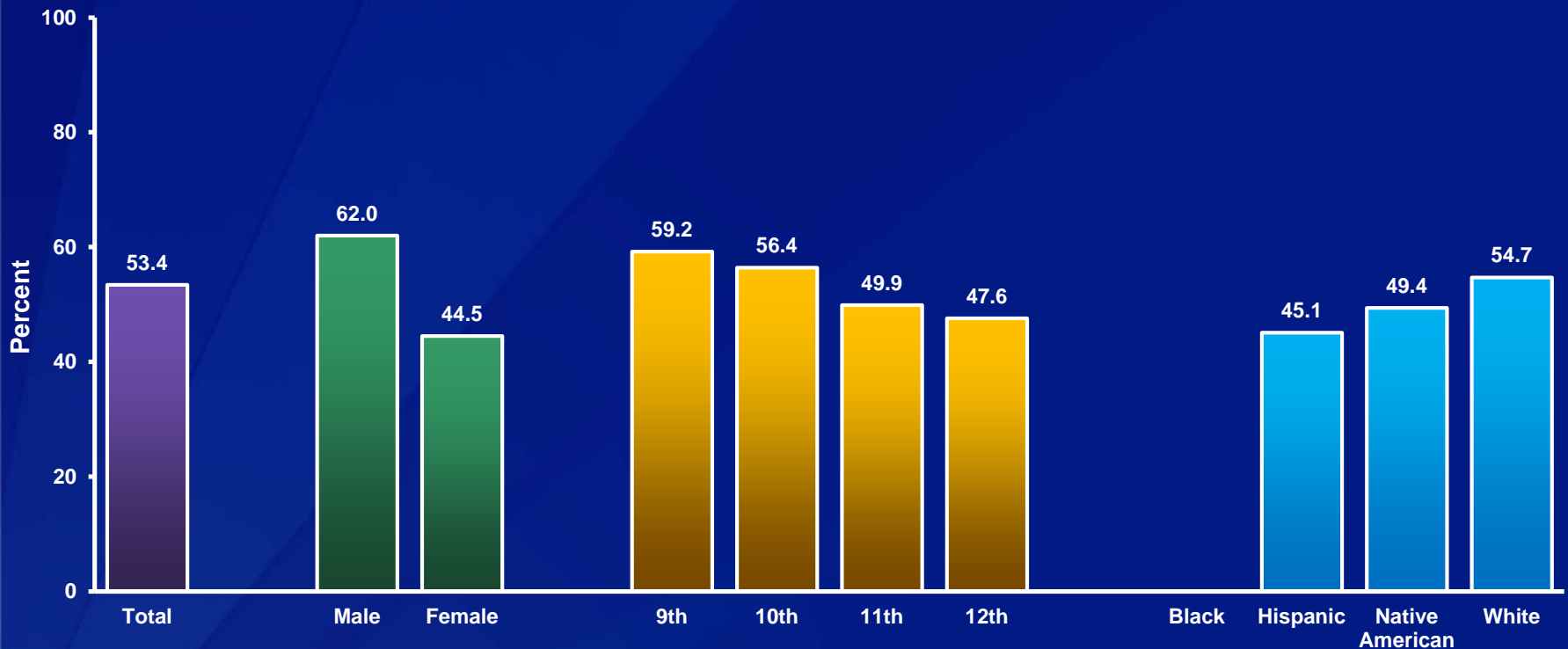Percentage of High School Students Who Were Physically Active at Least 60 Minutes Per Day on 5 or More Days,* by Sex,† Grade,† and Race/Ethnicity,† 2017

Category	Percent
Total	53.4
Male	62.0
Female	44.5
9th	59.2
10th	56.4
11th	49.9
12th	47.6
Hispanic	45.1
Native American	49.4
White	54.7

*In any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey

†M > F; 9th > 11th, 9th > 12th, 10th > 11th, 10th > 12th; W > H (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

Missing bar indicates fewer than 100 students in this subgroup.

Note: This graph contains weighted results.

Montana - YRBS, 2017 - QN79

Percentage of High School Students Who Were Physically Active at Least 60 Minutes Per Day on 5 or More Days,* 2011-2017†
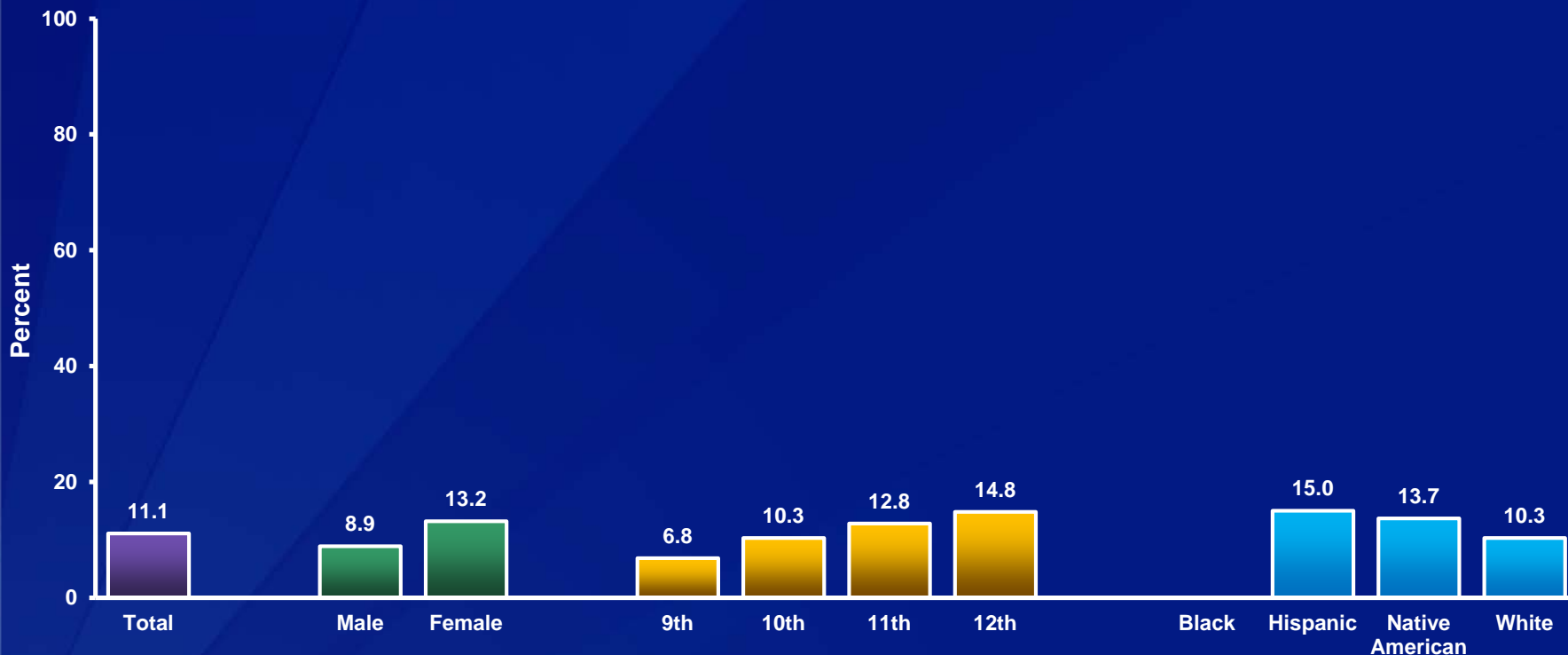

*In any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey

†No change 2011-2017 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade (p < 0.05).]

Note: This graph contains weighted results.

Montana - YRBS, 2011-2017 - QN79

Percentage of High School Students Who Did Not Participate in at Least 60 Minutes of Physical Activity on at Least 1 Day,* by Sex,† Grade,† and Race/Ethnicity,† 2017

Percent

Category	Value
Total	11.1
Male	8.9
Female	13.2
9th	6.8
10th	10.3
11th	12.8
12th	14.8
Black	
Hispanic	15.0
Native American	13.7
White	10.3

*In any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey

†F > M; 10th > 9th, 11th > 9th, 12th > 9th, 12th > 10th; H > W (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

Missing bar indicates fewer than 100 students in this subgroup.

Note: This graph contains weighted results.

Montana - YRBS, 2017 - QNPA0DAY

Percentage of High School Students Who Did Not Participate in at Least 60 Minutes of Physical Activity on at Least 1 Day,* 2011-2017[†]
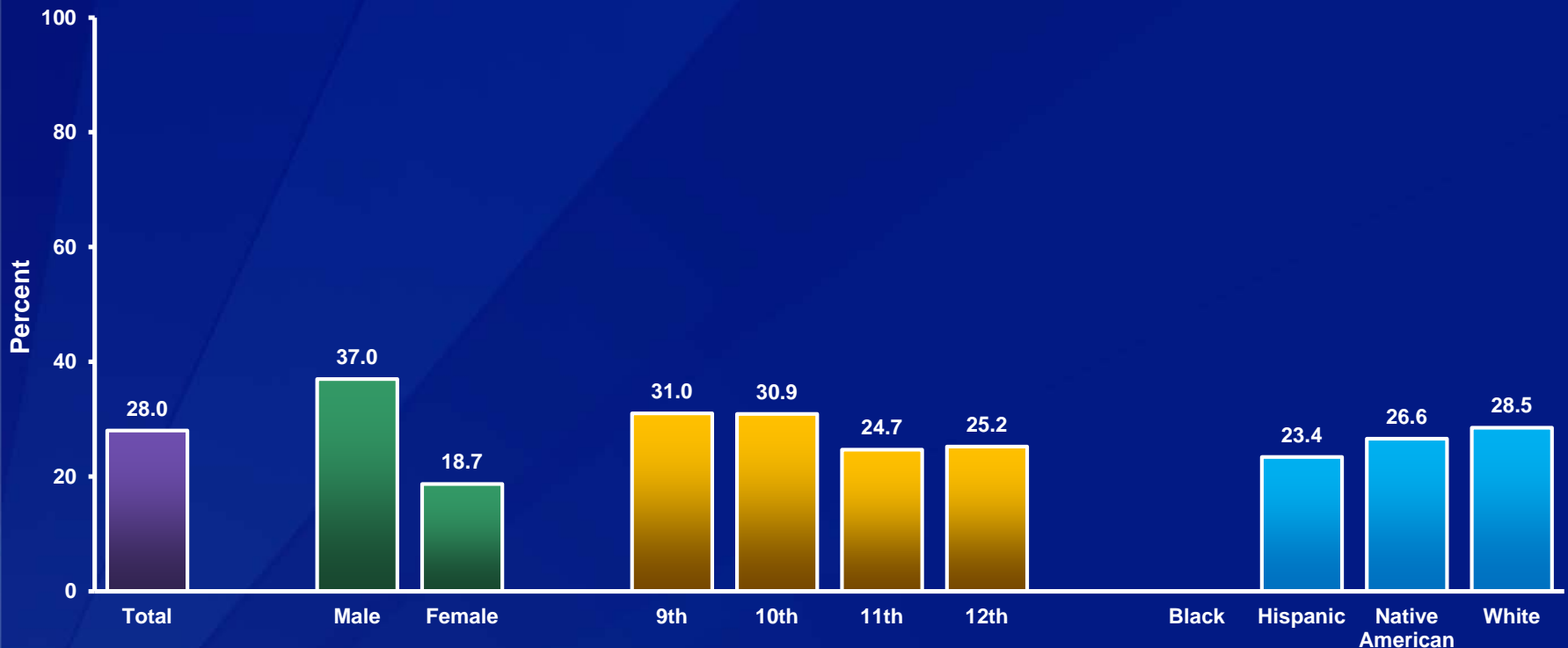

*In any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey

[†]No change 2011-2017 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade (p < 0.05).]

Note: This graph contains weighted results.

Montana - YRBS, 2011-2017 - QNPA0DAY

Percentage of High School Students Who Were Physically Active at Least 60 Minutes Per Day on All 7 Days,* by Sex,† Grade,† and Race/Ethnicity, 2017

*In any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey
†M > F; 9th > 11th, 9th > 12th, 10th > 11th, 10th > 12th (Based on t-test analysis, p < 0.05.)
All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.
Missing bar indicates fewer than 100 students in this subgroup.
Note: This graph contains weighted results.

Montana - YRBS, 2017 - QNPA7DAY

Percentage of High School Students Who Were Physically Active at Least 60 Minutes Per Day on All 7 Days,* 2011-2017[†]


*In any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey

[†]No change 2011-2017 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade (p < 0.05).]

Note: This graph contains weighted results.

Montana - YRBS, 2011-2017 - QNPA7DAY

Percentage of High School Students Who Watched Television 3 or More Hours Per Day,* by Sex, Grade, and Race/Ethnicity,† 2017
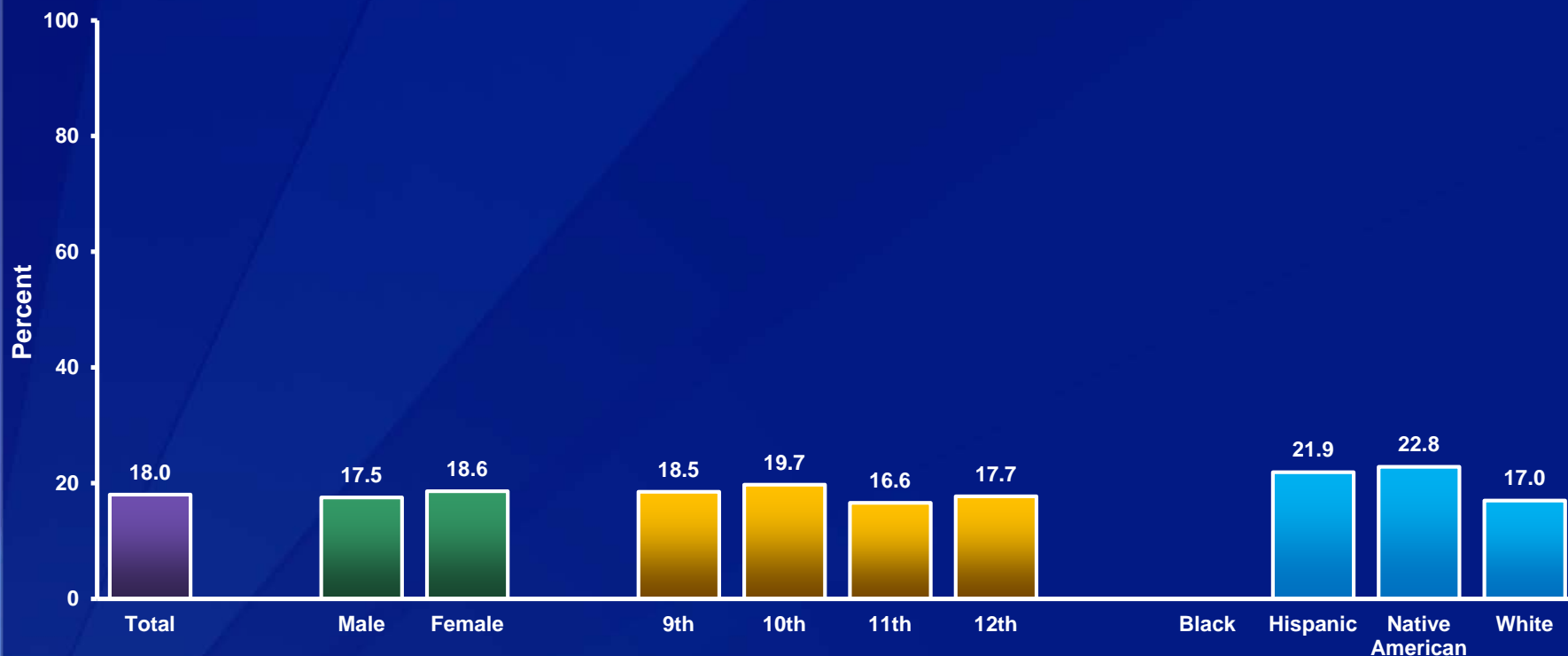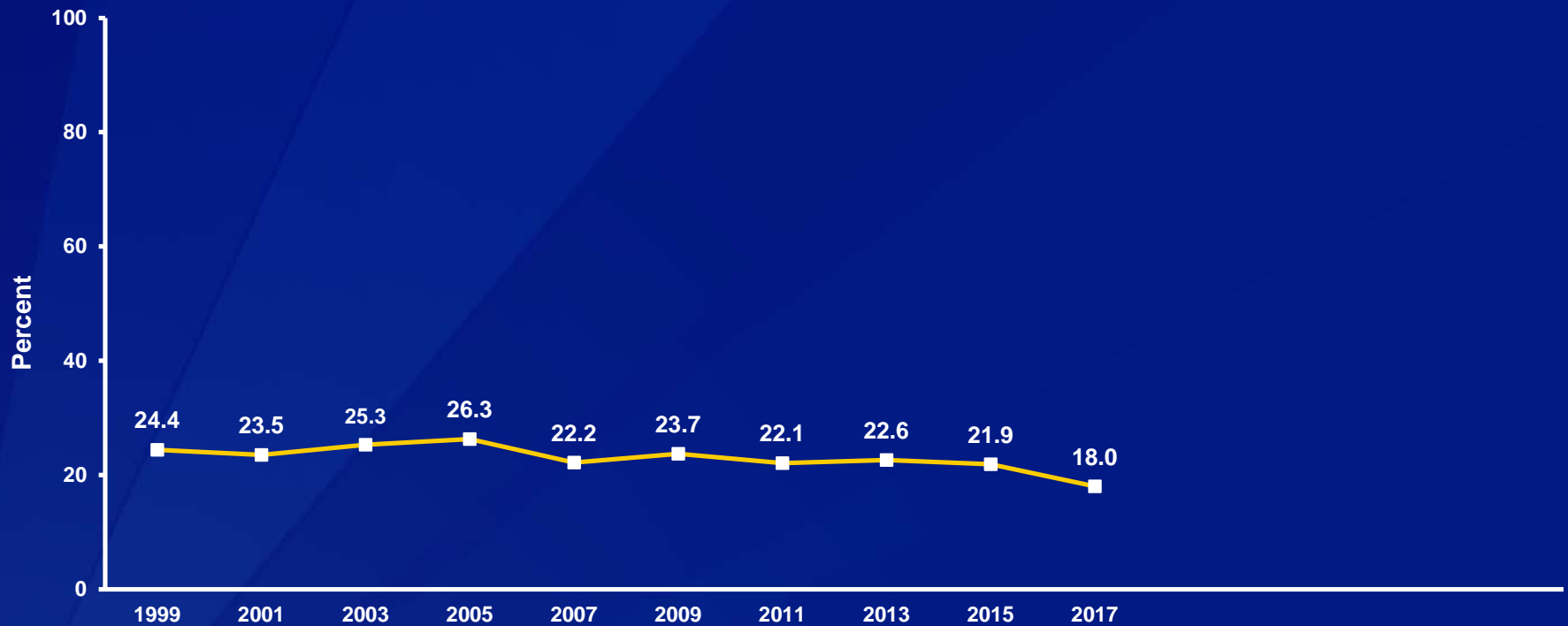

*On an average school day
†H > W, N > W (Based on t-test analysis, p < 0.05.)
All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.
Missing bar indicates fewer than 100 students in this subgroup.
Note: This graph contains weighted results.

Montana - YRBS, 2017 - QN80

Percentage of High School Students Who Watched Television 3 or More Hours Per Day,* 1999-2017[†]
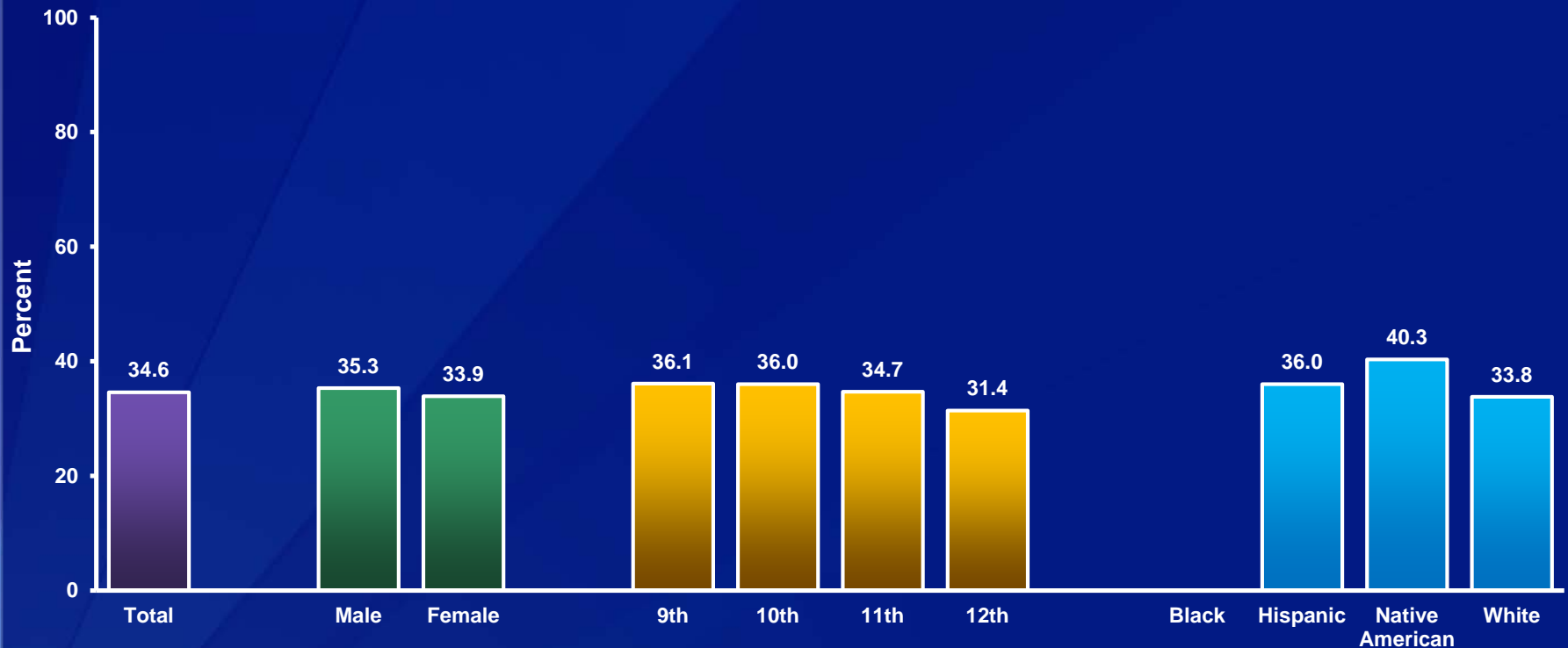

*On an average school day

[†]Decreased 1999-2017, decreased 1999-2013, decreased 2013-2017 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade (p < 0.05). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

Note: This graph contains weighted results.

Percentage of High School Students Who Played Video or Computer Games or Used a Computer 3 or More Hours Per Day,* by Sex, Grade,† and Race/Ethnicity, 2017

Percent

Category	Percent
Total	34.6
Male	35.3
Female	33.9
9th	36.1
10th	36.0
11th	34.7
12th	31.4
Black	
Hispanic	36.0
Native American	40.3
White	33.8

*Counting time spent on things such as Xbox, PlayStation, an iPad or other tablet, a smartphone, texting, YouTube, Instagram, Facebook, or other social media, for something that was not school work, on an average school day
†9th > 12th, 10th > 12th (Based on t-test analysis, p < 0.05.)
All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.
Missing bar indicates fewer than 100 students in this subgroup.
Note: This graph contains weighted results.

Montana - YRBS, 2017 - QN81

Percentage of High School Students Who Played Video or Computer Games or Used a Computer 3 or More Hours Per Day,* 2007-2017†
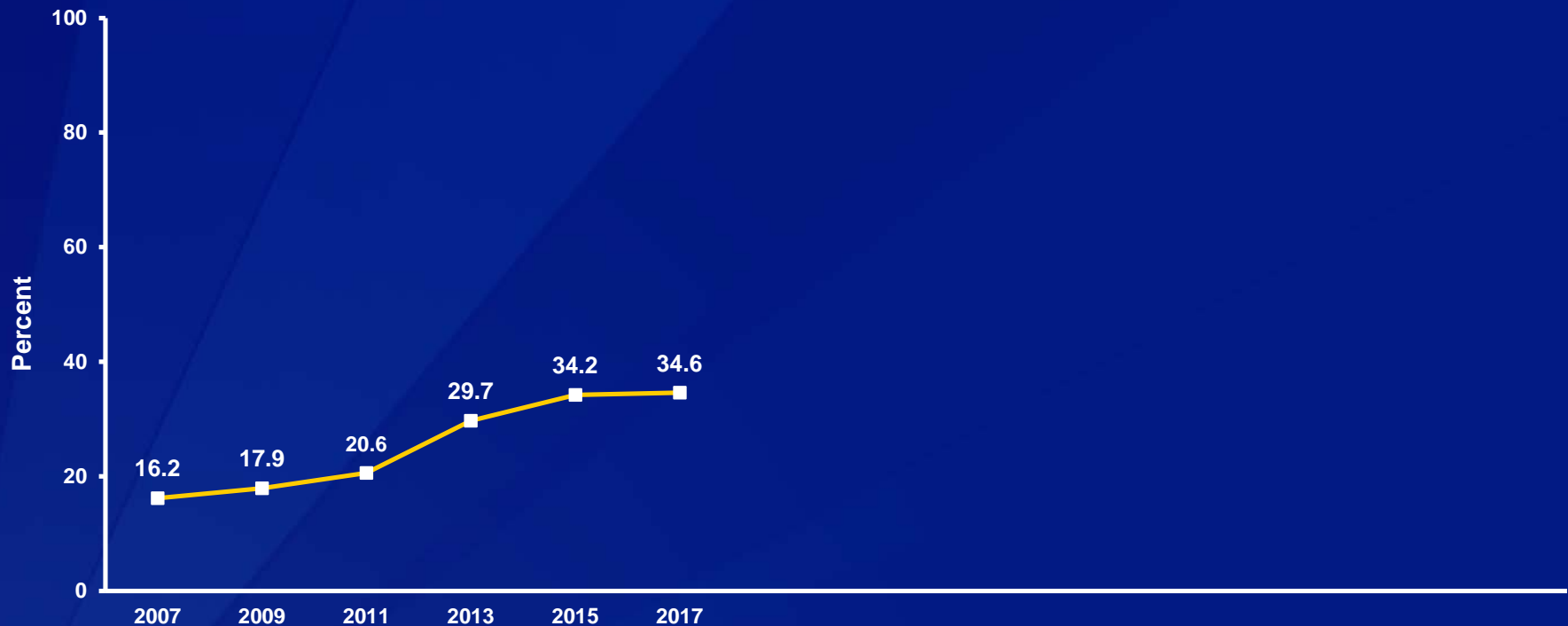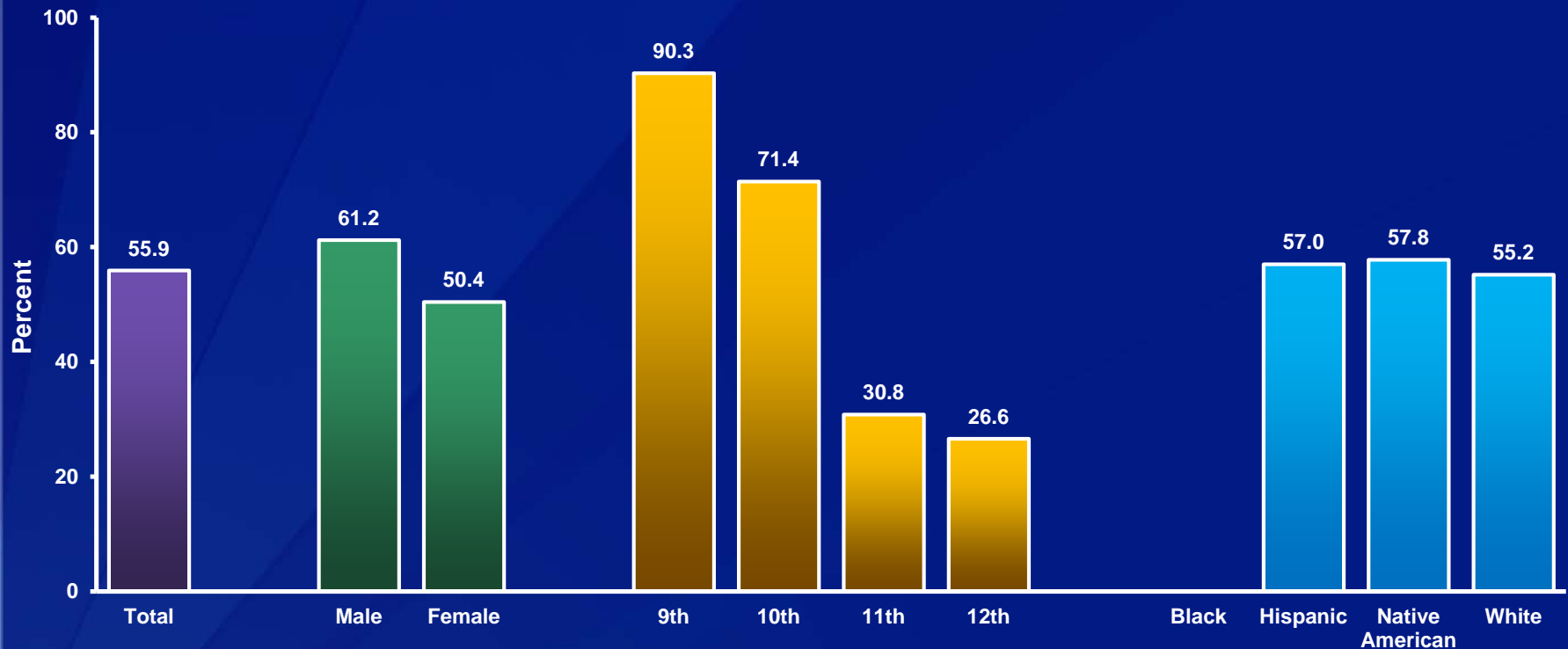
*Counting time spent on things such as Xbox, PlayStation, an iPad or other tablet, a smartphone, texting, YouTube, Instagram, Facebook, or other social media, for something that was not school work, on an average school day

†Increased 2007-2017 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

Note: This graph contains weighted results.

Montana - YRBS, 2007-2017 - QN81

Percentage of High School Students Who Attended Physical Education (PE) Classes on 1 or More Days,* by Sex,† Grade,† and Race/Ethnicity, 2017

| Category	Percent
Total	55.9
Male	61.2
Female	50.4
9th	90.3
10th	71.4
11th	30.8
12th	26.6
Hispanic	57.0
Native American	57.8
White	55.2

*In an average week when they were in school
†M > F; 9th > 10th, 9th > 11th, 9th > 12th, 10th > 11th, 10th > 12th (Based on t-test analysis, p < 0.05.)
All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.
Missing bar indicates fewer than 100 students in this subgroup.
Note: This graph contains weighted results.

Montana - YRBS, 2017 - QN82

Percentage of High School Students Who Attended Physical Education (PE) Classes on 1 or More Days,* 1993-2017[†]
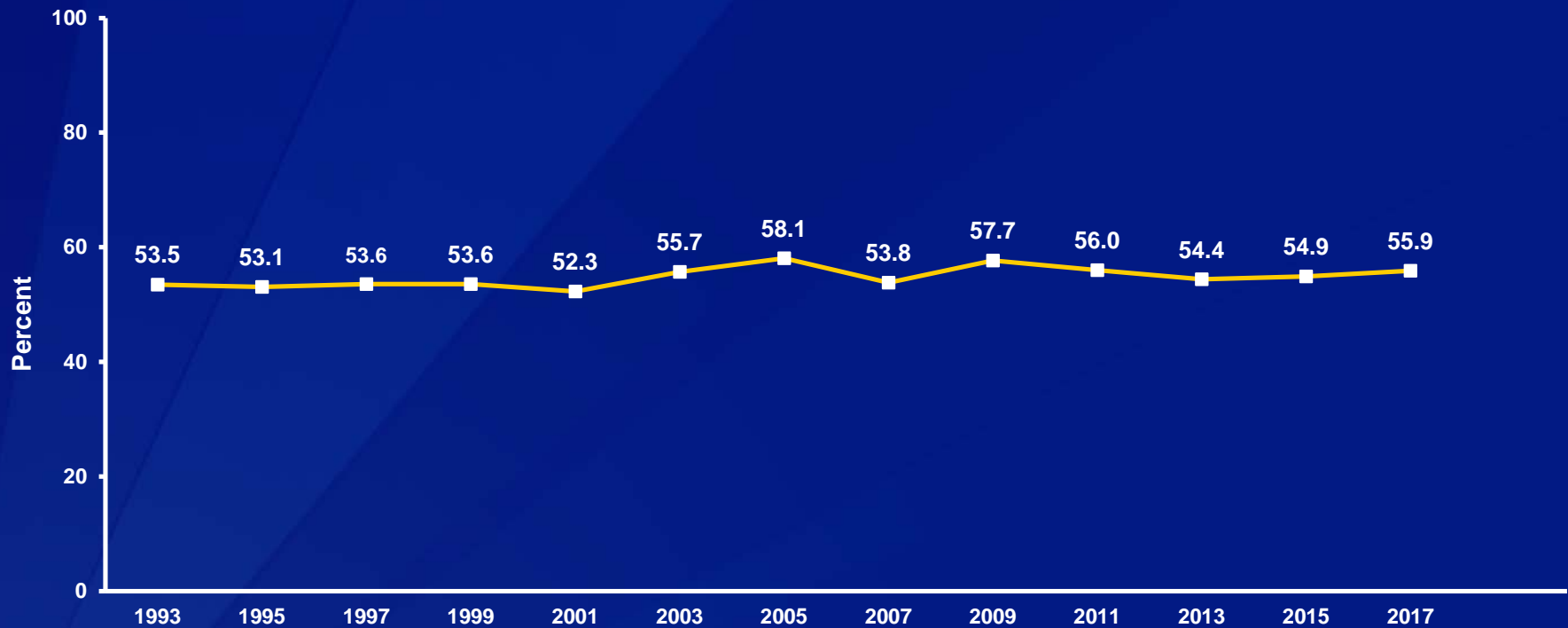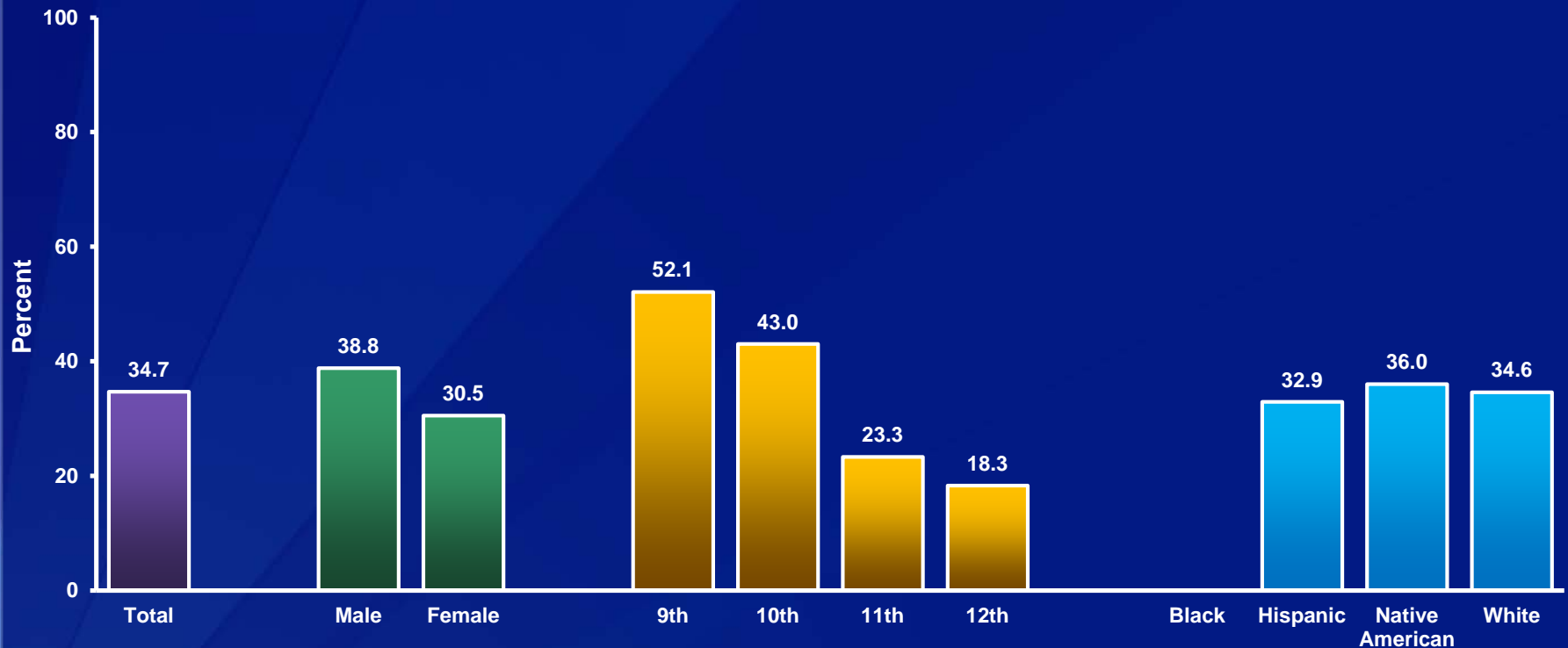
*In an average week when they were in school
[†]Increased 1993-2017 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade (p < 0.05). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]
Note: This graph contains weighted results.

Montana - YRBS, 1993-2017 - QN82

Percentage of High School Students Who Attended Physical Education Classes on All 5 Days,* by Sex,† Grade,† and Race/Ethnicity, 2017

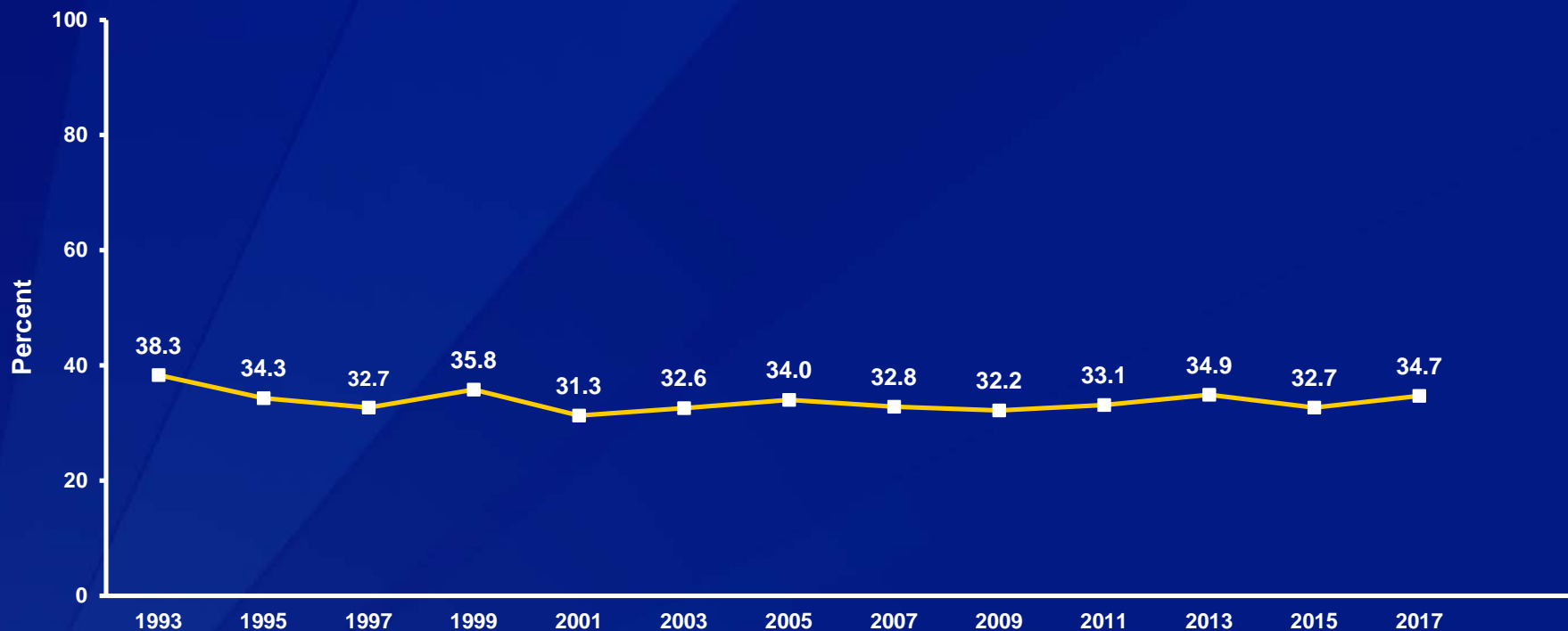*In an average week when they were in school

†M > F; 9th > 10th, 9th > 11th, 9th > 12th, 10th > 11th, 10th > 12th (Based on t-test analysis, p < 0.05.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

Missing bar indicates fewer than 100 students in this subgroup.

Note: This graph contains weighted results.

Montana - YRBS, 2017 - QNDLYPE

Percentage of High School Students Who Attended Physical Education Classes on All 5 Days,* 1993-2017[†]

Percent

| Year	Percent
1993	38.3
1995	34.3
1997	32.7
1999	35.8
2001	31.3
2003	32.6
2005	34.0
2007	32.8
2009	32.2
2011	33.1
2013	34.9
2015	32.7
2017	34.7

*In an average week when they were in school
[†]No change 1993-2017 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade (p < 0.05). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]
Note: This graph contains weighted results.

Montana - YRBS, 1993-2017 - QNDLYPE

Percentage of High School Students Who Played on at Least One Sports Team,* by Sex,† Grade,† and Race/Ethnicity,† 2017
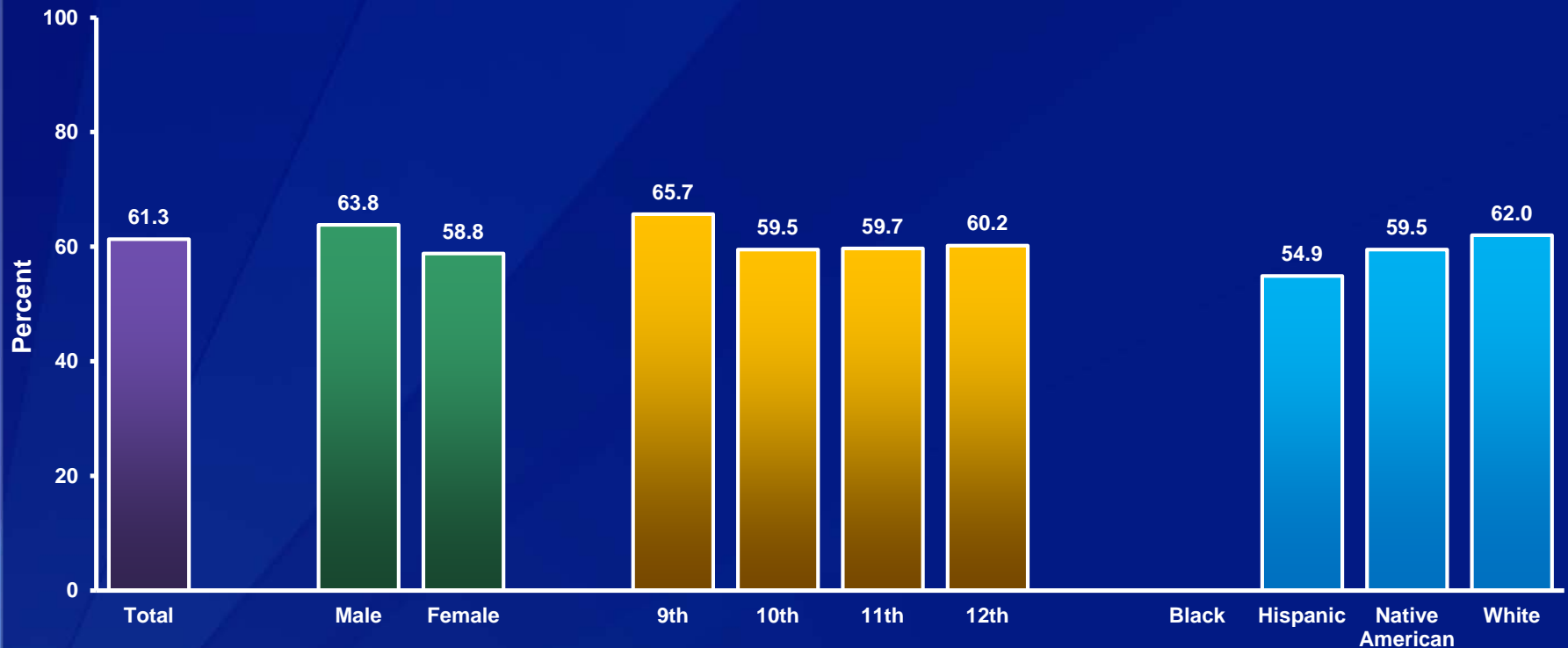
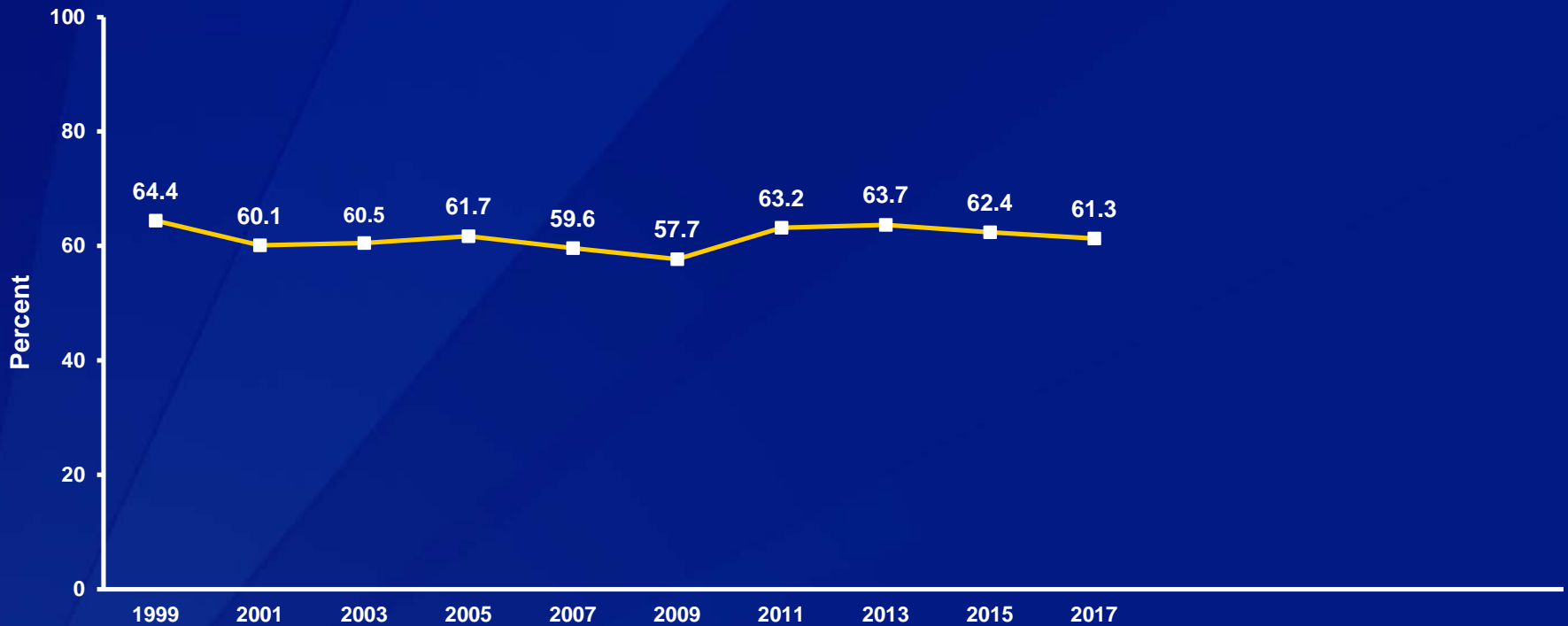*Counting any teams run by their school or community groups, during the 12 months before the survey
†M > F; 9th > 10th, 9th > 11th, 9th > 12th; W > H (Based on t-test analysis, p < 0.05.)
All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.
Missing bar indicates fewer than 100 students in this subgroup.
Note: This graph contains weighted results.

Percentage of High School Students Who Played on at Least One Sports Team,* 1999-2017†

| Year	Percent
1999	64.4
2001	60.1
2003	60.5
2005	61.7
2007	59.6
2009	57.7
2011	63.2
2013	63.7
2015	62.4
2017	61.3

*Counting any teams run by their school or community groups, during the 12 months before the survey
†Decreased, 1999-2003, increased, 2003-2017 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]
Note: This graph contains weighted results.

Percentage of High School Students Who Had a Concussion from Playing a Sport or Being Physically Active,* by Sex,† Grade, and Race/Ethnicity, 2017
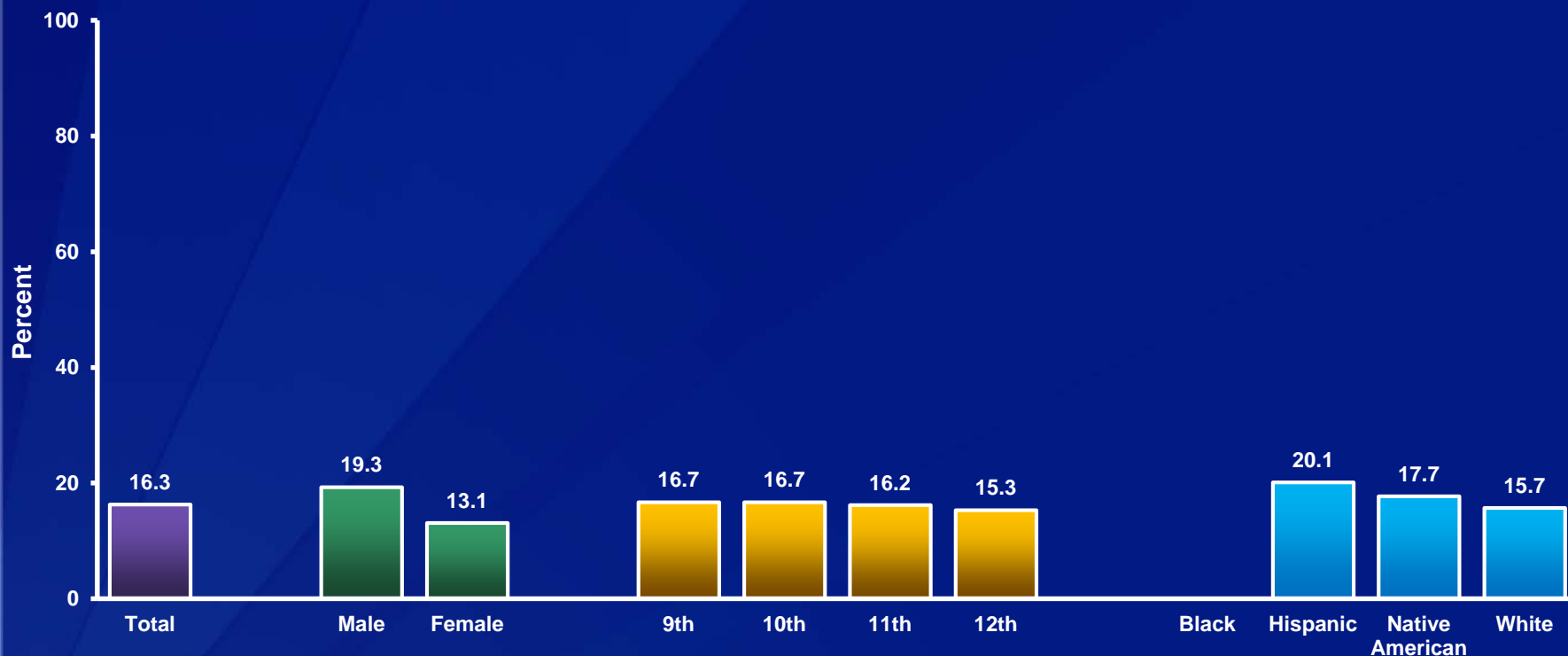
*One or more times during the 12 months before the survey
†M > F (Based on t-test analysis, p < 0.05.)
All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.
Missing bar indicates fewer than 100 students in this subgroup.
Note: This graph contains weighted results.

Montana - YRBS, 2017 - QN84