

2019 CENTRAL REGION YOUTH RISK BEHAVIOR SURVEY

HIGH SCHOOL FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 255 high school students in Central Region during February of 2019. Frequency distributions may not total 255 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	12 years old or younger	0	0.00%
B.	13 years old	0	0.00%
C.	14 years old	22	8.70%
D.	15 years old	64	25.30%
E.	16 years old	73	28.85%
F.	17 years old	53	20.95%
G.	18 years old or older	41	16.21%
	TOTALS	253	100.00%
Q-2. What is your sex?			
A.	Female	132	52.38%
B.	Male	120	47.62%
	TOTALS	252	100.00%
Q-3. In what grade are you?			
A.	9th grade	54	21.60%
B.	10th grade	80	32.00%
C.	11th grade	55	22.00%
D.	12th grade	60	24.00%
E.	Ungraded or other grade	1	0.40%
	TOTALS	250	100.00%
Q-4. Are you Hispanic or Latino?			
A.	Yes	14	5.56%
B.	No	238	94.44%
	TOTALS	252	100.00%
Q-5. What is your race?			
A.	American Indian or Alaskan Native	14	5.11%
B.	Asian	7	2.55%
C.	Black or African American	8	2.92%
D.	Native Hawaiian or Other Pacific Islander	3	1.09%
E.	White	242	88.32%
	TOTALS	274	100.00%

Q-6. How tall are you without your shoes on?			
A.	Less than 4 ft	0	0.00%
B.	4ft to 4 ft, 6 in	0	0.00%
C.	4ft, 7in to 5 ft	9	3.56%
D.	5ft, 1in to 5ft, 6in	86	33.99%
E.	Over 5ft, 6in	158	62.45%
TOTALS		253	100.00%

Q-7. How much do you weigh without your shoes on?			
A.	Less than 90 lbs	0	0.00%
B.	90-99 lbs	2	0.80%
C.	100-109 lbs	11	4.40%
D.	110-119lbs	20	8.00%
E.	120-129 lbs	28	11.20%
F.	130-139 lbs	40	16.00%
G.	140 lbs +	149	59.60%
TOTALS		250	100.00%

Q-8. How often do you wear a seat belt when riding in a car driven by someone else?			
A.	Never	4	1.57%
B.	Rarely	17	6.67%
C.	Sometimes	33	12.94%
D.	Most of the time	92	36.08%
E.	Always	109	42.75%
TOTALS		255	100.00%

Q-9. How often do you wear a seat belt when driving a car?			
A.	I do not drive a car	33	12.99%
B.	Never	6	2.36%
C.	Rarely	14	5.51%
D.	Sometimes	18	7.09%
E.	Most of the time	50	19.69%
F.	Always	133	52.36%
TOTALS		254	100.00%

Q-10. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?			
A.	0 times	209	82.28%
B.	1 time	17	6.69%
C.	2 or 3 times	18	7.09%
D.	4 or 5 times	3	1.18%
E.	6 or more times	7	2.76%
TOTALS		254	100.00%

Q-11. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?			
A.	I did not drive a car or other vehicle during the past 30 days	53	20.95%
B.	0 times	191	75.49%
C.	1 time	6	2.37%
D.	2 or 3 times	0	0.00%
E.	4 or 5 times	1	0.40%
F.	6 or more times	2	0.79%
TOTALS		253	100.00%

Q-12. During the past 30 days, on how many days did you text or e-mail while driving a car or other vehicle?			
A.	I did not drive a car or other vehicle during the past 30 days	49	19.22%
B.	0 days	102	40.00%
C.	1 or 2 days	43	16.86%
D.	3 to 5 days	21	8.24%
E.	6 to 9 days	14	5.49%
F.	10 to 19 days	7	2.75%
G.	20 to 29 days	8	3.14%
H.	All 30 days	11	4.31%
TOTALS		255	100.00%

Q-13. During the past 30 days, on how many days did you use the Internet or apps on your cell phone (such as YouTube, Instagram, or Facebook) while driving a car or other vehicle? (Do not count using your cell phone to get driving directions or to determine your location.)			
A.	I did not drive a car or other vehicle during the past 30 days	51	20.08%
B.	0 days	121	47.64%
C.	1 or 2 days	39	15.35%
D.	3 to 5 days	15	5.91%
E.	6 to 9 days	4	1.57%
F.	10 to 19 days	4	1.57%
G.	20 to 29 days	10	3.94%
H.	All 30 days	10	3.94%
TOTALS		254	100.00%

Q-14. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?			
A.	0 days	170	66.67%
B.	1 day	12	4.71%
C.	2 or 3 days	17	6.67%
D.	4 or 5 days	11	4.31%
E.	6 or more days	45	17.65%
TOTALS		255	100.00%

Q-15. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?			
A.	0 days	226	88.63%
B.	1 day	9	3.53%
C.	2 or 3 days	4	1.57%
D.	4 or 5 days	3	1.18%
E.	6 or more days	13	5.10%
TOTALS		255	100.00%

Q-16. During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)			
A.	0 days	226	88.98%
B.	1 day	7	2.76%
C.	2 or 3 days	4	1.57%
D.	4 or 5 days	1	0.39%
E.	6 or more days	16	6.30%
TOTALS		254	100.00%

Q-17. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?			
A.	0 days	234	91.76%
B.	1 day	11	4.31%
C.	2 or 3 days	3	1.18%
D.	4 or 5 days	1	0.39%
E.	6 or more days	6	2.35%
TOTALS		255	100.00%

Q-18. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?			
A.	0 times	217	85.10%
B.	1 time	18	7.06%
C.	2 or 3 times	10	3.92%
D.	4 or 5 times	3	1.18%
E.	6 or 7 times	0	0.00%
F.	8 or 9 times	2	0.78%
G.	10 or 11 times	1	0.39%
H.	12 or more times	4	1.57%
TOTALS		255	100.00%

Q-19. During the past 12 months, how many times were you in a physical fight?		
A.	0 times	193 75.69%
B.	1 time	31 12.16%
C.	2 or 3 times	20 7.84%
D.	4 or 5 times	7 2.75%
E.	6 or 7 times	1 0.39%
F.	8 or 9 times	0 0.00%
G.	10 or 11 times	0 0.00%
H.	12 or more times	3 1.18%
TOTALS		255 100.00%

Q-20. During the past 12 months, how many times were you in a physical fight on school property?		
A.	0 times	233 91.37%
B.	1 time	17 6.67%
C.	2 or 3 times	3 1.18%
D.	4 or 5 times	0 0.00%
E.	6 or 7 times	0 0.00%
F.	8 or 9 times	1 0.39%
G.	10 or 11 times	0 0.00%
H.	12 or more times	1 0.39%
TOTALS		255 100.00%

Q-21. Have you ever been physically forced to have sexual intercourse when you did not want to?		
A.	Yes	22 8.63%
B.	No	233 91.37%
TOTALS		255 100.00%

Q-22. During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)		
A.	0 times	228 89.41%
B.	1 time	11 4.31%
C.	2 or 3 times	11 4.31%
D.	4 or 5 times	2 0.78%
E.	6 or more times	3 1.18%
TOTALS		255 100.00%

Q-23. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)		
A.	I did not date or go out with anyone during the past 12 months	88 34.65%
B.	0 times	149 58.66%
C.	1 time	7 2.76%
D.	2 or 3 times	6 2.36%
E.	4 or 5 times	3 1.18%
F.	6 or more times	1 0.39%
TOTALS		254 100.00%

Q-24. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)			
A.	I did not date or go out with anyone during the past 12 months	87	34.12%
B.	0 times	155	60.78%
C.	1 time	5	1.96%
D.	2 or 3 times	6	2.35%
E.	4 or 5 times	1	0.39%
F.	6 or more times	1	0.39%
TOTALS		255	100.00%
Q-25. During the past 12 months, have you ever been bullied on school property?			
A.	Yes	80	32.13%
B.	No	169	67.87%
TOTALS		249	100.00%
Q-26. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)			
A.	Yes	52	20.39%
B.	No	203	79.61%
TOTALS		255	100.00%
Q-27. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?			
A.	Yes	42	16.47%
B.	No	213	83.53%
TOTALS		255	100.00%
Q-28. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?			
A.	Yes	77	30.80%
B.	No	173	69.20%
TOTALS		250	100.00%
Q-29. During the past 12 months, did you ever seriously consider attempting suicide?			
A.	Yes	47	18.50%
B.	No	207	81.50%
TOTALS		254	100.00%
Q-30. During the past 12 months, did you make a plan about how you would attempt suicide?			
A.	Yes	47	18.43%
B.	No	208	81.57%
TOTALS		255	100.00%
Q-31. During the past 12 months, how many times did you actually attempt suicide?			
A.	0 times	220	86.61%
B.	1 time	27	10.63%
C.	2 or 3 times	5	1.97%
D.	4 or 5 times	1	0.39%
E.	6 or more times	1	0.39%
TOTALS		254	100.00%

Q-32. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

A.	I did not attempt suicide during the past 12 months	221	86.67%
B.	Yes	12	4.71%
C.	No	22	8.63%
TOTALS		255	100.00%

Q-33. Have you ever tried cigarette smoking, even one or two puffs?

A.	Yes	69	27.06%
B.	No	186	72.94%
TOTALS		255	100.00%

Q-34. How old were you when you first tried cigarette smoking, even one or two puffs?

A.	I have never tried cigarette smoking, not even one or two puffs	185	72.83%
B.	8 years old or younger	7	2.76%
C.	9 or 10 years old	8	3.15%
D.	11 or 12 years old	10	3.94%
E.	13 or 14 years old	15	5.91%
F.	15 or 16 years old	24	9.45%
G.	17 years old or older	5	1.97%
TOTALS		254	100.00%

Q-35. During the past 30 days, on how many days did you smoke cigarettes?

A.	0 days	238	93.33%
B.	1 or 2 days	2	0.78%
C.	3 to 5 days	4	1.57%
D.	6 to 9 days	1	0.39%
E.	10 to 19 days	2	0.78%
F.	20 to 29 days	0	0.00%
G.	All 30 days	8	3.14%
TOTALS		255	100.00%

Q-36. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

A.	I did not smoke cigarettes during the past 30 days	238	93.33%
B.	Less than 1 cigarette per day	7	2.75%
C.	1 cigarette per day	0	0.00%
D.	2 to 5 cigarettes per day	7	2.75%
E.	6 to 10 cigarettes per day	2	0.78%
F.	11 to 20 cigarettes per day	0	0.00%
G.	More than 20 cigarettes per day	1	0.39%
TOTALS		255	100.00%

Q-37. Have you ever used an electronic vapor product?

A.	Yes	127	50.80%
B.	No	123	49.20%
TOTALS		250	100.00%

Q-38. During the past 30 days, on how many days did you use an electronic vapor product?			
A.	0 days	178	69.80%
B.	1 or 2 days	32	12.55%
C.	3 to 5 days	14	5.49%
D.	6 to 9 days	6	2.35%
E.	10 to 19 days	12	4.71%
F.	20 to 29 days	6	2.35%
G.	All 30 days	7	2.75%
	TOTALS	255	100.00%
Q-39. During the past 30 days, on how many days did you use an electronic vapor product on school property?			
A.	0 days	234	91.76%
B.	1 or 2 days	9	3.53%
C.	3 to 5 days	5	1.96%
D.	6 to 9 days	3	1.18%
E.	10 to 19 days	2	0.78%
F.	20 to 29 days	1	0.39%
G.	All 30 days	1	0.39%
	TOTALS	255	100.00%
Q-40. During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)			
A.	I did not use any electronic vapor products during the past 30 days	181	71.54%
B.	I bought them in a store such as a convenience store, supermarket, discount store, gas station, or vape store	11	4.35%
C.	I got them on the Internet	5	1.98%
D.	I gave someone else money to buy them for me	16	6.32%
E.	I borrowed them from someone else	27	10.67%
F.	A person who can legally buy these products gave them to me	1	0.40%
G.	I took them from a store or another person	0	0.00%
H.	I got them some other way	12	4.74%
	TOTALS	253	100.00%
Q-41. What is the main reason you have used electronic vapor products? (Select only one response.)			
A.	I have never used an electronic vapor product	133	52.16%
B.	Friend or family member used them	30	11.76%
C.	To try to quit using other tobacco products	5	1.96%
D.	They cost less than other tobacco products	0	0.00%
E.	They are easier to get than other tobacco products	3	1.18%
F.	They are less harmful than other forms of tobacco	6	2.35%
G.	They are available in flavors, such as mint, candy, fruit, or chocolate	18	7.06%
H.	I used them for some other reason	60	23.53%
	TOTALS	255	100.00%

Q-42. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)			
A.	0 days	234	92.49%
B.	1 or 2 days	7	2.77%
C.	3 to 5 days	1	0.40%
D.	6 to 9 days	1	0.40%
E.	10 to 19 days	4	1.58%
F.	20 to 29 days	0	0.00%
G.	All 30 days	6	2.37%
TOTALS		253	100.00%
Q-43. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?			
A.	0 days	243	95.67%
B.	1 or 2 days	5	1.97%
C.	3 to 5 days	4	1.57%
D.	6 to 9 days	1	0.39%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	0	0.00%
G.	All 30 days	1	0.39%
TOTALS		254	100.00%
Q-44. During the past 12 months, did you ever try to quit using all tobacco products, including cigarettes, cigars, smokeless tobacco, shisha or hookah tobacco, and electronic vapor products?			
A.	I did not use any tobacco products during the past 12 months	189	74.12%
B.	Yes	28	10.98%
C.	No	38	14.90%
TOTALS		255	100.00%
Q-45. How old were you when you had your first drink of alcohol other than a few sips?			
A.	I have never had a drink of alcohol other than a few sips	97	38.34%
B.	8 years old or younger	22	8.70%
C.	9 or 10 years old	10	3.95%
D.	11 or 12 years old	18	7.11%
E.	13 or 14 years old	39	15.42%
F.	15 or 16 years old	59	23.32%
G.	17 years old or older	8	3.16%
TOTALS		253	100.00%

Q-46. During the past 30 days, on how many days did you have at least one drink of alcohol?			
A.	0 days	186	72.94%
B.	1 or 2 days	43	16.86%
C.	3 to 5 days	11	4.31%
D.	6 to 9 days	9	3.53%
E.	10 to 19 days	2	0.78%
F.	20 to 29 days	1	0.39%
G.	All 30 days	3	1.18%
TOTALS		255	100.00%

Q-47. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?			
A.	0 days	220	86.27%
B.	1 day	12	4.71%
C.	2 days	13	5.10%
D.	3 to 5 days	4	1.57%
E.	6 to 9 days	3	1.18%
F.	10 to 19 days	1	0.39%
G.	20 or more days	2	0.78%
TOTALS		255	100.00%

Q-48. During the past 30 days, what is the largest number of alcoholic drinks you had in a row, that is, within a couple of hours?			
A.	I did not drink alcohol during the past 30 days	188	74.02%
B.	1 or 2 drinks	31	12.20%
C.	3 drinks	5	1.97%
D.	4 drinks	7	2.76%
E.	5 drinks	4	1.57%
F.	6 or 7 drinks	8	3.15%
G.	8 or 9 drinks	6	2.36%
H.	10 or more drinks	5	1.97%
TOTALS		254	100.00%

Q-49. During the past 30 days, how did you usually get the alcohol you drank?			
A.	I did not drink alcohol during the past 30 days	185	73.41%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	2	0.79%
C.	I bought it at a restaurant, bar, or club	0	0.00%
D.	I bought it at a public event such as a concert or sporting event	0	0.00%
E.	I gave someone else money to buy it for me	6	2.38%
F.	Someone gave it to me	30	11.90%
G.	I took it from a store or family member	6	2.38%
H.	I got it some other way	23	9.13%
TOTALS		252	100.00%

Q-50. During your life, how many times have you used marijuana?			
A.	0 times	192	75.59%
B.	1 or 2 times	24	9.45%
C.	3 to 9 times	14	5.51%
D.	10 to 19 times	5	1.97%
E.	20 to 39 times	3	1.18%
F.	40 to 99 times	7	2.76%
G.	100 or more times	9	3.54%
TOTALS		254	100.00%

Q-51. How old were you when you tried marijuana for the first time?			
A.	I have never tried marijuana	189	74.41%
B.	8 years old or younger	3	1.18%
C.	9 or 10 years old	2	0.79%
D.	11 or 12 years old	6	2.36%
E.	13 or 14 years old	17	6.69%
F.	15 or 16 years old	31	12.20%
G.	17 years old or older	6	2.36%
TOTALS		254	100.00%

Q-52. During the past 30 days, how many times did you use marijuana?			
A.	0 times	230	90.55%
B.	1 or 2 times	11	4.33%
C.	3 to 9 times	4	1.57%
D.	10 to 19 times	1	0.39%
E.	20 to 39 times	2	0.79%
F.	40 or more times	6	2.36%
TOTALS		254	100.00%

Q-53. During your life, how many times have you used synthetic marijuana?			
A.	0 times	244	95.69%
B.	1 or 2 times	8	3.14%
C.	3 to 9 times	1	0.39%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	2	0.78%
TOTALS		255	100.00%

Q-54. During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?

A.	0 times	234	91.76%
B.	1 or 2 times	11	4.31%
C.	3 to 9 times	2	0.78%
D.	10 to 19 times	4	1.57%
E.	20 to 39 times	1	0.39%
F.	40 or more times	3	1.18%
TOTALS		255	100.00%

Q-55. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

A.	0 times	249	97.65%
B.	1 or 2 times	2	0.78%
C.	3 to 9 times	3	1.18%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.39%
TOTALS		255	100.00%

Q-56. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

A.	0 times	236	92.55%
B.	1 or 2 times	9	3.53%
C.	3 to 9 times	6	2.35%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	1	0.39%
F.	40 or more times	3	1.18%
TOTALS		255	100.00%

Q-57. During your life, how many times have you used heroin (also called smack, junk, or China White)?

A.	0 times	254	99.61%
B.	1 or 2 times	0	0.00%
C.	3 to 9 times	0	0.00%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.39%
TOTALS		255	100.00%

Q-58. During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?

A.	0 times	252	99.21%
B.	1 or 2 times	0	0.00%
C.	3 to 9 times	0	0.00%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	1	0.39%
F.	40 or more times	1	0.39%
TOTALS		254	100.00%

CAUTION! Please use this information carefully. Depending on sample size and procedures, the information contained in this report may or may not be representative of the entire student enrollment for the school.

Q-59. During your life, how many times have you used ecstasy (also called MDMA)?			
A.	0 times	252	98.82%
B.	1 or 2 times	2	0.78%
C.	3 to 9 times	0	0.00%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.39%
TOTALS		255	100.00%
Q-60. During your life, how many times have you taken steroid pills or shots without a doctor's prescription?			
A.	0 times	251	98.43%
B.	1 or 2 times	1	0.39%
C.	3 to 9 times	0	0.00%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	1	0.39%
F.	40 or more times	2	0.78%
TOTALS		255	100.00%
Q-61. During your life, how many times have you used a needle to inject any illegal drug into your body?			
A.	0 times	249	98.03%
B.	1 time	3	1.18%
C.	2 or more times	2	0.79%
TOTALS		254	100.00%
Q-62. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?			
A.	Yes	38	14.90%
B.	No	217	85.10%
TOTALS		255	100.00%
Q-63. Have you ever had sexual intercourse?			
A.	Yes	108	42.52%
B.	No	146	57.48%
TOTALS		254	100.00%
Q-64. How old were you when you had sexual intercourse for the first time?			
A.	I have never had sexual intercourse	150	58.82%
B.	11 years old or younger	5	1.96%
C.	12 years old	2	0.78%
D.	13 years old	6	2.35%
E.	14 years old	21	8.24%
F.	15 years old	35	13.73%
G.	16 years old	24	9.41%
H.	17 years old or older	12	4.71%
TOTALS		255	100.00%

Q-65. During your life, with how many people have you had sexual intercourse?			
A.	I have never had sexual intercourse	152	59.61%
B.	1 person	42	16.47%
C.	2 people	21	8.24%
D.	3 people	7	2.75%
E.	4 people	14	5.49%
F.	5 people	4	1.57%
G.	6 or more people	15	5.88%
TOTALS		255	100.00%
Q-66. During the past 3 months, with how many people did you have sexual intercourse?			
A.	I have never had sexual intercourse	150	59.06%
B.	I have had sexual intercourse, but not during the past 3 months	47	18.50%
C.	1 person	47	18.50%
D.	2 people	5	1.97%
E.	3 people	2	0.79%
F.	4 people	1	0.39%
G.	5 people	0	0.00%
H.	6 or more people	2	0.79%
TOTALS		254	100.00%
Q-67. Did you drink alcohol or use drugs before you had sexual intercourse the last time?			
A.	I have never had sexual intercourse	146	57.71%
B.	Yes	18	7.11%
C.	No	89	35.18%
TOTALS		253	100.00%
Q-68. The last time you had sexual intercourse, did you or your partner use a condom?			
A.	I have never had sexual intercourse	149	58.43%
B.	Yes	62	24.31%
C.	No	44	17.25%
TOTALS		255	100.00%
Q-69. The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy? (Select only one response.)			
A.	I have never had sexual intercourse	150	59.29%
B.	No method was used to prevent pregnancy	10	3.95%
C.	Birth control pills	17	6.72%
D.	Condoms	51	20.16%
E.	An IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon)	5	1.98%
F.	A shot (such as Depo-Provera), patch (such as Ortho Evra), or birth control ring (such as NuvaRing)	6	2.37%
G.	Withdrawal or some other method	10	3.95%
H.	Not sure	4	1.58%
TOTALS		253	100.00%

Q-70. How do you describe your weight?			
A.	Very underweight	5	1.96%
B.	Slightly underweight	39	15.29%
C.	About the right weight	142	55.69%
D.	Slightly overweight	62	24.31%
E.	Very overweight	7	2.75%
TOTALS		255	100.00%

Q-71. Which of the following are you trying to do about your weight?			
A.	Lose weight	89	34.90%
B.	Gain weight	50	19.61%
C.	Stay the same weight	45	17.65%
D.	I am not trying to do anything about my weight	71	27.84%
TOTALS		255	100.00%

Q-72. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)			
A.	I did not drink 100% fruit juice during the past 7 days	61	23.92%
B.	1 to 3 times during the past 7 days	114	44.71%
C.	4 to 6 times during the past 7 days	45	17.65%
D.	1 time per day	16	6.27%
E.	2 times per day	13	5.10%
F.	3 times per day	3	1.18%
G.	4 or more times per day	3	1.18%
TOTALS		255	100.00%

Q-73. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)			
A.	I did not eat fruit during the past 7 days	23	9.09%
B.	1 to 3 times during the past 7 days	105	41.50%
C.	4 to 6 times during the past 7 days	67	26.48%
D.	1 time per day	26	10.28%
E.	2 times per day	22	8.70%
F.	3 times per day	2	0.79%
G.	4 or more times per day	8	3.16%
TOTALS		253	100.00%

Q-74. During the past 7 days, how many times did you eat green salad?			
A.	I did not eat green salad during the past 7 days	78	30.59%
B.	1 to 3 times during the past 7 days	131	51.37%
C.	4 to 6 times during the past 7 days	28	10.98%
D.	1 time per day	11	4.31%
E.	2 times per day	2	0.78%
F.	3 times per day	1	0.39%
G.	4 or more times per day	4	1.57%
TOTALS		255	100.00%

Q-75. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)			
A.	I did not eat potatoes during the past 7 days	55	21.57%
B.	1 to 3 times during the past 7 days	132	51.76%
C.	4 to 6 times during the past 7 days	51	20.00%
D.	1 time per day	9	3.53%
E.	2 times per day	3	1.18%
F.	3 times per day	1	0.39%
G.	4 or more times per day	4	1.57%
TOTALS		255	100.00%

Q-76. During the past 7 days, how many times did you eat carrots?			
A.	I did not eat carrots during the past 7 days	116	46.40%
B.	1 to 3 times during the past 7 days	108	43.20%
C.	4 to 6 times during the past 7 days	19	7.60%
D.	1 time per day	5	2.00%
E.	2 times per day	0	0.00%
F.	3 times per day	1	0.40%
G.	4 or more times per day	1	0.40%
TOTALS		250	100.00%

Q-77. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)			
A.	I did not eat other vegetables during the past 7 days	38	14.90%
B.	1 to 3 times during the past 7 days	116	45.49%
C.	4 to 6 times during the past 7 days	53	20.78%
D.	1 time per day	27	10.59%
E.	2 times per day	14	5.49%
F.	3 times per day	3	1.18%
G.	4 or more times per day	4	1.57%
TOTALS		255	100.00%

Q-78. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)			
A.	I did not drink soda or pop during the past 7 days	60	23.72%
B.	1 to 3 times during the past 7 days	117	46.25%
C.	4 to 6 times during the past 7 days	42	16.60%
D.	1 time per day	25	9.88%
E.	2 times per day	2	0.79%
F.	3 times per day	4	1.58%
G.	4 or more times per day	3	1.19%
TOTALS		253	100.00%

Q-79. During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

A.	I did not drink milk during the past 7 days	46	18.04%
B.	1 to 3 glasses during the past 7 days	59	23.14%
C.	4 to 6 glasses during the past 7 days	47	18.43%
D.	1 glass per day	34	13.33%
E.	2 glasses per day	43	16.86%
F.	3 glasses per day	13	5.10%
G.	4 or more glasses per day	13	5.10%
TOTALS		255	100.00%

Q-80. During the past 7 days, how many times did you drink a can, bottle, or glass of an energy drink, such as Red Bull or Jolt? (Do not count diet or sports drinks such as Gatorade or PowerAde.)

A.	I did not drink energy drinks during the past 7 days	198	77.65%
B.	1 to 3 times during the past 7 days	42	16.47%
C.	4 to 6 times during the past 7 days	10	3.92%
D.	1 time per day	1	0.39%
E.	2 times per day	2	0.78%
F.	3 times per day	0	0.00%
G.	4 or more times per day	2	0.78%
TOTALS		255	100.00%

Q-81. During the past 7 days, on how many days did you eat breakfast?

A.	0 days	26	10.24%
B.	1 day	15	5.91%
C.	2 days	23	9.06%
D.	3 days	20	7.87%
E.	4 days	24	9.45%
F.	5 days	21	8.27%
G.	6 days	28	11.02%
H.	7 days	97	38.19%
TOTALS		254	100.00%

Q-82. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	23	9.09%
B.	1 day	16	6.32%
C.	2 days	18	7.11%
D.	3 days	17	6.72%
E.	4 days	18	7.11%
F.	5 days	38	15.02%
G.	6 days	38	15.02%
H.	7 days	85	33.60%
TOTALS		253	100.00%

CAUTION! Please use this information carefully. Depending on sample size and procedures, the information contained in this report may or may not be representative of the entire student enrollment for the school.

Q-83. On an average school day, how many hours do you watch TV?			
A.	I do not watch TV on an average school day	40	15.81%
B.	Less than 1 hour per day	71	28.06%
C.	1 hour per day	48	18.97%
D.	2 hours per day	61	24.11%
E.	3 hours per day	20	7.91%
F.	4 hours per day	6	2.37%
G.	5 or more hours per day	7	2.77%
TOTALS		253	100.00%

Q-84. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent playing games, watching videos, texting, or using social media on your smartphone, computer, Xbox, PlayStation, iPad, or other tablet.)			
A.	I do not play video or computer games or use a computer for something that is not school work	63	25.20%
B.	Less than 1 hour per day	39	15.60%
C.	1 hour per day	26	10.40%
D.	2 hours per day	38	15.20%
E.	3 hours per day	43	17.20%
F.	4 hours per day	15	6.00%
G.	5 or more hours per day	26	10.40%
TOTALS		250	100.00%

Q-85. In an average week when you are in school, on how many days do you go to physical education (PE) classes?			
A.	0 days	94	37.60%
B.	1 day	5	2.00%
C.	2 days	3	1.20%
D.	3 days	10	4.00%
E.	4 days	27	10.80%
F.	5 days	111	44.40%
TOTALS		250	100.00%

Q-86. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)			
A.	0 teams	78	30.83%
B.	1 team	70	27.67%
C.	2 teams	57	22.53%
D.	3 or more teams	48	18.97%
TOTALS		253	100.00%

Q-87. During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?			
A.	0 times	216	85.71%
B.	1 time	26	10.32%
C.	2 times	2	0.79%
D.	3 times	2	0.79%
E.	4 or more times	6	2.38%
TOTALS		252	100.00%

Q-88. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?			
A.	During the past 12 months	197	78.17%
B.	Between 12 and 24 months ago	19	7.54%
C.	More than 24 months ago	13	5.16%
D.	Never	4	1.59%
E.	Not sure	19	7.54%
TOTALS		252	100.00%
Q-89. Has a doctor or nurse ever told you that you have asthma?			
A.	Yes	69	27.27%
B.	No	175	69.17%
C.	Not sure	9	3.56%
TOTALS		253	100.00%
Q-90. On an average school night, how many hours of sleep do you get?			
A.	4 or less hours	13	5.18%
B.	5 hours	22	8.76%
C.	6 hours	46	18.33%
D.	7 hours	72	28.69%
E.	8 hours	78	31.08%
F.	9 hours	17	6.77%
G.	10 or more hours	3	1.20%
TOTALS		251	100.00%
Q-91. During the past 30 days, where did you usually sleep?			
A.	In my parent's or guardian's home	241	95.63%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	7	2.78%
C.	In a shelter or emergency housing	1	0.40%
D.	In a motel or hotel	1	0.40%
E.	In a car, park, campground, or other public place	0	0.00%
F.	I do not have a usual place to sleep	0	0.00%
G.	Somewhere else	2	0.79%
TOTALS		252	100.00%
Q-92. During the past 12 months, how would you describe your grades in school?			
A.	Mostly A's	148	58.73%
B.	Mostly B's	68	26.98%
C.	Mostly C's	26	10.32%
D.	Mostly D's	3	1.19%
E.	Mostly F's	3	1.19%
F.	None of these grades	0	0.00%
G.	Not sure	4	1.59%
TOTALS		252	100.00%

Q-93. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)			
A.	0 times	242	95.65%
B.	1 or 2 times	7	2.77%
C.	3 to 9 times	1	0.40%
D.	10 to 19 times	2	0.79%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.40%
TOTALS		253	100.00%
Q-94. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?			
A.	Yes	45	17.86%
B.	No	207	82.14%
TOTALS		252	100.00%