

2017 CENTRAL REGION YOUTH RISK BEHAVIOR SURVEY

HIGH SCHOOL FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 250 high school students in Central Region during February of 2017. Frequency distributions may not total 250 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	12 years old or younger	0	0.00%
B.	13 years old	0	0.00%
C.	14 years old	18	7.20%
D.	15 years old	56	22.40%
E.	16 years old	72	28.80%
F.	17 years old	68	27.20%
G.	18 years old or older	36	14.40%
	TOTALS	250	100.00%
Q-2. What is your sex?			
A.	Female	132	52.80%
B.	Male	118	47.20%
	TOTALS	250	100.00%
Q-3. In what grade are you?			
A.	9th grade	53	21.63%
B.	10th grade	65	26.53%
C.	11th grade	66	26.94%
D.	12th grade	61	24.90%
E.	Ungraded or other grade	0	0.00%
	TOTALS	245	100.00%
Q-4. Are you Hispanic or Latino?			
A.	Yes	13	5.28%
B.	No	233	94.72%
	TOTALS	246	100.00%
Q-5. What is your race?			
A.	American Indian or Alaskan Native	15	5.81%
B.	Asian	3	1.16%
C.	Black or African American	6	2.33%
D.	Native Hawaiian or Other Pacific Islander	3	1.16%
E.	White	231	89.53%
	TOTALS	258	100.00%

Q-6. How tall are you without your shoes on?			
A.	Less than 4 ft	0	0.00%
B.	4ft to 4 ft, 6 in	0	0.00%
C.	4ft, 7in to 5 ft	1	0.41%
D.	5ft, 1in to 5ft, 6in	87	36.10%
E.	Over 5ft, 6in	153	63.49%
TOTALS		241	100.00%

Q-7. How much do you weigh without your shoes on?			
A.	Less than 90 lbs	0	0.00%
B.	90-99 lbs	2	0.81%
C.	100-109 lbs	7	2.85%
D.	110-119lbs	23	9.35%
E.	120-129 lbs	37	15.04%
F.	130-139 lbs	26	10.57%
G.	140 lbs +	151	61.38%
TOTALS		246	100.00%

Q-8. How often do you wear a seat belt when riding in a car driven by someone else?			
A.	Never	6	2.41%
B.	Rarely	11	4.42%
C.	Sometimes	31	12.45%
D.	Most of the time	94	37.75%
E.	Always	107	42.97%
TOTALS		249	100.00%

Q-9. How often do you wear a seat belt when driving a car?			
A.	I do not drive a car	34	13.65%
B.	Never	4	1.61%
C.	Rarely	14	5.62%
D.	Sometimes	23	9.24%
E.	Most of the time	48	19.28%
F.	Always	126	50.60%
TOTALS		249	100.00%

Q-10. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?			
A.	0 times	190	76.61%
B.	1 time	25	10.08%
C.	2 or 3 times	21	8.47%
D.	4 or 5 times	5	2.02%
E.	6 or more times	7	2.82%
TOTALS		248	100.00%

Q-11. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?			
A.	I did not drive a car or other vehicle during the past 30 days	39	15.60%
B.	0 times	180	72.00%
C.	1 time	13	5.20%
D.	2 or 3 times	7	2.80%
E.	4 or 5 times	5	2.00%
F.	6 or more times	6	2.40%
TOTALS		250	100.00%

Q-12. During the past 30 days, on how many days did you text or e-mail while driving a car or other vehicle?			
A.	I did not drive a car or other vehicle during the past 30 days	35	14.06%
B.	0 days	96	38.55%
C.	1 or 2 days	46	18.47%
D.	3 to 5 days	16	6.43%
E.	6 to 9 days	10	4.02%
F.	10 to 19 days	13	5.22%
G.	20 to 29 days	18	7.23%
H.	All 30 days	15	6.02%
TOTALS		249	100.00%

Q-13. During the past 30 days, on how many days did you talk on a cell phone while driving a car or other vehicle?			
A.	I did not drive a car or other vehicle during the past 30 days	36	14.40%
B.	0 days	82	32.80%
C.	1 or 2 days	61	24.40%
D.	3 to 5 days	27	10.80%
E.	6 to 9 days	20	8.00%
F.	10 to 19 days	11	4.40%
G.	20 to 29 days	8	3.20%
H.	All 30 days	5	2.00%
TOTALS		250	100.00%

Q-14. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?			
A.	0 days	174	69.88%
B.	1 day	11	4.42%
C.	2 or 3 days	11	4.42%
D.	4 or 5 days	8	3.21%
E.	6 or more days	45	18.07%
TOTALS		249	100.00%

Q-15. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?			
A.	0 days	213	85.20%
B.	1 day	6	2.40%
C.	2 or 3 days	5	2.00%
D.	4 or 5 days	4	1.60%
E.	6 or more days	22	8.80%
TOTALS		250	100.00%

Q-16. During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)			
A.	0 days	223	89.20%
B.	1 day	5	2.00%
C.	2 or 3 days	7	2.80%
D.	4 or 5 days	5	2.00%
E.	6 or more days	10	4.00%
TOTALS		250	100.00%

Q-17. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?			
A.	0 days	243	97.59%
B.	1 day	4	1.61%
C.	2 or 3 days	1	0.40%
D.	4 or 5 days	1	0.40%
E.	6 or more days	0	0.00%
TOTALS		249	100.00%

Q-18. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?			
A.	0 times	232	92.80%
B.	1 time	7	2.80%
C.	2 or 3 times	5	2.00%
D.	4 or 5 times	3	1.20%
E.	6 or 7 times	0	0.00%
F.	8 or 9 times	1	0.40%
G.	10 or 11 times	1	0.40%
H.	12 or more times	1	0.40%
TOTALS		250	100.00%

Q-19. During the past 12 months, how many times were you in a physical fight?			
A.	0 times	193	77.20%
B.	1 time	28	11.20%
C.	2 or 3 times	20	8.00%
D.	4 or 5 times	5	2.00%
E.	6 or 7 times	1	0.40%
F.	8 or 9 times	0	0.00%
G.	10 or 11 times	1	0.40%
H.	12 or more times	2	0.80%
TOTALS		250	100.00%

Q-20. During the past 12 months, how many times were you in a physical fight on school property?			
A.	0 times	225	90.00%
B.	1 time	11	4.40%
C.	2 or 3 times	9	3.60%
D.	4 or 5 times	2	0.80%
E.	6 or 7 times	1	0.40%
F.	8 or 9 times	0	0.00%
G.	10 or 11 times	0	0.00%
H.	12 or more times	2	0.80%
TOTALS		250	100.00%

Q-21. Have you ever been physically forced to have sexual intercourse when you did not want to?			
A.	Yes	24	9.64%
B.	No	225	90.36%
TOTALS		249	100.00%

Q-22. During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)			
A.	0 times	216	87.45%
B.	1 time	14	5.67%
C.	2 or 3 times	10	4.05%
D.	4 or 5 times	3	1.21%
E.	6 or more times	4	1.62%
TOTALS		247	100.00%

Q-23. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)			
A.	I did not date or go out with anyone during the past 12 months	99	39.60%
B.	0 times	137	54.80%
C.	1 time	5	2.00%
D.	2 or 3 times	6	2.40%
E.	4 or 5 times	0	0.00%
F.	6 or more times	3	1.20%
TOTALS		250	100.00%

Q-24. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)			
A.	I did not date or go out with anyone during the past 12 months	101	40.40%
B.	0 times	142	56.80%
C.	1 time	6	2.40%
D.	2 or 3 times	0	0.00%
E.	4 or 5 times	1	0.40%
F.	6 or more times	0	0.00%
TOTALS		250	100.00%
Q-25. During the past 12 months, have you ever been bullied on school property?			
A.	Yes	56	22.76%
B.	No	190	77.24%
TOTALS		246	100.00%
Q-26. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)			
A.	Yes	35	14.11%
B.	No	213	85.89%
TOTALS		248	100.00%
Q-27. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?			
A.	Yes	26	10.48%
B.	No	222	89.52%
TOTALS		248	100.00%
Q-28. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?			
A.	Yes	65	26.64%
B.	No	179	73.36%
TOTALS		244	100.00%
Q-29. During the past 12 months, did you ever seriously consider attempting suicide?			
A.	Yes	46	18.55%
B.	No	202	81.45%
TOTALS		248	100.00%
Q-30. During the past 12 months, did you make a plan about how you would attempt suicide?			
A.	Yes	46	18.47%
B.	No	203	81.53%
TOTALS		249	100.00%
Q-31. During the past 12 months, how many times did you actually attempt suicide?			
A.	0 times	224	89.60%
B.	1 time	22	8.80%
C.	2 or 3 times	4	1.60%
D.	4 or 5 times	0	0.00%
E.	6 or more times	0	0.00%
TOTALS		250	100.00%

Q-32. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?			
A.	I did not attempt suicide during the past 12 months	222	89.16%
B.	Yes	8	3.21%
C.	No	19	7.63%
TOTALS		249	100.00%
Q-33. Have you ever tried cigarette smoking, even one or two puffs?			
A.	Yes	73	29.44%
B.	No	175	70.56%
TOTALS		248	100.00%
Q-34. How old were you when you first tried cigarette smoking, even one or two puffs?			
A.	I have never tried cigarette smoking, not even one or two puffs.	172	69.64%
B.	8 years old or younger	7	2.83%
C.	9 or 10 years old	4	1.62%
D.	11 or 12 years old	12	4.86%
E.	13 or 14 years old	13	5.26%
F.	15 or 16 years old	28	11.34%
G.	17 years old or older	11	4.45%
TOTALS		247	100.00%
Q-35. During the past 30 days, on how many days did you smoke cigarettes?			
A.	0 days	218	87.20%
B.	1 or 2 days	11	4.40%
C.	3 to 5 days	5	2.00%
D.	6 to 9 days	2	0.80%
E.	10 to 19 days	5	2.00%
F.	20 to 29 days	4	1.60%
G.	All 30 days	5	2.00%
TOTALS		250	100.00%
Q-36. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?			
A.	I did not smoke cigarettes during the past 30 days	217	87.15%
B.	Less than 1 cigarette per day	11	4.42%
C.	1 cigarette per day	8	3.21%
D.	2 to 5 cigarettes per day	9	3.61%
E.	6 to 10 cigarettes per day	1	0.40%
F.	11 to 20 cigarettes per day	1	0.40%
G.	More than 20 cigarettes per day	2	0.80%
TOTALS		249	100.00%
Q-37. During the past 12 months, did you ever try to quit smoking cigarettes?			
A.	I did not smoke during the past 12 months	211	85.08%
B.	Yes	18	7.26%
C.	No	19	7.66%
TOTALS		248	100.00%

Q-38. Have you ever used an electronic vapor product?			
A.	Yes	100	40.32%
B.	No	148	59.68%
TOTALS		248	100.00%
Q-39. During the past 30 days, on how many days did you use an electronic vapor product?			
A.	0 days	211	84.40%
B.	1 or 2 days	20	8.00%
C.	3 to 5 days	9	3.60%
D.	6 to 9 days	3	1.20%
E.	10 to 19 days	4	1.60%
F.	20 to 29 days	0	0.00%
G.	All 30 days	3	1.20%
TOTALS		250	100.00%
Q-40. During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)			
A.	I did not use any electronic vapor products during the past 30 days	206	83.06%
B.	I bought them in a store such as a convenience store, supermarket, discount store, gas station, or vape store	9	3.63%
C.	I got them on the Internet	4	1.61%
D.	I gave someone else money to buy them for me	3	1.21%
E.	I borrowed them from someone else	21	8.47%
F.	A person 18 years old or older gave them to me	1	0.40%
G.	I took them from a store or another person	1	0.40%
H.	I got them some other way	3	1.21%
TOTALS		248	100.00%
Q-41. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, Copenhagen, Camel Snus, Marlboro Snus, General Snus, Ariva, Stonewall, or Camel Orbs? (Do not count any electronic vapor products.)			
A.	0 days	222	88.80%
B.	1 or 2 days	5	2.00%
C.	3 to 5 days	6	2.40%
D.	6 to 9 days	2	0.80%
E.	10 to 19 days	5	2.00%
F.	20 to 29 days	2	0.80%
G.	All 30 days	8	3.20%
TOTALS		250	100.00%

Q-42. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, Copenhagen, Camel Snus, Marlboro Snus, General Snus, Ariva, Stonewall, or Camel Orbs, on school property? (Do not count any electronic vapor products.)

A.	0 days	235	94.38%
B.	1 or 2 days	2	0.80%
C.	3 to 5 days	4	1.61%
D.	6 to 9 days	1	0.40%
E.	10 to 19 days	1	0.40%
F.	20 to 29 days	1	0.40%
G.	All 30 days	5	2.01%
TOTALS		249	100.00%

Q-43. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?

A.	0 days	218	87.55%
B.	1 or 2 days	16	6.43%
C.	3 to 5 days	5	2.01%
D.	6 to 9 days	4	1.61%
E.	10 to 19 days	3	1.20%
F.	20 to 29 days	1	0.40%
G.	All 30 days	2	0.80%
TOTALS		249	100.00%

Q-44. During your life, on how many days have you had at least one drink of alcohol?

A.	0 days	84	33.87%
B.	1 or 2 days	39	15.73%
C.	3 to 9 days	43	17.34%
D.	10 to 19 days	29	11.69%
E.	20 to 39 days	19	7.66%
F.	40 to 99 days	15	6.05%
G.	100 or more days	19	7.66%
TOTALS		248	100.00%

Q-45. How old were you when you had your first drink of alcohol other than a few sips?

A.	I have never had a drink of alcohol other than a few sips	91	36.69%
B.	8 years old or younger	18	7.26%
C.	9 or 10 years old	10	4.03%
D.	11 or 12 years old	22	8.87%
E.	13 or 14 years old	46	18.55%
F.	15 or 16 years old	56	22.58%
G.	17 years old or older	5	2.02%
TOTALS		248	100.00%

Q-46. During the past 30 days, on how many days did you have at least one drink of alcohol?			
A.	0 days	174	70.16%
B.	1 or 2 days	33	13.31%
C.	3 to 5 days	14	5.65%
D.	6 to 9 days	14	5.65%
E.	10 to 19 days	7	2.82%
F.	20 to 29 days	4	1.61%
G.	All 30 days	2	0.81%
TOTALS		248	100.00%
Q-47. During the past 30 days, how did you usually get the alcohol you drank?			
A.	I did not drink alcohol during the past 30 days	168	67.47%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	5	2.01%
C.	I bought it at a restaurant, bar, or club	0	0.00%
D.	I bought it at a public event such as a concert or sporting event	0	0.00%
E.	I gave someone else money to buy it for me	21	8.43%
F.	Someone gave it to me	43	17.27%
G.	I took it from a store or family member	3	1.20%
H.	I got it some other way	9	3.61%
TOTALS		249	100.00%
Q-48. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row (if you are female) or 5 or more drinks of alcohol in a row (if you are male)?			
A.	0 days	195	78.31%
B.	1 day	19	7.63%
C.	2 days	9	3.61%
D.	3 to 5 days	13	5.22%
E.	6 to 9 days	10	4.02%
F.	10 to 19 days	3	1.20%
G.	20 or more days	0	0.00%
TOTALS		249	100.00%
Q-49. During the past 30 days, what is the largest number of alcoholic drinks you had in a row?			
A.	I did not drink alcohol during the past 30 days	172	69.08%
B.	1 or 2 drinks	24	9.64%
C.	3 drinks	8	3.21%
D.	4 drinks	7	2.81%
E.	5 drinks	1	0.40%
F.	6 or 7 drinks	11	4.42%
G.	8 or 9 drinks	12	4.82%
H.	10 or more drinks	14	5.62%
TOTALS		249	100.00%

Q-50. During your life, how many times have you used marijuana?			
A.	0 times	196	78.71%
B.	1 or 2 times	16	6.43%
C.	3 to 9 times	12	4.82%
D.	10 to 19 times	5	2.01%
E.	20 to 39 times	8	3.21%
F.	40 to 99 times	1	0.40%
G.	100 or more times	11	4.42%
TOTALS		249	100.00%

Q-51. How old were you when you tried marijuana for the first time?			
A.	I have never tried marijuana	196	78.71%
B.	8 years old or younger	2	0.80%
C.	9 or 10 years old	4	1.61%
D.	11 or 12 years old	5	2.01%
E.	13 or 14 years old	12	4.82%
F.	15 or 16 years old	26	10.44%
G.	17 years old or older	4	1.61%
TOTALS		249	100.00%

Q-52. During the past 30 days, how many times did you use marijuana?			
A.	0 times	225	90.73%
B.	1 or 2 times	10	4.03%
C.	3 to 9 times	6	2.42%
D.	10 to 19 times	2	0.81%
E.	20 to 39 times	1	0.40%
F.	40 or more times	4	1.61%
TOTALS		248	100.00%

Q-53. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?			
A.	0 times	244	97.99%
B.	1 or 2 times	2	0.80%
C.	3 to 9 times	2	0.80%
D.	10 to 19 times	1	0.40%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
TOTALS		249	100.00%

Q-54. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?			
A.	0 times	231	93.15%
B.	1 or 2 times	5	2.02%
C.	3 to 9 times	7	2.82%
D.	10 to 19 times	1	0.40%
E.	20 to 39 times	2	0.81%
F.	40 or more times	2	0.81%
TOTALS		248	100.00%
Q-55. During your life, how many times have you used heroin (also called smack, junk, or China White)?			
A.	0 times	243	98.38%
B.	1 or 2 times	1	0.40%
C.	3 to 9 times	1	0.40%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	1	0.40%
F.	40 or more times	1	0.40%
TOTALS		247	100.00%
Q-56. During your life, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?			
A.	0 times	244	97.99%
B.	1 or 2 times	3	1.20%
C.	3 to 9 times	1	0.40%
D.	10 to 19 times	1	0.40%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
TOTALS		249	100.00%
Q-57. During your life, how many times have you used ecstasy (also called MDMA)?			
A.	0 times	239	95.98%
B.	1 or 2 times	6	2.41%
C.	3 to 9 times	3	1.20%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	1	0.40%
F.	40 or more times	0	0.00%
TOTALS		249	100.00%
Q-58. During your life, how many times have you used synthetic marijuana (also called K2, Spice, fake weed, King Kong, Yucatan Fire, Skunk, or Moon Rocks)?			
A.	0 times	233	93.57%
B.	1 or 2 times	9	3.61%
C.	3 to 9 times	4	1.61%
D.	10 to 19 times	3	1.20%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
TOTALS		249	100.00%

Q-59. During your life, how many times have you taken steroid pills or shots without a doctor's prescription?			
A.	0 times	244	97.99%
B.	1 or 2 times	2	0.80%
C.	3 to 9 times	0	0.00%
D.	10 to 19 times	2	0.80%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.40%
TOTALS		249	100.00%
Q-60. During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it? (Count drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet.)			
A.	0 times	232	93.17%
B.	1 or 2 times	7	2.81%
C.	3 to 9 times	4	1.61%
D.	10 to 19 times	6	2.41%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
TOTALS		249	100.00%
Q-61. During your life, how many times have you used a needle to inject any illegal drug into your body?			
A.	0 times	247	98.80%
B.	1 time	2	0.80%
C.	2 or more times	1	0.40%
TOTALS		250	100.00%
Q-62. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?			
A.	Yes	37	14.80%
B.	No	213	85.20%
TOTALS		250	100.00%
Q-63. Have you ever had sexual intercourse?			
A.	Yes	105	42.17%
B.	No	144	57.83%
TOTALS		249	100.00%
Q-64. How old were you when you had sexual intercourse for the first time?			
A.	I have never had sexual intercourse	144	57.83%
B.	11 years old or younger	5	2.01%
C.	12 years old	1	0.40%
D.	13 years old	10	4.02%
E.	14 years old	14	5.62%
F.	15 years old	32	12.85%
G.	16 years old	32	12.85%
H.	17 years old or older	11	4.42%
TOTALS		249	100.00%

Q-65. During your life, with how many people have you had sexual intercourse?			
A.	I have never had sexual intercourse	145	58.00%
B.	1 person	34	13.60%
C.	2 people	26	10.40%
D.	3 people	12	4.80%
E.	4 people	9	3.60%
F.	5 people	9	3.60%
G.	6 or more people	15	6.00%
TOTALS		250	100.00%
Q-66. During the past 3 months, with how many people did you have sexual intercourse?			
A.	I have never had sexual intercourse	143	57.43%
B.	I have had sexual intercourse, but not during the past 3 months	48	19.28%
C.	1 person	41	16.47%
D.	2 people	11	4.42%
E.	3 people	2	0.80%
F.	4 people	2	0.80%
G.	5 people	0	0.00%
H.	6 or more people	2	0.80%
TOTALS		249	100.00%
Q-67. Did you drink alcohol or use drugs before you had sexual intercourse the last time?			
A.	I have never had sexual intercourse	146	58.63%
B.	Yes	23	9.24%
C.	No	80	32.13%
TOTALS		249	100.00%
Q-68. The last time you had sexual intercourse, did you or your partner use a condom?			
A.	I have never had sexual intercourse	147	59.04%
B.	Yes	61	24.50%
C.	No	41	16.47%
TOTALS		249	100.00%
Q-69. The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy? (Select only one response.)			
A.	I have never had sexual intercourse	142	57.72%
B.	No method was used to prevent pregnancy	14	5.69%
C.	Birth control pills	20	8.13%
D.	Condoms	44	17.89%
E.	An IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon)	2	0.81%
F.	A shot (such as Depo-Provera), patch (such as Ortho Evra), or birth control ring (such as NuvaRing)	4	1.63%
G.	Withdrawal or some other method	14	5.69%
H.	Not sure	6	2.44%
TOTALS		246	100.00%

Q-70. How do you describe your weight?			
A.	Very underweight	9	3.66%
B.	Slightly underweight	32	13.01%
C.	About the right weight	143	58.13%
D.	Slightly overweight	54	21.95%
E.	Very overweight	8	3.25%
TOTALS		246	100.00%

Q-71. Which of the following are you trying to do about your weight?			
A.	Lose weight	96	38.71%
B.	Gain weight	36	14.52%
C.	Stay the same weight	41	16.53%
D.	I am not trying to do anything about my weight	75	30.24%
TOTALS		248	100.00%

Q-72. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)			
A.	I did not drink 100% fruit juice during the past 7 days	55	22.36%
B.	1 to 3 times during the past 7 days	110	44.72%
C.	4 to 6 times during the past 7 days	48	19.51%
D.	1 time per day	14	5.69%
E.	2 times per day	15	6.10%
F.	3 times per day	2	0.81%
G.	4 or more times per day	2	0.81%
TOTALS		246	100.00%

Q-73. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)			
A.	I did not eat fruit during the past 7 days	23	9.31%
B.	1 to 3 times during the past 7 days	87	35.22%
C.	4 to 6 times during the past 7 days	66	26.72%
D.	1 time per day	22	8.91%
E.	2 times per day	25	10.12%
F.	3 times per day	13	5.26%
G.	4 or more times per day	11	4.45%
TOTALS		247	100.00%

Q-74. During the past 7 days, how many times did you eat green salad?			
A.	I did not eat green salad during the past 7 days	66	26.61%
B.	1 to 3 times during the past 7 days	111	44.76%
C.	4 to 6 times during the past 7 days	39	15.73%
D.	1 time per day	20	8.06%
E.	2 times per day	7	2.82%
F.	3 times per day	2	0.81%
G.	4 or more times per day	3	1.21%
TOTALS		248	100.00%

Q-75. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)			
A.	I did not eat potatoes during the past 7 days	62	24.90%
B.	1 to 3 times during the past 7 days	131	52.61%
C.	4 to 6 times during the past 7 days	39	15.66%
D.	1 time per day	10	4.02%
E.	2 times per day	2	0.80%
F.	3 times per day	1	0.40%
G.	4 or more times per day	4	1.61%
TOTALS		249	100.00%

Q-76. During the past 7 days, how many times did you eat carrots?			
A.	I did not eat carrots during the past 7 days	91	36.55%
B.	1 to 3 times during the past 7 days	109	43.78%
C.	4 to 6 times during the past 7 days	29	11.65%
D.	1 time per day	15	6.02%
E.	2 times per day	1	0.40%
F.	3 times per day	1	0.40%
G.	4 or more times per day	3	1.20%
TOTALS		249	100.00%

Q-77. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)			
A.	I did not eat other vegetables during the past 7 days	30	12.10%
B.	1 to 3 times during the past 7 days	103	41.53%
C.	4 to 6 times during the past 7 days	68	27.42%
D.	1 time per day	21	8.47%
E.	2 times per day	12	4.84%
F.	3 times per day	9	3.63%
G.	4 or more times per day	5	2.02%
TOTALS		248	100.00%

Q-78. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)			
A.	I did not drink soda or pop during the past 7 days	57	22.98%
B.	1 to 3 times during the past 7 days	116	46.77%
C.	4 to 6 times during the past 7 days	45	18.15%
D.	1 time per day	13	5.24%
E.	2 times per day	11	4.44%
F.	3 times per day	3	1.21%
G.	4 or more times per day	3	1.21%
TOTALS		248	100.00%

Q-79. During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

A.	I did not drink milk during the past 7 days	44	17.81%
B.	1 to 3 glasses during the past 7 days	43	17.41%
C.	4 to 6 glasses during the past 7 days	42	17.00%
D.	1 glass per day	35	14.17%
E.	2 glasses per day	40	16.19%
F.	3 glasses per day	25	10.12%
G.	4 or more glasses per day	18	7.29%
TOTALS		247	100.00%

Q-80. During the past 7 days, how many times did you drink a can, bottle, or glass of an energy drink, such as Red Bull or Jolt? (Do not count diet or sports drinks such as Gatorade or PowerAde.)

A.	I did not drink energy drinks during the past 7 days	187	75.10%
B.	1 to 3 times during the past 7 days	46	18.47%
C.	4 to 6 times during the past 7 days	9	3.61%
D.	1 time per day	5	2.01%
E.	2 times per day	1	0.40%
F.	3 times per day	1	0.40%
G.	4 or more times per day	0	0.00%
TOTALS		249	100.00%

Q-81. During the past 7 days, on how many days did you eat breakfast?

A.	0 days	19	7.72%
B.	1 day	18	7.32%
C.	2 days	13	5.28%
D.	3 days	14	5.69%
E.	4 days	16	6.50%
F.	5 days	30	12.20%
G.	6 days	20	8.13%
H.	7 days	116	47.15%
TOTALS		246	100.00%

Q-82. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	20	8.10%
B.	1 day	12	4.86%
C.	2 days	17	6.88%
D.	3 days	22	8.91%
E.	4 days	17	6.88%
F.	5 days	36	14.57%
G.	6 days	37	14.98%
H.	7 days	86	34.82%
TOTALS		247	100.00%

Q-83. On an average school day, how many hours do you watch TV?			
A.	I do not watch TV on an average school day	53	21.37%
B.	Less than 1 hour per day	48	19.35%
C.	1 hour per day	57	22.98%
D.	2 hours per day	55	22.18%
E.	3 hours per day	20	8.06%
F.	4 hours per day	9	3.63%
G.	5 or more hours per day	6	2.42%
TOTALS		248	100.00%

Q-84. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent on things such as Xbox, PlayStation, an iPad or other tablet, a smartphone, texting, YouTube, Instagram, Facebook, or other social media.)			
A.	I do not play video or computer games or use a computer for something that is not school work	58	23.48%
B.	Less than 1 hour per day	54	21.86%
C.	1 hour per day	36	14.57%
D.	2 hours per day	29	11.74%
E.	3 hours per day	28	11.34%
F.	4 hours per day	15	6.07%
G.	5 or more hours per day	27	10.93%
TOTALS		247	100.00%

Q-85. In an average week when you are in school, on how many days do you go to physical education (PE) classes?			
A.	0 days	98	39.84%
B.	1 day	8	3.25%
C.	2 days	12	4.88%
D.	3 days	13	5.28%
E.	4 days	22	8.94%
F.	5 days	93	37.80%
TOTALS		246	100.00%

Q-86. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)			
A.	0 teams	59	24.08%
B.	1 team	58	23.67%
C.	2 teams	65	26.53%
D.	3 or more teams	63	25.71%
TOTALS		245	100.00%

Q-87. During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?			
A.	0 times	207	83.81%
B.	1 time	27	10.93%
C.	2 times	4	1.62%
D.	3 times	5	2.02%
E.	4 or more times	4	1.62%
TOTALS		247	100.00%

Q-88. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?			
A.	During the past 12 months	199	80.24%
B.	Between 12 and 24 months ago	21	8.47%
C.	More than 24 months ago	16	6.45%
D.	Never	2	0.81%
E.	Not sure	10	4.03%
TOTALS		248	100.00%
Q-89. Has a doctor or nurse ever told you that you have asthma?			
A.	Yes	51	20.73%
B.	No	184	74.80%
C.	Not sure	11	4.47%
TOTALS		246	100.00%
Q-90. On an average school night, how many hours of sleep do you get?			
A.	4 or less hours	12	4.84%
B.	5 hours	22	8.87%
C.	6 hours	45	18.15%
D.	7 hours	82	33.06%
E.	8 hours	61	24.60%
F.	9 hours	20	8.06%
G.	10 or more hours	6	2.42%
TOTALS		248	100.00%
Q-91. During the past 30 days, where did you usually sleep?			
A.	In my parent's or guardian's home	230	92.74%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	7	2.82%
C.	In a shelter or emergency housing	0	0.00%
D.	In a motel or hotel	2	0.81%
E.	In a car, park, campground, or other public place	5	2.02%
F.	I do not have a usual place to sleep	1	0.40%
G.	Somewhere else	3	1.21%
TOTALS		248	100.00%
Q-92. During the past 12 months, how would you describe your grades in school?			
A.	Mostly A's	157	63.31%
B.	Mostly B's	56	22.58%
C.	Mostly C's	25	10.08%
D.	Mostly D's	3	1.21%
E.	Mostly F's	0	0.00%
F.	None of these grades	3	1.21%
G.	Not sure	4	1.61%
TOTALS		248	100.00%

Q-93. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)			
A.	0 times	230	93.50%
B.	1 or 2 times	9	3.66%
C.	3 to 9 times	2	0.81%
D.	10 to 19 times	3	1.22%
E.	20 to 39 times	0	0.00%
F.	40 or more times	2	0.81%
TOTALS		246	100.00%
Q-94. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?			
A.	Yes	29	12.13%
B.	No	210	87.87%
TOTALS		239	100.00%