

# 2017 SOUTH EAST REGION YOUTH RISK BEHAVIOR SURVEY

## MIDDLE SCHOOL FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 330 middle school students in South East Region during February of 2017. Frequency distributions may not total 330 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	10 years old or younger	0	0.00%
B.	11 years old	0	0.00%
C.	12 years old	68	20.61%
D.	13 years old	161	48.79%
E.	14 years old	90	27.27%
F.	15 years old	11	3.33%
G.	16 years old or older	0	0.00%
	<b>TOTALS</b>	<b>330</b>	<b>100.00%</b>
Q-2. What is your sex?			
A.	Female	174	53.05%
B.	Male	154	46.95%
	<b>TOTALS</b>	<b>328</b>	<b>100.00%</b>
Q-3. In what grade are you?			
A.	7th grade	181	55.69%
B.	8th grade	144	44.31%
	<b>TOTALS</b>	<b>325</b>	<b>100.00%</b>
Q-4. Are you Hispanic or Latino?			
A.	Yes	34	10.43%
B.	No	292	89.57%
	<b>TOTALS</b>	<b>326</b>	<b>100.00%</b>
Q-5. What is your race? (Select one or more responses.)			
A.	American Indian or Alaskan Native	37	10.45%
B.	Asian	10	2.82%
C.	Black or African American	9	2.54%
D.	Native Hawaiian or Other Pacific Islander	0	0.00%
E.	White	298	84.18%
	<b>TOTALS</b>	<b>354</b>	<b>100.00%</b>
Q-6. How often do you wear a seat belt when riding in a car driven by someone else?			
A.	Never	5	1.54%
B.	Rarely	23	7.08%
C.	Sometimes	61	18.77%
D.	Most of the time	136	41.85%
E.	Always	100	30.77%
	<b>TOTALS</b>	<b>325</b>	<b>100.00%</b>

Q-7. How often do you wear a seat belt when driving a car?			
A.	I do not drive a car	221	67.17%
B.	Never	14	4.26%
C.	Rarely	7	2.13%
D.	Sometimes	13	3.95%
E.	Most of the time	21	6.38%
F.	Always	53	16.11%
<b>TOTALS</b>		<b>329</b>	<b>100.00%</b>
Q-8. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?			
A.	0 times	267	81.90%
B.	1 time	19	5.83%
C.	2 or 3 times	18	5.52%
D.	4 or 5 times	4	1.23%
E.	6 or more times	18	5.52%
<b>TOTALS</b>		<b>326</b>	<b>100.00%</b>
Q-9. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?			
A.	0 days	234	71.12%
B.	1 day	23	6.99%
C.	2 or 3 days	25	7.60%
D.	4 or 5 days	11	3.34%
E.	6 or more days	36	10.94%
<b>TOTALS</b>		<b>329</b>	<b>100.00%</b>
Q-10. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?			
A.	0 days	297	90.00%
B.	1 day	15	4.55%
C.	2 or 3 days	6	1.82%
D.	4 or 5 days	1	0.30%
E.	6 or more days	11	3.33%
<b>TOTALS</b>		<b>330</b>	<b>100.00%</b>
Q-11. During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)			
A.	0 days	301	91.77%
B.	1 day	8	2.44%
C.	2 or 3 days	5	1.52%
D.	4 or 5 days	1	0.30%
E.	6 or more days	13	3.96%
<b>TOTALS</b>		<b>328</b>	<b>100.00%</b>

Q-12. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

A.	0 days	304	92.12%
B.	1 day	18	5.45%
C.	2 or 3 days	8	2.42%
D.	4 or 5 days	0	0.00%
E.	6 or more days	0	0.00%
<b>TOTALS</b>		<b>330</b>	<b>100.00%</b>

Q-13. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

A.	0 times	309	93.92%
B.	1 time	9	2.74%
C.	2 or 3 times	7	2.13%
D.	4 or 5 times	2	0.61%
E.	6 or 7 times	0	0.00%
F.	8 or 9 times	0	0.00%
G.	10 or 11 times	0	0.00%
H.	12 or more times	2	0.61%
<b>TOTALS</b>		<b>329</b>	<b>100.00%</b>

Q-14. During the past 12 months, how many times were you in a physical fight?

A.	0 times	205	62.69%
B.	1 time	62	18.96%
C.	2 or 3 times	32	9.79%
D.	4 or 5 times	11	3.36%
E.	6 or 7 times	5	1.53%
F.	8 or 9 times	1	0.31%
G.	10 or 11 times	2	0.61%
H.	12 or more times	9	2.75%
<b>TOTALS</b>		<b>327</b>	<b>100.00%</b>

Q-15. During the past 12 months, how many times were you in a physical fight on school property?

A.	0 times	277	84.19%
B.	1 time	36	10.94%
C.	2 or 3 times	10	3.04%
D.	4 or 5 times	4	1.22%
E.	6 or 7 times	0	0.00%
F.	8 or 9 times	0	0.00%
G.	10 or 11 times	0	0.00%
H.	12 or more times	2	0.61%
<b>TOTALS</b>		<b>329</b>	<b>100.00%</b>

CAUTION! Please use this information carefully. Depending on sample size and procedures, the information contained in this report may or may not be representative of the entire student enrollment for the school.

Q-16. Have you ever been physically forced to have sexual intercourse when you did not want to?			
A.	Yes	18	5.47%
B.	No	311	94.53%
<b>TOTALS</b>		<b>329</b>	<b>100.00%</b>

Q-17. During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)			
A.	0 times	302	91.52%
B.	1 time	11	3.33%
C.	2 or 3 times	12	3.64%
D.	4 or 5 times	1	0.30%
E.	6 or more times	4	1.21%
<b>TOTALS</b>		<b>330</b>	<b>100.00%</b>

Q-18. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)			
A.	I did not date or go out with anyone during the past 12 months	162	49.09%
B.	0 times	154	46.67%
C.	1 time	5	1.52%
D.	2 or 3 times	4	1.21%
E.	4 or 5 times	3	0.91%
F.	6 or more times	2	0.61%
<b>TOTALS</b>		<b>330</b>	<b>100.00%</b>

Q-19. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)			
A.	I did not date or go out with anyone during the past 12 months	159	48.18%
B.	0 times	161	48.79%
C.	1 time	7	2.12%
D.	2 or 3 times	2	0.61%
E.	4 or 5 times	1	0.30%
F.	6 or more times	0	0.00%
<b>TOTALS</b>		<b>330</b>	<b>100.00%</b>

Q-20. During the past 12 months, have you ever been bullied on school property?			
A.	Yes	137	42.15%
B.	No	188	57.85%
<b>TOTALS</b>		<b>325</b>	<b>100.00%</b>

Q-21. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)			
A.	Yes	61	18.54%
B.	No	268	81.46%
<b>TOTALS</b>		<b>329</b>	<b>100.00%</b>

Q-22. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?			
A.	Yes	72	21.82%
B.	No	258	78.18%
<b>TOTALS</b>		<b>330</b>	<b>100.00%</b>

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Q-23. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?			
A.	Yes	84	25.93%
B.	No	240	74.07%
<b>TOTALS</b>		<b>324</b>	<b>100.00%</b>
Q-24. During the past 12 months, did you ever seriously consider attempting suicide?			
A.	Yes	59	17.93%
B.	No	270	82.07%
<b>TOTALS</b>		<b>329</b>	<b>100.00%</b>
Q-25. During the past 12 months, did you make a plan about how you would attempt suicide?			
A.	Yes	42	12.77%
B.	No	287	87.23%
<b>TOTALS</b>		<b>329</b>	<b>100.00%</b>
Q-26. During the past 12 months, how many times did you actually attempt suicide?			
A.	0 times	278	85.54%
B.	1 time	33	10.15%
C.	2 or 3 times	11	3.38%
D.	4 or 5 times	2	0.62%
E.	6 or more times	1	0.31%
<b>TOTALS</b>		<b>325</b>	<b>100.00%</b>
Q-27. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?			
A.	I did not attempt suicide during the past 12 months	286	87.20%
B.	Yes	13	3.96%
C.	No	29	8.84%
<b>TOTALS</b>		<b>328</b>	<b>100.00%</b>
Q-28. Have you ever tried cigarette smoking, even one or two puffs?			
A.	Yes	52	16.05%
B.	No	272	83.95%
<b>TOTALS</b>		<b>324</b>	<b>100.00%</b>
Q-29. How old were you when you first tried cigarette smoking, even one or two puffs?			
A.	I have never tried cigarette smoking, not even one or two puffs	274	84.05%
B.	8 years old or younger	8	2.45%
C.	9 or 10 years old	11	3.37%
D.	11 or 12 years old	21	6.44%
E.	13 or 14 years old	11	3.37%
F.	15 or 16 years old	0	0.00%
G.	17 years old or older	1	0.31%
<b>TOTALS</b>		<b>326</b>	<b>100.00%</b>

Q-30. During the past 30 days, on how many days did you smoke cigarettes?			
A.	0 days	317	97.24%
B.	1 or 2 days	7	2.15%
C.	3 to 5 days	0	0.00%
D.	6 to 9 days	1	0.31%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	0	0.00%
G.	All 30 days	1	0.31%
<b>TOTALS</b>		<b>326</b>	<b>100.00%</b>
Q-31. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?			
A.	I did not smoke cigarettes during the past 30 days	314	96.32%
B.	Less than 1 cigarette per day	8	2.45%
C.	1 cigarette per day	2	0.61%
D.	2 to 5 cigarettes per day	1	0.31%
E.	6 to 10 cigarettes per day	1	0.31%
F.	11 to 20 cigarettes per day	0	0.00%
G.	More than 20 cigarettes per day	0	0.00%
<b>TOTALS</b>		<b>326</b>	<b>100.00%</b>
Q-32. During the past 12 months, did you ever try to quit smoking cigarettes?			
A.	I did not smoke during the past 12 months	300	92.02%
B.	Yes	20	6.13%
C.	No	6	1.84%
<b>TOTALS</b>		<b>326</b>	<b>100.00%</b>
Q-33. Have you ever used an electronic vapor product?			
A.	Yes	50	15.34%
B.	No	276	84.66%
<b>TOTALS</b>		<b>326</b>	<b>100.00%</b>
Q-34. During the past 30 days, on how many days did you use an electronic vapor product?			
A.	0 days	307	94.17%
B.	1 or 2 days	14	4.29%
C.	3 to 5 days	1	0.31%
D.	6 to 9 days	4	1.23%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	0	0.00%
G.	All 30 days	0	0.00%
<b>TOTALS</b>		<b>326</b>	<b>100.00%</b>

Q-35. During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)

A.	I did not use any electronic vapor products during the past 30 days	300	93.75%
B.	I bought them in a store such as a convenience store, supermarket, discount store, gas station, or vape store	1	0.31%
C.	I got them on the Internet	1	0.31%
D.	I gave someone else money to buy them for me	3	0.94%
E.	I borrowed them from someone else	11	3.44%
F.	A person 18 years old or older gave them to me	1	0.31%
G.	I took them from a store or another person	0	0.00%
H.	I got them some other way	3	0.94%
<b>TOTALS</b>		<b>320</b>	<b>100.00%</b>

Q-36. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, Copenhagen, Camel Snus, Marlboro Snus, General Snus, Ariva, Stonewall, or Camel Orbs? (Do not count any electronic vapor products.)

A.	0 days	310	95.68%
B.	1 or 2 days	10	3.09%
C.	3 to 5 days	1	0.31%
D.	6 to 9 days	1	0.31%
E.	10 to 19 days	2	0.62%
F.	20 to 29 days	0	0.00%
G.	All 30 days	0	0.00%
<b>TOTALS</b>		<b>324</b>	<b>100.00%</b>

Q-37. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco productions such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, Copenhagen, Camel Snus, Marlboro Snus, General Snus, Ariva, Stonewall, or Camel Orbs on school property? (Do not count any electronic vapor products.)

A.	0 days	314	96.91%
B.	1 or 2 days	5	1.54%
C.	3 to 5 days	3	0.93%
D.	6 to 9 days	1	0.31%
E.	10 to 19 days	1	0.31%
F.	20 to 29 days	0	0.00%
G.	All 30 days	0	0.00%
<b>TOTALS</b>		<b>324</b>	<b>100.00%</b>

Q-38. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?

A.	0 days	312	97.20%
B.	1 or 2 days	6	1.87%
C.	3 to 5 days	2	0.62%
D.	6 to 9 days	0	0.00%
E.	10 to 19 days	1	0.31%
F.	20 to 29 days	0	0.00%
G.	All 30 days	0	0.00%
<b>TOTALS</b>		<b>321</b>	<b>100.00%</b>

Q-39. During your life, on how many days have you had at least one drink of alcohol?			
A.	0 days	184	57.32%
B.	1 or 2 days	53	16.51%
C.	3 to 9 days	47	14.64%
D.	10 to 19 days	16	4.98%
E.	20 to 39 days	12	3.74%
F.	40 to 99 days	5	1.56%
G.	100 or more days	4	1.25%
<b>TOTALS</b>		<b>321</b>	<b>100.00%</b>

Q-40. How old were you when you had your first drink of alcohol other than a few sips?			
A.	I have never had a drink of alcohol other than a few sips	191	60.25%
B.	8 years old or younger	30	9.46%
C.	9 or 10 years old	17	5.36%
D.	11 or 12 years old	52	16.40%
E.	13 or 14 years old	25	7.89%
F.	15 or 16 years old	2	0.63%
G.	17 years old or older	0	0.00%
<b>TOTALS</b>		<b>317</b>	<b>100.00%</b>

Q-41. During the past 30 days, on how many days did you have at least one drink of alcohol?			
A.	0 days	276	86.25%
B.	1 or 2 days	30	9.38%
C.	3 to 5 days	12	3.75%
D.	6 to 9 days	1	0.31%
E.	10 to 19 days	1	0.31%
F.	20 to 29 days	0	0.00%
G.	All 30 days	0	0.00%
<b>TOTALS</b>		<b>320</b>	<b>100.00%</b>

Q-42. During the past 30 days, how did you usually get the alcohol you drank?			
A.	I did not drink alcohol during the past 30 days	264	82.24%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	1	0.31%
C.	I bought it at a restaurant, bar, or club	0	0.00%
D.	I bought it at a public event such as a concert or sporting event	1	0.31%
E.	I gave someone else money to buy it for me	4	1.25%
F.	Someone gave it to me	25	7.79%
G.	I took it from a store or family member	5	1.56%
H.	I got it some other way	21	6.54%
<b>TOTALS</b>		<b>321</b>	<b>100.00%</b>



Q-43. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row (if you are female) or 5 or more drinks of alcohol in a row (if you are male)?		
A.	0 days	304 94.70%
B.	1 day	12 3.74%
C.	2 days	2 0.62%
D.	3 to 5 days	2 0.62%
E.	6 to 9 days	1 0.31%
F.	10 to 19 days	0 0.00%
G.	20 or more days	0 0.00%
<b>TOTALS</b>		<b>321 100.00%</b>
Q-44. During your life, how many times have you used marijuana?		
A.	0 times	296 93.38%
B.	1 or 2 times	8 2.52%
C.	3 to 9 times	6 1.89%
D.	10 to 19 times	2 0.63%
E.	20 to 39 times	2 0.63%
F.	40 to 99 times	2 0.63%
G.	100 or more times	1 0.32%
<b>TOTALS</b>		<b>317 100.00%</b>
Q-45. How old were you when you tried marijuana for the first time?		
A.	I have never tried marijuana	302 94.38%
B.	8 years old or younger	1 0.31%
C.	9 or 10 years old	3 0.94%
D.	11 or 12 years old	5 1.56%
E.	13 or 14 years old	9 2.81%
F.	15 or 16 years old	0 0.00%
G.	17 years old or older	0 0.00%
<b>TOTALS</b>		<b>320 100.00%</b>
Q-46. During the past 30 days, how many times did you use marijuana?		
A.	0 times	315 98.13%
B.	1 or 2 times	3 0.93%
C.	3 to 9 times	1 0.31%
D.	10 to 19 times	2 0.62%
E.	20 to 39 times	0 0.00%
F.	40 or more times	0 0.00%
<b>TOTALS</b>		<b>321 100.00%</b>

Q-47. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?			
A.	0 times	317	99.37%
B.	1 or 2 times	1	0.31%
C.	3 to 9 times	1	0.31%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
<b>TOTALS</b>		<b>319</b>	<b>100.00%</b>
Q-48. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?			
A.	0 times	297	92.52%
B.	1 or 2 times	13	4.05%
C.	3 to 9 times	7	2.18%
D.	10 to 19 times	3	0.93%
E.	20 to 39 times	1	0.31%
F.	40 or more times	0	0.00%
<b>TOTALS</b>		<b>321</b>	<b>100.00%</b>
Q-49. During your life, how many times have you used heroin (also called smack, junk, or China White)?			
A.	0 times	318	99.07%
B.	1 or 2 times	2	0.62%
C.	3 to 9 times	0	0.00%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.31%
<b>TOTALS</b>		<b>321</b>	<b>100.00%</b>
Q-50. During your life, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?			
A.	0 times	318	99.07%
B.	1 or 2 times	0	0.00%
C.	3 to 9 times	2	0.62%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	1	0.31%
F.	40 or more times	0	0.00%
<b>TOTALS</b>		<b>321</b>	<b>100.00%</b>
Q-51. During your life, how many times have you used ecstasy (also called MDMA)?			
A.	0 times	321	100.00%
B.	1 or 2 times	0	0.00%
C.	3 to 9 times	0	0.00%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
<b>TOTALS</b>		<b>321</b>	<b>100.00%</b>

Q-52. During your life, how many times have you used synthetic marijuana (also called K2, Spice, fake weed, King Kong, Yucatan Fire, Skunk, or Moon Rocks)?			
A.	0 times	315	98.13%
B.	1 or 2 times	3	0.93%
C.	3 to 9 times	2	0.62%
D.	10 to 19 times	1	0.31%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
<b>TOTALS</b>		<b>321</b>	<b>100.00%</b>
Q-53. During your life, how many times have you taken steroid pills or shots without a doctor's prescription?			
A.	0 times	310	97.48%
B.	1 or 2 times	6	1.89%
C.	3 to 9 times	1	0.31%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.31%
<b>TOTALS</b>		<b>318</b>	<b>100.00%</b>
Q-54. During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it? (Count drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet.)			
A.	0 times	306	95.33%
B.	1 or 2 times	9	2.80%
C.	3 to 9 times	4	1.25%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	1	0.31%
F.	40 or more times	1	0.31%
<b>TOTALS</b>		<b>321</b>	<b>100.00%</b>
Q-55. During your life, how many times have you used a needle to inject any illegal drug into your body?			
A.	0 times	318	99.38%
B.	1 time	2	0.63%
C.	2 or more times	0	0.00%
<b>TOTALS</b>		<b>320</b>	<b>100.00%</b>
Q-56. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?			
A.	Yes	42	13.17%
B.	No	277	86.83%
<b>TOTALS</b>		<b>319</b>	<b>100.00%</b>
Q-57. Have you ever had sexual intercourse?			
A.	Yes	39	12.26%
B.	No	279	87.74%
<b>TOTALS</b>		<b>318</b>	<b>100.00%</b>

Q-58. How old were you when you had sexual intercourse for the first time?			
A.	I have never had sexual intercourse	283	88.71%
B.	11 years old or younger	11	3.45%
C.	12 years old	8	2.51%
D.	13 years old	10	3.13%
E.	14 years old	6	1.88%
F.	15 years old	1	0.31%
G.	16 years old	0	0.00%
H.	17 years old or older	0	0.00%
<b>TOTALS</b>		<b>319</b>	<b>100.00%</b>

Q-59. During your life, with how many people have you had sexual intercourse?			
A.	I have never had sexual intercourse	282	88.40%
B.	1 person	22	6.90%
C.	2 people	8	2.51%
D.	3 people	2	0.63%
E.	4 people	0	0.00%
F.	5 people	3	0.94%
G.	6 or more people	2	0.63%
<b>TOTALS</b>		<b>319</b>	<b>100.00%</b>

Q-60. During the past 3 months, with how many people did you have sexual intercourse?			
A.	I have never had sexual intercourse	284	88.75%
B.	I have had sexual intercourse, but not during the past 3 months	21	6.56%
C.	1 person	12	3.75%
D.	2 people	2	0.63%
E.	3 people	0	0.00%
F.	4 people	0	0.00%
G.	5 people	0	0.00%
H.	6 or more people	1	0.31%
<b>TOTALS</b>		<b>320</b>	<b>100.00%</b>

Q-61. Did you drink alcohol or use drugs before you had sexual intercourse the last time?			
A.	I have never had sexual intercourse	281	88.09%
B.	Yes	8	2.51%
C.	No	30	9.40%
<b>TOTALS</b>		<b>319</b>	<b>100.00%</b>

Q-62. The last time you had sexual intercourse, did you or your partner use a condom?			
A.	I have never had sexual intercourse	280	88.05%
B.	Yes	24	7.55%
C.	No	14	4.40%
<b>TOTALS</b>		<b>318</b>	<b>100.00%</b>

Q-63. How do you describe your weight?			
A.	Very underweight	10	3.13%
B.	Slightly underweight	41	12.85%
C.	About the right weight	174	54.55%
D.	Slightly overweight	85	26.65%
E.	Very overweight	9	2.82%
<b>TOTALS</b>		<b>319</b>	<b>100.00%</b>

Q-64. Which of the following are you trying to do about your weight?			
A.	Lose weight	148	46.54%
B.	Gain weight	31	9.75%
C.	Stay the same weight	65	20.44%
D.	I am not trying to do anything about my weight	74	23.27%
<b>TOTALS</b>		<b>318</b>	<b>100.00%</b>

Q-65. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)			
A.	I did not drink 100% fruit juice during the past 7 days	113	35.99%
B.	1 to 3 times during the past 7 days	126	40.13%
C.	4 to 6 times during the past 7 days	29	9.24%
D.	1 time per day	24	7.64%
E.	2 times per day	12	3.82%
F.	3 times per day	5	1.59%
G.	4 or more times per day	5	1.59%
<b>TOTALS</b>		<b>314</b>	<b>100.00%</b>

Q-66. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)			
A.	I did not eat fruit during the past 7 days	30	9.52%
B.	1 to 3 times during the past 7 days	105	33.33%
C.	4 to 6 times during the past 7 days	81	25.71%
D.	1 time per day	31	9.84%
E.	2 times per day	36	11.43%
F.	3 times per day	8	2.54%
G.	4 or more times per day	24	7.62%
<b>TOTALS</b>		<b>315</b>	<b>100.00%</b>

Q-67. During the past 7 days, how many times did you eat green salad?			
A.	I did not eat green salad during the past 7 days	118	37.22%
B.	1 to 3 times during the past 7 days	133	41.96%
C.	4 to 6 times during the past 7 days	38	11.99%
D.	1 time per day	16	5.05%
E.	2 times per day	7	2.21%
F.	3 times per day	2	0.63%
G.	4 or more times per day	3	0.95%
<b>TOTALS</b>		<b>317</b>	<b>100.00%</b>

Q-68. During the past 7 days, how many times did you potatoes? (Do not count french fries, fried potatoes, or potato chips.)			
A.	I did not eat potatoes during the past 7 days	125	40.06%
B.	1 to 3 times during the past 7 days	136	43.59%
C.	4 to 6 times during the past 7 days	37	11.86%
D.	1 time per day	11	3.53%
E.	2 times per day	1	0.32%
F.	3 times per day	0	0.00%
G.	4 or more times per day	2	0.64%
<b>TOTALS</b>		<b>312</b>	<b>100.00%</b>

Q-69. During the past 7 days, how many times did you eat carrots?			
A.	I did not eat carrots during the past 7 days	154	49.04%
B.	1 to 3 times during the past 7 days	112	35.67%
C.	4 to 6 times during the past 7 days	25	7.96%
D.	1 time per day	13	4.14%
E.	2 times per day	3	0.96%
F.	3 times per day	1	0.32%
G.	4 or more times per day	6	1.91%
<b>TOTALS</b>		<b>314</b>	<b>100.00%</b>

Q-70. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)			
A.	I did not eat other vegetables during the past 7 days.	53	17.10%
B.	1 to 3 times during the past 7 days	124	40.00%
C.	4 to 6 times during the past 7 days	71	22.90%
D.	1 time per day	30	9.68%
E.	2 times per day	16	5.16%
F.	3 times per day	8	2.58%
G.	4 or more times per day	8	2.58%
<b>TOTALS</b>		<b>310</b>	<b>100.00%</b>

Q-71. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)			
A.	I did not drink soda or pop during the past 7 days	75	24.19%
B.	1 to 3 times during the past 7 days	148	47.74%
C.	4 to 6 times during the past 7 days	52	16.77%
D.	1 time per day	14	4.52%
E.	2 times per day	12	3.87%
F.	3 times per day	2	0.65%
G.	4 or more times per day	7	2.26%
<b>TOTALS</b>		<b>310</b>	<b>100.00%</b>

Q-72. During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

A.	I did not drink milk during the past 7 days	32	10.32%
B.	1 to 3 glasses during the past 7 days	68	21.94%
C.	4 to 6 glasses during the past 7 days	57	18.39%
D.	1 glass per day	35	11.29%
E.	2 glasses per day	49	15.81%
F.	3 glasses per day	33	10.65%
G.	4 or more glasses per day	36	11.61%
<b>TOTALS</b>		<b>310</b>	<b>100.00%</b>

Q-73. During the past 7 days, how many times did you drink a can, bottle, or glass of an energy drink, such as Red Bull or Jolt? (Do not count diet or sports drinks such as Gatorade or PowerAde.)

A.	I did not drink energy drinks during the past 7 days	237	76.95%
B.	1 to 3 times during the past 7 days	49	15.91%
C.	4 to 6 times during the past 7 days	10	3.25%
D.	1 time per day	8	2.60%
E.	2 times per day	3	0.97%
F.	3 times per day	0	0.00%
G.	4 or more times per day	1	0.32%
<b>TOTALS</b>		<b>308</b>	<b>100.00%</b>

Q-74. During the past 7 days, on how many days did you eat breakfast?

A.	0 days	33	10.75%
B.	1 day	23	7.49%
C.	2 days	24	7.82%
D.	3 days	18	5.86%
E.	4 days	22	7.17%
F.	5 days	18	5.86%
G.	6 days	22	7.17%
H.	7 days	147	47.88%
<b>TOTALS</b>		<b>307</b>	<b>100.00%</b>

Q-75. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	20	6.51%
B.	1 day	8	2.61%
C.	2 days	23	7.49%
D.	3 days	37	12.05%
E.	4 days	39	12.70%
F.	5 days	49	15.96%
G.	6 days	28	9.12%
H.	7 days	103	33.55%
<b>TOTALS</b>		<b>307</b>	<b>100.00%</b>

Q-76. On an average school day, how many hours do you watch TV?			
A.	I do not watch TV on an average school day	49	16.01%
B.	Less than 1 hour per day	67	21.90%
C.	1 hour per day	50	16.34%
D.	2 hours per day	73	23.86%
E.	3 hours per day	35	11.44%
F.	4 hours per day	16	5.23%
G.	5 or more hours per day	16	5.23%
<b>TOTALS</b>		<b>306</b>	<b>100.00%</b>

Q-77. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent on things such as Xbox, PlayStation, an iPad or other tablet, a smartphone, texting, YouTube, Instagram, Facebook, or other social media.)			
A.	I do not play video or computer games or use a computer for something that is not school work	62	20.26%
B.	Less than 1 hour per day	53	17.32%
C.	1 hour per day	36	11.76%
D.	2 hours per day	54	17.65%
E.	3 hours per day	32	10.46%
F.	4 hours per day	28	9.15%
G.	5 or more hours per day	41	13.40%
<b>TOTALS</b>		<b>306</b>	<b>100.00%</b>

Q-78. In an average week when you are in school, on how many days do you go to physical education (PE) classes?			
A.	0 days	16	5.19%
B.	1 day	7	2.27%
C.	2 days	41	13.31%
D.	3 days	102	33.12%
E.	4 days	32	10.39%
F.	5 days	109	35.39%
<b>TOTALS</b>		<b>308</b>	<b>100.00%</b>

Q-79. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)			
A.	0 teams	67	21.68%
B.	1 team	69	22.33%
C.	2 teams	71	22.98%
D.	3 or more teams	102	33.01%
<b>TOTALS</b>		<b>309</b>	<b>100.00%</b>

Q-80. During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?			
A.	0 times	245	80.33%
B.	1 time	33	10.82%
C.	2 times	11	3.61%
D.	3 times	8	2.62%
E.	4 or more time	8	2.62%
<b>TOTALS</b>		<b>305</b>	<b>100.00%</b>



Q-81. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?			
A.	During the past 12 months	227	73.23%
B.	Between 12 and 24 months ago	26	8.39%
C.	More than 24 months ago	9	2.90%
D.	Never	5	1.61%
E.	Not sure	43	13.87%
<b>TOTALS</b>		<b>310</b>	<b>100.00%</b>

Q-82. Has a doctor or nurse ever told you that you have asthma?			
A.	Yes	52	16.88%
B.	No	219	71.10%
C.	Not sure	37	12.01%
<b>TOTALS</b>		<b>308</b>	<b>100.00%</b>

Q-83. On an average school night, how many hours of sleep do you get?			
A.	4 or less hours	17	5.61%
B.	5 hours	30	9.90%
C.	6 hours	37	12.21%
D.	7 hours	60	19.80%
E.	8 hours	93	30.69%
F.	9 hours	43	14.19%
G.	10 or more hours	23	7.59%
<b>TOTALS</b>		<b>303</b>	<b>100.00%</b>

Q-84. During the past 30 days, where did you usually sleep?			
A.	In my parent's or guardian's home	294	95.15%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	8	2.59%
C.	In a shelter or emergency housing	1	0.32%
D.	In a motel or hotel	1	0.32%
E.	In a car, park, campground, or other public place	1	0.32%
F.	I do not have a usual place to sleep	0	0.00%
G.	Somewhere else	4	1.29%
<b>TOTALS</b>		<b>309</b>	<b>100.00%</b>

Q-85. During the past 12 months, how would you describe your grades in school?			
A.	Mostly A's	108	35.64%
B.	Mostly B's	111	36.63%
C.	Mostly C's	47	15.51%
D.	Mostly D's	8	2.64%
E.	Mostly F's	5	1.65%
F.	None of these grades	2	0.66%
G.	Not sure	22	7.26%
<b>TOTALS</b>		<b>303</b>	<b>100.00%</b>

Q-86. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?			
A.	Yes	76	25.33%
B.	No	224	74.67%
<b>TOTALS</b>		<b>300</b>	<b>100.00%</b>