## + School Wellness Regional Workshops

Learn how a local school wellness policy can fuel students to learn and behave better and support staff in creating healthy school environments.



## School wellness in action!

WHAT: These workshops will review the benefits of a strong wellness policy, USDA

requirements for the school wellness policy and showcase best practices and available tools (for assessing and outreach). Each workshop will include inspiring presentations, resources, networking, roundtable discussion, and goal setting to all attendees get involved. We recommend bringing a team (2-3) people from your school community such as an administrator, food service director, educator health professional or community member.



**WHO:** School wellness coordinators, wellness champions, school board trustees, administrators, school nutrition directors, educators, health professionals, parents, and community partners.

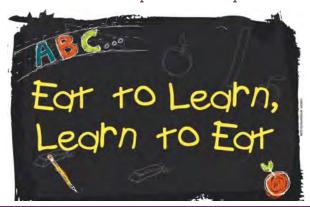
**WHEN & WHERE:** Missoula – November 7, Havre – November 30, and Billings – December 7, 2017. Each workshop is from 1 to 4 pm.

**Continuing Education:** 3 hours of OPI Credit/USDA Professional Standards will be available for participants.

This workshop will be repeated in Butte, Kalispell and Miles City in fall 2018. If these dates don't work for you or you would like to host a school wellness workshop for your area, we are happy to provide the training.

**REGISTER:** Space is limited, so register early (for free) at: <a href="http://app.keysurvey.com/f/1168104/9392/">http://app.keysurvey.com/f/1168104/9392/</a>

November 7<sup>th</sup>, Missoula: Missoula Food Bank, 1720 Wyoming Street, Conference Room November 30<sup>th</sup>, Havre: Best Western Plus Inn and Suites, 1425 US-2 NW, Montana Room December 7<sup>th</sup>, Billings: Big Horn Resort, 1801 Majestic Lane, Madison Room Each workshop is from 1 to 4 p.m.



For more information contact Katie Bark, Montana Team Nutrition at <a href="mailto:hkbark@mt.gov">hkbark@mt.gov</a> or (406) 994-5641.