



This page was created to help Montana schools continue to provide their students with remote learning opportunities around tobacco use prevention.

For more information contact [Kris Minard](#) or visit [OPI Tobacco Use Prevention Education](#).

### **Tobacco Use Prevention Curricula**

[Catch My Breath](#) CATCH Global E Cigarette Module 6<sup>th</sup>, 7-8<sup>th</sup> and 9-12<sup>th</sup> grade curriculum.

[FDA/ Scholastic's Real Cost](#) E-Cigarette lessons for grades 6-8 and 9-12, new videos, digital activities and more resources.

[Stanford Tobacco Prevention Toolkit](#) lessons for every tobacco product and a [remote learning Curriculum](#)

### **Alternatives to Suspension (Some could be used for remote learning as well.)**

[Clearing the Vapor](#) Online coursework created by Southwest Utah Public Health

[INDEPTH](#) – American Lung Association (Requires a Facilitator)

[Vape Educate](#) Online coursework created by teachers and school administrators – but there is a fee.

### **Cessation**

[My Life, My Quit](#)

[Quit Vaping](#) from Smoke Free Teen at Smokefree.gov

[This is Quitting](#) from the Truth Initiative

[N-O-T: Not On Tobacco](#) from the American Lung Association

### **Parent Communications**

[What Parents Should Know About E-Cigarettes and Kids](#) – American Lung Association

[PARENT RESOURCE- Youth Electronic Cigarette Use](#) – OPI Sharable PDF for schools/parents

[How To Talk With Your Kids About Vaping](#) - Partnership for Drug Free Kids

**VIDEO** [Identify Which Products Teens Are Vaping](#) - TobaccoFreeCA

[E-Cigarette, or Vaping, Products Visual Dictionary](#) – Centers for Disease Control