

2017 WEST REGION YOUTH RISK BEHAVIOR SURVEY

MIDDLE SCHOOL FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 1,128 middle school students in West Region during February of 2017. Frequency distributions may not total 1,128 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	10 years old or younger	1	0.09%
B.	11 years old	1	0.09%
C.	12 years old	237	21.05%
D.	13 years old	540	47.96%
E.	14 years old	337	29.93%
F.	15 years old	9	0.80%
G.	16 years old or older	1	0.09%
	TOTALS	1,126	100.00%
Q-2. What is your sex?			
A.	Female	514	45.85%
B.	Male	607	54.15%
	TOTALS	1,121	100.00%
Q-3. In what grade are you?			
A.	7th grade	529	47.92%
B.	8th grade	575	52.08%
	TOTALS	1,104	100.00%
Q-4. Are you Hispanic or Latino?			
A.	Yes	112	10.02%
B.	No	1006	89.98%
	TOTALS	1,118	100.00%
Q-5. What is your race? (Select one or more responses.)			
A.	American Indian or Alaskan Native	198	16.06%
B.	Asian	49	3.97%
C.	Black or African American	30	2.43%
D.	Native Hawaiian or Other Pacific Islander	21	1.70%
E.	White	935	75.83%
	TOTALS	1,233	100.00%
Q-6. How often do you wear a seat belt when riding in a car driven by someone else?			
A.	Never	14	1.27%
B.	Rarely	27	2.44%
C.	Sometimes	58	5.25%
D.	Most of the time	307	27.78%
E.	Always	699	63.26%
	TOTALS	1,105	100.00%

Q-7. How often do you wear a seat belt when driving a car?		
A.	I do not drive a car	867 77.41%
B.	Never	13 1.16%
C.	Rarely	9 0.80%
D.	Sometimes	22 1.96%
E.	Most of the time	41 3.66%
F.	Always	168 15.00%
TOTALS		1,120 100.00%
Q-8. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?		
A.	0 times	919 83.09%
B.	1 time	59 5.33%
C.	2 or 3 times	65 5.88%
D.	4 or 5 times	14 1.27%
E.	6 or more times	49 4.43%
TOTALS		1,106 100.00%
Q-9. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?		
A.	0 days	834 74.00%
B.	1 day	90 7.99%
C.	2 or 3 days	82 7.28%
D.	4 or 5 days	33 2.93%
E.	6 or more days	88 7.81%
TOTALS		1,127 100.00%
Q-10. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?		
A.	0 days	1083 96.18%
B.	1 day	16 1.42%
C.	2 or 3 days	10 0.89%
D.	4 or 5 days	3 0.27%
E.	6 or more days	14 1.24%
TOTALS		1,126 100.00%
Q-11. During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)		
A.	0 days	1041 93.03%
B.	1 day	22 1.97%
C.	2 or 3 days	16 1.43%
D.	4 or 5 days	13 1.16%
E.	6 or more days	27 2.41%
TOTALS		1,119 100.00%

Q-12. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

A.	0 days	1056	93.78%
B.	1 day	35	3.11%
C.	2 or 3 days	22	1.95%
D.	4 or 5 days	6	0.53%
E.	6 or more days	7	0.62%
TOTALS		1,126	100.00%

Q-13. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

A.	0 times	1062	94.23%
B.	1 time	32	2.84%
C.	2 or 3 times	10	0.89%
D.	4 or 5 times	11	0.98%
E.	6 or 7 times	1	0.09%
F.	8 or 9 times	1	0.09%
G.	10 or 11 times	0	0.00%
H.	12 or more times	10	0.89%
TOTALS		1,127	100.00%

Q-14. During the past 12 months, how many times were you in a physical fight?

A.	0 times	766	68.33%
B.	1 time	169	15.08%
C.	2 or 3 times	110	9.81%
D.	4 or 5 times	38	3.39%
E.	6 or 7 times	5	0.45%
F.	8 or 9 times	11	0.98%
G.	10 or 11 times	0	0.00%
H.	12 or more times	22	1.96%
TOTALS		1,121	100.00%

Q-15. During the past 12 months, how many times were you in a physical fight on school property?

A.	0 times	947	83.95%
B.	1 time	119	10.55%
C.	2 or 3 times	47	4.17%
D.	4 or 5 times	3	0.27%
E.	6 or 7 times	2	0.18%
F.	8 or 9 times	2	0.18%
G.	10 or 11 times	0	0.00%
H.	12 or more times	8	0.71%
TOTALS		1,128	100.00%

CAUTION! Please use this information carefully. Depending on sample size and procedures, the information contained in this report may or may not be representative of the entire student enrollment for the school.

Q-16. Have you ever been physically forced to have sexual intercourse when you did not want to?			
A.	Yes	60	5.33%
B.	No	1066	94.67%
TOTALS		1,126	100.00%

Q-17. During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)			
A.	0 times	1033	91.90%
B.	1 time	56	4.98%
C.	2 or 3 times	19	1.69%
D.	4 or 5 times	4	0.36%
E.	6 or more times	12	1.07%
TOTALS		1,124	100.00%

Q-18. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)			
A.	I did not date or go out with anyone during the past 12 months	590	52.49%
B.	0 times	487	43.33%
C.	1 time	25	2.22%
D.	2 or 3 times	17	1.51%
E.	4 or 5 times	1	0.09%
F.	6 or more times	4	0.36%
TOTALS		1,124	100.00%

Q-19. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)			
A.	I did not date or go out with anyone during the past 12 months	585	52.00%
B.	0 times	513	45.60%
C.	1 time	17	1.51%
D.	2 or 3 times	4	0.36%
E.	4 or 5 times	2	0.18%
F.	6 or more times	4	0.36%
TOTALS		1,125	100.00%

Q-20. During the past 12 months, have you ever been bullied on school property?			
A.	Yes	379	33.96%
B.	No	737	66.04%
TOTALS		1,116	100.00%

Q-21. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)			
A.	Yes	226	20.14%
B.	No	896	79.86%
TOTALS		1,122	100.00%

Q-22. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?			
A.	Yes	205	18.22%
B.	No	920	81.78%
TOTALS		1,125	100.00%

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Q-23. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?			
A.	Yes	266	23.99%
B.	No	843	76.01%
TOTALS		1,109	100.00%
Q-24. During the past 12 months, did you ever seriously consider attempting suicide?			
A.	Yes	180	15.99%
B.	No	946	84.01%
TOTALS		1,126	100.00%
Q-25. During the past 12 months, did you make a plan about how you would attempt suicide?			
A.	Yes	161	14.35%
B.	No	961	85.65%
TOTALS		1,122	100.00%
Q-26. During the past 12 months, how many times did you actually attempt suicide?			
A.	0 times	951	85.22%
B.	1 time	111	9.95%
C.	2 or 3 times	32	2.87%
D.	4 or 5 times	7	0.63%
E.	6 or more times	15	1.34%
TOTALS		1,116	100.00%
Q-27. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?			
A.	I did not attempt suicide during the past 12 months	973	86.26%
B.	Yes	46	4.08%
C.	No	109	9.66%
TOTALS		1,128	100.00%
Q-28. Have you ever tried cigarette smoking, even one or two puffs?			
A.	Yes	173	15.36%
B.	No	953	84.64%
TOTALS		1,126	100.00%
Q-29. How old were you when you first tried cigarette smoking, even one or two puffs?			
A.	I have never tried cigarette smoking, not even one or two puffs	963	85.45%
B.	8 years old or younger	44	3.90%
C.	9 or 10 years old	37	3.28%
D.	11 or 12 years old	52	4.61%
E.	13 or 14 years old	30	2.66%
F.	15 or 16 years old	0	0.00%
G.	17 years old or older	1	0.09%
TOTALS		1,127	100.00%

Q-30. During the past 30 days, on how many days did you smoke cigarettes?			
A.	0 days	1079	95.74%
B.	1 or 2 days	24	2.13%
C.	3 to 5 days	8	0.71%
D.	6 to 9 days	3	0.27%
E.	10 to 19 days	3	0.27%
F.	20 to 29 days	2	0.18%
G.	All 30 days	8	0.71%
TOTALS		1,127	100.00%
Q-31. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?			
A.	I did not smoke cigarettes during the past 30 days	1079	95.91%
B.	Less than 1 cigarette per day	16	1.42%
C.	1 cigarette per day	12	1.07%
D.	2 to 5 cigarettes per day	9	0.80%
E.	6 to 10 cigarettes per day	1	0.09%
F.	11 to 20 cigarettes per day	0	0.00%
G.	More than 20 cigarettes per day	8	0.71%
TOTALS		1,125	100.00%
Q-32. During the past 12 months, did you ever try to quit smoking cigarettes?			
A.	I did not smoke during the past 12 months	1052	93.51%
B.	Yes	43	3.82%
C.	No	30	2.67%
TOTALS		1,125	100.00%
Q-33. Have you ever used an electronic vapor product?			
A.	Yes	191	16.96%
B.	No	935	83.04%
TOTALS		1,126	100.00%
Q-34. During the past 30 days, on how many days did you use an electronic vapor product?			
A.	0 days	1035	92.00%
B.	1 or 2 days	42	3.73%
C.	3 to 5 days	14	1.24%
D.	6 to 9 days	14	1.24%
E.	10 to 19 days	8	0.71%
F.	20 to 29 days	2	0.18%
G.	All 30 days	10	0.89%
TOTALS		1,125	100.00%

Q-35. During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)

A.	I did not use any electronic vapor products during the past 30 days	1022	91.74%
B.	I bought them in a store such as a convenience store, supermarket, discount store, gas station, or vape store	4	0.36%
C.	I got them on the Internet	4	0.36%
D.	I gave someone else money to buy them for me	9	0.81%
E.	I borrowed them from someone else	34	3.05%
F.	A person 18 years old or older gave them to me	10	0.90%
G.	I took them from a store or another person	5	0.45%
H.	I got them some other way	26	2.33%
TOTALS		1,114	100.00%

Q-36. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, Copenhagen, Camel Snus, Marlboro Snus, General Snus, Ariva, Stonewall, or Camel Orbs? (Do not count any electronic vapor products.)

A.	0 days	1099	97.60%
B.	1 or 2 days	13	1.15%
C.	3 to 5 days	5	0.44%
D.	6 to 9 days	0	0.00%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	1	0.09%
G.	All 30 days	8	0.71%
TOTALS		1,126	100.00%

Q-37. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco productions such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, Copenhagen, Camel Snus, Marlboro Snus, General Snus, Ariva, Stonewall, or Camel Orbs on school property? (Do not count any electronic vapor products.)

A.	0 days	1107	98.49%
B.	1 or 2 days	10	0.89%
C.	3 to 5 days	1	0.09%
D.	6 to 9 days	0	0.00%
E.	10 to 19 days	1	0.09%
F.	20 to 29 days	0	0.00%
G.	All 30 days	5	0.44%
TOTALS		1,124	100.00%

Q-38. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?

A.	0 days	1095	98.12%
B.	1 or 2 days	8	0.72%
C.	3 to 5 days	6	0.54%
D.	6 to 9 days	0	0.00%
E.	10 to 19 days	1	0.09%
F.	20 to 29 days	1	0.09%
G.	All 30 days	5	0.45%
TOTALS		1,116	100.00%

Q-39. During your life, on how many days have you had at least one drink of alcohol?			
A.	0 days	682	60.62%
B.	1 or 2 days	231	20.53%
C.	3 to 9 days	119	10.58%
D.	10 to 19 days	41	3.64%
E.	20 to 39 days	26	2.31%
F.	40 to 99 days	11	0.98%
G.	100 or more days	15	1.33%
TOTALS		1,125	100.00%

Q-40. How old were you when you had your first drink of alcohol other than a few sips?			
A.	I have never had a drink of alcohol other than a few sips	770	68.69%
B.	8 years old or younger	89	7.94%
C.	9 or 10 years old	66	5.89%
D.	11 or 12 years old	112	9.99%
E.	13 or 14 years old	80	7.14%
F.	15 or 16 years old	1	0.09%
G.	17 years old or older	3	0.27%
TOTALS		1,121	100.00%

Q-41. During the past 30 days, on how many days did you have at least one drink of alcohol?			
A.	0 days	981	87.59%
B.	1 or 2 days	95	8.48%
C.	3 to 5 days	20	1.79%
D.	6 to 9 days	14	1.25%
E.	10 to 19 days	5	0.45%
F.	20 to 29 days	0	0.00%
G.	All 30 days	5	0.45%
TOTALS		1,120	100.00%

Q-42. During the past 30 days, how did you usually get the alcohol you drank?			
A.	I did not drink alcohol during the past 30 days	960	85.26%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	5	0.44%
C.	I bought it at a restaurant, bar, or club	1	0.09%
D.	I bought it at a public event such as a concert or sporting event	0	0.00%
E.	I gave someone else money to buy it for me	10	0.89%
F.	Someone gave it to me	78	6.93%
G.	I took it from a store or family member	29	2.58%
H.	I got it some other way	43	3.82%
TOTALS		1,126	100.00%

Q-43. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row (if you are female) or 5 or more drinks of alcohol in a row (if you are male)?		
A.	0 days	1043 92.96%
B.	1 day	36 3.21%
C.	2 days	15 1.34%
D.	3 to 5 days	12 1.07%
E.	6 to 9 days	7 0.62%
F.	10 to 19 days	0 0.00%
G.	20 or more days	9 0.80%
TOTALS		1,122 100.00%
Q-44. During your life, how many times have you used marijuana?		
A.	0 times	975 88.00%
B.	1 or 2 times	43 3.88%
C.	3 to 9 times	22 1.99%
D.	10 to 19 times	18 1.62%
E.	20 to 39 times	10 0.90%
F.	40 to 99 times	16 1.44%
G.	100 or more times	24 2.17%
TOTALS		1,108 100.00%
Q-45. How old were you when you tried marijuana for the first time?		
A.	I have never tried marijuana	989 87.99%
B.	8 years old or younger	17 1.51%
C.	9 or 10 years old	21 1.87%
D.	11 or 12 years old	54 4.80%
E.	13 or 14 years old	42 3.74%
F.	15 or 16 years old	1 0.09%
G.	17 years old or older	0 0.00%
TOTALS		1,124 100.00%
Q-46. During the past 30 days, how many times did you use marijuana?		
A.	0 times	1055 93.94%
B.	1 or 2 times	27 2.40%
C.	3 to 9 times	8 0.71%
D.	10 to 19 times	14 1.25%
E.	20 to 39 times	9 0.80%
F.	40 or more times	10 0.89%
TOTALS		1,123 100.00%

Q-47. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?			
A.	0 times	1102	98.31%
B.	1 or 2 times	9	0.80%
C.	3 to 9 times	2	0.18%
D.	10 to 19 times	1	0.09%
E.	20 to 39 times	0	0.00%
F.	40 or more times	7	0.62%
TOTALS		1,121	100.00%

Q-48. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?			
A.	0 times	1040	92.53%
B.	1 or 2 times	47	4.18%
C.	3 to 9 times	15	1.33%
D.	10 to 19 times	8	0.71%
E.	20 to 39 times	4	0.36%
F.	40 or more times	10	0.89%
TOTALS		1,124	100.00%

Q-49. During your life, how many times have you used heroin (also called smack, junk, or China White)?			
A.	0 times	1115	99.20%
B.	1 or 2 times	4	0.36%
C.	3 to 9 times	1	0.09%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	4	0.36%
TOTALS		1,124	100.00%

Q-50. During your life, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?			
A.	0 times	1111	99.02%
B.	1 or 2 times	4	0.36%
C.	3 to 9 times	1	0.09%
D.	10 to 19 times	2	0.18%
E.	20 to 39 times	0	0.00%
F.	40 or more times	4	0.36%
TOTALS		1,122	100.00%

Q-51. During your life, how many times have you used ecstasy (also called MDMA)?			
A.	0 times	1111	98.93%
B.	1 or 2 times	4	0.36%
C.	3 to 9 times	1	0.09%
D.	10 to 19 times	2	0.18%
E.	20 to 39 times	0	0.00%
F.	40 or more times	5	0.45%
TOTALS		1,123	100.00%

Q-52. During your life, how many times have you used synthetic marijuana (also called K2, Spice, fake weed, King Kong, Yucatan Fire, Skunk, or Moon Rocks)?			
A.	0 times	1083	96.44%
B.	1 or 2 times	22	1.96%
C.	3 to 9 times	7	0.62%
D.	10 to 19 times	2	0.18%
E.	20 to 39 times	4	0.36%
F.	40 or more times	5	0.45%
TOTALS		1,123	100.00%
Q-53. During your life, how many times have you taken steroid pills or shots without a doctor's prescription?			
A.	0 times	1097	98.03%
B.	1 or 2 times	10	0.89%
C.	3 to 9 times	5	0.45%
D.	10 to 19 times	1	0.09%
E.	20 to 39 times	0	0.00%
F.	40 or more times	6	0.54%
TOTALS		1,119	100.00%
Q-54. During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it? (Count drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet.)			
A.	0 times	1054	93.77%
B.	1 or 2 times	33	2.94%
C.	3 to 9 times	17	1.51%
D.	10 to 19 times	6	0.53%
E.	20 to 39 times	3	0.27%
F.	40 or more times	11	0.98%
TOTALS		1,124	100.00%
Q-55. During your life, how many times have you used a needle to inject any illegal drug into your body?			
A.	0 times	1109	98.75%
B.	1 time	7	0.62%
C.	2 or more times	7	0.62%
TOTALS		1,123	100.00%
Q-56. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?			
A.	Yes	179	16.03%
B.	No	938	83.97%
TOTALS		1,117	100.00%
Q-57. Have you ever had sexual intercourse?			
A.	Yes	127	11.35%
B.	No	992	88.65%
TOTALS		1,119	100.00%

Q-58. How old were you when you had sexual intercourse for the first time?			
A.	I have never had sexual intercourse	1014	90.29%
B.	11 years old or younger	36	3.21%
C.	12 years old	25	2.23%
D.	13 years old	34	3.03%
E.	14 years old	14	1.25%
F.	15 years old	0	0.00%
G.	16 years old	0	0.00%
H.	17 years old or older	0	0.00%
TOTALS		1,123	100.00%

Q-59. During your life, with how many people have you had sexual intercourse?			
A.	I have never had sexual intercourse	1014	90.70%
B.	1 person	54	4.83%
C.	2 people	20	1.79%
D.	3 people	13	1.16%
E.	4 people	3	0.27%
F.	5 people	1	0.09%
G.	6 or more people	13	1.16%
TOTALS		1,118	100.00%

Q-60. During the past 3 months, with how many people did you have sexual intercourse?			
A.	I have never had sexual intercourse	1015	90.71%
B.	I have had sexual intercourse, but not during the past 3 months	50	4.47%
C.	1 person	35	3.13%
D.	2 people	6	0.54%
E.	3 people	3	0.27%
F.	4 people	2	0.18%
G.	5 people	2	0.18%
H.	6 or more people	6	0.54%
TOTALS		1,119	100.00%

Q-61. Did you drink alcohol or use drugs before you had sexual intercourse the last time?			
A.	I have never had sexual intercourse	1005	89.73%
B.	Yes	30	2.68%
C.	No	85	7.59%
TOTALS		1,120	100.00%

Q-62. The last time you had sexual intercourse, did you or your partner use a condom?			
A.	I have never had sexual intercourse	1010	90.66%
B.	Yes	52	4.67%
C.	No	52	4.67%
TOTALS		1,114	100.00%

Q-63. How do you describe your weight?			
A.	Very underweight	35	3.13%
B.	Slightly underweight	166	14.83%
C.	About the right weight	656	58.62%
D.	Slightly overweight	229	20.46%
E.	Very overweight	33	2.95%
TOTALS		1,119	100.00%

Q-64. Which of the following are you trying to do about your weight?			
A.	Lose weight	420	37.53%
B.	Gain weight	114	10.19%
C.	Stay the same weight	236	21.09%
D.	I am not trying to do anything about my weight	349	31.19%
TOTALS		1,119	100.00%

Q-65. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)			
A.	I did not drink 100% fruit juice during the past 7 days	305	27.48%
B.	1 to 3 times during the past 7 days	449	40.45%
C.	4 to 6 times during the past 7 days	180	16.22%
D.	1 time per day	74	6.67%
E.	2 times per day	50	4.50%
F.	3 times per day	20	1.80%
G.	4 or more times per day	32	2.88%
TOTALS		1,110	100.00%

Q-66. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)			
A.	I did not eat fruit during the past 7 days	110	9.84%
B.	1 to 3 times during the past 7 days	326	29.16%
C.	4 to 6 times during the past 7 days	260	23.26%
D.	1 time per day	132	11.81%
E.	2 times per day	150	13.42%
F.	3 times per day	72	6.44%
G.	4 or more times per day	68	6.08%
TOTALS		1,118	100.00%

Q-67. During the past 7 days, how many times did you eat green salad?			
A.	I did not eat green salad during the past 7 days	348	31.15%
B.	1 to 3 times during the past 7 days	453	40.56%
C.	4 to 6 times during the past 7 days	182	16.29%
D.	1 time per day	85	7.61%
E.	2 times per day	25	2.24%
F.	3 times per day	5	0.45%
G.	4 or more times per day	19	1.70%
TOTALS		1,117	100.00%

Q-68. During the past 7 days, how many times did you potatoes? (Do not count french fries, fried potatoes, or potato chips.)			
A.	I did not eat potatoes during the past 7 days	434	39.17%
B.	1 to 3 times during the past 7 days	533	48.10%
C.	4 to 6 times during the past 7 days	91	8.21%
D.	1 time per day	30	2.71%
E.	2 times per day	10	0.90%
F.	3 times per day	0	0.00%
G.	4 or more times per day	10	0.90%
TOTALS		1,108	100.00%

Q-69. During the past 7 days, how many times did you eat carrots?			
A.	I did not eat carrots during the past 7 days	446	39.96%
B.	1 to 3 times during the past 7 days	455	40.77%
C.	4 to 6 times during the past 7 days	135	12.10%
D.	1 time per day	43	3.85%
E.	2 times per day	16	1.43%
F.	3 times per day	3	0.27%
G.	4 or more times per day	18	1.61%
TOTALS		1,116	100.00%

Q-70. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)			
A.	I did not eat other vegetables during the past 7 days.	154	13.82%
B.	1 to 3 times during the past 7 days	412	36.98%
C.	4 to 6 times during the past 7 days	296	26.57%
D.	1 time per day	111	9.96%
E.	2 times per day	84	7.54%
F.	3 times per day	25	2.24%
G.	4 or more times per day	32	2.87%
TOTALS		1,114	100.00%

Q-71. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)			
A.	I did not drink soda or pop during the past 7 days	291	26.22%
B.	1 to 3 times during the past 7 days	568	51.17%
C.	4 to 6 times during the past 7 days	144	12.97%
D.	1 time per day	53	4.77%
E.	2 times per day	24	2.16%
F.	3 times per day	7	0.63%
G.	4 or more times per day	23	2.07%
TOTALS		1,110	100.00%

Q-72. During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

A.	I did not drink milk during the past 7 days	155	13.95%
B.	1 to 3 glasses during the past 7 days	237	21.33%
C.	4 to 6 glasses during the past 7 days	211	18.99%
D.	1 glass per day	150	13.50%
E.	2 glasses per day	177	15.93%
F.	3 glasses per day	89	8.01%
G.	4 or more glasses per day	92	8.28%
TOTALS		1,111	100.00%

Q-73. During the past 7 days, how many times did you drink a can, bottle, or glass of an energy drink, such as Red Bull or Jolt? (Do not count diet or sports drinks such as Gatorade or PowerAde.)

A.	I did not drink energy drinks during the past 7 days	924	83.17%
B.	1 to 3 times during the past 7 days	139	12.51%
C.	4 to 6 times during the past 7 days	19	1.71%
D.	1 time per day	10	0.90%
E.	2 times per day	3	0.27%
F.	3 times per day	3	0.27%
G.	4 or more times per day	13	1.17%
TOTALS		1,111	100.00%

Q-74. During the past 7 days, on how many days did you eat breakfast?

A.	0 days	68	6.17%
B.	1 day	66	5.98%
C.	2 days	68	6.17%
D.	3 days	76	6.89%
E.	4 days	72	6.53%
F.	5 days	89	8.07%
G.	6 days	84	7.62%
H.	7 days	580	52.58%
TOTALS		1,103	100.00%

Q-75. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	77	6.91%
B.	1 day	58	5.21%
C.	2 days	77	6.91%
D.	3 days	89	7.99%
E.	4 days	131	11.76%
F.	5 days	183	16.43%
G.	6 days	106	9.52%
H.	7 days	393	35.28%
TOTALS		1,114	100.00%

Q-76. On an average school day, how many hours do you watch TV?			
A.	I do not watch TV on an average school day	218	19.80%
B.	Less than 1 hour per day	269	24.43%
C.	1 hour per day	200	18.17%
D.	2 hours per day	226	20.53%
E.	3 hours per day	99	8.99%
F.	4 hours per day	32	2.91%
G.	5 or more hours per day	57	5.18%
TOTALS		1,101	100.00%

Q-77. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent on things such as Xbox, PlayStation, an iPad or other tablet, a smartphone, texting, YouTube, Instagram, Facebook, or other social media.)			
A.	I do not play video or computer games or use a computer for something that is not school work	163	14.86%
B.	Less than 1 hour per day	209	19.05%
C.	1 hour per day	170	15.50%
D.	2 hours per day	173	15.77%
E.	3 hours per day	143	13.04%
F.	4 hours per day	94	8.57%
G.	5 or more hours per day	145	13.22%
TOTALS		1,097	100.00%

Q-78. In an average week when you are in school, on how many days do you go to physical education (PE) classes?			
A.	0 days	48	4.38%
B.	1 day	18	1.64%
C.	2 days	221	20.15%
D.	3 days	391	35.64%
E.	4 days	48	4.38%
F.	5 days	367	33.45%
TOTALS		1,097	100.00%

Q-79. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)			
A.	0 teams	296	26.96%
B.	1 team	251	22.86%
C.	2 teams	230	20.95%
D.	3 or more teams	321	29.23%
TOTALS		1,098	100.00%

Q-80. During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?			
A.	0 times	888	81.47%
B.	1 time	125	11.47%
C.	2 times	41	3.76%
D.	3 times	17	1.56%
E.	4 or more time	19	1.74%
TOTALS		1,090	100.00%

Q-81. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?			
A.	During the past 12 months	851	77.43%
B.	Between 12 and 24 months ago	87	7.92%
C.	More than 24 months ago	32	2.91%
D.	Never	13	1.18%
E.	Not sure	116	10.56%
TOTALS		1,099	100.00%
Q-82. Has a doctor or nurse ever told you that you have asthma?			
A.	Yes	164	14.98%
B.	No	822	75.07%
C.	Not sure	109	9.95%
TOTALS		1,095	100.00%
Q-83. On an average school night, how many hours of sleep do you get?			
A.	4 or less hours	68	6.26%
B.	5 hours	67	6.16%
C.	6 hours	132	12.14%
D.	7 hours	230	21.16%
E.	8 hours	296	27.23%
F.	9 hours	205	18.86%
G.	10 or more hours	89	8.19%
TOTALS		1,087	100.00%
Q-84. During the past 30 days, where did you usually sleep?			
A.	In my parent's or guardian's home	1044	95.26%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	20	1.82%
C.	In a shelter or emergency housing	4	0.36%
D.	In a motel or hotel	6	0.55%
E.	In a car, park, campground, or other public place	7	0.64%
F.	I do not have a usual place to sleep	7	0.64%
G.	Somewhere else	8	0.73%
TOTALS		1,096	100.00%
Q-85. During the past 12 months, how would you describe your grades in school?			
A.	Mostly A's	574	52.85%
B.	Mostly B's	290	26.70%
C.	Mostly C's	117	10.77%
D.	Mostly D's	32	2.95%
E.	Mostly F's	14	1.29%
F.	None of these grades	3	0.28%
G.	Not sure	56	5.16%
TOTALS		1,086	100.00%

Q-86. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?			
A.	Yes	215	19.91%
B.	No	865	80.09%
TOTALS		1,080	100.00%