 39 times	4	0.35%
F.	40 or more times	14	1.24%
TOTALS		1,128	100.00%

Q-54. During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?

A.	0 times	984	87.31%
B.	1 or 2 times	66	5.86%
C.	3 to 9 times	38	3.37%
D.	10 to 19 times	23	2.04%
E.	20 to 39 times	5	0.44%
F.	40 or more times	11	0.98%
TOTALS		1,127	100.00%

Q-55. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

A.	0 times	1085	96.79%
B.	1 or 2 times	16	1.43%
C.	3 to 9 times	9	0.80%
D.	10 to 19 times	6	0.54%
E.	20 to 39 times	3	0.27%
F.	40 or more times	2	0.18%
TOTALS		1,121	100.00%

Q-56. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

A.	0 times	1022	90.44%
B.	1 or 2 times	55	4.87%
C.	3 to 9 times	24	2.12%
D.	10 to 19 times	11	0.97%
E.	20 to 39 times	9	0.80%
F.	40 or more times	9	0.80%
TOTALS		1,130	100.00%

Q-57. During your life, how many times have you used heroin (also called smack, junk, or China White)?

A.	0 times	1115	98.94%
B.	1 or 2 times	8	0.71%
C.	3 to 9 times	1	0.09%
D.	10 to 19 times	1	0.09%
E.	20 to 39 times	1	0.09%
F.	40 or more times	1	0.09%
TOTALS		1,127	100.00%

Q-58. During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?

A.	0 times	1105	98.31%
B.	1 or 2 times	7	0.62%
C.	3 to 9 times	5	0.44%
D.	10 to 19 times	4	0.36%
E.	20 to 39 times	1	0.09%
F.	40 or more times	2	0.18%
TOTALS		1,124	100.00%

CAUTION! Please use this information carefully. Depending on sample size and procedures, the information contained in this report may or may not be representative of the entire student enrollment for the school.

Q-59. During your life, how many times have you used ecstasy (also called MDMA)?			
A.	0 times	1090	96.37%
B.	1 or 2 times	30	2.65%
C.	3 to 9 times	5	0.44%
D.	10 to 19 times	3	0.27%
E.	20 to 39 times	2	0.18%
F.	40 or more times	1	0.09%
TOTALS		1,131	100.00%
Q-60. During your life, how many times have you taken steroid pills or shots without a doctor's prescription?			
A.	0 times	1116	98.76%
B.	1 or 2 times	7	0.62%
C.	3 to 9 times	2	0.18%
D.	10 to 19 times	1	0.09%
E.	20 to 39 times	2	0.18%
F.	40 or more times	1	0.09%
TOTALS		1,130	100.00%
Q-61. During your life, how many times have you used a needle to inject any illegal drug into your body?			
A.	0 times	1112	98.76%
B.	1 time	11	0.98%
C.	2 or more times	3	0.27%
TOTALS		1,126	100.00%
Q-62. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?			
A.	Yes	211	18.74%
B.	No	915	81.26%
TOTALS		1,126	100.00%
Q-63. Have you ever had sexual intercourse?			
A.	Yes	515	45.98%
B.	No	605	54.02%
TOTALS		1,120	100.00%
Q-64. How old were you when you had sexual intercourse for the first time?			
A.	I have never had sexual intercourse	631	56.24%
B.	11 years old or younger	31	2.76%
C.	12 years old	25	2.23%
D.	13 years old	39	3.48%
E.	14 years old	114	10.16%
F.	15 years old	151	13.46%
G.	16 years old	93	8.29%
H.	17 years old or older	38	3.39%
TOTALS		1,122	100.00%

Q-65. During your life, with how many people have you had sexual intercourse?			
A.	I have never had sexual intercourse	633	56.32%
B.	1 person	189	16.81%
C.	2 people	87	7.74%
D.	3 people	56	4.98%
E.	4 people	35	3.11%
F.	5 people	32	2.85%
G.	6 or more people	92	8.19%
TOTALS		1,124	100.00%
Q-66. During the past 3 months, with how many people did you have sexual intercourse?			
A.	I have never had sexual intercourse	639	56.65%
B.	I have had sexual intercourse, but not during the past 3 months	148	13.12%
C.	1 person	265	23.49%
D.	2 people	37	3.28%
E.	3 people	20	1.77%
F.	4 people	7	0.62%
G.	5 people	4	0.35%
H.	6 or more people	8	0.71%
TOTALS		1,128	100.00%
Q-67. Did you drink alcohol or use drugs before you had sexual intercourse the last time?			
A.	I have never had sexual intercourse	620	55.16%
B.	Yes	92	8.19%
C.	No	412	36.65%
TOTALS		1,124	100.00%
Q-68. The last time you had sexual intercourse, did you or your partner use a condom?			
A.	I have never had sexual intercourse	630	56.15%
B.	Yes	287	25.58%
C.	No	205	18.27%
TOTALS		1,122	100.00%
Q-69. The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy? (Select only one response.)			
A.	I have never had sexual intercourse	633	56.67%
B.	No method was used to prevent pregnancy	60	5.37%
C.	Birth control pills	93	8.33%
D.	Condoms	212	18.98%
E.	An IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon)	41	3.67%
F.	A shot (such as Depo-Provera), patch (such as Ortho Evra), or birth control ring (such as NuvaRing)	14	1.25%
G.	Withdrawal or some other method	50	4.48%
H.	Not sure	14	1.25%
TOTALS		1,117	100.00%

Q-70. How do you describe your weight?			
A.	Very underweight	32	2.84%
B.	Slightly underweight	157	13.94%
C.	About the right weight	618	54.88%
D.	Slightly overweight	265	23.53%
E.	Very overweight	54	4.80%
TOTALS		1,126	100.00%

Q-71. Which of the following are you trying to do about your weight?			
A.	Lose weight	462	40.96%
B.	Gain weight	209	18.53%
C.	Stay the same weight	197	17.46%
D.	I am not trying to do anything about my weight	260	23.05%
TOTALS		1,128	100.00%

Q-72. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)			
A.	I did not drink 100% fruit juice during the past 7 days	288	25.58%
B.	1 to 3 times during the past 7 days	475	42.18%
C.	4 to 6 times during the past 7 days	176	15.63%
D.	1 time per day	63	5.60%
E.	2 times per day	65	5.77%
F.	3 times per day	22	1.95%
G.	4 or more times per day	37	3.29%
TOTALS		1,126	100.00%

Q-73. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)			
A.	I did not eat fruit during the past 7 days	129	11.49%
B.	1 to 3 times during the past 7 days	415	36.95%
C.	4 to 6 times during the past 7 days	269	23.95%
D.	1 time per day	116	10.33%
E.	2 times per day	122	10.86%
F.	3 times per day	29	2.58%
G.	4 or more times per day	43	3.83%
TOTALS		1,123	100.00%

Q-74. During the past 7 days, how many times did you eat green salad?			
A.	I did not eat green salad during the past 7 days	418	36.99%
B.	1 to 3 times during the past 7 days	463	40.97%
C.	4 to 6 times during the past 7 days	141	12.48%
D.	1 time per day	62	5.49%
E.	2 times per day	20	1.77%
F.	3 times per day	7	0.62%
G.	4 or more times per day	19	1.68%
TOTALS		1,130	100.00%

Q-75. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)			
A.	I did not eat potatoes during the past 7 days	373	33.07%
B.	1 to 3 times during the past 7 days	548	48.58%
C.	4 to 6 times during the past 7 days	146	12.94%
D.	1 time per day	33	2.93%
E.	2 times per day	10	0.89%
F.	3 times per day	3	0.27%
G.	4 or more times per day	15	1.33%
TOTALS		1,128	100.00%
Q-76. During the past 7 days, how many times did you eat carrots?			
A.	I did not eat carrots during the past 7 days	546	48.88%
B.	1 to 3 times during the past 7 days	409	36.62%
C.	4 to 6 times during the past 7 days	99	8.86%
D.	1 time per day	33	2.95%
E.	2 times per day	10	0.90%
F.	3 times per day	3	0.27%
G.	4 or more times per day	17	1.52%
TOTALS		1,117	100.00%
Q-77. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)			
A.	I did not eat other vegetables during the past 7 days	207	18.37%
B.	1 to 3 times during the past 7 days	475	42.15%
C.	4 to 6 times during the past 7 days	232	20.59%
D.	1 time per day	118	10.47%
E.	2 times per day	59	5.24%
F.	3 times per day	14	1.24%
G.	4 or more times per day	22	1.95%
TOTALS		1,127	100.00%
Q-78. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)			
A.	I did not drink soda or pop during the past 7 days	289	25.67%
B.	1 to 3 times during the past 7 days	477	42.36%
C.	4 to 6 times during the past 7 days	198	17.58%
D.	1 time per day	74	6.57%
E.	2 times per day	50	4.44%
F.	3 times per day	15	1.33%
G.	4 or more times per day	23	2.04%
TOTALS		1,126	100.00%

Q-79. During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

A.	I did not drink milk during the past 7 days	206	18.38%
B.	1 to 3 glasses during the past 7 days	290	25.87%
C.	4 to 6 glasses during the past 7 days	191	17.04%
D.	1 glass per day	141	12.58%
E.	2 glasses per day	154	13.74%
F.	3 glasses per day	66	5.89%
G.	4 or more glasses per day	73	6.51%
TOTALS		1,121	100.00%

Q-80. During the past 7 days, how many times did you drink a can, bottle, or glass of an energy drink, such as Red Bull or Jolt? (Do not count diet or sports drinks such as Gatorade or PowerAde.)

A.	I did not drink energy drinks during the past 7 days	768	68.09%
B.	1 to 3 times during the past 7 days	250	22.16%
C.	4 to 6 times during the past 7 days	57	5.05%
D.	1 time per day	26	2.30%
E.	2 times per day	16	1.42%
F.	3 times per day	4	0.35%
G.	4 or more times per day	7	0.62%
TOTALS		1,128	100.00%

Q-81. During the past 7 days, on how many days did you eat breakfast?

A.	0 days	154	13.73%
B.	1 day	103	9.18%
C.	2 days	93	8.29%
D.	3 days	84	7.49%
E.	4 days	100	8.91%
F.	5 days	116	10.34%
G.	6 days	79	7.04%
H.	7 days	393	35.03%
TOTALS		1,122	100.00%

Q-82. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	129	11.56%
B.	1 day	59	5.29%
C.	2 days	84	7.53%
D.	3 days	96	8.60%
E.	4 days	114	10.22%
F.	5 days	170	15.23%
G.	6 days	134	12.01%
H.	7 days	330	29.57%
TOTALS		1,116	100.00%

CAUTION! Please use this information carefully. Depending on sample size and procedures, the information contained in this report may or may not be representative of the entire student enrollment for the school.

Q-83. On an average school day, how many hours do you watch TV?			
A.	I do not watch TV on an average school day	265	23.68%
B.	Less than 1 hour per day	255	22.79%
C.	1 hour per day	175	15.64%
D.	2 hours per day	215	19.21%
E.	3 hours per day	112	10.01%
F.	4 hours per day	46	4.11%
G.	5 or more hours per day	51	4.56%
TOTALS		1,119	100.00%

Q-84. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent playing games, watching videos, texting, or using social media on your smartphone, computer, Xbox, PlayStation, iPad, or other tablet.)			
A.	I do not play video or computer games or use a computer for something that is not school work	262	23.33%
B.	Less than 1 hour per day	144	12.82%
C.	1 hour per day	136	12.11%
D.	2 hours per day	178	15.85%
E.	3 hours per day	152	13.54%
F.	4 hours per day	103	9.17%
G.	5 or more hours per day	148	13.18%
TOTALS		1,123	100.00%

Q-85. In an average week when you are in school, on how many days do you go to physical education (PE) classes?			
A.	0 days	488	43.77%
B.	1 day	19	1.70%
C.	2 days	22	1.97%
D.	3 days	102	9.15%
E.	4 days	55	4.93%
F.	5 days	429	38.48%
TOTALS		1,115	100.00%

Q-86. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)			
A.	0 teams	343	30.57%
B.	1 team	249	22.19%
C.	2 teams	236	21.03%
D.	3 or more teams	294	26.20%
TOTALS		1,122	100.00%

Q-87. During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?			
A.	0 times	956	85.05%
B.	1 time	115	10.23%
C.	2 times	22	1.96%
D.	3 times	12	1.07%
E.	4 or more times	19	1.69%
TOTALS		1,124	100.00%

Q-88. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?			
A.	During the past 12 months	847	75.69%
B.	Between 12 and 24 months ago	109	9.74%
C.	More than 24 months ago	59	5.27%
D.	Never	10	0.89%
E.	Not sure	94	8.40%
TOTALS		1,119	100.00%
Q-89. Has a doctor or nurse ever told you that you have asthma?			
A.	Yes	249	22.25%
B.	No	812	72.56%
C.	Not sure	58	5.18%
TOTALS		1,119	100.00%
Q-90. On an average school night, how many hours of sleep do you get?			
A.	4 or less hours	83	7.44%
B.	5 hours	101	9.05%
C.	6 hours	197	17.65%
D.	7 hours	365	32.71%
E.	8 hours	268	24.01%
F.	9 hours	79	7.08%
G.	10 or more hours	23	2.06%
TOTALS		1,116	100.00%
Q-91. During the past 30 days, where did you usually sleep?			
A.	In my parent's or guardian's home	1084	96.96%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	20	1.79%
C.	In a shelter or emergency housing	5	0.45%
D.	In a motel or hotel	2	0.18%
E.	In a car, park, campground, or other public place	0	0.00%
F.	I do not have a usual place to sleep	2	0.18%
G.	Somewhere else	5	0.45%
TOTALS		1,118	100.00%
Q-92. During the past 12 months, how would you describe your grades in school?			
A.	Mostly A's	454	40.68%
B.	Mostly B's	402	36.02%
C.	Mostly C's	161	14.43%
D.	Mostly D's	34	3.05%
E.	Mostly F's	14	1.25%
F.	None of these grades	3	0.27%
G.	Not sure	48	4.30%
TOTALS		1,116	100.00%

Q-93. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)

A.	0 times	1056	94.29%
B.	1 or 2 times	32	2.86%
C.	3 to 9 times	17	1.52%
D.	10 to 19 times	8	0.71%
E.	20 to 39 times	5	0.45%
F.	40 or more times	2	0.18%
TOTALS		1,120	100.00%

Q-94. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?

A.	Yes	176	15.87%
B.	No	933	84.13%
TOTALS		1,109	100.00%