

2019 4 RIVERS REGION YOUTH RISK BEHAVIOR SURVEY

HIGH SCHOOL FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 2,109 high school students in 4 Rivers Region during February of 2019. Frequency distributions may not total 2,109 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	12 years old or younger	8	0.38%
B.	13 years old	2	0.10%
C.	14 years old	236	11.21%
D.	15 years old	555	26.37%
E.	16 years old	567	26.94%
F.	17 years old	447	21.24%
G.	18 years old or older	290	13.78%
	TOTALS	2,105	100.00%
Q-2. What is your sex?			
A.	Female	1009	48.23%
B.	Male	1083	51.77%
	TOTALS	2,092	100.00%
Q-3. In what grade are you?			
A.	9th grade	570	27.42%
B.	10th grade	568	27.32%
C.	11th grade	477	22.94%
D.	12th grade	457	21.98%
E.	Ungraded or other grade	7	0.34%
	TOTALS	2,079	100.00%
Q-4. Are you Hispanic or Latino?			
A.	Yes	172	8.25%
B.	No	1912	91.75%
	TOTALS	2,084	100.00%
Q-5. What is your race?			
A.	American Indian or Alaskan Native	114	5.21%
B.	Asian	47	2.15%
C.	Black or African American	55	2.51%
D.	Native Hawaiian or Other Pacific Islander	30	1.37%
E.	White	1940	88.71%
	TOTALS	2,187	100.00%

Q-6. How tall are you without your shoes on?			
A.	Less than 4 ft	0	0.00%
B.	4ft to 4 ft, 6 in	6	0.29%
C.	4ft, 7in to 5 ft	62	2.97%
D.	5ft, 1in to 5ft, 6in	814	38.98%
E.	Over 5ft, 6in	1206	57.76%
TOTALS		2,088	100.00%

Q-7. How much do you weigh without your shoes on?			
A.	Less than 90 lbs	9	0.44%
B.	90-99 lbs	43	2.09%
C.	100-109 lbs	99	4.80%
D.	110-119lbs	174	8.44%
E.	120-129 lbs	270	13.09%
F.	130-139 lbs	326	15.81%
G.	140 lbs +	1141	55.33%
TOTALS		2,062	100.00%

Q-8. How often do you wear a seat belt when riding in a car driven by someone else?			
A.	Never	69	3.29%
B.	Rarely	98	4.67%
C.	Sometimes	218	10.39%
D.	Most of the time	666	31.74%
E.	Always	1047	49.90%
TOTALS		2,098	100.00%

Q-9. How often do you wear a seat belt when driving a car?			
A.	I do not drive a car	440	20.93%
B.	Never	62	2.95%
C.	Rarely	98	4.66%
D.	Sometimes	117	5.57%
E.	Most of the time	282	13.42%
F.	Always	1103	52.47%
TOTALS		2,102	100.00%

Q-10. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?			
A.	0 times	1682	80.44%
B.	1 time	185	8.85%
C.	2 or 3 times	134	6.41%
D.	4 or 5 times	23	1.10%
E.	6 or more times	67	3.20%
TOTALS		2,091	100.00%

Q-11. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?			
A.	I did not drive a car or other vehicle during the past 30 days	605	28.73%
B.	0 times	1360	64.58%
C.	1 time	79	3.75%
D.	2 or 3 times	27	1.28%
E.	4 or 5 times	13	0.62%
F.	6 or more times	22	1.04%
TOTALS		2,106	100.00%

Q-12. During the past 30 days, on how many days did you text or e-mail while driving a car or other vehicle?			
A.	I did not drive a car or other vehicle during the past 30 days	538	25.56%
B.	0 days	672	31.92%
C.	1 or 2 days	267	12.68%
D.	3 to 5 days	129	6.13%
E.	6 to 9 days	84	3.99%
F.	10 to 19 days	136	6.46%
G.	20 to 29 days	85	4.04%
H.	All 30 days	194	9.22%
TOTALS		2,105	100.00%

Q-13. During the past 30 days, on how many days did you use the Internet or apps on your cell phone (such as YouTube, Instagram, or Facebook) while driving a car or other vehicle? (Do not count using your cell phone to get driving directions or to determine your location.)			
A.	I did not drive a car or other vehicle during the past 30 days	535	25.57%
B.	0 days	823	39.34%
C.	1 or 2 days	211	10.09%
D.	3 to 5 days	96	4.59%
E.	6 to 9 days	60	2.87%
F.	10 to 19 days	84	4.02%
G.	20 to 29 days	79	3.78%
H.	All 30 days	204	9.75%
TOTALS		2,092	100.00%

Q-14. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?			
A.	0 days	1523	72.52%
B.	1 day	97	4.62%
C.	2 or 3 days	125	5.95%
D.	4 or 5 days	62	2.95%
E.	6 or more days	293	13.95%
TOTALS		2,100	100.00%

Q-15. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?			
A.	0 days	1862	88.67%
B.	1 day	50	2.38%
C.	2 or 3 days	40	1.90%
D.	4 or 5 days	16	0.76%
E.	6 or more days	132	6.29%
TOTALS		2,100	100.00%

Q-16. During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)			
A.	0 days	1912	91.22%
B.	1 day	38	1.81%
C.	2 or 3 days	44	2.10%
D.	4 or 5 days	23	1.10%
E.	6 or more days	79	3.77%
TOTALS		2,096	100.00%

Q-17. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?			
A.	0 days	1902	90.49%
B.	1 day	106	5.04%
C.	2 or 3 days	56	2.66%
D.	4 or 5 days	14	0.67%
E.	6 or more days	24	1.14%
TOTALS		2,102	100.00%

Q-18. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?			
A.	0 times	1929	91.81%
B.	1 time	61	2.90%
C.	2 or 3 times	61	2.90%
D.	4 or 5 times	9	0.43%
E.	6 or 7 times	5	0.24%
F.	8 or 9 times	3	0.14%
G.	10 or 11 times	3	0.14%
H.	12 or more times	30	1.43%
TOTALS		2,101	100.00%

Q-19. During the past 12 months, how many times were you in a physical fight?			
A.	0 times	1588	76.20%
B.	1 time	224	10.75%
C.	2 or 3 times	143	6.86%
D.	4 or 5 times	42	2.02%
E.	6 or 7 times	16	0.77%
F.	8 or 9 times	19	0.91%
G.	10 or 11 times	4	0.19%
H.	12 or more times	48	2.30%
TOTALS		2,084	100.00%

Q-20. During the past 12 months, how many times were you in a physical fight on school property?			
A.	0 times	1918	91.07%
B.	1 time	108	5.13%
C.	2 or 3 times	37	1.76%
D.	4 or 5 times	7	0.33%
E.	6 or 7 times	12	0.57%
F.	8 or 9 times	1	0.05%
G.	10 or 11 times	0	0.00%
H.	12 or more times	23	1.09%
TOTALS		2,106	100.00%

Q-21. Have you ever been physically forced to have sexual intercourse when you did not want to?			
A.	Yes	212	10.13%
B.	No	1880	89.87%
TOTALS		2,092	100.00%

Q-22. During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)			
A.	0 times	1830	87.35%
B.	1 time	137	6.54%
C.	2 or 3 times	71	3.39%
D.	4 or 5 times	17	0.81%
E.	6 or more times	40	1.91%
TOTALS		2,095	100.00%

Q-23. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)			
A.	I did not date or go out with anyone during the past 12 months	746	35.42%
B.	0 times	1223	58.07%
C.	1 time	67	3.18%
D.	2 or 3 times	34	1.61%
E.	4 or 5 times	8	0.38%
F.	6 or more times	28	1.33%
TOTALS		2,106	100.00%

Q-24. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)			
A.	I did not date or go out with anyone during the past 12 months	729	34.65%
B.	0 times	1259	59.84%
C.	1 time	49	2.33%
D.	2 or 3 times	32	1.52%
E.	4 or 5 times	9	0.43%
F.	6 or more times	26	1.24%
TOTALS		2,104	100.00%
Q-25. During the past 12 months, have you ever been bullied on school property?			
A.	Yes	478	23.13%
B.	No	1589	76.87%
TOTALS		2,067	100.00%
Q-26. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)			
A.	Yes	379	18.01%
B.	No	1725	81.99%
TOTALS		2,104	100.00%
Q-27. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?			
A.	Yes	288	13.71%
B.	No	1812	86.29%
TOTALS		2,100	100.00%
Q-28. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?			
A.	Yes	785	38.16%
B.	No	1272	61.84%
TOTALS		2,057	100.00%
Q-29. During the past 12 months, did you ever seriously consider attempting suicide?			
A.	Yes	536	25.51%
B.	No	1565	74.49%
TOTALS		2,101	100.00%
Q-30. During the past 12 months, did you make a plan about how you would attempt suicide?			
A.	Yes	471	22.47%
B.	No	1625	77.53%
TOTALS		2,096	100.00%
Q-31. During the past 12 months, how many times did you actually attempt suicide?			
A.	0 times	1789	85.31%
B.	1 time	204	9.73%
C.	2 or 3 times	70	3.34%
D.	4 or 5 times	10	0.48%
E.	6 or more times	24	1.14%
TOTALS		2,097	100.00%

Q-32. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

A.	I did not attempt suicide during the past 12 months	1779	84.51%
B.	Yes	99	4.70%
C.	No	227	10.78%
TOTALS		2,105	100.00%

Q-33. Have you ever tried cigarette smoking, even one or two puffs?

A.	Yes	684	32.63%
B.	No	1412	67.37%
TOTALS		2,096	100.00%

Q-34. How old were you when you first tried cigarette smoking, even one or two puffs?

A.	I have never tried cigarette smoking, not even one or two puffs	1438	68.61%
B.	8 years old or younger	71	3.39%
C.	9 or 10 years old	52	2.48%
D.	11 or 12 years old	82	3.91%
E.	13 or 14 years old	187	8.92%
F.	15 or 16 years old	209	9.97%
G.	17 years old or older	57	2.72%
TOTALS		2,096	100.00%

Q-35. During the past 30 days, on how many days did you smoke cigarettes?

A.	0 days	1900	90.35%
B.	1 or 2 days	103	4.90%
C.	3 to 5 days	31	1.47%
D.	6 to 9 days	13	0.62%
E.	10 to 19 days	14	0.67%
F.	20 to 29 days	12	0.57%
G.	All 30 days	30	1.43%
TOTALS		2,103	100.00%

Q-36. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

A.	I did not smoke cigarettes during the past 30 days	1892	90.05%
B.	Less than 1 cigarette per day	93	4.43%
C.	1 cigarette per day	45	2.14%
D.	2 to 5 cigarettes per day	41	1.95%
E.	6 to 10 cigarettes per day	9	0.43%
F.	11 to 20 cigarettes per day	5	0.24%
G.	More than 20 cigarettes per day	16	0.76%
TOTALS		2,101	100.00%

Q-37. Have you ever used an electronic vapor product?

A.	Yes	1174	56.31%
B.	No	911	43.69%
TOTALS		2,085	100.00%

Q-38. During the past 30 days, on how many days did you use an electronic vapor product?			
A.	0 days	1254	59.60%
B.	1 or 2 days	260	12.36%
C.	3 to 5 days	110	5.23%
D.	6 to 9 days	94	4.47%
E.	10 to 19 days	117	5.56%
F.	20 to 29 days	103	4.90%
G.	All 30 days	166	7.89%
	TOTALS	2,104	100.00%
Q-39. During the past 30 days, on how many days did you use an electronic vapor product on school property?			
A.	0 days	1709	81.34%
B.	1 or 2 days	130	6.19%
C.	3 to 5 days	59	2.81%
D.	6 to 9 days	44	2.09%
E.	10 to 19 days	52	2.48%
F.	20 to 29 days	35	1.67%
G.	All 30 days	72	3.43%
	TOTALS	2,101	100.00%
Q-40. During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)			
A.	I did not use any electronic vapor products during the past 30 days	1253	59.87%
B.	I bought them in a store such as a convenience store, supermarket, discount store, gas station, or vape store	127	6.07%
C.	I got them on the Internet	26	1.24%
D.	I gave someone else money to buy them for me	177	8.46%
E.	I borrowed them from someone else	320	15.29%
F.	A person who can legally buy these products gave them to me	81	3.87%
G.	I took them from a store or another person	3	0.14%
H.	I got them some other way	106	5.06%
	TOTALS	2,093	100.00%
Q-41. What is the main reason you have used electronic vapor products? (Select only one response.)			
A.	I have never used an electronic vapor product	979	46.60%
B.	Friend or family member used them	255	12.14%
C.	To try to quit using other tobacco products	35	1.67%
D.	They cost less than other tobacco products	22	1.05%
E.	They are easier to get than other tobacco products	16	0.76%
F.	They are less harmful than other forms of tobacco	100	4.76%
G.	They are available in flavors, such as mint, candy, fruit, or chocolate	120	5.71%
H.	I used them for some other reason	574	27.32%
	TOTALS	2,101	100.00%

Q-42. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)		
A.	0 days	1912 91.09%
B.	1 or 2 days	63 3.00%
C.	3 to 5 days	21 1.00%
D.	6 to 9 days	22 1.05%
E.	10 to 19 days	15 0.71%
F.	20 to 29 days	19 0.91%
G.	All 30 days	47 2.24%
TOTALS		2,099 100.00%
Q-43. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?		
A.	0 days	1895 90.41%
B.	1 or 2 days	105 5.01%
C.	3 to 5 days	47 2.24%
D.	6 to 9 days	17 0.81%
E.	10 to 19 days	10 0.48%
F.	20 to 29 days	4 0.19%
G.	All 30 days	18 0.86%
TOTALS		2,096 100.00%
Q-44. During the past 12 months, did you ever try to quit using all tobacco products, including cigarettes, cigars, smokeless tobacco, shisha or hookah tobacco, and electronic vapor products?		
A.	I did not use any tobacco products during the past 12 months	1339 64.01%
B.	Yes	371 17.73%
C.	No	382 18.26%
TOTALS		2,092 100.00%
Q-45. How old were you when you had your first drink of alcohol other than a few sips?		
A.	I have never had a drink of alcohol other than a few sips	807 38.56%
B.	8 years old or younger	142 6.78%
C.	9 or 10 years old	108 5.16%
D.	11 or 12 years old	153 7.31%
E.	13 or 14 years old	423 20.21%
F.	15 or 16 years old	394 18.82%
G.	17 years old or older	66 3.15%
TOTALS		2,093 100.00%

Q-46. During the past 30 days, on how many days did you have at least one drink of alcohol?			
A.	0 days	1331	63.62%
B.	1 or 2 days	358	17.11%
C.	3 to 5 days	182	8.70%
D.	6 to 9 days	107	5.11%
E.	10 to 19 days	76	3.63%
F.	20 to 29 days	14	0.67%
G.	All 30 days	24	1.15%
TOTALS		2,092	100.00%

Q-47. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?			
A.	0 days	1600	76.12%
B.	1 day	170	8.09%
C.	2 days	122	5.80%
D.	3 to 5 days	103	4.90%
E.	6 to 9 days	61	2.90%
F.	10 to 19 days	22	1.05%
G.	20 or more days	24	1.14%
TOTALS		2,102	100.00%

Q-48. During the past 30 days, what is the largest number of alcoholic drinks you had in a row, that is, within a couple of hours?			
A.	I did not drink alcohol during the past 30 days	1353	64.46%
B.	1 or 2 drinks	225	10.72%
C.	3 drinks	68	3.24%
D.	4 drinks	64	3.05%
E.	5 drinks	109	5.19%
F.	6 or 7 drinks	87	4.14%
G.	8 or 9 drinks	62	2.95%
H.	10 or more drinks	131	6.24%
TOTALS		2,099	100.00%

Q-49. During the past 30 days, how did you usually get the alcohol you drank?			
A.	I did not drink alcohol during the past 30 days	1335	64.03%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	25	1.20%
C.	I bought it at a restaurant, bar, or club	7	0.34%
D.	I bought it at a public event such as a concert or sporting event	6	0.29%
E.	I gave someone else money to buy it for me	168	8.06%
F.	Someone gave it to me	280	13.43%
G.	I took it from a store or family member	88	4.22%
H.	I got it some other way	176	8.44%
TOTALS		2,085	100.00%

Q-50. During your life, how many times have you used marijuana?			
A.	0 times	1306	62.19%
B.	1 or 2 times	188	8.95%
C.	3 to 9 times	147	7.00%
D.	10 to 19 times	102	4.86%
E.	20 to 39 times	78	3.71%
F.	40 to 99 times	76	3.62%
G.	100 or more times	203	9.67%
TOTALS		2,100	100.00%

Q-51. How old were you when you tried marijuana for the first time?			
A.	I have never tried marijuana	1299	61.92%
B.	8 years old or younger	36	1.72%
C.	9 or 10 years old	26	1.24%
D.	11 or 12 years old	88	4.19%
E.	13 or 14 years old	261	12.44%
F.	15 or 16 years old	319	15.20%
G.	17 years old or older	69	3.29%
TOTALS		2,098	100.00%

Q-52. During the past 30 days, how many times did you use marijuana?			
A.	0 times	1615	77.31%
B.	1 or 2 times	179	8.57%
C.	3 to 9 times	105	5.03%
D.	10 to 19 times	50	2.39%
E.	20 to 39 times	37	1.77%
F.	40 or more times	103	4.93%
TOTALS		2,089	100.00%

Q-53. During your life, how many times have you used synthetic marijuana?			
A.	0 times	1953	93.13%
B.	1 or 2 times	74	3.53%
C.	3 to 9 times	27	1.29%
D.	10 to 19 times	15	0.72%
E.	20 to 39 times	6	0.29%
F.	40 or more times	22	1.05%
TOTALS		2,097	100.00%

Q-54. During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?

A.	0 times	1781	84.97%
B.	1 or 2 times	165	7.87%
C.	3 to 9 times	74	3.53%
D.	10 to 19 times	31	1.48%
E.	20 to 39 times	18	0.86%
F.	40 or more times	27	1.29%
TOTALS		2,096	100.00%

Q-55. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

A.	0 times	1975	94.32%
B.	1 or 2 times	64	3.06%
C.	3 to 9 times	24	1.15%
D.	10 to 19 times	8	0.38%
E.	20 to 39 times	5	0.24%
F.	40 or more times	18	0.86%
TOTALS		2,094	100.00%

Q-56. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

A.	0 times	1904	90.67%
B.	1 or 2 times	119	5.67%
C.	3 to 9 times	27	1.29%
D.	10 to 19 times	20	0.95%
E.	20 to 39 times	11	0.52%
F.	40 or more times	19	0.90%
TOTALS		2,100	100.00%

Q-57. During your life, how many times have you used heroin (also called smack, junk, or China White)?

A.	0 times	2057	97.91%
B.	1 or 2 times	10	0.48%
C.	3 to 9 times	9	0.43%
D.	10 to 19 times	5	0.24%
E.	20 to 39 times	2	0.10%
F.	40 or more times	18	0.86%
TOTALS		2,101	100.00%

Q-58. During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?

A.	0 times	2030	97.08%
B.	1 or 2 times	23	1.10%
C.	3 to 9 times	11	0.53%
D.	10 to 19 times	7	0.33%
E.	20 to 39 times	8	0.38%
F.	40 or more times	12	0.57%
TOTALS		2,091	100.00%

CAUTION! Please use this information carefully. Depending on sample size and procedures, the information contained in this report may or may not be representative of the entire student enrollment for the school.

Q-59. During your life, how many times have you used ecstasy (also called MDMA)?			
A.	0 times	1997	95.28%
B.	1 or 2 times	58	2.77%
C.	3 to 9 times	19	0.91%
D.	10 to 19 times	5	0.24%
E.	20 to 39 times	3	0.14%
F.	40 or more times	14	0.67%
TOTALS		2,096	100.00%
Q-60. During your life, how many times have you taken steroid pills or shots without a doctor's prescription?			
A.	0 times	2042	97.38%
B.	1 or 2 times	25	1.19%
C.	3 to 9 times	10	0.48%
D.	10 to 19 times	4	0.19%
E.	20 to 39 times	1	0.05%
F.	40 or more times	11	0.52%
TOTALS		2,097	100.00%
Q-61. During your life, how many times have you used a needle to inject any illegal drug into your body?			
A.	0 times	2046	98.37%
B.	1 time	17	0.82%
C.	2 or more times	17	0.82%
TOTALS		2,080	100.00%
Q-62. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?			
A.	Yes	469	22.45%
B.	No	1620	77.55%
TOTALS		2,089	100.00%
Q-63. Have you ever had sexual intercourse?			
A.	Yes	967	46.62%
B.	No	1107	53.38%
TOTALS		2,074	100.00%
Q-64. How old were you when you had sexual intercourse for the first time?			
A.	I have never had sexual intercourse	1139	54.58%
B.	11 years old or younger	55	2.64%
C.	12 years old	37	1.77%
D.	13 years old	77	3.69%
E.	14 years old	223	10.69%
F.	15 years old	273	13.08%
G.	16 years old	207	9.92%
H.	17 years old or older	76	3.64%
TOTALS		2,087	100.00%

Q-65. During your life, with how many people have you had sexual intercourse?			
A.	I have never had sexual intercourse	1153	55.09%
B.	1 person	343	16.39%
C.	2 people	190	9.08%
D.	3 people	119	5.69%
E.	4 people	68	3.25%
F.	5 people	61	2.91%
G.	6 or more people	159	7.60%
TOTALS		2,093	100.00%

Q-66. During the past 3 months, with how many people did you have sexual intercourse?			
A.	I have never had sexual intercourse	1154	55.24%
B.	I have had sexual intercourse, but not during the past 3 months	251	12.02%
C.	1 person	516	24.70%
D.	2 people	88	4.21%
E.	3 people	28	1.34%
F.	4 people	14	0.67%
G.	5 people	10	0.48%
H.	6 or more people	28	1.34%
TOTALS		2,089	100.00%

Q-67. Did you drink alcohol or use drugs before you had sexual intercourse the last time?			
A.	I have never had sexual intercourse	1124	54.19%
B.	Yes	202	9.74%
C.	No	748	36.07%
TOTALS		2,074	100.00%

Q-68. The last time you had sexual intercourse, did you or your partner use a condom?			
A.	I have never had sexual intercourse	1154	55.61%
B.	Yes	547	26.36%
C.	No	374	18.02%
TOTALS		2,075	100.00%

Q-69. The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy? (Select only one response.)			
A.	I have never had sexual intercourse	1134	54.78%
B.	No method was used to prevent pregnancy	75	3.62%
C.	Birth control pills	216	10.43%
D.	Condoms	389	18.79%
E.	An IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon)	102	4.93%
F.	A shot (such as Depo-Provera), patch (such as Ortho Evra), or birth control ring (such as NuvaRing)	49	2.37%
G.	Withdrawal or some other method	78	3.77%
H.	Not sure	27	1.30%
TOTALS		2,070	100.00%

Q-70. How do you describe your weight?			
A.	Very underweight	65	3.11%
B.	Slightly underweight	300	14.36%
C.	About the right weight	1113	53.28%
D.	Slightly overweight	517	24.75%
E.	Very overweight	94	4.50%
TOTALS		2,089	100.00%

Q-71. Which of the following are you trying to do about your weight?			
A.	Lose weight	812	38.80%
B.	Gain weight	409	19.54%
C.	Stay the same weight	368	17.58%
D.	I am not trying to do anything about my weight	504	24.08%
TOTALS		2,093	100.00%

Q-72. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)			
A.	I did not drink 100% fruit juice during the past 7 days	649	30.93%
B.	1 to 3 times during the past 7 days	902	42.99%
C.	4 to 6 times during the past 7 days	266	12.68%
D.	1 time per day	106	5.05%
E.	2 times per day	75	3.57%
F.	3 times per day	32	1.53%
G.	4 or more times per day	68	3.24%
TOTALS		2,098	100.00%

Q-73. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)			
A.	I did not eat fruit during the past 7 days	244	11.70%
B.	1 to 3 times during the past 7 days	723	34.66%
C.	4 to 6 times during the past 7 days	488	23.39%
D.	1 time per day	244	11.70%
E.	2 times per day	224	10.74%
F.	3 times per day	82	3.93%
G.	4 or more times per day	81	3.88%
TOTALS		2,086	100.00%

Q-74. During the past 7 days, how many times did you eat green salad?			
A.	I did not eat green salad during the past 7 days	659	31.53%
B.	1 to 3 times during the past 7 days	936	44.78%
C.	4 to 6 times during the past 7 days	299	14.31%
D.	1 time per day	128	6.12%
E.	2 times per day	29	1.39%
F.	3 times per day	13	0.62%
G.	4 or more times per day	26	1.24%
TOTALS		2,090	100.00%

Q-75. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)			
A.	I did not eat potatoes during the past 7 days	608	29.12%
B.	1 to 3 times during the past 7 days	1052	50.38%
C.	4 to 6 times during the past 7 days	271	12.98%
D.	1 time per day	81	3.88%
E.	2 times per day	34	1.63%
F.	3 times per day	14	0.67%
G.	4 or more times per day	28	1.34%
TOTALS		2,088	100.00%
Q-76. During the past 7 days, how many times did you eat carrots?			
A.	I did not eat carrots during the past 7 days	891	42.80%
B.	1 to 3 times during the past 7 days	846	40.63%
C.	4 to 6 times during the past 7 days	201	9.65%
D.	1 time per day	73	3.51%
E.	2 times per day	39	1.87%
F.	3 times per day	11	0.53%
G.	4 or more times per day	21	1.01%
TOTALS		2,082	100.00%
Q-77. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)			
A.	I did not eat other vegetables during the past 7 days	318	15.19%
B.	1 to 3 times during the past 7 days	809	38.63%
C.	4 to 6 times during the past 7 days	524	25.02%
D.	1 time per day	227	10.84%
E.	2 times per day	142	6.78%
F.	3 times per day	32	1.53%
G.	4 or more times per day	42	2.01%
TOTALS		2,094	100.00%
Q-78. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)			
A.	I did not drink soda or pop during the past 7 days	594	28.42%
B.	1 to 3 times during the past 7 days	866	41.44%
C.	4 to 6 times during the past 7 days	343	16.41%
D.	1 time per day	139	6.65%
E.	2 times per day	74	3.54%
F.	3 times per day	24	1.15%
G.	4 or more times per day	50	2.39%
TOTALS		2,090	100.00%

Q-79. During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

A.	I did not drink milk during the past 7 days	457	21.93%
B.	1 to 3 glasses during the past 7 days	520	24.95%
C.	4 to 6 glasses during the past 7 days	387	18.57%
D.	1 glass per day	262	12.57%
E.	2 glasses per day	228	10.94%
F.	3 glasses per day	112	5.37%
G.	4 or more glasses per day	118	5.66%
TOTALS		2,084	100.00%

Q-80. During the past 7 days, how many times did you drink a can, bottle, or glass of an energy drink, such as Red Bull or Jolt? (Do not count diet or sports drinks such as Gatorade or PowerAde.)

A.	I did not drink energy drinks during the past 7 days	1511	72.23%
B.	1 to 3 times during the past 7 days	394	18.83%
C.	4 to 6 times during the past 7 days	84	4.02%
D.	1 time per day	42	2.01%
E.	2 times per day	23	1.10%
F.	3 times per day	11	0.53%
G.	4 or more times per day	27	1.29%
TOTALS		2,092	100.00%

Q-81. During the past 7 days, on how many days did you eat breakfast?

A.	0 days	302	14.53%
B.	1 day	165	7.94%
C.	2 days	219	10.53%
D.	3 days	208	10.00%
E.	4 days	151	7.26%
F.	5 days	169	8.13%
G.	6 days	139	6.69%
H.	7 days	726	34.92%
TOTALS		2,079	100.00%

Q-82. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	209	10.08%
B.	1 day	125	6.03%
C.	2 days	164	7.91%
D.	3 days	212	10.22%
E.	4 days	237	11.43%
F.	5 days	321	15.48%
G.	6 days	238	11.48%
H.	7 days	568	27.39%
TOTALS		2,074	100.00%

CAUTION! Please use this information carefully. Depending on sample size and procedures, the information contained in this report may or may not be representative of the entire student enrollment for the school.

Q-83. On an average school day, how many hours do you watch TV?			
A.	I do not watch TV on an average school day	435	20.87%
B.	Less than 1 hour per day	483	23.18%
C.	1 hour per day	366	17.56%
D.	2 hours per day	383	18.38%
E.	3 hours per day	239	11.47%
F.	4 hours per day	81	3.89%
G.	5 or more hours per day	97	4.65%
TOTALS		2,084	100.00%

Q-84. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent playing games, watching videos, texting, or using social media on your smartphone, computer, Xbox, PlayStation, iPad, or other tablet.)			
A.	I do not play video or computer games or use a computer for something that is not school work	473	22.76%
B.	Less than 1 hour per day	321	15.45%
C.	1 hour per day	251	12.08%
D.	2 hours per day	329	15.83%
E.	3 hours per day	263	12.66%
F.	4 hours per day	174	8.37%
G.	5 or more hours per day	267	12.85%
TOTALS		2,078	100.00%

Q-85. In an average week when you are in school, on how many days do you go to physical education (PE) classes?			
A.	0 days	783	37.99%
B.	1 day	36	1.75%
C.	2 days	67	3.25%
D.	3 days	190	9.22%
E.	4 days	187	9.07%
F.	5 days	798	38.72%
TOTALS		2,061	100.00%

Q-86. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)			
A.	0 teams	758	36.44%
B.	1 team	495	23.80%
C.	2 teams	437	21.01%
D.	3 or more teams	390	18.75%
TOTALS		2,080	100.00%

Q-87. During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?			
A.	0 times	1680	80.61%
B.	1 time	263	12.62%
C.	2 times	79	3.79%
D.	3 times	19	0.91%
E.	4 or more times	43	2.06%
TOTALS		2,084	100.00%

Q-88. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?			
A.	During the past 12 months	1574	75.75%
B.	Between 12 and 24 months ago	200	9.62%
C.	More than 24 months ago	103	4.96%
D.	Never	32	1.54%
E.	Not sure	169	8.13%
TOTALS		2,078	100.00%
Q-89. Has a doctor or nurse ever told you that you have asthma?			
A.	Yes	472	22.85%
B.	No	1483	71.78%
C.	Not sure	111	5.37%
TOTALS		2,066	100.00%
Q-90. On an average school night, how many hours of sleep do you get?			
A.	4 or less hours	150	7.26%
B.	5 hours	199	9.64%
C.	6 hours	389	18.84%
D.	7 hours	655	31.72%
E.	8 hours	507	24.55%
F.	9 hours	127	6.15%
G.	10 or more hours	38	1.84%
TOTALS		2,065	100.00%
Q-91. During the past 30 days, where did you usually sleep?			
A.	In my parent's or guardian's home	1961	94.69%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	46	2.22%
C.	In a shelter or emergency housing	14	0.68%
D.	In a motel or hotel	9	0.43%
E.	In a car, park, campground, or other public place	11	0.53%
F.	I do not have a usual place to sleep	17	0.82%
G.	Somewhere else	13	0.63%
TOTALS		2,071	100.00%
Q-92. During the past 12 months, how would you describe your grades in school?			
A.	Mostly A's	1008	48.74%
B.	Mostly B's	655	31.67%
C.	Mostly C's	269	13.01%
D.	Mostly D's	46	2.22%
E.	Mostly F's	19	0.92%
F.	None of these grades	12	0.58%
G.	Not sure	59	2.85%
TOTALS		2,068	100.00%

Q-93. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)		
A.	0 times	1965 94.74%
B.	1 or 2 times	45 2.17%
C.	3 to 9 times	28 1.35%
D.	10 to 19 times	20 0.96%
E.	20 to 39 times	3 0.14%
F.	40 or more times	13 0.63%
	TOTALS	2,074 100.00%
Q-94. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?		
A.	Yes	329 16.14%
B.	No	1709 83.86%
	TOTALS	2,038 100.00%