

2017 4 RIVERS REGION YOUTH RISK BEHAVIOR SURVEY

MIDDLE SCHOOL FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 1,530 middle school students in 4 Rivers Region during February of 2017. Frequency distributions may not total 1,530 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	10 years old or younger	1	0.07%
B.	11 years old	5	0.33%
C.	12 years old	264	17.30%
D.	13 years old	703	46.07%
E.	14 years old	533	34.93%
F.	15 years old	20	1.31%
G.	16 years old or older	0	0.00%
TOTALS		1,526	100.00%
Q-2. What is your sex?			
A.	Female	738	48.55%
B.	Male	782	51.45%
TOTALS		1,520	100.00%
Q-3. In what grade are you?			
A.	7th grade	612	40.83%
B.	8th grade	887	59.17%
TOTALS		1,499	100.00%
Q-4. Are you Hispanic or Latino?			
A.	Yes	146	9.77%
B.	No	1348	90.23%
TOTALS		1,494	100.00%
Q-5. What is your race? (Select one or more responses.)			
A.	American Indian or Alaskan Native	142	8.70%
B.	Asian	41	2.51%
C.	Black or African American	31	1.90%
D.	Native Hawaiian or Other Pacific Islander	21	1.29%
E.	White	1397	85.60%
TOTALS		1,632	100.00%
Q-6. How often do you wear a seat belt when riding in a car driven by someone else?			
A.	Never	21	1.39%
B.	Rarely	44	2.91%
C.	Sometimes	122	8.08%
D.	Most of the time	486	32.19%
E.	Always	837	55.43%
TOTALS		1,510	100.00%

Q-7. How often do you wear a seat belt when driving a car?			
A.	I do not drive a car	1121	74.34%
B.	Never	8	0.53%
C.	Rarely	16	1.06%
D.	Sometimes	23	1.53%
E.	Most of the time	65	4.31%
F.	Always	275	18.24%
TOTALS		1,508	100.00%

Q-8. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?			
A.	0 times	1268	84.31%
B.	1 time	93	6.18%
C.	2 or 3 times	70	4.65%
D.	4 or 5 times	14	0.93%
E.	6 or more times	59	3.92%
TOTALS		1,504	100.00%

Q-9. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?			
A.	0 days	1155	75.69%
B.	1 day	85	5.57%
C.	2 or 3 days	109	7.14%
D.	4 or 5 days	35	2.29%
E.	6 or more days	142	9.31%
TOTALS		1,526	100.00%

Q-10. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?			
A.	0 days	1463	95.87%
B.	1 day	22	1.44%
C.	2 or 3 days	14	0.92%
D.	4 or 5 days	9	0.59%
E.	6 or more days	18	1.18%
TOTALS		1,526	100.00%

Q-11. During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)			
A.	0 days	1410	92.82%
B.	1 day	46	3.03%
C.	2 or 3 days	26	1.71%
D.	4 or 5 days	11	0.72%
E.	6 or more days	26	1.71%
TOTALS		1,519	100.00%

Q-12. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

A.	0 days	1408	92.21%
B.	1 day	65	4.26%
C.	2 or 3 days	36	2.36%
D.	4 or 5 days	8	0.52%
E.	6 or more days	10	0.65%
TOTALS		1,527	100.00%

Q-13. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

A.	0 times	1441	94.37%
B.	1 time	49	3.21%
C.	2 or 3 times	22	1.44%
D.	4 or 5 times	3	0.20%
E.	6 or 7 times	3	0.20%
F.	8 or 9 times	2	0.13%
G.	10 or 11 times	1	0.07%
H.	12 or more times	6	0.39%
TOTALS		1,527	100.00%

Q-14. During the past 12 months, how many times were you in a physical fight?

A.	0 times	1073	70.41%
B.	1 time	214	14.04%
C.	2 or 3 times	152	9.97%
D.	4 or 5 times	29	1.90%
E.	6 or 7 times	11	0.72%
F.	8 or 9 times	10	0.66%
G.	10 or 11 times	5	0.33%
H.	12 or more times	30	1.97%
TOTALS		1,524	100.00%

Q-15. During the past 12 months, how many times were you in a physical fight on school property?

A.	0 times	1306	85.42%
B.	1 time	144	9.42%
C.	2 or 3 times	59	3.86%
D.	4 or 5 times	9	0.59%
E.	6 or 7 times	2	0.13%
F.	8 or 9 times	1	0.07%
G.	10 or 11 times	6	0.39%
H.	12 or more times	2	0.13%
TOTALS		1,529	100.00%

Q-16. Have you ever been physically forced to have sexual intercourse when you did not want to?			
A.	Yes	82	5.38%
B.	No	1441	94.62%
TOTALS		1,523	100.00%

Q-17. During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)			
A.	0 times	1411	93.20%
B.	1 time	56	3.70%
C.	2 or 3 times	32	2.11%
D.	4 or 5 times	4	0.26%
E.	6 or more times	11	0.73%
TOTALS		1,514	100.00%

Q-18. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)			
A.	I did not date or go out with anyone during the past 12 months	812	53.28%
B.	0 times	658	43.18%
C.	1 time	30	1.97%
D.	2 or 3 times	17	1.12%
E.	4 or 5 times	0	0.00%
F.	6 or more times	7	0.46%
TOTALS		1,524	100.00%

Q-19. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)			
A.	I did not date or go out with anyone during the past 12 months	803	52.62%
B.	0 times	700	45.87%
C.	1 time	11	0.72%
D.	2 or 3 times	8	0.52%
E.	4 or 5 times	1	0.07%
F.	6 or more times	3	0.20%
TOTALS		1,526	100.00%

Q-20. During the past 12 months, have you ever been bullied on school property?			
A.	Yes	511	33.75%
B.	No	1003	66.25%
TOTALS		1,514	100.00%

Q-21. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)			
A.	Yes	325	21.30%
B.	No	1201	78.70%
TOTALS		1,526	100.00%

Q-22. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?			
A.	Yes	241	15.77%
B.	No	1287	84.23%
TOTALS		1,528	100.00%

CAUTION! Please use this information carefully. Depending on sample size and procedures, the information contained in this report may or may not be representative of the entire student enrollment for the school.

Q-23. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?			
A.	Yes	385	25.55%
B.	No	1122	74.45%
TOTALS		1,507	100.00%
Q-24. During the past 12 months, did you ever seriously consider attempting suicide?			
A.	Yes	280	18.31%
B.	No	1249	81.69%
TOTALS		1,529	100.00%
Q-25. During the past 12 months, did you make a plan about how you would attempt suicide?			
A.	Yes	242	15.84%
B.	No	1286	84.16%
TOTALS		1,528	100.00%
Q-26. During the past 12 months, how many times did you actually attempt suicide?			
A.	0 times	1310	86.41%
B.	1 time	136	8.97%
C.	2 or 3 times	46	3.03%
D.	4 or 5 times	11	0.73%
E.	6 or more times	13	0.86%
TOTALS		1,516	100.00%
Q-27. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?			
A.	I did not attempt suicide during the past 12 months	1312	86.03%
B.	Yes	55	3.61%
C.	No	158	10.36%
TOTALS		1,525	100.00%
Q-28. Have you ever tried cigarette smoking, even one or two puffs?			
A.	Yes	228	14.94%
B.	No	1298	85.06%
TOTALS		1,526	100.00%
Q-29. How old were you when you first tried cigarette smoking, even one or two puffs?			
A.	I have never tried cigarette smoking, not even one or two puffs	1312	86.37%
B.	8 years old or younger	42	2.76%
C.	9 or 10 years old	39	2.57%
D.	11 or 12 years old	59	3.88%
E.	13 or 14 years old	67	4.41%
F.	15 or 16 years old	0	0.00%
G.	17 years old or older	0	0.00%
TOTALS		1,519	100.00%

Q-30. During the past 30 days, on how many days did you smoke cigarettes?			
A.	0 days	1472	96.40%
B.	1 or 2 days	33	2.16%
C.	3 to 5 days	6	0.39%
D.	6 to 9 days	8	0.52%
E.	10 to 19 days	3	0.20%
F.	20 to 29 days	3	0.20%
G.	All 30 days	2	0.13%
TOTALS		1,527	100.00%
Q-31. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?			
A.	I did not smoke cigarettes during the past 30 days	1468	96.14%
B.	Less than 1 cigarette per day	37	2.42%
C.	1 cigarette per day	10	0.65%
D.	2 to 5 cigarettes per day	11	0.72%
E.	6 to 10 cigarettes per day	1	0.07%
F.	11 to 20 cigarettes per day	0	0.00%
G.	More than 20 cigarettes per day	0	0.00%
TOTALS		1,527	100.00%
Q-32. During the past 12 months, did you ever try to quit smoking cigarettes?			
A.	I did not smoke during the past 12 months	1419	93.36%
B.	Yes	60	3.95%
C.	No	41	2.70%
TOTALS		1,520	100.00%
Q-33. Have you ever used an electronic vapor product?			
A.	Yes	272	17.84%
B.	No	1253	82.16%
TOTALS		1,525	100.00%
Q-34. During the past 30 days, on how many days did you use an electronic vapor product?			
A.	0 days	1407	92.20%
B.	1 or 2 days	73	4.78%
C.	3 to 5 days	17	1.11%
D.	6 to 9 days	10	0.66%
E.	10 to 19 days	9	0.59%
F.	20 to 29 days	2	0.13%
G.	All 30 days	8	0.52%
TOTALS		1,526	100.00%

Q-35. During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)

A.	I did not use any electronic vapor products during the past 30 days	1389	92.48%
B.	I bought them in a store such as a convenience store, supermarket, discount store, gas station, or vape store	3	0.20%
C.	I got them on the Internet	7	0.47%
D.	I gave someone else money to buy them for me	10	0.67%
E.	I borrowed them from someone else	51	3.40%
F.	A person 18 years old or older gave them to me	7	0.47%
G.	I took them from a store or another person	3	0.20%
H.	I got them some other way	32	2.13%
TOTALS		1,502	100.00%

Q-36. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, Copenhagen, Camel Snus, Marlboro Snus, General Snus, Ariva, Stonewall, or Camel Orbs? (Do not count any electronic vapor products.)

A.	0 days	1483	97.12%
B.	1 or 2 days	20	1.31%
C.	3 to 5 days	8	0.52%
D.	6 to 9 days	3	0.20%
E.	10 to 19 days	6	0.39%
F.	20 to 29 days	1	0.07%
G.	All 30 days	6	0.39%
TOTALS		1,527	100.00%

Q-37. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco productions such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, Copenhagen, Camel Snus, Marlboro Snus, General Snus, Ariva, Stonewall, or Camel Orbs on school property? (Do not count any electronic vapor products.)

A.	0 days	1508	98.76%
B.	1 or 2 days	14	0.92%
C.	3 to 5 days	1	0.07%
D.	6 to 9 days	1	0.07%
E.	10 to 19 days	1	0.07%
F.	20 to 29 days	0	0.00%
G.	All 30 days	2	0.13%
TOTALS		1,527	100.00%

Q-38. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?

A.	0 days	1479	97.11%
B.	1 or 2 days	24	1.58%
C.	3 to 5 days	10	0.66%
D.	6 to 9 days	5	0.33%
E.	10 to 19 days	2	0.13%
F.	20 to 29 days	0	0.00%
G.	All 30 days	3	0.20%
TOTALS		1,523	100.00%

Q-39. During your life, on how many days have you had at least one drink of alcohol?			
A.	0 days	933	61.18%
B.	1 or 2 days	302	19.80%
C.	3 to 9 days	159	10.43%
D.	10 to 19 days	63	4.13%
E.	20 to 39 days	30	1.97%
F.	40 to 99 days	27	1.77%
G.	100 or more days	11	0.72%
TOTALS		1,525	100.00%

Q-40. How old were you when you had your first drink of alcohol other than a few sips?			
A.	I have never had a drink of alcohol other than a few sips	1029	68.15%
B.	8 years old or younger	110	7.28%
C.	9 or 10 years old	75	4.97%
D.	11 or 12 years old	160	10.60%
E.	13 or 14 years old	130	8.61%
F.	15 or 16 years old	4	0.26%
G.	17 years old or older	2	0.13%
TOTALS		1,510	100.00%

Q-41. During the past 30 days, on how many days did you have at least one drink of alcohol?			
A.	0 days	1336	87.89%
B.	1 or 2 days	129	8.49%
C.	3 to 5 days	32	2.11%
D.	6 to 9 days	14	0.92%
E.	10 to 19 days	5	0.33%
F.	20 to 29 days	1	0.07%
G.	All 30 days	3	0.20%
TOTALS		1,520	100.00%

Q-42. During the past 30 days, how did you usually get the alcohol you drank?			
A.	I did not drink alcohol during the past 30 days	1309	85.89%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	2	0.13%
C.	I bought it at a restaurant, bar, or club	0	0.00%
D.	I bought it at a public event such as a concert or sporting event	3	0.20%
E.	I gave someone else money to buy it for me	10	0.66%
F.	Someone gave it to me	96	6.30%
G.	I took it from a store or family member	42	2.76%
H.	I got it some other way	62	4.07%
TOTALS		1,524	100.00%

Q-43. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row (if you are female) or 5 or more drinks of alcohol in a row (if you are male)?		
A.	0 days	1441 94.49%
B.	1 day	37 2.43%
C.	2 days	24 1.57%
D.	3 to 5 days	11 0.72%
E.	6 to 9 days	6 0.39%
F.	10 to 19 days	3 0.20%
G.	20 or more days	3 0.20%
TOTALS		1,525 100.00%
Q-44. During your life, how many times have you used marijuana?		
A.	0 times	1355 89.20%
B.	1 or 2 times	66 4.34%
C.	3 to 9 times	35 2.30%
D.	10 to 19 times	16 1.05%
E.	20 to 39 times	12 0.79%
F.	40 to 99 times	13 0.86%
G.	100 or more times	22 1.45%
TOTALS		1,519 100.00%
Q-45. How old were you when you tried marijuana for the first time?		
A.	I have never tried marijuana	1362 89.31%
B.	8 years old or younger	14 0.92%
C.	9 or 10 years old	17 1.11%
D.	11 or 12 years old	58 3.80%
E.	13 or 14 years old	72 4.72%
F.	15 or 16 years old	2 0.13%
G.	17 years old or older	0 0.00%
TOTALS		1,525 100.00%
Q-46. During the past 30 days, how many times did you use marijuana?		
A.	0 times	1450 95.14%
B.	1 or 2 times	32 2.10%
C.	3 to 9 times	18 1.18%
D.	10 to 19 times	6 0.39%
E.	20 to 39 times	4 0.26%
F.	40 or more times	14 0.92%
TOTALS		1,524 100.00%

Q-47. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?			
A.	0 times	1500	99.34%
B.	1 or 2 times	3	0.20%
C.	3 to 9 times	5	0.33%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	2	0.13%
TOTALS		1,510	100.00%
Q-48. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?			
A.	0 times	1404	92.19%
B.	1 or 2 times	68	4.46%
C.	3 to 9 times	31	2.04%
D.	10 to 19 times	7	0.46%
E.	20 to 39 times	3	0.20%
F.	40 or more times	10	0.66%
TOTALS		1,523	100.00%
Q-49. During your life, how many times have you used heroin (also called smack, junk, or China White)?			
A.	0 times	1510	99.28%
B.	1 or 2 times	4	0.26%
C.	3 to 9 times	3	0.20%
D.	10 to 19 times	1	0.07%
E.	20 to 39 times	0	0.00%
F.	40 or more times	3	0.20%
TOTALS		1,521	100.00%
Q-50. During your life, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?			
A.	0 times	1502	99.01%
B.	1 or 2 times	8	0.53%
C.	3 to 9 times	3	0.20%
D.	10 to 19 times	1	0.07%
E.	20 to 39 times	1	0.07%
F.	40 or more times	2	0.13%
TOTALS		1,517	100.00%
Q-51. During your life, how many times have you used ecstasy (also called MDMA)?			
A.	0 times	1506	98.95%
B.	1 or 2 times	10	0.66%
C.	3 to 9 times	4	0.26%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	2	0.13%
TOTALS		1,522	100.00%

Q-52. During your life, how many times have you used synthetic marijuana (also called K2, Spice, fake weed, King Kong, Yucatan Fire, Skunk, or Moon Rocks)?			
A.	0 times	1478	97.17%
B.	1 or 2 times	30	1.97%
C.	3 to 9 times	5	0.33%
D.	10 to 19 times	2	0.13%
E.	20 to 39 times	5	0.33%
F.	40 or more times	1	0.07%
TOTALS		1,521	100.00%
Q-53. During your life, how many times have you taken steroid pills or shots without a doctor's prescription?			
A.	0 times	1492	98.29%
B.	1 or 2 times	13	0.86%
C.	3 to 9 times	10	0.66%
D.	10 to 19 times	3	0.20%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
TOTALS		1,518	100.00%
Q-54. During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it? (Count drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet.)			
A.	0 times	1424	93.68%
B.	1 or 2 times	56	3.68%
C.	3 to 9 times	22	1.45%
D.	10 to 19 times	11	0.72%
E.	20 to 39 times	6	0.39%
F.	40 or more times	1	0.07%
TOTALS		1,520	100.00%
Q-55. During your life, how many times have you used a needle to inject any illegal drug into your body?			
A.	0 times	1510	99.41%
B.	1 time	7	0.46%
C.	2 or more times	2	0.13%
TOTALS		1,519	100.00%
Q-56. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?			
A.	Yes	233	15.34%
B.	No	1286	84.66%
TOTALS		1,519	100.00%
Q-57. Have you ever had sexual intercourse?			
A.	Yes	184	12.14%
B.	No	1332	87.86%
TOTALS		1,516	100.00%

Q-58. How old were you when you had sexual intercourse for the first time?			
A.	I have never had sexual intercourse	1363	89.79%
B.	11 years old or younger	50	3.29%
C.	12 years old	35	2.31%
D.	13 years old	49	3.23%
E.	14 years old	19	1.25%
F.	15 years old	1	0.07%
G.	16 years old	1	0.07%
H.	17 years old or older	0	0.00%
TOTALS		1,518	100.00%

Q-59. During your life, with how many people have you had sexual intercourse?			
A.	I have never had sexual intercourse	1363	90.44%
B.	1 person	83	5.51%
C.	2 people	26	1.73%
D.	3 people	13	0.86%
E.	4 people	12	0.80%
F.	5 people	1	0.07%
G.	6 or more people	9	0.60%
TOTALS		1,507	100.00%

Q-60. During the past 3 months, with how many people did you have sexual intercourse?			
A.	I have never had sexual intercourse	1376	90.65%
B.	I have had sexual intercourse, but not during the past 3 months	73	4.81%
C.	1 person	52	3.43%
D.	2 people	10	0.66%
E.	3 people	4	0.26%
F.	4 people	0	0.00%
G.	5 people	1	0.07%
H.	6 or more people	2	0.13%
TOTALS		1,518	100.00%

Q-61. Did you drink alcohol or use drugs before you had sexual intercourse the last time?			
A.	I have never had sexual intercourse	1356	89.45%
B.	Yes	35	2.31%
C.	No	125	8.25%
TOTALS		1,516	100.00%

Q-62. The last time you had sexual intercourse, did you or your partner use a condom?			
A.	I have never had sexual intercourse	1357	90.11%
B.	Yes	81	5.38%
C.	No	68	4.52%
TOTALS		1,506	100.00%

Q-63. How do you describe your weight?			
A.	Very underweight	50	3.30%
B.	Slightly underweight	248	16.37%
C.	About the right weight	862	56.90%
D.	Slightly overweight	317	20.92%
E.	Very overweight	38	2.51%
TOTALS		1,515	100.00%
Q-64. Which of the following are you trying to do about your weight?			
A.	Lose weight	525	34.65%
B.	Gain weight	177	11.68%
C.	Stay the same weight	338	22.31%
D.	I am not trying to do anything about my weight	475	31.35%
TOTALS		1,515	100.00%
Q-65. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)			
A.	I did not drink 100% fruit juice during the past 7 days	415	27.50%
B.	1 to 3 times during the past 7 days	614	40.69%
C.	4 to 6 times during the past 7 days	231	15.31%
D.	1 time per day	94	6.23%
E.	2 times per day	83	5.50%
F.	3 times per day	27	1.79%
G.	4 or more times per day	45	2.98%
TOTALS		1,509	100.00%
Q-66. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)			
A.	I did not eat fruit during the past 7 days	110	7.25%
B.	1 to 3 times during the past 7 days	450	29.64%
C.	4 to 6 times during the past 7 days	390	25.69%
D.	1 time per day	186	12.25%
E.	2 times per day	175	11.53%
F.	3 times per day	98	6.46%
G.	4 or more times per day	109	7.18%
TOTALS		1,518	100.00%
Q-67. During the past 7 days, how many times did you eat green salad?			
A.	I did not eat green salad during the past 7 days	480	31.68%
B.	1 to 3 times during the past 7 days	648	42.77%
C.	4 to 6 times during the past 7 days	206	13.60%
D.	1 time per day	128	8.45%
E.	2 times per day	27	1.78%
F.	3 times per day	6	0.40%
G.	4 or more times per day	20	1.32%
TOTALS		1,515	100.00%

Q-68. During the past 7 days, how many times did you potatoes? (Do not count french fries, fried potatoes, or potato chips.)			
A.	I did not eat potatoes during the past 7 days	549	36.36%
B.	1 to 3 times during the past 7 days	749	49.60%
C.	4 to 6 times during the past 7 days	145	9.60%
D.	1 time per day	30	1.99%
E.	2 times per day	16	1.06%
F.	3 times per day	3	0.20%
G.	4 or more times per day	18	1.19%
TOTALS		1,510	100.00%
Q-69. During the past 7 days, how many times did you eat carrots?			
A.	I did not eat carrots during the past 7 days	557	36.94%
B.	1 to 3 times during the past 7 days	640	42.44%
C.	4 to 6 times during the past 7 days	182	12.07%
D.	1 time per day	63	4.18%
E.	2 times per day	26	1.72%
F.	3 times per day	7	0.46%
G.	4 or more times per day	33	2.19%
TOTALS		1,508	100.00%
Q-70. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)			
A.	I did not eat other vegetables during the past 7 days.	202	13.40%
B.	1 to 3 times during the past 7 days	585	38.79%
C.	4 to 6 times during the past 7 days	335	22.21%
D.	1 time per day	167	11.07%
E.	2 times per day	114	7.56%
F.	3 times per day	45	2.98%
G.	4 or more times per day	60	3.98%
TOTALS		1,508	100.00%
Q-71. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)			
A.	I did not drink soda or pop during the past 7 days	426	28.32%
B.	1 to 3 times during the past 7 days	706	46.94%
C.	4 to 6 times during the past 7 days	209	13.90%
D.	1 time per day	78	5.19%
E.	2 times per day	45	2.99%
F.	3 times per day	12	0.80%
G.	4 or more times per day	28	1.86%
TOTALS		1,504	100.00%

Q-72. During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

A.	I did not drink milk during the past 7 days	175	11.64%
B.	1 to 3 glasses during the past 7 days	318	21.16%
C.	4 to 6 glasses during the past 7 days	319	21.22%
D.	1 glass per day	209	13.91%
E.	2 glasses per day	230	15.30%
F.	3 glasses per day	115	7.65%
G.	4 or more glasses per day	137	9.12%
TOTALS		1,503	100.00%

Q-73. During the past 7 days, how many times did you drink a can, bottle, or glass of an energy drink, such as Red Bull or Jolt? (Do not count diet or sports drinks such as Gatorade or PowerAde.)

A.	I did not drink energy drinks during the past 7 days	1218	81.36%
B.	1 to 3 times during the past 7 days	210	14.03%
C.	4 to 6 times during the past 7 days	31	2.07%
D.	1 time per day	12	0.80%
E.	2 times per day	12	0.80%
F.	3 times per day	3	0.20%
G.	4 or more times per day	11	0.73%
TOTALS		1,497	100.00%

Q-74. During the past 7 days, on how many days did you eat breakfast?

A.	0 days	115	7.69%
B.	1 day	80	5.35%
C.	2 days	99	6.62%
D.	3 days	105	7.02%
E.	4 days	86	5.75%
F.	5 days	93	6.22%
G.	6 days	130	8.70%
H.	7 days	787	52.64%
TOTALS		1,495	100.00%

Q-75. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	105	6.97%
B.	1 day	70	4.64%
C.	2 days	101	6.70%
D.	3 days	159	10.55%
E.	4 days	159	10.55%
F.	5 days	249	16.52%
G.	6 days	150	9.95%
H.	7 days	514	34.11%
TOTALS		1,507	100.00%

Q-76. On an average school day, how many hours do you watch TV?			
A.	I do not watch TV on an average school day	256	17.14%
B.	Less than 1 hour per day	399	26.71%
C.	1 hour per day	270	18.07%
D.	2 hours per day	285	19.08%
E.	3 hours per day	168	11.24%
F.	4 hours per day	56	3.75%
G.	5 or more hours per day	60	4.02%
TOTALS		1,494	100.00%

Q-77. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent on things such as Xbox, PlayStation, an iPad or other tablet, a smartphone, texting, YouTube, Instagram, Facebook, or other social media.)			
A.	I do not play video or computer games or use a computer for something that is not school work	255	17.08%
B.	Less than 1 hour per day	281	18.82%
C.	1 hour per day	218	14.60%
D.	2 hours per day	251	16.81%
E.	3 hours per day	172	11.52%
F.	4 hours per day	111	7.43%
G.	5 or more hours per day	205	13.73%
TOTALS		1,493	100.00%

Q-78. In an average week when you are in school, on how many days do you go to physical education (PE) classes?			
A.	0 days	224	15.05%
B.	1 day	21	1.41%
C.	2 days	197	13.24%
D.	3 days	280	18.82%
E.	4 days	149	10.01%
F.	5 days	611	41.06%
TOTALS		1,488	100.00%

Q-79. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)			
A.	0 teams	406	27.14%
B.	1 team	337	22.53%
C.	2 teams	297	19.85%
D.	3 or more teams	456	30.48%
TOTALS		1,496	100.00%

Q-80. During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?			
A.	0 times	1212	81.45%
B.	1 time	173	11.63%
C.	2 times	53	3.56%
D.	3 times	22	1.48%
E.	4 or more time	28	1.88%
TOTALS		1,488	100.00%

Q-81. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?			
A.	During the past 12 months	1154	76.93%
B.	Between 12 and 24 months ago	116	7.73%
C.	More than 24 months ago	44	2.93%
D.	Never	15	1.00%
E.	Not sure	171	11.40%
TOTALS		1,500	100.00%
Q-82. Has a doctor or nurse ever told you that you have asthma?			
A.	Yes	264	17.66%
B.	No	1105	73.91%
C.	Not sure	126	8.43%
TOTALS		1,495	100.00%
Q-83. On an average school night, how many hours of sleep do you get?			
A.	4 or less hours	71	4.78%
B.	5 hours	101	6.80%
C.	6 hours	172	11.58%
D.	7 hours	302	20.34%
E.	8 hours	466	31.38%
F.	9 hours	259	17.44%
G.	10 or more hours	114	7.68%
TOTALS		1,485	100.00%
Q-84. During the past 30 days, where did you usually sleep?			
A.	In my parent's or guardian's home	1439	96.19%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	25	1.67%
C.	In a shelter or emergency housing	4	0.27%
D.	In a motel or hotel	3	0.20%
E.	In a car, park, campground, or other public place	5	0.33%
F.	I do not have a usual place to sleep	3	0.20%
G.	Somewhere else	17	1.14%
TOTALS		1,496	100.00%
Q-85. During the past 12 months, how would you describe your grades in school?			
A.	Mostly A's	766	51.93%
B.	Mostly B's	444	30.10%
C.	Mostly C's	141	9.56%
D.	Mostly D's	35	2.37%
E.	Mostly F's	15	1.02%
F.	None of these grades	5	0.34%
G.	Not sure	69	4.68%
TOTALS		1,475	100.00%

Q-86. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?			
A.	Yes	289	19.55%
B.	No	1189	80.45%
TOTALS		1,478	100.00%