

2019 MONTANA YOUTH RISK BEHAVIOR SURVEY

MIDDLE SCHOOL STUDENT FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 7,668 middle school students in Montana during February of 2019. Frequency distributions may not total 7,668 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	10 years old or younger	9	0.12%
B.	11 years old	20	0.26%
C.	12 years old	1,456	19.03%
D.	13 years old	3,643	47.62%
E.	14 years old	2,405	31.44%
F.	15 years old	109	1.42%
G.	16 years old or older	8	0.10%
TOTALS		7,650	100.00%
Q-2. What is your sex?			
A.	Female	3,704	48.72%
B.	Male	3,898	51.28%
TOTALS		7,602	100.00%
Q-3. In what grade are you?			
A.	7th grade	3,575	47.33%
B.	8th grade	3,979	52.67%
TOTALS		7,554	100.00%
Q-4. Are you Hispanic or Latino?			
A.	Yes	831	11.16%
B.	No	6,617	88.84%
TOTALS		7,448	100.00%
Q-5. What is your race?			
A.	American Indian or Alaskan Native	1,576	19.07%
B.	Asian	252	3.05%
C.	Black or African American	249	3.01%
D.	Native Hawaiian or Other Pacific Islander	177	2.14%
E.	White	6,009	72.72%
TOTALS		8,263	100.00%
Q-6. How often do you wear a seat belt when riding in a car driven by someone else?			
A.	Never	163	2.15%
B.	Rarely	316	4.17%
C.	Sometimes	784	10.35%
D.	Most of the time	2,545	33.59%
E.	Always	3,769	49.74%
TOTALS		7,577	100.00%

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Q-7. How often do you wear a seat belt when driving a car?

A.	I do not drive a car	5,339	70.37%
B.	Never	95	1.25%
C.	Rarely	120	1.58%
D.	Sometimes	217	2.86%
E.	Most of the time	475	6.26%
F.	Always	1,341	17.67%
TOTALS		7,587	100.00%

Q-8. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

A.	0 times	6,153	81.65%
B.	1 time	491	6.52%
C.	2 or 3 times	370	4.91%
D.	4 or 5 times	117	1.55%
E.	6 or more times	405	5.37%
TOTALS		7,536	100.00%

Q-9. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?

A.	0 days	5,887	77.03%
B.	1 day	498	6.52%
C.	2 or 3 days	473	6.19%
D.	4 or 5 days	196	2.56%
E.	6 or more days	588	7.69%
TOTALS		7,642	100.00%

Q-10. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?

A.	0 days	7,366	96.34%
B.	1 day	112	1.46%
C.	2 or 3 days	66	0.86%
D.	4 or 5 days	24	0.31%
E.	6 or more days	78	1.02%
TOTALS		7,646	100.00%

Q-11. During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)

A.	0 days	6,937	91.37%
B.	1 day	192	2.53%
C.	2 or 3 days	170	2.24%
D.	4 or 5 days	65	0.86%
E.	6 or more days	228	3.00%
TOTALS		7,592	100.00%

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Q-12. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

A.	0 days	6,801	88.84%
B.	1 day	473	6.18%
C.	2 or 3 days	251	3.28%
D.	4 or 5 days	51	0.67%
E.	6 or more days	79	1.03%
TOTALS		7,655	100.00%

Q-13. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

A.	0 times	7,032	92.14%
B.	1 time	325	4.26%
C.	2 or 3 times	168	2.20%
D.	4 or 5 times	46	0.60%
E.	6 or 7 times	10	0.13%
F.	8 or 9 times	13	0.17%
G.	10 or 11 times	2	0.03%
H.	12 or more times	36	0.47%
TOTALS		7,632	100.00%

Q-14. During the past 12 months, how many times were you in a physical fight?

A.	0 times	4,977	65.70%
B.	1 time	1,265	16.70%
C.	2 or 3 times	779	10.28%
D.	4 or 5 times	222	2.93%
E.	6 or 7 times	102	1.35%
F.	8 or 9 times	59	0.78%
G.	10 or 11 times	17	0.22%
H.	12 or more times	154	2.03%
TOTALS		7,575	100.00%

Q-15. During the past 12 months, how many times were you in a physical fight on school property?

A.	0 times	6,398	83.56%
B.	1 time	806	10.53%
C.	2 or 3 times	330	4.31%
D.	4 or 5 times	56	0.73%
E.	6 or 7 times	27	0.35%
F.	8 or 9 times	12	0.16%
G.	10 or 11 times	3	0.04%
H.	12 or more times	25	0.33%
TOTALS		7,657	100.00%

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Q-16. Have you ever been physically forced to have sexual intercourse when you did not want to?

A.	Yes	499	6.54%
B.	No	7,128	93.46%
TOTALS		7,627	100.00%

Q-17. During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	0 times	7,032	92.37%
B.	1 time	339	4.45%
C.	2 or 3 times	135	1.77%
D.	4 or 5 times	42	0.55%
E.	6 or more times	65	0.85%
TOTALS		7,613	100.00%

Q-18. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	I did not date or go out with anyone during the past 12 months	3,954	51.81%
B.	0 times	3,373	44.20%
C.	1 time	153	2.00%
D.	2 or 3 times	106	1.39%
E.	4 or 5 times	14	0.18%
F.	6 or more times	32	0.42%
TOTALS		7,632	100.00%

Q-19. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)

A.	I did not date or go out with anyone during the past 12 months	3,899	51.05%
B.	0 times	3,535	46.28%
C.	1 time	113	1.48%
D.	2 or 3 times	45	0.59%
E.	4 or 5 times	16	0.21%
F.	6 or more times	30	0.39%
TOTALS		7,638	100.00%

Q-20. During the past 12 months, have you ever been bullied on school property?

A.	Yes	2,536	33.55%
B.	No	5,022	66.45%
TOTALS		7,558	100.00%

Q-21. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)

A.	Yes	1,574	20.58%
B.	No	6,073	79.42%
TOTALS		7,647	100.00%

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Q-22. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?

A.	Yes	1,530	20.03%
B.	No	6,109	79.97%
TOTALS		7,639	100.00%

Q-23. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

A.	Yes	2,305	30.63%
B.	No	5,220	69.37%
TOTALS		7,525	100.00%

Q-24. During the past 12 months, did you ever seriously consider attempting suicide?

A.	Yes	1,559	20.46%
B.	No	6,061	79.54%
TOTALS		7,620	100.00%

Q-25. During the past 12 months, did you make a plan about how you would attempt suicide?

A.	Yes	1,388	18.29%
B.	No	6,200	81.71%
TOTALS		7,588	100.00%

Q-26. During the past 12 months, how many times did you actually attempt suicide?

A.	0 times	6,397	84.37%
B.	1 time	827	10.91%
C.	2 or 3 times	239	3.15%
D.	4 or 5 times	51	0.67%
E.	6 or more times	68	0.90%
TOTALS		7,582	100.00%

Q-27. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

A.	I did not attempt suicide during the past 12 months	6,218	81.70%
B.	Yes	356	4.68%
C.	No	1,037	13.63%
TOTALS		7,611	100.00%

Q-28. Have you ever tried cigarette smoking, even one or two puffs?

A.	Yes	1,495	19.66%
B.	No	6,111	80.34%
TOTALS		7,606	100.00%

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Q-29. How old were you when you first tried cigarette smoking, even one or two puffs?

A.	I have never tried cigarette smoking, not even one or two puffs	6,200	81.54%
B.	8 years old or younger	277	3.64%
C.	9 or 10 years old	287	3.77%
D.	11 or 12 years old	475	6.25%
E.	13 or 14 years old	353	4.64%
F.	15 or 16 years old	5	0.07%
G.	17 years old or older	7	0.09%
TOTALS		7,604	100.00%

Q-30. During the past 30 days, on how many days did you smoke cigarettes?

A.	0 days	7,267	95.06%
B.	1 or 2 days	202	2.64%
C.	3 to 5 days	72	0.94%
D.	6 to 9 days	33	0.43%
E.	10 to 19 days	30	0.39%
F.	20 to 29 days	10	0.13%
G.	All 30 days	31	0.41%
TOTALS		7,645	100.00%

Q-31. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

A.	I did not smoke cigarettes during the past 30 days	7,221	94.69%
B.	Less than 1 cigarette per day	207	2.71%
C.	1 cigarette per day	95	1.25%
D.	2 to 5 cigarettes per day	71	0.93%
E.	6 to 10 cigarettes per day	7	0.09%
F.	11 to 20 cigarettes per day	6	0.08%
G.	More than 20 cigarettes per day	19	0.25%
TOTALS		7,626	100.00%

Q-32. Have you ever used an electronic vapor product?

A.	Yes	2,135	28.15%
B.	No	5,450	71.85%
TOTALS		7,585	100.00%

Q-33. During the past 30 days, on how many days did you use an electronic vapor product?

A.	0 days	6,400	83.82%
B.	1 or 2 days	613	8.03%
C.	3 to 5 days	211	2.76%
D.	6 to 9 days	121	1.58%
E.	10 to 19 days	129	1.69%
F.	20 to 29 days	56	0.73%
G.	All 30 days	105	1.38%
TOTALS		7,635	100.00%

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Q-34. During the past 30 days, on how many days did you use an electronic vapor product on school property?

A.	0 days	7,218	94.63%
B.	1 or 2 days	256	3.36%
C.	3 to 5 days	59	0.77%
D.	6 to 9 days	30	0.39%
E.	10 to 19 days	27	0.35%
F.	20 to 29 days	10	0.13%
G.	All 30 days	28	0.37%
TOTALS		7,628	100.00%

Q-35. During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)

A.	I did not use any electronic vapor products during the past 30 days	6,328	84.20%
B.	I bought them in a store such as a convenience store, supermarket, discount store, gas station, or vape store	34	0.45%
C.	I got them on the Internet	60	0.80%
D.	I gave someone else money to buy them for me	202	2.69%
E.	I borrowed them from someone else	546	7.27%
F.	A person who can legally buy these products gave them to me	90	1.20%
G.	I took them from a store or another person	27	0.36%
H.	I got them some other way	228	3.03%
TOTALS		7,515	100.00%

Q-36. What is the main reason you have used electronic vapor products? (Select only one response.)

A.	I have never used an electronic vapor product	5,721	75.27%
B.	Friend or family member used them	506	6.66%
C.	To try to quit using other tobacco products	55	0.72%
D.	They cost less than other tobacco products	19	0.25%
E.	They are easier to get than other tobacco products	58	0.76%
F.	They are less harmful than other forms of tobacco	102	1.34%
G.	They are available in flavors, such as mint, candy, fruit, or chocolate	234	3.08%
H.	I used them for some other reason	906	11.92%
TOTALS		7,601	100.00%

Q-37. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)

A.	0 days	7,346	96.59%
B.	1 or 2 days	124	1.63%
C.	3 to 5 days	53	0.70%
D.	6 to 9 days	17	0.22%
E.	10 to 19 days	17	0.22%
F.	20 to 29 days	7	0.09%
G.	All 30 days	41	0.54%
TOTALS		7,605	100.00%

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Q-38. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?

A.	0 days	7,348	96.89%
B.	1 or 2 days	126	1.66%
C.	3 to 5 days	46	0.61%
D.	6 to 9 days	23	0.30%
E.	10 to 19 days	15	0.20%
F.	20 to 29 days	5	0.07%
G.	All 30 days	21	0.28%
TOTALS		7,584	100.00%

Q-39. During the past 12 months, did you ever try to quit using all tobacco products, including cigarettes, cigars, smokeless tobacco, shisha or hookah tobacco, and electronic vapor products?

A.	I did not use any tobacco products during the past 12 months	6,443	84.71%
B.	Yes	602	7.91%
C.	No	561	7.38%
TOTALS		7,606	100.00%

Q-40. How old were you when you had your first drink of alcohol other than a few sips?

A.	I have never had a drink of alcohol other than a few sips	5,162	68.30%
B.	8 years old or younger	592	7.83%
C.	9 or 10 years old	414	5.48%
D.	11 or 12 years old	751	9.94%
E.	13 or 14 years old	622	8.23%
F.	15 or 16 years old	12	0.16%
G.	17 years old or older	5	0.07%
TOTALS		7,558	100.00%

Q-41. During the past 30 days, on how many days did you have at least one drink of alcohol?

A.	0 days	6,493	85.70%
B.	1 or 2 days	672	8.87%
C.	3 to 5 days	212	2.80%
D.	6 to 9 days	92	1.21%
E.	10 to 19 days	66	0.87%
F.	20 to 29 days	18	0.24%
G.	All 30 days	23	0.30%
TOTALS		7,576	100.00%

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Q-42. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?

A.	0 days	7,069	92.89%
B.	1 day	237	3.11%
C.	2 days	131	1.72%
D.	3 to 5 days	91	1.20%
E.	6 to 9 days	37	0.49%
F.	10 to 19 days	22	0.29%
G.	20 or more days	23	0.30%
TOTALS		7,610	100.00%

Q-43. During the past 30 days, how did you usually get the alcohol you drank?

A.	I did not drink alcohol during the past 30 days	6,489	85.48%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	37	0.49%
C.	I bought it at a restaurant, bar, or club	12	0.16%
D.	I bought it at a public event such as a concert or sporting event	10	0.13%
E.	I gave someone else money to buy it for me	104	1.37%
F.	Someone gave it to me	365	4.81%
G.	I took it from a store or family member	286	3.77%
H.	I got it some other way	288	3.79%
TOTALS		7,591	100.00%

Q-44. During your life, how many times have you used marijuana?

A.	0 times	6,362	84.38%
B.	1 or 2 times	387	5.13%
C.	3 to 9 times	228	3.02%
D.	10 to 19 times	131	1.74%
E.	20 to 39 times	106	1.41%
F.	40 to 99 times	117	1.55%
G.	100 or more times	209	2.77%
TOTALS		7,540	100.00%

Q-45. How old were you when you tried marijuana for the first time?

A.	I have never tried marijuana	6,416	84.28%
B.	8 years old or younger	157	2.06%
C.	9 or 10 years old	195	2.56%
D.	11 or 12 years old	462	6.07%
E.	13 or 14 years old	369	4.85%
F.	15 or 16 years old	9	0.12%
G.	17 years old or older	5	0.07%
TOTALS		7,613	100.00%

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Q-46. During the past 30 days, how many times did you use marijuana?

A.	0 times	6,937	91.52%
B.	1 or 2 times	248	3.27%
C.	3 to 9 times	161	2.12%
D.	10 to 19 times	86	1.13%
E.	20 to 39 times	55	0.73%
F.	40 or more times	93	1.23%
TOTALS		7,580	100.00%

Q-47. During your life, how many times have you used synthetic marijuana?

A.	0 times	7,249	96.06%
B.	1 or 2 times	148	1.96%
C.	3 to 9 times	67	0.89%
D.	10 to 19 times	24	0.32%
E.	20 to 39 times	18	0.24%
F.	40 or more times	40	0.53%
TOTALS		7,546	100.00%

Q-48. During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?

A.	0 times	6,829	89.86%
B.	1 or 2 times	413	5.43%
C.	3 to 9 times	198	2.61%
D.	10 to 19 times	69	0.91%
E.	20 to 39 times	32	0.42%
F.	40 or more times	59	0.78%
TOTALS		7,600	100.00%

Q-49. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

A.	0 times	7,439	97.84%
B.	1 or 2 times	90	1.18%
C.	3 to 9 times	38	0.50%
D.	10 to 19 times	10	0.13%
E.	20 to 39 times	3	0.04%
F.	40 or more times	23	0.30%
TOTALS		7,603	100.00%

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Q-50. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

A.	0 times	6,742	89.05%
B.	1 or 2 times	471	6.22%
C.	3 to 9 times	180	2.38%
D.	10 to 19 times	80	1.06%
E.	20 to 39 times	41	0.54%
F.	40 or more times	57	0.75%
TOTALS		7,571	100.00%

Q-51. During your life, how many times have you used heroin (also called smack, junk, or China White)?

A.	0 times	7,529	99.13%
B.	1 or 2 times	30	0.39%
C.	3 to 9 times	10	0.13%
D.	10 to 19 times	6	0.08%
E.	20 to 39 times	3	0.04%
F.	40 or more times	17	0.22%
TOTALS		7,595	100.00%

Q-52. During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?

A.	0 times	7,492	98.55%
B.	1 or 2 times	60	0.79%
C.	3 to 9 times	20	0.26%
D.	10 to 19 times	8	0.11%
E.	20 to 39 times	6	0.08%
F.	40 or more times	16	0.21%
TOTALS		7,602	100.00%

Q-53. During your life, how many times have you used ecstasy (also called MDMA)?

A.	0 times	7,360	98.75%
B.	1 or 2 times	59	0.79%
C.	3 to 9 times	17	0.23%
D.	10 to 19 times	5	0.07%
E.	20 to 39 times	4	0.05%
F.	40 or more times	8	0.11%
TOTALS		7,453	100.00%

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Q-54. During your life, how many times have you taken steroid pills or shots without a doctor's prescription?

A.	0 times	7,445	98.14%
B.	1 or 2 times	97	1.28%
C.	3 to 9 times	17	0.22%
D.	10 to 19 times	13	0.17%
E.	20 to 39 times	5	0.07%
F.	40 or more times	9	0.12%
TOTALS		7,586	100.00%

Q-55. During your life, how many times have you used a needle to inject any illegal drug into your body?

A.	0 times	7,464	98.53%
B.	1 time	83	1.10%
C.	2 or more times	28	0.37%
TOTALS		7,575	100.00%

Q-56. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?

A.	Yes	1,320	17.53%
B.	No	6,210	82.47%
TOTALS		7,530	100.00%

Q-57. Have you ever had sexual intercourse?

A.	Yes	1,011	13.39%
B.	No	6,537	86.61%
TOTALS		7,548	100.00%

Q-58. How old were you when you had sexual intercourse for the first time?

A.	I have never had sexual intercourse	6,734	89.09%
B.	11 years old or younger	272	3.60%
C.	12 years old	163	2.16%
D.	13 years old	259	3.43%
E.	14 years old	122	1.61%
F.	15 years old	4	0.05%
G.	16 years old	5	0.07%
H.	17 years old or older	0	0.00%
TOTALS		7,559	100.00%

Q-59. During your life, with how many people have you had sexual intercourse?

A.	I have never had sexual intercourse	6,749	89.49%
B.	1 person	418	5.54%
C.	2 people	162	2.15%
D.	3 people	88	1.17%
E.	4 people	37	0.49%
F.	5 people	22	0.29%
G.	6 or more people	66	0.88%
TOTALS		7,542	100.00%

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Q-60. During the past 3 months, with how many people did you have sexual intercourse?

A.	I have never had sexual intercourse	6,799	89.93%
B.	I have had sexual intercourse, but not during the past 3 months	406	5.37%
C.	1 person	238	3.15%
D.	2 people	60	0.79%
E.	3 people	21	0.28%
F.	4 people	8	0.11%
G.	5 people	3	0.04%
H.	6 or more people	25	0.33%
TOTALS		7,560	100.00%

Q-61. Did you drink alcohol or use drugs before you had sexual intercourse the last time?

A.	I have never had sexual intercourse	6,595	87.52%
B.	Yes	228	3.03%
C.	No	712	9.45%
TOTALS		7,535	100.00%

Q-62. The last time you had sexual intercourse, did you or your partner use a condom?

A.	I have never had sexual intercourse	6,634	88.64%
B.	Yes	477	6.37%
C.	No	373	4.98%
TOTALS		7,484	100.00%

Q-63. How do you describe your weight?

A.	Very underweight	338	4.48%
B.	Slightly underweight	1,200	15.91%
C.	About the right weight	3,958	52.47%
D.	Slightly overweight	1,782	23.62%
E.	Very overweight	266	3.53%
TOTALS		7,544	100.00%

Q-64. Which of the following are you trying to do about your weight?

A.	Lose weight	3,208	42.59%
B.	Gain weight	912	12.11%
C.	Stay the same weight	1,441	19.13%
D.	I am not trying to do anything about my weight	1,971	26.17%
TOTALS		7,532	100.00%

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Q-65. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)

A.	I did not drink 100% fruit juice during the past 7 days	2,341	31.36%
B.	1 to 3 times during the past 7 days	2,967	39.75%
C.	4 to 6 times during the past 7 days	1,050	14.07%
D.	1 time per day	415	5.56%
E.	2 times per day	314	4.21%
F.	3 times per day	139	1.86%
G.	4 or more times per day	239	3.20%
TOTALS		7,465	100.00%

Q-66. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)

A.	I did not eat fruit during the past 7 days	809	10.73%
B.	1 to 3 times during the past 7 days	2,403	31.86%
C.	4 to 6 times during the past 7 days	1,749	23.19%
D.	1 time per day	794	10.53%
E.	2 times per day	856	11.35%
F.	3 times per day	429	5.69%
G.	4 or more times per day	503	6.67%
TOTALS		7,543	100.00%

Q-67. During the past 7 days, how many times did you eat green salad?

A.	I did not eat green salad during the past 7 days	2,668	35.41%
B.	1 to 3 times during the past 7 days	2,997	39.78%
C.	4 to 6 times during the past 7 days	965	12.81%
D.	1 time per day	546	7.25%
E.	2 times per day	174	2.31%
F.	3 times per day	53	0.70%
G.	4 or more times per day	131	1.74%
TOTALS		7,534	100.00%

Q-68. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)

A.	I did not eat potatoes during the past 7 days	2,963	39.31%
B.	1 to 3 times during the past 7 days	3,568	47.34%
C.	4 to 6 times during the past 7 days	612	8.12%
D.	1 time per day	192	2.55%
E.	2 times per day	83	1.10%
F.	3 times per day	24	0.32%
G.	4 or more times per day	95	1.26%
TOTALS		7,537	100.00%

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Q-69. During the past 7 days, how many times did you eat carrots?

A.	I did not eat carrots during the past 7 days	3,304	43.83%
B.	1 to 3 times during the past 7 days	2,752	36.51%
C.	4 to 6 times during the past 7 days	851	11.29%
D.	1 time per day	298	3.95%
E.	2 times per day	118	1.57%
F.	3 times per day	64	0.85%
G.	4 or more times per day	148	1.96%
TOTALS		7,538	100.00%

Q-70. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)

A.	I did not eat other vegetables during the past 7 days	1,355	18.04%
B.	1 to 3 times during the past 7 days	2,860	38.08%
C.	4 to 6 times during the past 7 days	1,659	22.09%
D.	1 time per day	694	9.24%
E.	2 times per day	490	6.52%
F.	3 times per day	195	2.60%
G.	4 or more times per day	257	3.42%
TOTALS		7,510	100.00%

Q-71. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)

A.	I did not drink soda or pop during the past 7 days	1,986	26.62%
B.	1 to 3 times during the past 7 days	3,510	47.04%
C.	4 to 6 times during the past 7 days	1,025	13.74%
D.	1 time per day	399	5.35%
E.	2 times per day	265	3.55%
F.	3 times per day	118	1.58%
G.	4 or more times per day	158	2.12%
TOTALS		7,461	100.00%

Q-72. During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

A.	I did not drink milk during the past 7 days	1,262	16.80%
B.	1 to 3 glasses during the past 7 days	1,913	25.47%
C.	4 to 6 glasses during the past 7 days	1,402	18.67%
D.	1 glass per day	924	12.30%
E.	2 glasses per day	994	13.24%
F.	3 glasses per day	477	6.35%
G.	4 or more glasses per day	538	7.16%
TOTALS		7,510	100.00%

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Q-73. During the past 7 days, how many times did you drink a can, bottle, or glass of an energy drink, such as Red Bull or Jolt? (Do not count diet or sports drinks such as Gatorade or PowerAde.)

A.	I did not drink energy drinks during the past 7 days	5,962	79.68%
B.	1 to 3 times during the past 7 days	1,076	14.38%
C.	4 to 6 times during the past 7 days	216	2.89%
D.	1 time per day	86	1.15%
E.	2 times per day	57	0.76%
F.	3 times per day	27	0.36%
G.	4 or more times per day	58	0.78%
TOTALS		7,482	100.00%

Q-74. During the past 7 days, on how many days did you eat breakfast?

A.	0 days	728	9.75%
B.	1 day	474	6.35%
C.	2 days	547	7.32%
D.	3 days	582	7.79%
E.	4 days	563	7.54%
F.	5 days	665	8.90%
G.	6 days	588	7.87%
H.	7 days	3,323	44.48%
TOTALS		7,470	100.00%

Q-75. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	610	8.16%
B.	1 day	451	6.03%
C.	2 days	653	8.73%
D.	3 days	784	10.48%
E.	4 days	928	12.41%
F.	5 days	1,187	15.87%
G.	6 days	698	9.33%
H.	7 days	2,168	28.99%
TOTALS		7,479	100.00%

Q-76. On an average school day, how many hours do you watch TV?

A.	I do not watch TV on an average school day	1,489	20.05%
B.	Less than 1 hour per day	1,764	23.75%
C.	1 hour per day	1,261	16.98%
D.	2 hours per day	1,404	18.90%
E.	3 hours per day	739	9.95%
F.	4 hours per day	313	4.21%
G.	5 or more hours per day	458	6.17%
TOTALS		7,428	100.00%

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Q-77. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent playing games, watching videos, texting, or using social media on your smartphone, computer, Xbox, PlayStation, iPad, or other tablet.)

A.	I do not play video or computer games or use a computer for something that is not school work	1,223	16.51%
B.	Less than 1 hour per day	1,211	16.34%
C.	1 hour per day	953	12.86%
D.	2 hours per day	1,149	15.51%
E.	3 hours per day	1,013	13.67%
F.	4 hours per day	679	9.16%
G.	5 or more hours per day	1,181	15.94%
TOTALS		7,409	100.00%

Q-78. In an average week when you are in school, on how many days do you go to physical education (PE) classes?

A.	0 days	844	11.48%
B.	1 day	159	2.16%
C.	2 days	1,218	16.56%
D.	3 days	2,040	27.74%
E.	4 days	537	7.30%
F.	5 days	2,555	34.75%
TOTALS		7,353	100.00%

Q-79. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)

A.	0 teams	2,238	30.14%
B.	1 team	1,645	22.15%
C.	2 teams	1,488	20.04%
D.	3 or more teams	2,054	27.66%
TOTALS		7,425	100.00%

Q-80. During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?

A.	0 times	6,055	81.49%
B.	1 time	815	10.97%
C.	2 times	260	3.50%
D.	3 times	98	1.32%
E.	4 or more times	202	2.72%
TOTALS		7,430	100.00%

Q-81. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?

A.	During the past 12 months	5,558	74.63%
B.	Between 12 and 24 months ago	650	8.73%
C.	More than 24 months ago	210	2.82%
D.	Never	77	1.03%
E.	Not sure	952	12.78%
TOTALS		7,447	100.00%

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Q-82. Has a doctor or nurse ever told you that you have asthma?

A.	Yes	1,340	18.08%
B.	No	5,290	71.39%
C.	Not sure	780	10.53%
TOTALS		7,410	100.00%

Q-83. On an average school night, how many hours of sleep do you get?

A.	4 or less hours	543	7.40%
B.	5 hours	526	7.17%
C.	6 hours	957	13.04%
D.	7 hours	1,582	21.55%
E.	8 hours	2,103	28.65%
F.	9 hours	1,153	15.71%
G.	10 or more hours	476	6.49%
TOTALS		7,340	100.00%

Q-84. During the past 30 days, where did you usually sleep?

A.	In my parent's or guardian's home	7,127	96.04%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	135	1.82%
C.	In a shelter or emergency housing	32	0.43%
D.	In a motel or hotel	16	0.22%
E.	In a car, park, campground, or other public place	21	0.28%
F.	I do not have a usual place to sleep	27	0.36%
G.	Somewhere else	63	0.85%
TOTALS		7,421	100.00%

Q-85. During the past 12 months, how would you describe your grades in school?

A.	Mostly A's	3,385	46.43%
B.	Mostly B's	2,191	30.05%
C.	Mostly C's	857	11.76%
D.	Mostly D's	199	2.73%
E.	Mostly F's	144	1.98%
F.	None of these grades	38	0.52%
G.	Not sure	476	6.53%
TOTALS		7,290	100.00%

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Q-86. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)

A.	0 times	7,091	96.94%
B.	1 or 2 times	140	1.91%
C.	3 to 9 times	49	0.67%
D.	10 to 19 times	16	0.22%
E.	20 to 39 times	3	0.04%
F.	40 or more times	16	0.22%
TOTALS		7,315	100.00%

Q-87. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?

A.	Yes	1,570	21.58%
B.	No	5,706	78.42%
TOTALS		7,276	100.00%