



## Age-Expected, Immediate Foundational, & Foundational Skills/Behaviors Exercise

Identify the age-expected [AE], immediate foundational [IF], and foundational (those leading to immediate foundational) [F] skills/behaviors for a **30 month old child**.

### Outcome 1 Positive Social Relationships

#### Relating with Adults

	Routinely initiates and maintains positive back and forth social interaction with familiar adult
	Responds favorably to familiar adult's initiated social behavior
	Prefers to be near primary caregiver and gets upset when caregiver leaves even if briefly

#### Relating with Other Children

	Child plays primarily alone – not interested in peers
	Child initiates and maintains social interaction with peers
	Child responds appropriately to peer social behavior, but does not initiate; may play near peers

#### Following Rules Related to Groups or Interacting with Others

	Given specific verbal prompt, child performs 2 steps in an established routine or alters behavior to comply with established rule or routine
	Given general verbal or contextual cues, child initiates series of responses associated with an established rule or routine
	Given appropriate verbal and physical prompting, child cooperates with familiar adult assistance in following steps of an established routines

### Outcome 2 Acquiring and Using Knowledge and Skills

#### Thinking, Reasoning, Remembering, and Problem Solving

	Navigates large object around barriers; uses several different attempts to solve problems; demonstrates persistence
	Regards object and attempts to retain when presented
	Uses part of an object and/or support to obtain another object; makes detour to retrieve object

#### Understanding Symbols

	Shows interest in books; manipulates book briefly looking at pictures
	Sits and attends to story; enjoys looking at named pictures
	Looks through books purposefully and finds details in favorite book picture

#### Understanding the Physical and Social World

	Repeats simple nursery rhymes, songs, or finger plays with adults or children
	Has less than 50 words; sometimes imitates words not frequently used
	Uses 2 word utterances to communicate with adults or children

### Outcome 3 Taking Action to Meet Needs

#### Taking Care of Basic Needs

	Finger feeds and cooperates with adult feeding; taking food from spoon
	Brings fork or spoon to mouth; may have help filling utensil; drinks from cup with assistance
	Eats with fork and spoon; drinks from cup

#### Contributing to Own Health and Safety

	Beginning to demonstrate bowel and bladder control; indicates awareness of soiled and wet pants/diaper; sometimes goes in potty
	Beginning to initiate need to use toilet; exhibits bowel and bladder control when regulated; washes hands with assistance
	Little or no awareness of soiled or wet pants/diapers, resists participation in toileting routine

#### Getting from Place to Place and Using Tools

	Runs, avoiding obstacles; walks up/down stairs alternating or not; climbs on play equipment
	Walks fast; walks up/down stairs with 2-handed support
	Gets up and down from low structure (couch); moves up/down stairs creeping, crawling or on bottom