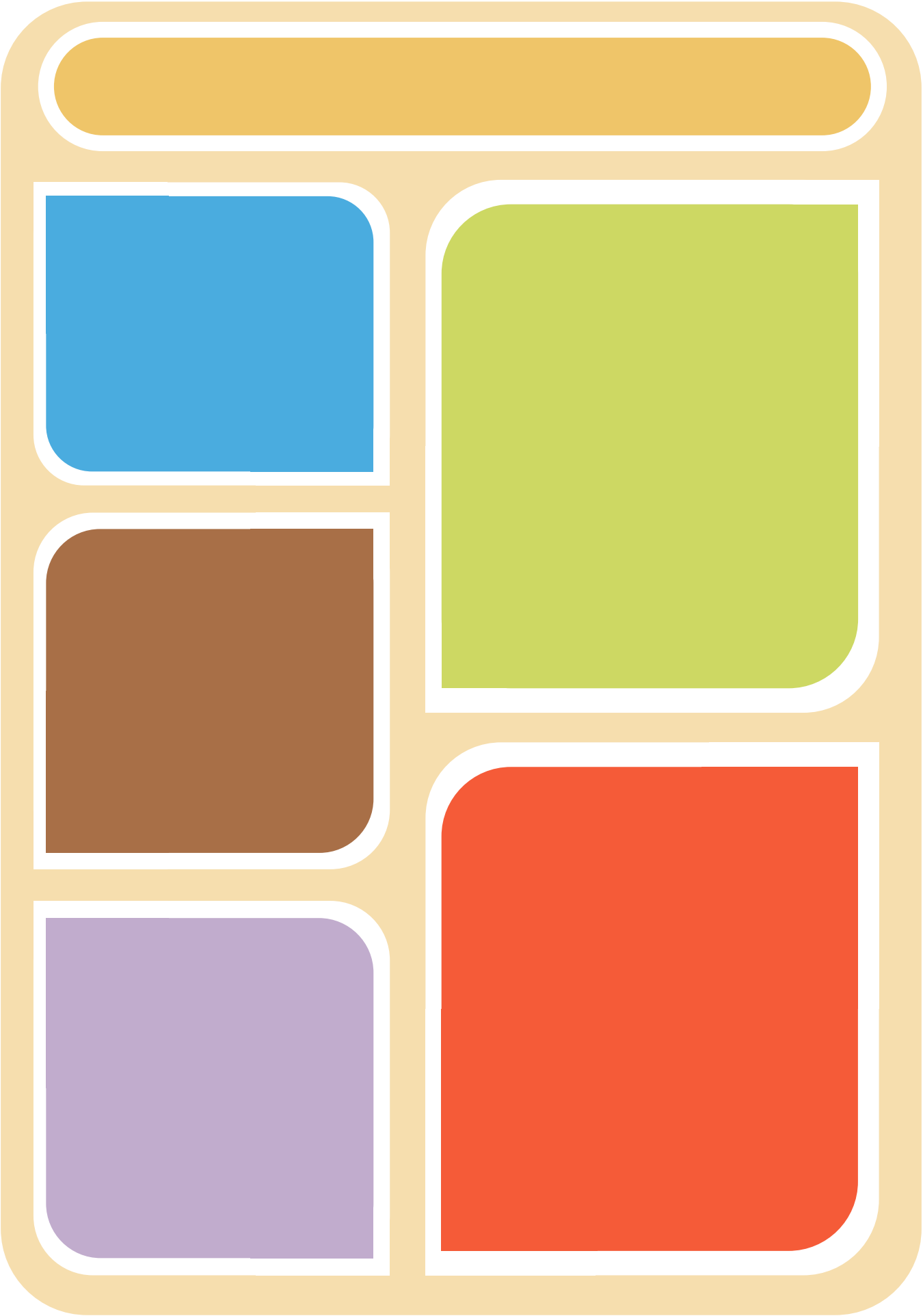
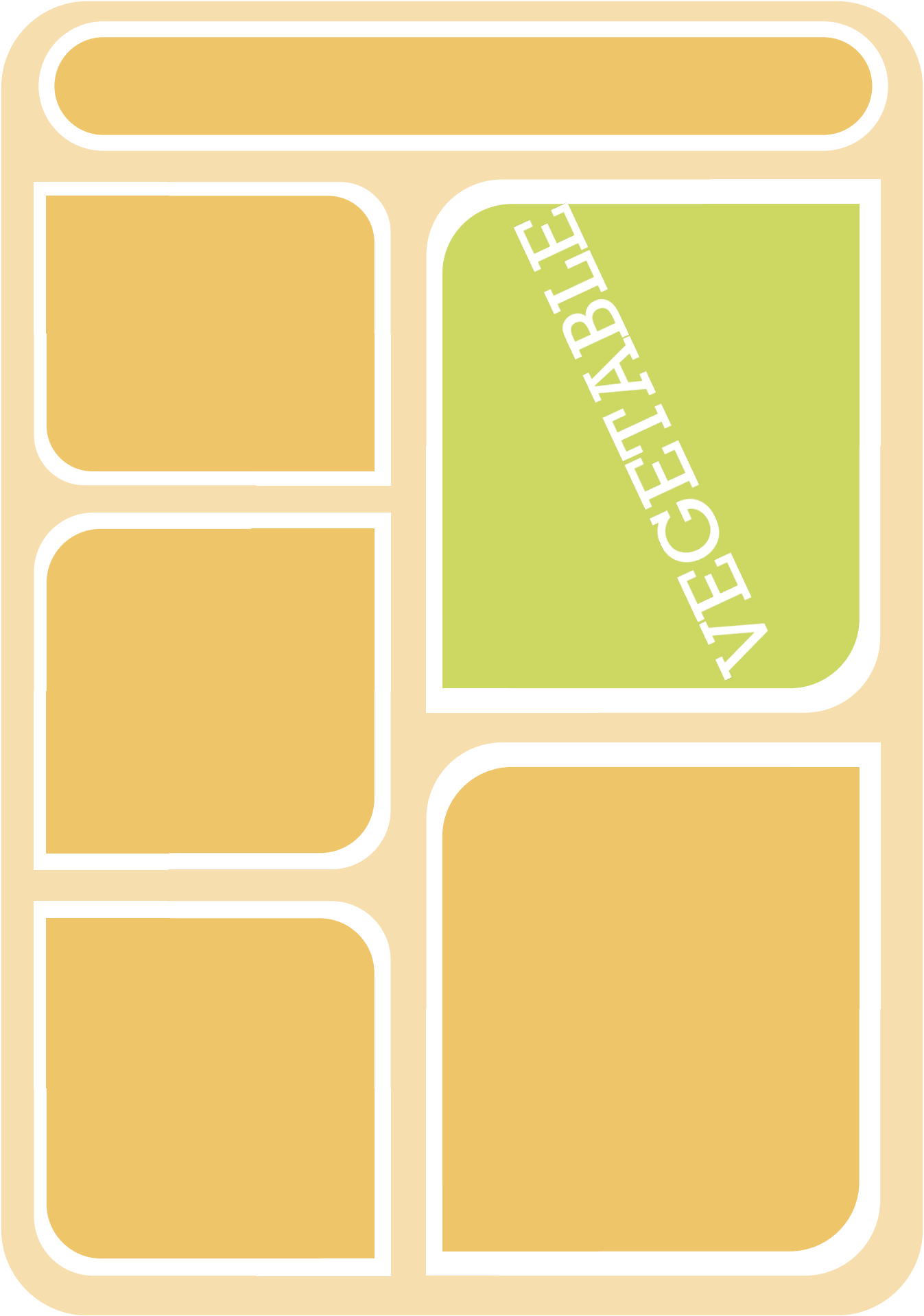
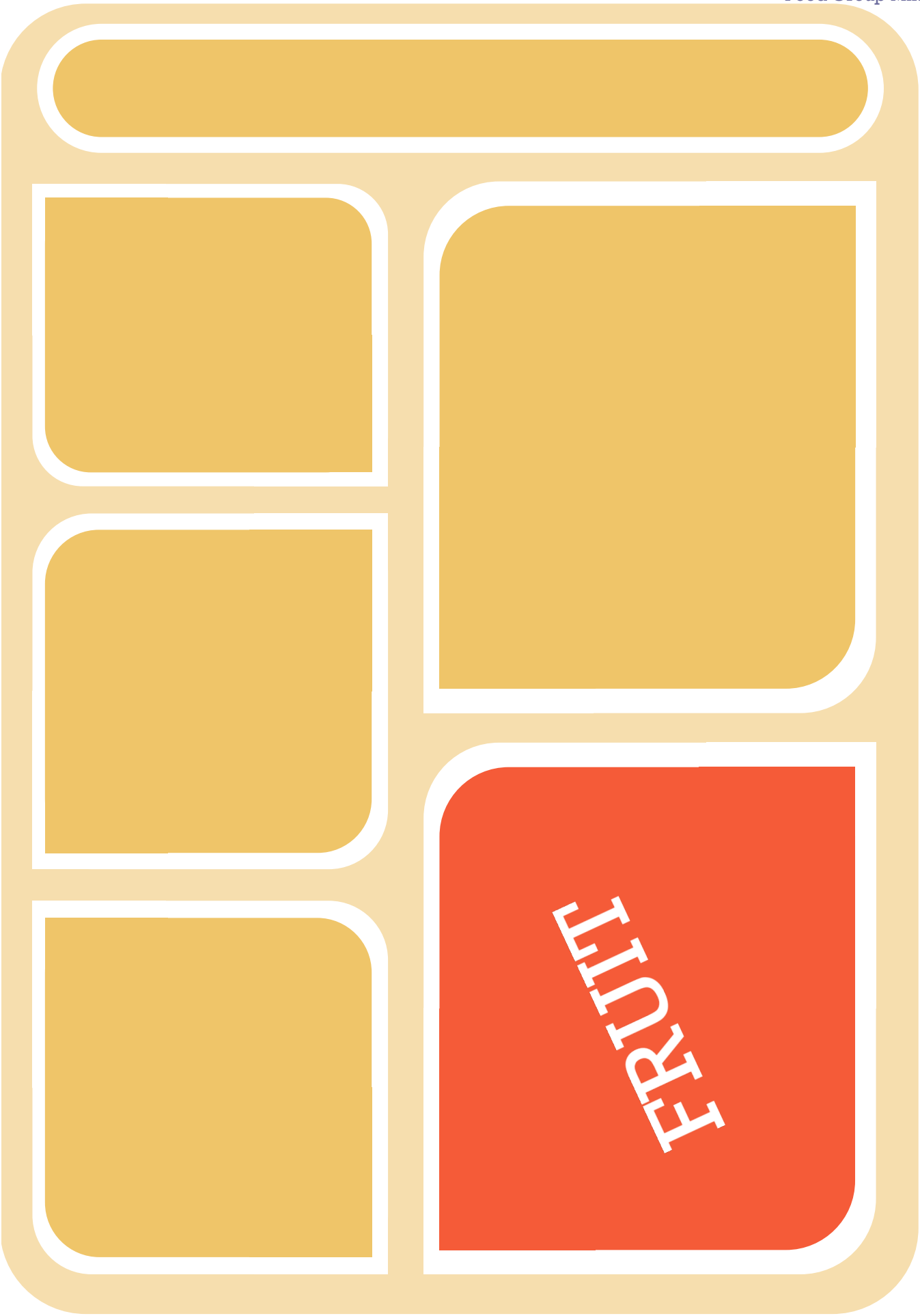
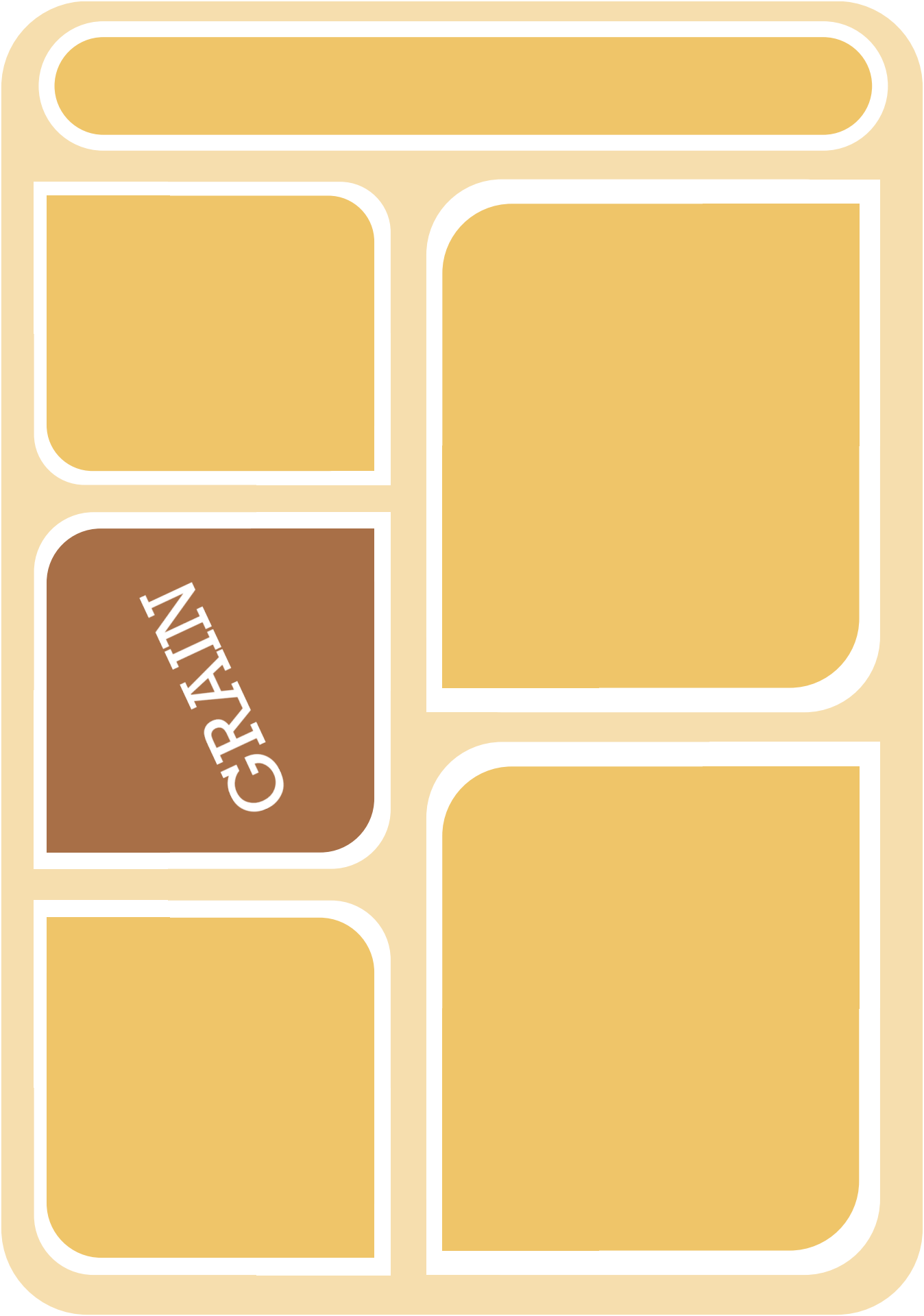
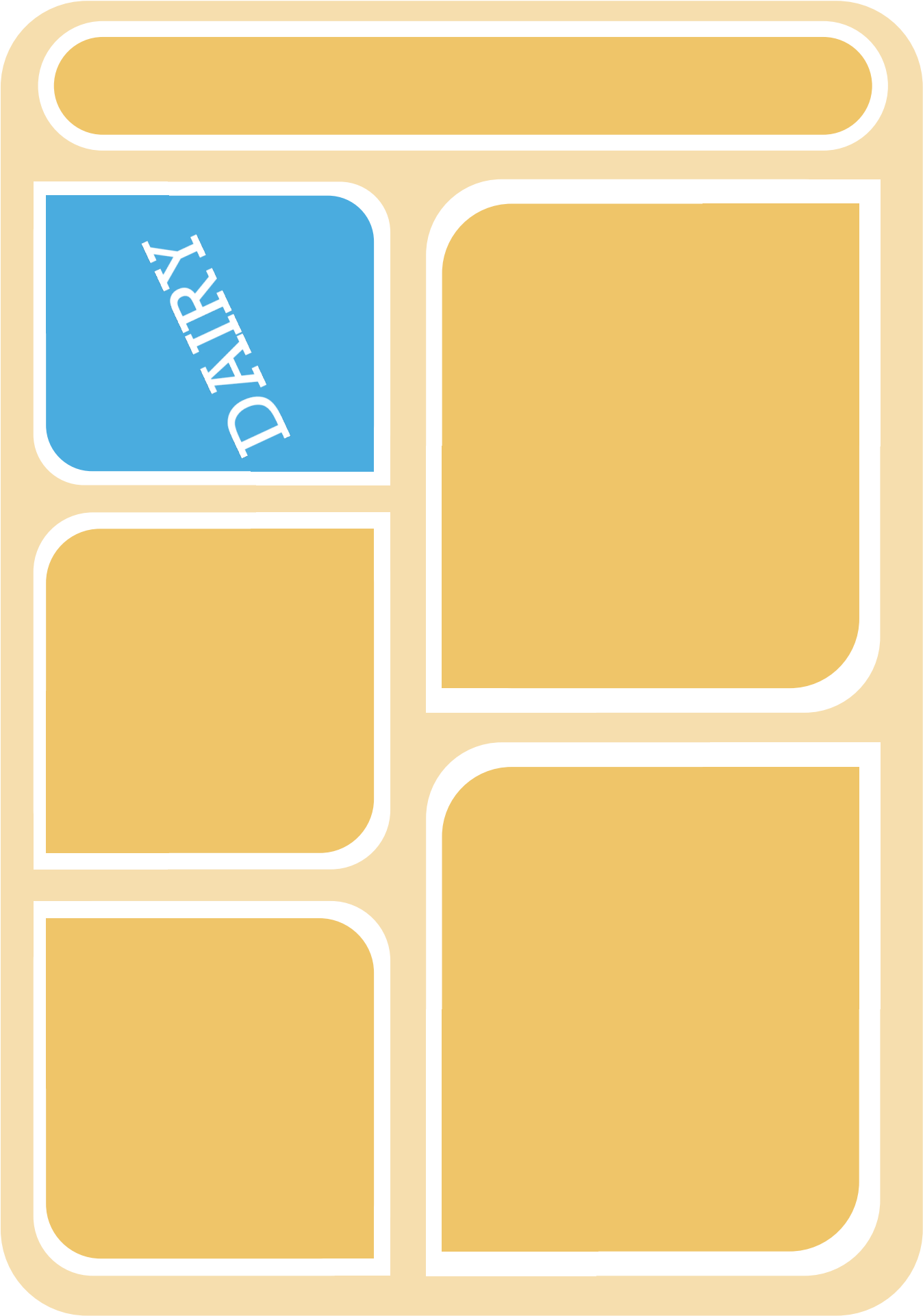
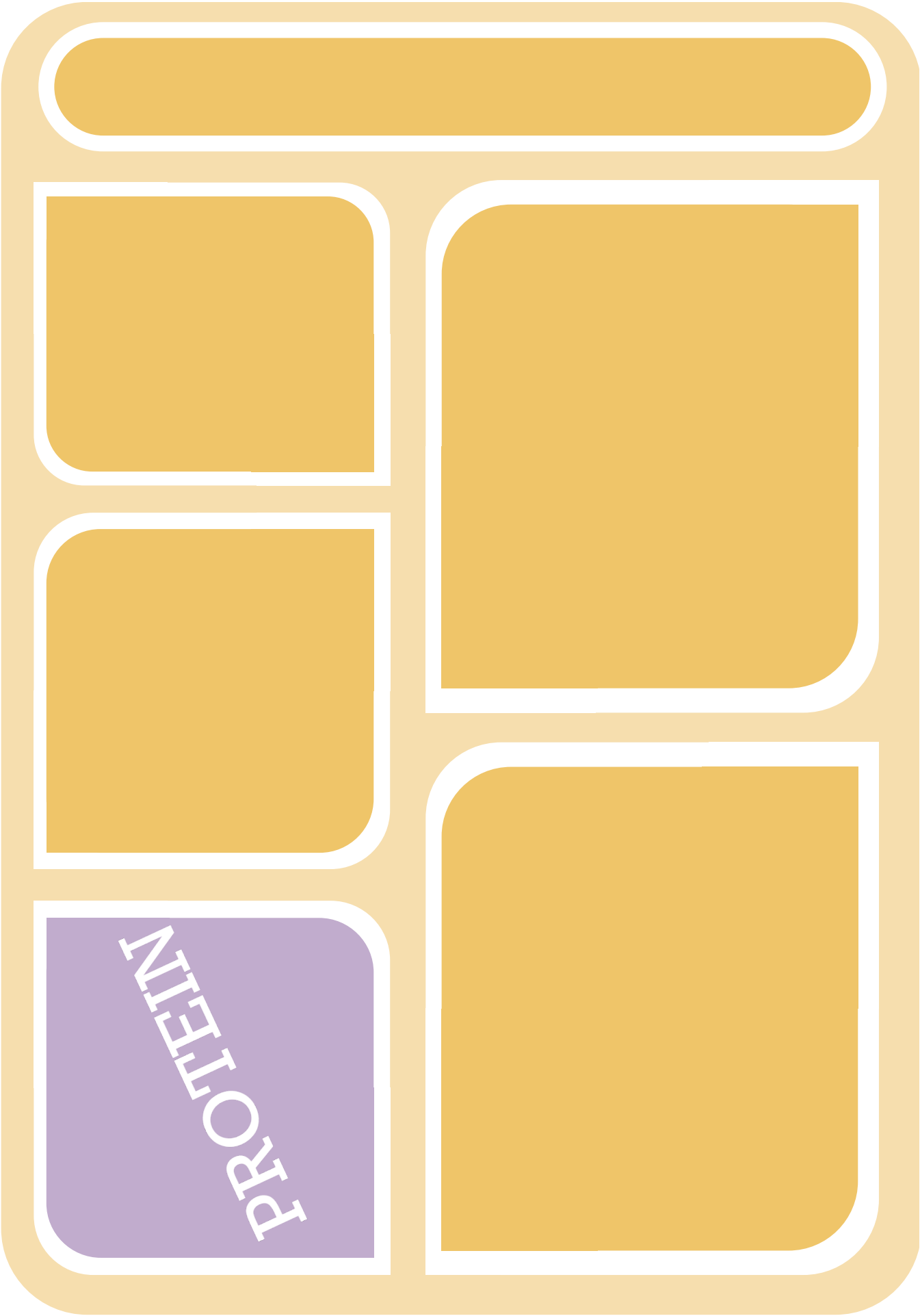



VEGETABLE


FRUIT


GRAIN


DAIRY


PROTEIN